



The Rotary Club of Berkhamsted

Half Marathon – 2nd March 2003

Results

1	1	Paul Farmer	M25	Luton Utd AC	1:11:21	76	229	Charlie Rowlands	M33	Wooler RC	1:34:49
2	284	Richard Browne	M35	London Heathside	1:13:57	77	436	Richard Dally	M33	TVH	1:34:53
3	31	Jonathan Bradley	M39	London Heathside	1:15:10	78	128	Tracey Haseldine	F35	Leighton Buzzard	1:34:55
4	325	Nick Hodges	M27	Dorking & Mole Val	1:16:05	79	103	Jeff Davies	M54	SW Vets AC	1:34:58
5	365	Paul Gregory	M48	Vale of Aylesbury	1:18:52	80	433	David Lawrence	M37		1:35:03
6	286	Eliot Lyne	M31	Tring RC	1:19:47	81	464	Derek Wright	M32		1:35:04
7	473	Richard Francis	M42	Metros	1:20:09	82	119	Mike Wrottesley	M48	St Albans Strdrs	1:35:19
8	82	Andrew Collinge	M30		1:21:43	83	183	David Eggleton	M39		1:35:33
9	245	Chris Milliner	M31		1:22:00	84	376	John Morton	M37		1:35:44
10	32	Fabrizio Accalai	M38		1:22:15	85	120	John O'Grady	M35		1:36:04
11	428	Terry Rooney	M36	Vale of Aylesbury	1:22:21	86	40	Simon Pickett	M39	Dorking & Mole Val	1:36:16
12	230	Rob Tojeiro	M27		1:22:26	87	386	Mark Haddaway	M25		1:36:20
13	389	Bill Hawes	M35	Gade Valley Harr	1:22:46	88	176	Helen Hoyle	F36	Barnet & Dist	1:36:31
14	162	Vincent Ellerby	M38	Gade Valley Harr	1:23:30	89	144	Alistair Weinell	M37		1:36:33
15	427	Trevor Hook	M45	Milton Keynes AC	1:24:08	90	131	Andrew Brown	M32		1:36:53
16	334	Paul Chapman	M46	Bishops Stortford	1:24:17	91	201	David Perry	M35		1:36:55
17	111	Grant West	M34	St Albans Strdrs	1:24:36	92	192	Martin Sagggers	M35	Ware Joggers	1:36:58
18	461	Tim Underhill	M34		1:24:39	93	348	Ian Simpson	M40	Ware Joggers	1:36:58
19	454	Stewart McIntyre	M54	Reigate Priory	1:25:02	94	205	Michael O'Brien	M45		1:37:01
20	299	Amanda Yorweth	F35	St Albans Strdrs	1:25:22	95	394	Mick Nondy	M43		1:37:03
21	337	Andy Honour	M0	Chiltern Sparrows	1:25:25	96	477	Jan Braglewicz	M26		1:37:08
22	189	Michael Hand	M42		1:25:27	97	49	Charles Swan	M46	London Heathside	1:37:16
23	156	Michael Burges	M41	Tring RC	1:25:54	98	366	Allan Simmonds	M44		1:37:18
24	198	Neil Thubron	M37		1:26:13	99	68	Emma Bloomfield	F39	London Heathside	1:37:20
25	481	Simon Neale	M30		1:26:19	100	204	Bob Voyce	M36		1:37:23
26	302	Diarmuid MacDougall	M36	Thame Runners	1:26:42	101	89	Martin Smith	M37		1:37:23
27	423	Stephen Barfoot	M44	Milton Keynes AC	1:26:46	102	455	Susan Carnell	F40	Reigate Priory	1:37:25
28	146	Robert Pritchard	M27	W'bledon Windmiler	1:26:50	103	55	Will Alderson	M34		1:37:27
29	182	Gary Kellett	M30	St Albans Strdrs	1:26:52	104	474	Paul Shields	M43		1:37:28
30	359	Robin Freeman	M52	Vale of Aylesbury	1:27:09	105	298	Rachael Wray	M25		1:37:30
31	279	James Henderson	M38		1:27:16	106	163	Andy Simpson	M25		1:37:35
32	129	Daren Haseldine	M36	Leighton Buzzard	1:27:33	107	133	Ian Mursell	M51	Veterans AC	1:37:38
33	326	Henry Edwardes-Evans	M37	Vale of Aylesbury	1:27:38	108	399	Iain Manson	M43		1:37:52
34	301	Robert Brown	M45	Tring RC	1:28:04	109	130	Nick Lees	M42		1:37:57
35	10	Richard Ruffell	M41	British Airways AC	1:28:28	110	138	Lynne Prestegar	F31	Serpentine RC	1:38:06
36	398	Jon Salmon	M43	Thames H&H	1:28:48	111	61	Ishaq Fatani	M32		1:38:16
37	358	Tim Nightingale	M42	Thames H&H	1:28:48	112	259	Jurgen Groet	M35		1:38:19
38	234	Bryan McPhee	M44		1:28:57	113	335	Carole Mooney	F37	St Albans Strdrs	1:38:23
39	15	Robert Chart	M38	Collingwood AC	1:28:57	114	442	Simon Green	M45		1:38:30
40	84	Ken Fancett	M53	TRA	1:29:16	115	315	Stephen Rheinberger	M33		1:38:31
41	28	James Buttleman	M39		1:29:23	116	373	Hywel Davies	M47	St Albans Strdrs	1:38:35
42	457	Dan Hill	M33	Chiltern Harriers	1:29:37	117	79	William Krarup	M41		1:38:36
43	300	Mike Yorweth	M34	St Albans Strdrs	1:29:41	118	328	Phil Woodage	M52	Bearbrook Joggers	1:38:37
44	271	Paul Hansen	M45	RRC	1:29:46	119	175	Russell Devitt	M54	Shaftesbury Barnet	1:38:44
45	173	Vince Isaacs	M42		1:30:07	120	184	Maxine Burgess	F27	Tring RC	1:38:53
46	303	Kevin Glendinning	M38	Dunstable RR	1:30:34	121	98	Tony Ruberry	M46	Tring RC	1:38:53
47	90	Walter McCarthy	M42		1:30:55	122	161	Celia Findlay	F40	St Albans Strdrs	1:38:57
48	268	Duncan McLaren	M35		1:30:59	123	236	Graham Asher	M46	London Heathside	1:39:06
49	213	Kevin Cole	M42	Bearbrook Joggers	1:31:01	124	210	Roger Murray	M58	St Albans Strdrs	1:39:07
50	447	Philip Bolitho-Jones	M48	Watford Harriers	1:31:04	125	448	Steve Duvall	M37	St Albans Strdrs	1:39:12
51	404	Rohan Biggs	M26		1:31:22	126	123	Christopher Brittain	M52	RRC	1:39:15
52	260	George Barrow	M57	Bishops Stortford	1:31:48	127	437	Malcolm Bunce	M41	Runnymede Runners	1:39:15
53	317	Trevor White	M43		1:32:00	128	29	Steve Parsons	M38	Runnymede Runners	1:39:16
54	72	Adrian Holt	M33		1:32:01	129	439	Melvyn Folkard	M45	Chiltern Harriers	1:39:38
55	242	Andrew Newbury	M47	Garden City Runner	1:32:06	130	361	Pete Mason	M35		1:39:43
56	143	Matthew Sparrow	M34		1:32:08	131	383	Graham Deacon	M36	Tring RC	1:39:53
57	362	Jackie Leak	F43	Chiltern Harriers	1:32:10	132	124	Yvonne Parker	F48	RRC	1:39:54
58	332	Zoe Lowe	F37	St Albans Strdrs	1:32:17	133	239	Helen Cornwell	F27	Reading RR	1:39:55
59	142	Will Connolly	M49		1:32:31	134	38	Jody Conibear	F26		1:39:56
60	70	Motohiro Kawai	M45	Barnet & Dist	1:32:52	135	197	Alison Harding	F42	Tring RC	1:40:04
61	110	Richard Davis	M41		1:32:56	136	27	Tony Hill	M53	Tring RC	1:40:04
62	270	Michael Bavington	M39		1:32:58	137	293	Alex Harman	M21		1:40:05
63	469	Greg Hill	M47	Watford Joggers	1:33:02	138	141	Sam Meldrum	M29		1:40:11
64	421	Aston Woodward	M35	Belendos Harriers	1:33:12	139	372	John Fifield	M47	London Business Hs	1:40:12
65	406	Gerry Frewin	M29	Shires Triers	1:33:13	140	227	Paul Keane	M40		1:40:23
66	258	Robert Russell	M24	Dorking & Mole Val	1:33:33	141	226	Vaughan Sutherland	M38		1:40:23
67	312	Richard Webber	M36		1:33:49	142	81	Sarah Angus	F44		1:40:37
68	466	Marcus Broome	M34		1:34:04	143	429	Ted Holmquist	M61	Chiltern Harriers	1:40:43
69	43	Terry Avey	M52	Phoenix AC	1:34:08	144	393	Paul Cowan	M40		1:40:50
70	322	Mustafa Salih	M38	Shires Triers	1:34:13	145	50	Helen Pickett	F34	Dorking & Mole Val	1:40:53
71	319	John Gibson	M51	Vale of Aylesbury	1:34:30	146	273	Paul Boocock	M40		1:40:56
72	195	Patrick Moran	M49	Trent Park RC	1:34:40	147	446	Jonathan Pardoc	M40	Cherwell Runners	1:40:59
73	169	Robert Hubbard	M41		1:34:42	148	244	Paul Casey	M30		1:41:05
74	468	Trevor Free	M48	Handy Cross Runner	1:34:44	149	267	Des Mannion	M38	Handy Cross Runner	1:41:28
75	159	John Weaver	M31		1:34:46	150	44	James Edmonds	M30	Serpentine RC	1:41:35

151	425	Steve Baker	M34	1:41:42	235	145	Antony Shepherd	M38	1:49:47	
152	87	Mark Seymour	M41	1:41:50	236	453	Kevin Barrett	M45	1:49:51	
153	39	Mike Rundle	M57	W'bledon Windmiler	237	282	Clare Gransby	F41	Watford Joggers	1:49:57
154	102	Martin Delderfield	M43	1:42:00	238	249	Sacha Koutson	F29	Trent Park RC	1:50:00
155	414	David Atkins	M47	1:42:02	239	152	Alan Donovan	M51	Garden City Runner	1:50:02
156	412	David Bilclough	M33	1:42:05	240	80	Sarah Brandwood	F24		1:50:05
157	272	John Bartlett	M44	RRC	241	355	Annabelle Opperman	F34	Tring RC	1:50:13
158	417	Richard Jackson	M34	1:42:17	242	178	Keturah Hughes	F27	Chiltern Harriers	1:50:20
159	66	David Dawson	M38	1:42:18	243	177	David Hill	M28	Chiltern Harriers	1:50:22
160	248	Howard Davis	M40	Tri-Force Herts	244	73	Mark Bosher	M32		1:50:24
161	136	Michael Lamb	M31	1:42:21	245	41	Keith Lunson	M44		1:50:45
162	188	Deborah Russo	F28	Serpentine RC	246	265	Frank Gillespie	M37		1:50:49
163	327	Richard Miller	M47	Dacorum & Tring AC	247	478	Jamie Heath	M25		1:50:58
164	255	Fabian Mills	M56	Dacorum & Tring AC	248	147	Alison James	F39	W'bledon Windmiler	1:51:05
165	222	Martin Reeder	M41	1:42:46	249	408	Jessica Reinhold	F29		1:51:08
166	345	Paul Sinclair	M37	1:42:59	250	296	Catherine Winders	F29		1:51:10
167	456	Stephen Collinson	M30	Shires Triers	251	384	Gerard McKenna	M37		1:51:10
168	250	Sonia Malek	F28	Thurrock Harriers	252	240	Peter Wilkinson	M45	BP Runners	1:51:11
169	225	Janet Sutherland	F37	1:43:12	253	24	Mike Palmer	M40		1:51:17
170	278	Nicholas King	M42	1:43:25	254	343	Elke Hecker	F45	Trent Park RC	1:51:26
171	243	Richard Casey	M37	1:43:31	255	363	Beverley Black	F45	Handy Cross Runner	1:51:33
172	19	Collette Convery	F38	Prologic	256	465	Andrew Ross	M51		1:51:35
173	115	Jim Whyman	M29	1:43:38	257	30	Ceri Barnes	F38		1:51:47
174	445	Liam Fanstone	M18	1:43:52	258	403	Andrew Dawson	M28		1:52:01
175	83	Clair Robson	F27	1:44:13	259	378	Paul Gascoyne	M41	Shires Triers	1:52:07
176	218	Janet Ball	F36	Watford Joggers	260	356	Sharon Smith	F33	BBC RC	1:52:10
177	232	Brian Nicholson	M55	Tring RC	261	67	Trevor White	M48		1:52:10
178	209	Colin Lombard	M34	Tring RC	262	280	Christian Clegg	M43		1:52:16
179	266	Tim Hanwell	M31	1:44:45	263	37	Mary Broekhof	F28	Serpentine RC	1:52:18
180	78	Martin Garrett	M49	Sudbury Court RC	264	85	Linda Hall	F49	Watford Joggers	1:53:08
181	432	Sandra Winterburn	F37	Vale of Aylesbury	265	360	Peter Conisbee	M33		1:53:15
182	219	Colin Gray	M46	1:44:52	266	391	Adam Goldthorpe	M18		1:53:22
183	346	Maria Cook	F40	Tring RC	267	214	Jessica Harris	F31		1:53:35
184	148	Glenda Elder	F40	St Albans Strdrs	268	459	Alice Carling	F39		1:54:04
185	347	Geoff Head	M41	Tring RC	269	392	Mark Franklin	M35		1:54:05
186	458	Phelim Daniels	M44	1:45:12	270	25	Gilly Holdsworth	F44	Garden City Runner	1:54:15
187	69	Wayne Warren	M52	RRC	271	91	Arnold Glickman	M55		1:54:30
188	233	Alan Gilmour	M28	Abingdon Amblers	272	316	Sarah Hill	F22	Tring RC	1:54:30
189	476	Christopher Sampson	M47	1:45:21	273	221	Paul Hardy	M34	Shires Triers	1:54:31
190	95	Michele Tiley	F31	1:45:22	274	155	Andrew Hill	M24	Shires Triers	1:54:40
191	207	Jane Abbington	F26	1:45:23	275	153	Alan Forbes	M67	Windle Valley	1:54:52
192	314	Donna Smith	F31	1:45:28	276	287	Alan Davis	M59	Bearbrook Joggers	1:55:20
193	247	Andrew McGovern	M28	Serpentine RC	277	419	John Johnson	M21	3 Valleys Karate	1:55:24
194	139	Steve Palmer	M47	1:45:34	278	377	Tim Platter	M32		1:55:27
195	206	Jonathan Coutts	M31	Chiltern Harriers	279	351	Chris Quelch	M33	Dunstable RR	1:55:27
196	47	John Collier	M47	Sandhurst Joggers	280	251	Sonia Hegan	F38		1:55:32
197	179	Joe Kearns	M40	1:45:55	281	158	Camila Lennon	F40	Chiltern Harriers	1:55:38
198	135	Michael Kendrick	M42	1:45:58	282	291	Les Frost	M40		1:55:43
199	435	Andrew Passer	M45	1:45:58	283	333	Andrew Ballantyne	M39		1:55:45
200	151	Jeff Allen	M40	1:45:58	284	211	Terence Thatcher	M46		1:55:47
201	75	Stephen Gould	M49	1:46:01	285	306	Richard Baker	M50		1:55:53
202	311	Rachel Lee	F30	1:46:10	286	369	Ben Lawrence	M32		1:56:05
203	313	Andrew Schmidt	M27	1:46:13	287	368	Phil Norman	M34		1:56:06
204	438	Heidi Folkard	F36	Chiltern Harriers	288	254	Kenneth Lagerwall	M43		1:56:25
205	441	Louis Ryan	M35	1:46:20	289	48	Bernie Ryan	M41		1:56:52
206	171	David Twyford	M52	Dunstable RR	290	483	John Horgan	M0		1:56:58
207	475	Mark Hanson	M40	1:46:38	291	407	Anna Dentschuk	F27		1:57:09
208	380	Mark Grover	M36	1:46:40	292	100	Richard Whiting	M52	Herts Phoenix AC	1:57:13
209	381	John Grover	M35	1:46:41	293	292	Paul Sandwell	M28		1:57:18
210	344	Kira Larsen	F28	Serpentine RC	294	338	Tony Barnwell	M60	British Airways AC	1:57:21
211	411	Adam Delderfield	M26	1:46:56	295	64	Paul Brooks	M39	RRC	1:57:25
212	440	Darrin Percy	M37	1:46:57	296	341	John Thompson	M44		1:57:44
213	379	Charlotte Grover	F37	1:46:58	297	181	Mark Barfield	M32		1:57:54
214	309	Robert Tims	M39	Isle Of Wight RR	298	371	Stephen Buckingham	M52	RRC	1:57:57
215	167	Nicholas Joseph	M38	1:47:16	299	482	Rose Leith	F41	Datchet Dashers	1:58:09
216	238	David Tomblin	M39	1:47:22	300	370	John Mahon	M37		1:58:14
217	212	Kevin Morris	M37	St Albans Strdrs	301	402	Danny Stevens	M30		1:58:16
218	401	Phillip Rance	M53	Bearbrook Joggers	302	65	Paula Hurd	F39		1:58:26
219	200	Anthony Ganderton	M53	Bearbrook Joggers	303	418	Steve Johnson	M43	3 Valleys Karate	1:58:27
220	480	Ricky Jarmid	M36	1:48:05	304	277	Stephen Gathercole	M56		1:58:48
221	352	Marco Falasca	M41	Serpentine RC	305	349	Geoff Dennis	M60	Tring RC	1:58:54
222	467	Susan Short	F38	Chiltern Harriers	306	208	David Bush	M37		1:59:21
223	400	Michael Campbell	M39	1:48:26	307	444	Denham Lansdell	M27	26.2 RRC	1:59:48
224	388	Annemarie De Boom	F31	1:48:33	308	385	Bryan Weller	M51		1:59:57
225	451	John Kenny	M37	City HHH	309	443	Gaye Thorpe	F30	26.2 RRC	2:00:12
226	324	Amelia Lloyd	F22	1:48:47	310	132	Colin Harris-Rowe	M62		2:00:17
227	220	Deryck Hutchinson	M47	Border Harriers	311	246	Gary Stringer	M41	Ealing-S'hallMiddx	2:00:20
228	56	Terence Bailey	M61	1:49:07	312	231	Deborah Murray	F38	Tring RC	2:00:25
229	410	Susie Cooper	F32	1:49:20	313	318	Kelly Sapsford	F41		2:00:34
230	150	John Leith	M64	Bearbrook Joggers	314	160	Andrew Pass	M27		2:00:42
231	479	Peter Walker	M33	1:49:35	315	295	Malcolm Sargeant	M56	Dacorum & Tring AC	2:00:52
232	261	Colin Woods	M43	Windle Valley	316	367	Dave Jones	M43	Tring RC	2:00:57
233	420	Terence Widdows	M53	1:49:42	317	426	Simon Cunningham	M24		2:01:10
234	114	Tim Brandwood	M27	1:49:44	318	285	Alene Francy	F30		2:01:22

319	63	Brian Chamberlain	M64	Fleet & Crookham	2:01:22	403	288	Shaun Young	M23	2:20:11
320	193	Natalie O'Neill	F32		2:01:24	404	125	Jacqueline Steadman	F46	2:21:21
321	472	Neil Ross	M41		2:01:27	405	350	Beth Dennis	F54	Tring RC 2:21:50
322	203	Lisa Weekes	F33	Run For It	2:01:27	406	387	Jonathan Ellis	M53	2:22:18
323	33	Andrew MacDonald	M39	RRC	2:01:34	407	463	Graham May	M48	2:22:19
324	405	Richard Evans	M41		2:01:36	408	106	Lara Worthington	F31	2:22:33
325	330	Fiona Scanlon	F26		2:01:55	409	170	Louise Wainwright	F35	2:22:33
326	999	Jenny Costello	F0		2:01:56	410	86	Philip Hardman	M39	Gade Valley Harr 2:23:30
327	20	Christina Small	F34		2:02:01	411	21	Maria Butchart	F39	2:23:31
328	340	James Hewlett	M25		2:02:07	412	485	Stephen Lynch	M34	Handy Cross Runner 2:25:38
329	276	Peter Crowcroft	M41		2:02:25	413	196	Graenia Colhoun	F60	Trent Park RC 2:26:27
330	364	Colin Russell	M59	RRC	2:02:36	414	395	Nicola Richmond	F0	Tring RC 2:31:35
331	416	Sarah Jackson	F35		2:02:56	415	382	Sharon Deacon	F34	Tring RC 2:31:35
332	415	Julia Harwood	F30	Metros	2:02:58	416	96	Shaun Dowling	M71	Chiltern Harriers 2:37:39
333	165	Nick Mellors	M44		2:03:03	417	484	David Heron	M50	Tring RC 2:39:47
334	450	James McGovern	M52		2:03:04	418	101	Jeff May	M62	St Albans Strdrs 2:44:13
335	57	Michelle Hickson	F38		2:03:19	419	305	Wendy Forster	F60	2:46:22
336	449	Sara Hailes	F35		2:03:23	420	409	Kevin Tate	M41	2:47:25
337	215	Beky Hughes	F24	Chiltern Harriers	2:04:15	421	320	Ivan Allen	M62	3:07:42
338	92	Richard George	M52		2:04:28	422	304	Stuart Feenan	M26	3:19:22
339	108	Carol Hill	F38		2:04:38					
340	107	Mike Hill	M37		2:04:38					
341	471	Shelley Hughes	F27		2:04:52					
342	321	Susie Joyce	F39		2:05:02					
343	174	Terri Flanagan	F42		2:05:03					
344	157	Oliver Matthews	M31		2:05:09					
345	390	Nicci Manfield	F30	Gade Valley Harr	2:05:10					
346	168	Lorna Collins	F20	Shires Triers	2:05:25					
347	342	Michael Redgrove	M63	Trent Park RC	2:05:36					
348	36	Simon Waldram	M56		2:06:27					
349	35	Raj Mann	M38		2:06:27					
350	122	Maurice Bond	M55		2:06:37					
351	396	Rachel Turner	F40		2:06:39					
352	460	Tony Barker	M43		2:06:51					
353	45	Jason Meads	M31		2:07:00					
354	256	Sabrina Driver	F36		2:07:04					
355	310	David Croft	M37	Tri-Force Herts	2:07:13					
356	127	Linda Hinshelwood	F51	Watford Joggers	2:07:20					
357	105	Martin Unerman	M39		2:07:59					
358	104	Stuart Sampson	M34		2:08:00					
359	14	Zoe Seymour	F27		2:08:06					
360	13	Paul Jenkins	M31		2:08:07					
361	430	Petra Hofstotter	F29	Marlow Striders	2:08:19					
362	431	George Duncan	M33		2:08:20					
363	199	Julia Thubron	F32		2:08:33					
364	307	Jonathan Mulcahy	M41	Tring RC	2:08:48					
365	77	Liz Baranov	F32		2:09:01					
366	76	Chris Baranov	M39		2:09:01					
367	353	Lee Davis	M35	Dagenham 88 Runner	2:09:46					
368	329	Brian Smith	M60	RRC	2:10:39					
369	126	Marie Rabouhars	F55	Run For It	2:10:49					
370	237	Philip Hines	M53		2:10:51					
371	297	Terry Wintle	M36		2:11:10					
372	253	Fiona Hurcombe	F34		2:11:12					
373	323	Bob Hattersley	M43		2:11:12					
374	11	Amanda Bond	F36	Mels Milers	2:11:13					
375	397	Tracey Sinton	F36	Tring RC	2:11:23					
376	235	Jennifer Banfield	F27		2:11:37					
377	470	Peter Morris	M47	Reading RR	2:11:40					
378	289	Giles Carbury	M25		2:12:33					
379	375	Anna Loder	F37		2:12:52					
380	374	Emma Clover	F38		2:13:10					
381	294	David Saggerson	M59		2:13:32					
382	17	Penny Cording	F53	Trent Park RC	2:13:35					
383	154	Jill Atkins	F48	Trent Park RC	2:13:35					
384	331	Jacquie Lloyd	F50		2:13:37					
385	274	Paul Ramchandani	M35		2:13:40					
386	462	Victoria May	F23		2:13:48					
387	228	Ralph Whitlock	M56	St Albans Strdrs	2:14:33					
388	59	Robert Harding	M63	Serpentine RC	2:14:35					
389	113	Claire Thomas	F21		2:14:44					
390	94	Katy Bircher	F31		2:15:27					
391	93	Sarah Hill	F31		2:15:28					
392	308	Mark Olsen	M48		2:15:31					
393	452	Jo Denton	F44		2:15:44					
394	217	Kirsten Langridge	F28		2:16:19					
395	16	Paula White	F30		2:16:19					
396	413	Eddie Poonawala	M44		2:16:27					
397	149	Frances Mills	F40	Tring RC	2:16:37					
398	252	Pam Stairs	F35		2:16:56					
399	191	Peter Addis	M78	RRC	2:17:30					
400	422	Richard Wilson	M59		2:17:38					
401	434	Steve Tupling	M49	St Albans Strdrs	2:17:59					
402	424	Evonne Pollatos	F25		2:18:41					

Team Prize

1	Vale of Aylesbury	Total :-	79
	:A365 - P Gregory 5:A428 - T Rooney 11		
	:A359 - R Freeman 30:A326 - H Edwardes-Evans 33:		
2	St Albans Strdrs	Total :-	109
	:A111 - G West 17:A299 - A Yorweth 20		
	:A182 - G Kellett 29:A300 - M Yorweth 43:		
3	Tring RC	Total :-	183
	:A286 - E Lyne 6:A156 - M Burges 23		
	:A301 - R Brown 34:A184 - M Burgess 120:		
4	London Heathside	Total :-	201
	:A284 - R Browne 2:A31 - J Bradley 3		
	:A49 - C Swan 97:A68 - E Bloomfield 99:		
5	Dorking & Mole Val	Total :-	301
	:A325 - N Hodges 4:A258 - R Russell 66		
	:A40 - S Pickett 86:A50 - H Pickett 145:		
6	Chiltern Harriers	Total :-	371
	:A457 - D Hill 42:A362 - J Leak 57		
	:A439 - M Folkard 129:A429 - T Holmquist 143:		
7	RRC	Total :-	459
	:A271 - P Hansen 44:A123 - C Brittain 126		
	:A124 - Y Parker 132:A272 - J Bartlett 157:		
8	Shires Triers	Total :-	561
	:A406 - G Frewin 65:A322 - M Salih 70		
	:A456 - S Collinson 167:A378 - P Gascoyne 259:		
9	Bearbrook Joggers	Total :-	604
	:A213 - K Cole 49:A328 - P Woodage 118		
	:A401 - P Rance 218:A200 - A Ganderton 219:		
10	Serpentine RC	Total :-	615
	:A138 - L Prestegar 110:A44 - J Edmonds 150		
	:A188 - D Russo 162:A247 - A McGovern 193:		
11	Watford Joggers	Total :-	740
	:A469 - G Hill 63:A218 - J Ball 176		
	:A282 - C Gransby 237:A85 - L Hall 264:		
12	Gade Valley Harr	Total :-	782
	:A389 - B Hawes 13:A162 - V Ellerby 14		
	:A390 - N Manfield 345:A86 - P Hardman 410:		
13	Handy Cross Runner	Total :-	890
	:A468 - T Free 74:A267 - D Mannion 149		
	:A363 - B Black 255:A485 - S Lynch 412:		
14	Trent Park RC	Total :-	911
	:A195 - P Moran 72:A249 - S Koutson 238		
	:A343 - E Hecker 254:A342 - M Redgrove 347:		