



# St Albans Review Half Marathon

8th June 2003

## Results

1	698	Andy Holt	M39	Herts Phoenix	1:14:35	75	595	Daniel Barnard	M25	1:29:29
2	596	Mark Farmer	M30	S London Harriers	1:17:03	76	643	Derek Holt	M29	1:29:32
3	492	Jeremy Rogers	M29	Tri London	1:17:12	77	431	Martin Sagggers	M35	Ware Joggers 1:29:32
4	546	David Hobbs	M33	St Albans Striders	1:18:20	78	622	Marc Lambert	M35	Bishops Stortford 1:29:33
5	656	Ross Milne	M25	St Albans Striders	1:18:44	79	616	Dan Afshar	M30	1:29:33
6	1224	Colin Braybrook	M42	St Albans Striders	1:19:35	80	400	Martyn Annetts	M38	N Herts RR 1:29:43
7	1431	Stephen Livingstone	M45	Garden City Runner	1:19:51	81	623	Martin Stow	M29	1:29:53
8	609	James Repper	M30		1:19:53	82	42	Keith Stockwell	M32	1:29:54
9	138	Andrew Wasdell	M29	St Albans Striders	1:20:04	83	508	Andrew Moore	M37	Sherrards 1:29:55
10	693	Andrew Baker	M28		1:20:16	84	491	Chris Wilson	M38	Tri London 1:29:56
11	1220	Rhodri Davies	M46	Thames H&H	1:20:19	85	1637	Trevor Free	M48	Handy Cross Runner 1:30:01
12	1574	Christopher Lamont	M50	Stopsley Striders	1:20:25	86	1394	James Whiffin	M48	Loughton AC 1:30:06
13	618	Graham Smith	M41	Bearbrook Joggers	1:20:27	87	1393	David Dockerill	M40	Haverhill RC 1:30:08
14	1156	John Chapman	M45	Stopsley Striders	1:20:31	88	1583	Colin Hamlet	M54	Watford Harriers 1:30:11
15	608	Damien Ellis	M25	St Albans Striders	1:20:54	89	500	Jamie Tomlin	M37	1:30:20
16	176	Russell Casey	M26	Garden City Runner	1:21:20	90	610	Kevin Glendinning	M38	Dunstable RR 1:30:22
17	411	David Hawes	M21	Enfield & H'ingey	1:21:25	91	635	Doug Hutchinson	M34	1:30:24
18	2015	Danielle Sanderson	F40	Watford Harriers	1:21:47	92	1579	James Gauthier	M51	1:30:26
19	146	Simon Neale	M30	Serpentine RC	1:22:41	93	1218	Walter McCarthy	M43	1:30:28
20	1293	Mikk Bradley	M45	Watford Harriers	1:22:44	94	1409	Geoffrey Lynch	M40	St Albans Striders 1:30:29
21	665	Paul Clarke	M37	Woodford Green	1:22:47	95	649	Peter Howard	M38	Milton Keynes AC 1:30:37
22	590	Kevin Jacob	M39	Billericay Strdrs	1:24:05	96	1839	Penny Kirkwood	F33	St Albans Striders 1:30:40
23	1296	Brian Matthews	M45	RRC	1:24:13	97	460	Nicholas Freilich	M35	1:30:54
24	264	Richard Harry	M27	TeamRealRunner.com	1:24:30	98	1186	Trevor Clements	M41	St Albans Striders 1:30:55
25	311	Steven Pye	M36		1:24:52	99	1232	Chas Mowforth	M42	Thurrock Harriers 1:30:57
26	1297	Trevor Thompson	M46		1:24:58	100	82	Ian Whitehead	M39	1:31:02
27	1121	Ranjiet Kainth	M43	St Albans Striders	1:25:12	101	694	Perry Jones	M26	1:31:27
28	1311	Malcolm Hinsley	M43	London Heathside	1:25:15	102	1177	Richard Harding	M43	1:31:28
29	111	Karl Wermig	M30	Blisterin Barnacle	1:25:18	103	1141	Clive Steffen	M43	Wootton RR 1:31:30
30	199	Andrew Stephens	M35		1:25:19	104	1820	Paula Adams	F33	N Herts RR 1:31:30
31	351	Sean Bowen	M38	Garden City Runner	1:25:39	105	625	Antony Babbs	M36	Loughton AC 1:31:41
32	1283	Mark Faughnan	M42	Garden City Runner	1:25:44	106	584	Dominic Tucker	M29	1:31:42
33	96	Mark Woodyatt	M35		1:25:47	107	1103	Kenneth Addison	M43	1:31:42
34	280	David Anderson	M34		1:25:51	108	1623	Terence Townsend	M56	Steyning AC 1:31:50
35	1140	John Harris	M41	Fairlands Valley	1:26:06	109	1350	Patrick Moran	M49	Trent Park RC 1:31:52
36	222	Geoff Olive	M39		1:26:10	110	366	Ian Robins	M26	1:31:54
37	323	Tony Wilson	M30		1:26:24	111	1331	Pete Thompson	M42	Ware Joggers 1:31:55
38	319	Andrew Gray	M39		1:26:33	112	572	Matt Boville	M34	1:31:57
39	1198	Christopher Bowes	M45		1:26:37	113	169	Gary Kellett	M30	St Albans Striders 1:31:57
40	1402	Philip Boitho-Jones	M48	Watford Harriers	1:26:44	114	2075	Susan Treacy	F37	Dunstable RR 1:31:58
41	238	Colin Merritt	M38		1:26:56	115	1517	Christopher Cloke	M54	Enfield & H'ingey 1:32:00
42	495	Andrew Ford	M38	Marlow Striders	1:27:15	116	516	Kevin Hayes	M34	1:32:04
43	1321	Christopher May	M44		1:27:22	117	345	Ben Neary	M18	1:32:09
44	611	Stuart Berry	M36	Dunstable RR	1:27:23	118	1312	Jonathan Hildreth	M43	Chiltern Harriers 1:32:10
45	1122	Chris Siddall	M48		1:27:26	119	1576	Paul Langston	M50	1:32:25
46	490	Jonathan Scott	M27		1:27:34	120	2025	Debra Steer	F39	St Albans Striders 1:32:26
47	205	Daniel Marsh	M30		1:27:41	121	406	Anthony Griffiths	M37	1:32:28
48	1602	Douglas Hamilton	M52		1:27:43	122	1931	Suzy Fitt	F37	Garden City Runner 1:32:35
49	1263	Lawrence Shafier	M40	Physicals	1:27:51	123	1353	Andrew Newbury	M47	Garden City Runner 1:32:35
50	45	David Casson	M34		1:27:52	124	712	Brad Plummer	M40	1:32:37
51	639	Richard Akeroyd	M27		1:27:53	125	262	David Robinson-Smith	M35	St Albans Striders 1:32:39
52	142	Alexander Bangert	M32	W'bledon Windmiler	1:27:58	126	628	Craig Deamer	M28	1:32:43
53	419	Andy Lower	M24		1:27:59	127	1398	Mark Causey	M40	Haverhill RC 1:32:49
54	1318	Anthony Simm	M46	Reebok RC	1:28:00	128	2185	Elizabeth Walls	F46	St Albans Striders 1:32:52
55	660	Luke Grindal	M28		1:28:13	129	1315	Larry Elliott	M47	1:33:11
56	655	Mark Ashwell	M36	Gears&Tears.com	1:28:18	130	556	Timothy Nel	M25	1:33:14
57	653	Brendan Cotrill	M32		1:28:18	131	1316	Kim Hawkins	M46	1:33:17
58	1133	Trevor Moore	M46		1:28:22	132	1406	Keith Hale	M45	Hanslope Harriers 1:33:25
59	1107	David Bloomfield	M45	Orion Harriers	1:28:24	133	1244	Patrick Calthrop	M42	St Albans Striders 1:33:32
60	225	Dominic Heath	M39	St Albans Striders	1:28:27	134	504	Charlie Rowlands	M33	Wooler RC 1:33:34
61	503	Richard Thackery	M38	N Herts RR	1:28:29	135	379	Mike Smith	M38	1:33:39
62	359	William Lake	M22		1:28:33	136	70	Mark Selby	M39	1:33:43
63	103	David Day	M39		1:28:34	137	1566	Christopher Brittain	M53	RRC 1:33:45
64	1542	Graham Clarke	M55	St Albans Striders	1:28:39	138	1614	Thomas Reynolds	M60	1:34:01
65	1516	Nicholas Bingham	M58	Barnet & Dist AC	1:28:45	139	637	John Weaver	M31	1:34:06
66	367	Andrew Robins	M29	St Albans Striders	1:28:56	140	320	Cameron Ross	M29	1:34:08
67	1555	Barry Cook	M53	Enfield & H'ingey	1:28:57	141	294	Stuart Wallace	M38	1:34:09
68	661	Tim Underhill	M35		1:28:59	142	353	John Adair	M39	Galloway Harriers 1:34:16
69	1201	David Green	M42		1:29:04	143	525	Nicolas Contentin	M26	1:34:18
70	377	Giles Bavister	M31	St Albans Striders	1:29:18	144	510	Toby Hemsley-South	M38	Southwell RC 1:34:19
71	1643	Alan Matthews	M50	Dulwich Park Run	1:29:20	145	463	Niyi Obembe	M38	1:34:21
72	631	Angus Campbell	M32		1:29:23	146	1837	Elizabeth McKie	F34	1:34:22
73	242	No Entry Details			1:29:23	147	1701	Diane Ray	F29	Toyota 1:34:26
74	1635	Angus Nicoll	M52	St Albans Striders	1:29:26					

148	1800	Catherine Mawer	F25	1:34:26	228	363	Graham Hollowell	M37	Wootton RR	1:38:21	
149	1351	Michael Womeldorph	M45	1:34:33	229	424	Christopher Tillbrook	M34		1:38:25	
150	581	Ivan Sarti	M39	1:34:35	230	330	Nigel Etherington	M31		1:38:26	
151	1392	Greg Asser	M40	1:34:37	231	299	Rob Slade	M30		1:38:27	
152	565	Laurence Pidcock	M24	1:34:40	232	1573	Michael Steeley	M57		1:38:27	
153	147	Mark Pillinger	M33	1:34:40	233	59	Ian Nichol	M37	St Albans Striders	1:38:27	
154	657	Alan Muskett	M45	Heather Rd Harr	1:34:41	234	1165	David Wilkinson	M42		1:38:28
155	585	Scott Reynolds	M26	1:34:45	235	210	Charles Byrne	M37		1:38:31	
156	396	Stephen Stuart	M34	1:34:52	236	269	David Perry	M36		1:38:32	
157	335	Kevin Varney	M35	Reading RR	1:34:58	237	12	Martin Smith	M37		1:38:36
158	617	Leon Frampton-Leigh	M31	Reading RR	1:35:00	238	579	Dominic Harris	M33		1:38:37
159	141	Graham Teasdale	M34	1:35:01	239	677	Patrick Hill	M32		1:38:38	
160	274	Adrian Loughrey	M39	1:35:01	240	626	Ty Purnell	M29		1:38:39	
161	1135	Bob Watson	M44	St Albans Striders	1:35:03	241	1617	Peter Game	M56	Garden City Runner	1:38:40
162	543	Kevin Morris	M38	St Albans Striders	1:35:06	242	97	Richard Wild	M32		1:38:41
163	700	Steven Lee	M28	1:35:09	243	52	Darrel Singh	M36	Green Mango	1:38:41	
164	1564	Anthony Rowlands	M50	Ryde Harriers	1:35:13	244	1580	Phil Cunningham	M51	Ware Joggers	1:38:43
165	268	Phillip Russell	M36	St Albans Striders	1:35:15	245	1179	Craig Tralau-Stewart	M40	TBC Runners	1:38:44
166	1730	Caroline Hale	F34	Garden City Runner	1:35:16	246	273	David Hunt	M39		1:38:45
167	1645	Jim Binks	M58	Bearbrook Joggers	1:35:18	247	1309	David Rabin	M43		1:38:46
168	1396	Mike North	M43	1:35:25	248	253	Liz Kissane	F37	Garden City Runner	1:38:47	
169	1417	Christopher West	M40	1:35:26	249	2039	Graeme Rose	M43		1:38:47	
170	567	Ben Icton	M26	1:35:32	250	385	Marcus Rose	M21		1:38:48	
171	76	David Heal	M38	Garden City Runner	1:35:34	251	446	Andrew Leaver	M28		1:38:49
172	1227	Pablo Ettinger	M45	1:35:48	252	477	Claus von Bonsdorff	M36		1:38:51	
173	1249	Trevor Steeples	M46	1:35:52	253	410	Timothy Reece	M36	Met Police Tri	1:38:58	
174	246	Barney Laurence	M24	1:35:57	254	340	Simon Greenhill	M38		1:39:06	
175	332	Christopher Jamieson	M32	1:35:58	255	156	Nick Bagshaw	M29		1:39:06	
176	1601	Patrick Collins	M63	Brumley Vets	1:35:59	256	1410	Michael Kendrick	M42		1:39:08
177	614	Matthew Rochester	M25	1:36:02	257	1375	Mark Highfield	M45		1:39:09	
178	592	Neil Sweeney	M33	1:36:08	258	1363	Alan Andrews	M41		1:39:09	
179	1196	Stephen Ind	M48	Garden City Runner	1:36:09	259	435	Andrew Van Heiningen	M38	Serpentine RC	1:39:11
180	1278	Michael Bavington	M40	1:36:11	260	211	Myles McNulty	M38		1:39:12	
181	99	Ben Hawkins	M25	1:36:14	261	1549	Ray Morrell	M55	Veterans AC	1:39:15	
182	576	Nick Berryman	M25	1:36:18	262	429	Aaron Quinn	M24		1:39:15	
183	1559	Geoff Burston	M53	Broxbourne Runners	1:36:18	263	1234	Gary Moran	M42		1:39:17
184	498	Andrew Maher	M31	St Albans Striders	1:36:22	264	1418	Paul Martin	M46		1:39:17
185	342	Peter Ratcliffe	M28	1:36:25	265	1993	Marie Mayer	F36	Sandhurst Joggers	1:39:18	
186	1830	Joanne Parker	F31	Tri-Force Herts	1:36:27	266	157	W Peeters	M23		1:39:21
187	292	Dave Cass	M37	IOW RR	1:36:34	267	1323	Paul Heikel	M47		1:39:22
188	203	Richard Dyton	M39	1:36:36	268	1552	Edric Williams	M52		1:39:22	
189	1560	Jonathan Venning	M51	Dunstable RR	1:36:39	269	514	Keith Morris	M39	Hayes & Harlinton	1:39:23
190	523	Douglas Andrews	M29	Barnet & Dist AC	1:36:40	270	1641	Paul Owlin	M56	Elmbridge RR	1:39:24
191	1292	Peter Freeman	M43	1:36:43	271	1344	David Tankel	M44		1:39:25	
192	98	Daniel Hedges	M31	1:36:49	272	1379	Martin Olive	M43		1:39:25	
193	554	Jeremy Thornley	M27	Royal Navy AC	1:36:50	273	1427	Philip White	M42	St Albans Striders	1:39:25
194	470	Craig Smallbone	M33	1:36:57	274	1850	Velka Sachlova	F29		1:39:27	
195	1415	Stephen Hawkins	M42	Amphill & F'wick	1:37:09	275	1360	Neil Odou-Haslett	M40		1:39:31
196	231	Rocco Franco	M38	1:37:11	276	409	David Manson	M39		1:39:36	
197	1215	Mark Young	M40	N Herts RR	1:37:13	277	597	James McGirl	M40		1:39:37
198	559	Leo Brightley	M38	1:37:16	278	560	Brian Wilson	M38		1:39:45	
199	1339	Bill Crane	M49	Dunstable RR	1:37:19	279	1400	Alan Pascoe	M46		1:39:45
200	1191	Stephen Leadbetter	M45	Garden City Jogger	1:37:23	280	88	Paul Eveleigh	M35		1:39:46
201	1231	Graham Bevis	M45	1:37:24	281	41	John Murphy	M0	Borehamwood AC	1:39:46	
202	1924	Maxine Burges	F27	Tring RC	1:37:25	282	1356	David Dobbie	M47	St Albans Striders	1:39:52
203	434	Peter Cook	M39	Fairlands Valley	1:37:28	283	308	Neil Godfrey	M33		1:39:53
204	1324	Paul Holmes	M41	1:37:29	284	1912	Tracey Walker	F26		1:39:59	
205	1403	Christopher Morris	M41	Tri-Force Herts	1:37:33	285	1705	Dawn Godwin	F30		1:40:04
206	1154	Neil Govier	M46	1:37:37	286	109	Aaron Jackson	M28		1:40:07	
207	230	Michael Crawshaw	M39	1:37:37	287	1270	Ndinos Kyriacou	M43		1:40:12	
208	2183	Yvonne Parker	F48	RRC	1:37:38	288	706	Christian Schafer	M32		1:40:14
209	1258	Kevin Kipp	M48	Broxbourne Runners	1:37:39	289	462	Peter Franklin	M33		1:40:14
210	1898	Janine Stevens	F27	1:37:40	290	1624	Graham Petersen	M52		1:40:15	
211	220	Steve Postlethwaite	M38	St Albans Striders	1:37:44	291	1992	Anthea Farrow	F36		1:40:16
212	137	Steve Bowran	M34	1:37:45	292	1590	James Williams	M59	New Eltham Joggers	1:40:17	
213	1611	Ted Dickens	M66	1:37:46	293	1161	Steven Stonestreet	M41		1:40:17	
214	494	Carl Slater	M36	1:37:47	294	1421	Rob Connor	M48		1:40:18	
215	1116	Robert Harding	M40	1:37:51	295	1347	Jeremy Allis	M41		1:40:20	
216	511	Alistair Coleman	M33	1:38:00	296	1129	Ross Williamson	M40		1:40:21	
217	1652	Russell Devitt	M54	S'bury Barnet HAC	1:38:01	297	174	Jon Moulding	M25		1:40:21
218	241	Adrian Fenton	M31	1:38:06	298	1248	Malcolm Smith	M41		1:40:22	
219	607	Paul Pieterse	M28	1:38:07	299	1743	Monica Youngusband	F23		1:40:24	
220	1203	Stuart Mills	M42	1:38:09							
221	201	Antony Webber	M38	1:38:14	300	1534	Bill Grimsey	M51		1:40:24	
222	1647	Nick Martin	M52	Handy Cross Runner	1:38:15	301	209	Andrew Shepherd	M28		1:40:27
223	1961	Vikki Harrison	F35	1:38:16	302	2199	Lizbeth Ansell	F46		1:40:27	
224	1919	Katherine Phelp	F24	1:38:17	303	1229	Mark Roberts	M45		1:40:31	
225	1279	John Bartlett	M45	RRC	1:38:17	304	447	No Entry Details			1:40:36
226	399	Andrew Cook	M26	1:38:19	305	1521	Jeffrey Garnish	M54		1:40:41	
227	1150	Michael Jack	M43	St Albans Striders	1:38:20	306	613	David Bristow	M28		1:40:43

307	1158	Vince Hindson	M41	1:40:45	387	482	Lee Oldman	M32	1:43:14		
308	1594	David Brooks	M61	Thurrock Harriers	1:40:45	388	2045	Jane Trueman	F40	1:43:15	
309	1598	Michael Beer	M55	Aylesham RR	1:40:45	389	570	Petr Gillaz	M29	1:43:16	
310	228	James Weddell	M38		1:40:46	390	91	Richard Holdsworth	M34	1:43:16	
311	2190	Marie O'Sullivan	F45	Broxbourne Runners	1:40:47	391	1749	Tracey Fearn	F33	Fairlands Valley	1:43:19
312	1914	Helen Hoyle	F37	Barnet & Dist AC	1:40:49	392	535	Chris Pocklington	M36		1:43:21
313	1618	Jim Davis	M55	Herts Phoenix	1:40:49	393	1303	Paul Wagner	M42		1:43:23
314	1903	Sally Jarmaine	F27		1:40:54	394	664	Mark Berry	M31		1:43:24
315	1326	Ian Sharp	M47	N Herts RR	1:40:54	395	1854	Amanda Brook	F23		1:43:27
316	1928	Nicole Dennis	F28		1:40:58	396	1859	Nicola Tyrrell	F31		1:43:27
317	343	Julian Blee	M35		1:41:02	397	528	James Oseman	M23		1:43:29
318	339	Andrew Coburn	M37		1:41:05	398	654	Tony Pickup	M38	Leighton Fun Run	1:43:34
319	627	James Chester	M22		1:41:07	399	1412	Christian Clegg	M43		1:43:37
320	1744	Claire Baycroft	F24		1:41:08	400	1786	Evelyne Turmes	F27		1:43:43
321	369	Robert Howells	M26		1:41:13	401	1920	Sarah Fowler	F27	St Albans Striders	1:43:43
322	1616	Colin Cook	M54	St Albans Striders	1:41:18	402	357	Paul Stallard	M38	Lensbury	1:43:44
323	260	David Connolly	M36		1:41:20	403	1307	Nick Seaman	M42	Hillingdon AC	1:43:45
324	79	Neil Moorhen	M38	St Albans Striders	1:41:25	404	1541	Alan Sumner	M53		1:43:47
325	1407	Steve Evans	M49	St Albans Striders	1:41:26	405	405	Chris Notters	M28	Serpentine RC	1:43:48
326	1524	Michael Barrowman	M56	St Albans Striders	1:41:30	406	1511	David Holmes	M50	Chiltern Harriers	1:43:50
327	171	Rob Humphrey	M27	Harpندن RFC	1:41:30	407	1325	Alastair Davidson	M42		1:43:52
328	258	Paul Siddle	M32		1:41:31	408	1300	Kieran Cummings	M40		1:44:01
329	1585	Bill Swindon	M54	SCVAC	1:41:31	409	347	Lee Dawson	M35		1:44:01
330	642	Maucio Jardin	M28	Barnet & Dist AC	1:41:35	410	152	Brian Greenhill	M25		1:44:04
331	2044	Frances Ridgway	F38	Fairlands Valley	1:41:37	411	197	Marcus Amy	M33		1:44:06
332	2177	Sarah Angus	F45		1:41:39	412	1864	Kim Hochfeld	F32	London Heathside	1:44:06
333	158	Richard Davis	M36		1:41:39	413	505	Stephen Esselaar	M30		1:44:11
334	1742	Andrea Johns	F33	St Albans Striders	1:41:40	414	1167	Paul Pegler	M49	Treasury RC	1:44:11
335	666	Nick Bird	M27		1:41:41	415	1589	Terry Wootton	M56	New Eltham Joggers	1:44:14
336	1425	Mark Cross	M42		1:41:42	416	1266	Andrew Dobinson	M40		1:44:18
337	690	Steven McFadden	M25		1:41:43	417	1505	Peter Smith	M51	St Albans Striders	1:44:19
338	621	Neil Swaysland	M28		1:41:47	418	1572	Phil Spalton	M55	Offord Runners	1:44:19
339	1367	Martin Webb	M45	St Albans Striders	1:41:51	419	1230	Christopher Connell	M49		1:44:20
340	708	Alister Harry	M38	Garden City Runner	1:41:52	420	1153	Mark Sanders	M40		1:44:21
341	290	Stuart McMillan	M18		1:41:57	421	1377	Paul Jacob	M41	Luton United AC	1:44:22
342	542	Desmand Mannion	M38	Handy Cross Runner	1:42:00	422	1597	John Lower	M53	Crabtree Church	1:44:29
343	544	John Brunt	M38	Blisterin Barnacle	1:42:03	423	1401	Eamonn O'Reilly	M46	Gade Valley Harr	1:44:31
344	1159	Stuart Henderson	M47		1:42:06	424	154	Brian Packton	M32		1:44:32
345	1374	Richard Newland-Smith	M48	St Albans Striders	1:42:08	425	2207	Patricia Farrow	F53		1:44:37
						426	1397	Sean Flynn	M45		1:44:40
346	1384	Andrew Rowson	M40		1:42:13	427	2051	Alice Carling	F39		1:44:42
347	1145	Richard Lloyd	M46	Garden City Runner	1:42:17	428	1250	Mark Carter	M48		1:44:42
348	668	Andy Tremain	M30	Winchester & Dist	1:42:18	429	1424	Lawrence Waldron	M43		1:44:46
349	1927	Leith Nicholson	F31		1:42:19	430	487	Richard Thornhill	M38		1:44:47
350	401	Roger Bedford	M33		1:42:20	431	1288	Jonathan Little	M46	Ware Joggers	1:44:47
351	43	Russell Smith	M34		1:42:22	432	1170	Mike Allibone	M41		1:44:48
352	89	Mark Corton	M28	Harpندن RFC	1:42:24	433	1926	Nicky Boddy	F28		1:44:52
353	165	Morten Pedersen	M35	Blisterin Barnacle	1:42:24	434	1125	John Oberda	M42	Bedford Harriers	1:44:55
354	315	Rhodri Blake	M32		1:42:25	435	1868	Sarah Dawson	F24		1:44:57
355	249	Colin Funge	M38		1:42:26	436	1334	Paul Driscoll	M49	Enfield Runners	1:44:58
356	472	Mark O'Donnell	M30		1:42:27	437	28	Greg Guise	M34	Wootton RR	1:44:58
357	1710	Julie Oram	F33		1:42:30	438	287	Niall McIntyre	M33	Crabtree Church	1:45:00
358	2016	Helen Jukes	F38		1:42:30	439	206	Bernard Horsley	M37		1:45:00
359	1381	Patrick McGroarty	M42	Dunstable RR	1:42:31	440	1853	Hannah Kerac	F0		1:45:03
360	1861	Jody Conibear	F26		1:42:31	441	265	Paul Tate	M34		1:45:06
361	1225	Phill Coates	M46	St Albans Striders	1:42:32	442	680	Andrew Gordon	M27		1:45:16
362	300	Mark Turner	M24		1:42:33	443	485	Nick Davis	M26	Herts Phoenix	1:45:22
363	1304	Lance Richardson	M48	Stopsley Striders	1:42:34	444	1720	Rachael Wray	F26		1:45:23
364	678	Mark Bradley	M31		1:42:35	445	1338	Paul Holgate	M46	Fairlands Valley	1:45:25
365	1335	John Cork	M49	Oddfellows AC	1:42:40	446	376	Simon Monk	M0		1:45:25
366	587	John Allen	M31		1:42:40	447	673	Paul Moss	M23		1:45:26
367	2022	Dawn Robson	F38		1:42:42	448	126	Edward Renwick	M25		1:45:28
368	1395	Paul Young	M47	Loughton AC	1:42:42	449	1106	Martin Garrett	M49	Sudbury Court RC	1:45:32
369	1110	Martin Robinson	M40		1:42:45	450	204	David Nelson	M37		1:45:34
370	1213	Terry Cook	M47		1:42:46	451	139	Matt Newberry	M26		1:45:34
371	95	Stu McLean	M35		1:42:48	452	667	Oliver Cadle	M33		1:45:37
372	368	Clive Adams	M35	N Herts RR	1:42:50	453	1241	Malcolm Pollock	M47	Gloucester AC	1:45:40
373	1553	Bernard Hercock	M66	Enfield & H'ingey	1:42:52	454	1256	Philip Holliday	M43		1:45:42
374	1411	Peter Crane	M42		1:42:53	455	1219	Andrew Nightingale	M40		1:45:43
375	588	Timothy Wilkins	M33		1:42:54	456	1433	Eric Rosenthal	M49		1:45:48
376	1586	Robert Shaw	M55	Fairlands Valley	1:42:54	457	178	Matthew Wooden	M27		1:45:49
377	600	Chris Read	M37	RRC	1:42:55	458	195	Graham Sibley	M38		1:45:50
378	541	Adrian Hughes	M35	Ware Joggers	1:43:00	459	316	Paul Brooks	M39	RRC	1:45:51
379	1114	Phil Harding	M42		1:43:01	460	1172	Steven Byron-Cooper	M48		1:45:53
380	1813	Christina Clarke	F26		1:43:01	461	1267	Hans van der Wall	M46		1:45:56
381	282	David Hutchings	M39	Sandhurst Joggers	1:43:03	462	1897	Alison Fraser	F25		1:45:57
382	87	Alex Firth	M39		1:43:04	463	461	Tim Beeston	M39		1:46:00
383	1544	Kevin Gournay	M57	Broxbourne Runners	1:43:06	464	402	Brian Hudson	M32		1:46:02
384	2159	Carol Lydon	F49	Amphill & F'wick	1:43:07	465	1112	David Ross	M43	N Herts RR	1:46:04
385	539	Nick Rumbelow	M31		1:43:11	466	650	Ceaser Pirs	M29		1:46:08
386	1336	Dexter Sadler	M43	Enfield Runners	1:43:14	467	633	Andrew White	M27		1:46:09

468	438	Maurice Hughes	M35	1:46:10	548	1128	Robert Dobson	M44	1:48:30		
469	1537	Robert Johnson	M61	1:46:12	549	571	Simon Bunce	M33	1:48:32		
470	1621	Mohammad Sheibani	M55	1:46:13	550	193	Paul Simon	M29	1:48:34		
471	691	Richard Allen	M29	1:46:16	551	21	Ian Durndell	M28	1:48:35		
472	1408	Paul Barkway	M47	1:46:16	552	1793	Jo Rawal	F39	1:48:41		
473	1221	Rik Edwards	M46	Chiltern Harriers	1:46:17	553	7	Gary Lincoln	M34	1:48:44	
474	454	Andrew McLeod	M38	1:46:18	554	413	Tim Wiscarson	M38	1:48:46		
475	194	Jon Greenwood	M26	1:46:19	555	1526	Wayne Warren	M52	RRC	1:48:47	
476	704	Paul Woods	M26	1:46:20	556	1905	Tracey Wigmore	F38	1:48:48		
477	583	Ewan Macer	M29	1:46:21	557	1753	Anna Blackmore	F31	1:48:51		
478	1183	Mark Ward	M40	1:46:21	558	2203	Sharon Hollingworth	F51	1:48:52		
479	254	Graham Brown	M21	1:46:21	559	468	Roger Noon	M36	1:48:53		
480	356	Kevin Morris	M37	1:46:21	560	224	Byron Allen	M38	1:48:55		
481	685	David O'Sullivan	M26	1:46:23	561	58	Edward Quinn	M21	1:48:56		
482	134	Paul Flood	M33	Serpentine RC	1:46:24	562	1575	Geoffrey Watts	M55	1:48:57	
483	1322	Graham Meagre	M46	1:46:25	563	1894	Linda Briedova	F22	1:48:59		
484	388	Ian Lauder	M35	1:46:29	564	479	James Brooks	M20	1:49:04		
485	279	Adam Phillips	M20	1:46:32	565	1143	Robert Jackson	M48	1:49:04		
486	686	Barry McCarthy	M40	1:46:33	566	634	Andrew Hoddinott	M37	1:49:05		
487	250	Darren Battams	M22	1:46:33	567	1370	Nevill Reid	M44	1:49:06		
488	2055	Hobi Walker	F41	1:46:36	568	115	Tim Winfield	M34	1:49:06		
489	371	Charles Davie	M17	Verulam Boys	1:46:38	569	520	Paul Phillips	M33	1:49:09	
490	296	Anthony Moss	M36	1:46:39	570	352	Maurice Dudley	M39	1:49:12		
491	2180	Annie Seymour	F46	St Albans Striders	1:46:40	571	140	Anthony McElhinney	M31	1:49:12	
492	1118	Nick Ridout	M41	1:46:41	572	172	Andrew Lessiter	M31	1:49:17		
493	1545	Robert Hamilton	M55	1:46:44	573	1866	Una Ward	F32	1:49:19		
494	459	John Brockbank	M39	St Albans Striders	1:46:47	574	1333	Richard Johnson	M44	1:49:19	
495	48	David Franklin	M39	1:46:47	575	1382	Alan Potter	M43	Dagenham 88	1:49:22	
496	1628	David Hyams	M54	St Albans Striders	1:46:48	576	1840	Diane Shields	F33	Victoria Park Harr	1:49:22
497	153	Mark Roberts	M28	1:46:50	577	1626	Marcus Maydon	M61	Dursley AC	1:49:23	
498	580	Jules Bevin	M29	1:46:50	578	39	Sam Smith	M28	1:49:24		
499	14	David Craddock	M17	1:46:51	579	471	Carl Broadhurst	M37	1:49:25		
500	18	Raj Mann	M38	1:46:52	580	100	Jonathan Lane	M30	1:49:25		
501	2041	Clare Gransby	F42	Watford Joggers	1:46:54	581	412	Peter Austen	M38	1:49:33	
502	1142	George Martin	M41	TBC Runners	1:46:54	582	1548	Michael Browning	M52	Royston Runners	1:49:36
503	2030	Teresa Casper	F44	Orion Harriers	1:46:55	583	1357	Stephen Bennett	M43	1:49:37	
504	416	Rob McConnell	M34	1:46:56	584	1101	Stephen Williams	M44	1:49:41		
505	641	Stephen Weber-Hall	M38	1:47:00	585	1281	Ian Bonnick	M46	Watford Joggers	1:49:41	
506	1795	Sheila Traynor	F31	Ware Joggers	1:47:01	586	255	Mark Harris	M25	1:49:55	
507	496	Nigel Gray	M33	1:47:02	587	386	Daniel MacKay	M34	1:49:56		
508	456	Tim Jones	M35	Tri-Force Herts	1:47:05	588	1918	Tara McQuinn	F27	1:49:56	
509	612	No Entry Details	M0	1:47:23	589	1188	Gordon Lowry	M42	1:49:57		
510	1624	Graham Petersen	M52	1:47:24	590	1846	Attracta Fanning	F28	1:49:58		
511	72	Matthew King	M34	1:47:24	591	362	Martin Reynolds	M35	St Albans Striders	1:50:02	
512	452	Owen Taylor	M33	1:47:25	592	1372	Hugh Martin	M40	1:50:02		
513	1842	Sarah Ward	F33	1:47:26	593	524	Denis Rabiller	M25	1:50:05		
514	125	Kevin Cuddon	M21	1:47:26	594	1102	Martin Weaver	M40	1:50:12		
515	1301	Graham Thomas	M42	1:47:27	595	1302	Peter Shepherd	M49	1:50:14		
516	1399	Nicholas Wright	M42	1:47:28	596	257	Jack Wharton	M29	1:50:16		
517	1633	Stephen Cathercole	M56	1:47:29	597	1797	Cathryn Seber	F30	Royston Runners	1:50:17	
518	77	Greg Fitzpatrick	M37	1:47:30	598	1783	Rebecca Hill	F25	1:50:22		
519	1722	Julie Llewellyn-Thomas	F33	1:47:31	599	354	Kai-Ho Li	M21	1:50:26		
520	1899	Genevieve Helsby	F26	1:47:35	600	361	Lee Roscoe	M17	1:50:32		
521	314	Morgan Blake	M39	1:47:38	601	1546	Alan Blake	M57	1:50:35		
522	192	No Entry Details		1:47:41	602	271	Chris Jenkins	M27	1:50:37		
523	1388	Derek Broadbent	M46	Tring RC	1:47:42	603	1507	Tom Horne	M73	Barnet & Dist AC	1:50:43
524	671	John Seorett	M25	1:47:42	604	1274	Mick Tutton	M45	1:50:45		
525	1646	Grahame White	M55	Stopsley Striders	1:47:43	605	373	Tommy McNamara	M30	1:50:45	
526	291	Michael Bachelor	M17	1:47:44	606	1346	Nick Banks	M41	1:50:47		
527	1724	Joanna Wood	F25	1:47:46	607	155	David Valentine	M35	1:50:49		
528	1245	Peter Frisby	M43	1:47:47	608	702	Andy Smart	M30	1:50:49		
529	2171	Lisa Hoaran	F45	1:47:47	609	90	Graham Knights	M33	1:50:51		
530	1111	Tim Ayre	M48	1:47:48	610	1916	Charlotte De-Machen	F24	David Loyd RC	1:50:53	
531	317	Steven Baxter	M26	1:47:49	611	313	Alexander Baker	M29	1:50:53		
532	397	Phil Dadd	M31	1:47:49	612	1766	Samantha Wilson	F20	1:50:57		
533	1308	Stephen Taylor	M45	TeamRealRunner.com	1:47:54	613	414	Jolyon Holdstock	M35	1:51:03	
534	207	Stuart Tarrant	M39	1:47:56	614	582	Andrew Cockhill	M0	1:51:06		
535	1168	Peter McCullough	M40	1:47:58	615	219	Sean Wilkins	M33	1:51:06		
536	669	Terry Gamble	M38	1:48:00	616	1774	Liz Nesor	F33	1:51:06		
537	1254	Chris Westcott	M41	1:48:02	617	261	Stephen McCluskey	M39	Blisterin Barnacle	1:51:07	
538	659	Ratat Ahmad	M33	Metros	1:48:06	618	1216	Keith Oldridge	M42	1:51:08	
539	167	Scott Campbell	M31	1:48:12	619	1380	Philip Langley	M42	1:51:13		
540	615	Richard Lyness	M31	1:48:12	620	394	Steve Shepherd	M27	1:51:14		
541	1272	Martin Lawrence	M45	1:48:15	621	365	Les Taylor	M39	Ware Joggers	1:51:15	
542	1711	Jackie Dockerill	F32	Haverhill RC	1:48:16	622	707	Kevin Symons	M30	1:51:16	
543	692	Simon Midgen	M37	1:48:16	623	1383	Stephen Oseibrn	M45	1:51:21		
544	1238	No Entry Details		1:48:21	624	94	Brian Benson	M33	1:51:23		
545	1144	Richard Derrick	M47	St Albans Striders	1:48:23	625	1550	Tom Cullen	M56	1:51:25	
546	1211	John Horgan	M48	Garden City Runner	1:48:25	626	132	Tony Ambrose	M36	1:51:26	
547	1340	Russell Homfray	M43	St Albans Striders	1:48:26	627	358	Stephen Ambrose	M33	1:51:26	
					628	536	Peter Hopkins	M38	1:51:29		

629	442	Wayne Brookes	M35		1:51:31	710	1933	Jo Bonner	F31		1:53:59
630	1608	William Harding	M53	Hillingdon AC	1:51:32	711	629	Ian Taylor	M37	St Albans Striders	1:53:59
631	329	Iain Shepherd	M28		1:51:35	712	2074	No Entry Details			1:54:03
632	229	Michael Artley	M38		1:51:35	713	1996	Louise Crosby	F43		1:54:06
633	1879	Lisa Randall	F32		1:51:36	714	530	Bernard Jason	M32		1:54:07
634	1378	Mark Stephens	M43		1:51:36	715	1298	Stephen Pleece	M41		1:54:11
635	620	Kevin King	M42		1:51:37	716	1762	Claire Brooks	F26	Brighton & Hove AC	1:54:18
636	234	Andrew Downie	M27		1:51:38	717	284	Jasbinder Bhargal	M37		1:54:30
637	573	Stephen Swan	M39	St Albans Striders	1:51:39	718	513	Gavin Drescher	M39		1:54:30
638	563	Paul Clifford-Jones	M29		1:51:39	719	84	Alastair Saint	M26		1:54:35
639	1997	Emma Chilvers	F35		1:51:41	720	1848	Susannah Hall	F29	Serpentine RC	1:54:35
640	605	Tim Howells	M35		1:51:44	721	1127	Martyn Levitt	M47		1:54:36
641	1420	Mike Burr	M40		1:51:45	722	1908	Ruth Craig	F28		1:54:37
642	1557	David Byers	M58		1:51:48	723	1330	Murray Chapman	M40		1:54:38
643	425	Phillip Millard	M38		1:51:54	724	133	David Marshall	M32		1:54:43
644	1132	John Page	M49		1:51:58	725	325	Daniel Thompson	M27		1:54:44
645	427	Mark Fitzpatrick	M35		1:52:00	726	645	Jason Jefferies	M35		1:54:45
646	93	David Ingram	M35		1:52:01	727	1807	Sarah Maclaren	F28		1:54:45
647	1332	David Martin-Smith	M47		1:52:01	728	1913	Karen Moorehouse	F0		1:54:48
648	526	Roger Mullis	M39		1:52:01	729	1414	Graham Lancaster	M48		1:54:50
649	1838	N Carter	F30	Harpers RC	1:52:04	730	717	Colin Bradley	M35		1:54:53
650	636	Julian Leslie	M32	JP Morgan RC	1:52:08	731	553	Mario Straccia	M22		1:54:54
651	557	Brendan Doyle	M39		1:52:09	732	1811	Kim Aird	F29		1:54:55
652	202	John Davis	M37	Garden City Runner	1:52:15	733	331	Tony Begley	M32		1:54:55
653	1115	John Harding	M46		1:52:20	734	2033	Caroline Malkinson	F38	St Albans Striders	1:54:56
654	568	Stephen Geers	M39		1:52:22	735	439	Gavin Hall	M36	St Albans Striders	1:54:57
655	1117	Laurence Rix	M45		1:52:24	736	1514	Martin Field	M52	Aldenham	1:54:58
656	624	William McCarty	M34		1:52:24	737	102	Paul Parrish	M38		1:54:59
657	701	William Mattier	M35		1:52:34	738	1119	David Pirrie	M45		1:55:00
658	1844	Emma Montiel	F27		1:52:35	739	672	Moray Tuach	M25		1:55:01
659	1430	Steve Bunce	M45	Orion Harriers	1:52:39	740	44	Patrick Cole	M34		1:55:04
660	407	Mark Napier	M28		1:52:42	741	333	John Clarke	M29	Army AA	1:55:06
661	601	Ian Newcombe	M32		1:52:43	742	465	Mat Tarrant	M35		1:55:11
662	71	Gregory Russell	M30		1:52:45	743	1506	John Freier	M52		1:55:12
663	35	Graham Wilson	M32		1:52:45	744	1282	Ian Meakin	M44		1:55:13
664	2066	Helen James	F38	Harpers RC	1:52:48	745	1881	Kashka Baird	F31		1:55:14
665	476	James Megoran	M27		1:52:51	746	1654	David Robinson	M57		1:55:15
666	2026	Tracey Henry-Yo	F38		1:52:51	747	1149	Gary Jonas	M46		1:55:17
667	1902	Joanne Parker	F23		1:52:52	748	1856	Alison How	F27		1:55:19
668	1648	Peter Tetstall	M56	Borrow Runners	1:52:52	749	1510	John Wells	M62		1:55:28
669	594	Jim Cummings	M23		1:52:52	750	467	Jonathan Watt	M32		1:55:29
670	360	Sean Wakeman	M38		1:52:53	751	1964	Barbara Robinson	F35		1:55:29
671	1657	Alan Gahagan	M54		1:52:57	752	1922	Gaynor Bunn	F38		1:55:31
672	527	Alexander Baird	M29		1:52:58	753	2047	Anne Rehn	F38		1:55:33
673	145	Simon Pugsley	M34		1:52:59	754	1600	Peter Torre	M61	S'bury Barnet HAC	1:55:39
674	1592	Stuart Macer	M55		1:52:59	755	349	Peter Sawko	M31	Garden City Runner	1:55:40
675	1273	Anthony Stephenson	M47		1:53:05	756	1607	Heddwyn Evans	M53		1:55:41
676	489	James Cockin	M35		1:53:07	757	1605	Maurice Bond	M56	Shires Triers	1:55:44
677	118	Matthew Day	M28		1:53:09	758	235	Andrew Cooper	M33		1:55:49
678	1280	Colin Hewitt	M49	N Herts RR	1:53:09	759	658	Philip Bunn	M38		1:55:52
679	1907	Tracey Maher	F25		1:53:10	760	473	William Gurney	M26		1:55:54
680	116	Richard Bentley	M38		1:53:10	761	483	Anthony Nicolson	M36		1:55:54
681	1261	Geoff Vail	M41		1:53:12	762	1896	Anna Withnall	F28		1:55:56
682	2058	Fiona Game	F42	N Herts RR	1:53:13	763	599	John Long	M27		1:55:56
683	709	Sam Keates	M29	Ridgeway Venturers	1:53:16	764	1841	Jo Collinson	F31		1:55:57
684	1527	Arnold Glickman	M55		1:53:16	765	251	Peter Cook	M39		1:55:57
685	1368	Andrew Dobson	M41		1:53:16	766	1876	Lyn Hamblin	F32		1:56:00
686	124	David Charlton	M38		1:53:17	767	1591	John Williams	M50		1:56:04
687	56	Simon Jessop	M38		1:53:18	768	233	William Harris	M32		1:56:04
688	1851	Nancey Jeffroy	F33		1:53:18	769	1113	David Sumray	M43	Blisterin Barnacle	1:56:07
689	1195	Graham Jinks	M43		1:53:18	770	2063	Michelle Richardson	F40		1:56:07
690	298	Howard Jones	M29		1:53:22	771	2153	Elizabeth Barber	F57	St Albans Striders	1:56:11
691	212	Stuart King	M26		1:53:27	772	17	Chris Sharpe	M39		1:56:18
692	31	Daniel McGinley	M26		1:53:28	773	1658	Steve Levinson	M54		1:56:18
693	245	John Slater	M38		1:53:29	774	1389	Ian Dunn	M41		1:56:19
694	2043	Yvette Johnston	F36		1:53:29	775	2155	Eileen McLoughlin	F48		1:56:22
695	1702	Emily Mealey	F25		1:53:30	776	1558	Peter Dawson	M62	St Albans Striders	1:56:23
696	1890	Karen Levy	F28		1:53:35	777	1147	Kurmang Rashid	M43		1:56:26
697	1632	Christopher Miles	M52	Stevenage & NH AC	1:53:36	778	150	Mark Riding	M38		1:56:26
698	364	Andy Porter	M33		1:53:37	779	1577	Jim Potterill	M64	St Albans Striders	1:56:26
699	107	John Begley	M30		1:53:41	780	1214	Andrew Funge	M41		1:56:28
700	1582	Alan Thorley	M53		1:53:42	781	2160	Jane Wells	F58	St Albans Striders	1:56:29
701	1706	Michelle Smart	F23		1:53:45	782	1718	Cathy Gibbon	F32		1:56:29
702	538	Stephen Willis	M36		1:53:47	783	1386	Mark Samuel	M43		1:56:30
703	675	Shaun Burnett	M17		1:53:49	784	1923	Kate Waldron	F29		1:56:30
704	426	John Attewell	M38		1:53:50	785	2032	Sue Evans	F39		1:56:30
705	309	Craig Coutts	M33		1:53:55	786	689	Andy Guest	M29		1:56:31
706	1385	Stephen Briers	M43	Bracknell Forest	1:53:56	787	1801	Choi-Hsien Tong	F25		1:56:37
707	355	Ashley Argile	M26		1:53:56	788	1354	David Shipley	M48		1:56:37
708	380	Trafford Wilson	M34		1:53:56	789	403	Benedicte Ness	F35		1:56:39
709	378	Stephen Pope	M38		1:53:57	790	1788	Gillian Patrick	F25		1:56:40

791	1875	Michelle Dockree	F26		1:56:41	871	240	Colin Hayward	M32		1:59:17
792	1952	Bridget Clements	F39	St Albans Striders	1:56:43	872	1599	Peter Hill	M51		1:59:18
793	2197	Debbie Evans	F48		1:56:45	873	1413	Hans Laubis	M40		1:59:20
794	1429	John West	M42		1:56:46	874	104	Phil Batten	M36		1:59:22
795	375	Dan MacSweeney	M29		1:56:48	875	1951	Caroline Lennon	F40		1:59:24
796	1644	David Heron	M50	Tring RC	1:56:48	876	1651	Jerry Finn	M55		1:59:26
797	1587	Alec Porter	M54		1:56:52	877	561	Lawrence Begley	M30		1:59:28
798	1124	Neil Ross	M42		1:56:56	878	562	Tony Griffin	M30		1:59:28
799	1289	Tony Browne	M47	Ware Joggers	1:56:56	879	78	Simon Hawkins	M31		1:59:32
800	696	Ken Brotherston	M39		1:56:58	880	1932	Tina Ash	F46	St Albans Striders	1:59:33
801	1419	Valentine Tomin	M45		1:56:59	881	86	Mark West	M34		1:59:35
802	1584	David Robertson	M52		1:57:00	882	1569	David Manze	M57		1:59:40
803	1858	Ali Ptacek	F34		1:57:04	883	699	Stephen Wise	M32		1:59:40
804	1366	Steve Norris	M41		1:57:05	884	1707	GINNA Waygood	F33		1:59:41
805	1551	Jack Darvell	M57	St Albans Striders	1:57:07	885	1341	Johan Coster	M47		1:59:42
806	1530	Simon Reed	M52		1:57:08	886	1233	Jeff Turell	M44		1:59:46
807	1734	Helena Green	F27		1:57:11	887	1773	Laura Page	F22		1:59:47
808	244	Patrick Lwalor	M17		1:57:12	888	1759	Ally Page	F24		1:59:47
809	1631	Ray Valins	M56	Orion Harriers	1:57:12	889	398	Stephen Jewhurst	M37		1:59:47
810	1653	David Horner	M53		1:57:13	890	1562	Glynn Parry	M69		1:59:51
811	598	Simon Poon	M30	Harlow RC	1:57:14	891	1874	Nada Petkovic	F34		1:59:52
812	532	Kenneth Munn	M27		1:57:14	892	4	David Elsmore	M28		1:59:54
813	506	Simon Cottee	M31		1:57:14	893	502	Neil Evans	M39		1:59:56
814	1627	Arthur Hindmarsh	M66		1:57:16	894	295	David Hughes	M27		1:59:56
815	277	Jon Palin	M27		1:57:16	895	1120	Mark Hunt	M43		1:59:57
816	2198	Christine Sharp	F46	N Herts RR	1:57:17	896	75	Darrel Hanley	M31		2:00:06
817	1991	Lesley Gearing	F44		1:57:20	897	173	James Bird	M31		2:00:08
818	1904	Shirley Thorpe	F33	Garden City Runner	1:57:21	898	453	James McKeown	M25		2:00:10
819	190	Ian Swanton	M34		1:57:24	899	136	Alasdair Bleakley	M31		2:00:11
820	1832	Emma Beddingham	F31		1:57:24	900	1982	Wendy Randall	F43	Harpers RC	2:00:25
821	1391	Joe Brennan	M41		1:57:26	901	1901	Serena Hobson	F25		2:00:28
822	1295	Tony Rogers	M43		1:57:26	902	408	Max Mainini	M38		2:00:28
823	183	Gordon Speed	M28		1:57:27	903	20	Jonathan Duckett	M32		2:00:28
824	1513	John Motson	M57		1:57:28	904	2017	Sharon Collins	F36		2:00:32
825	38	Andrew Neal	M23		1:57:34	905	2065	Helen Crompton	F36	British Airways AC	2:00:33
826	23	David Fleetwood	M27		1:57:34	906	374	Jimmy McNamara	M28		2:00:34
827	390	Neil Stevens	M30		1:57:37	907	175	Neil Webster	M35		2:00:36
828	281	Tony McGovern	M38		1:57:43	908	1767	Carol Ransom	F32	Enfield Runners	2:00:36
829	1365	Stuart Walker	M42		1:57:43	909	474	Simon Cliffe	M38		2:00:38
830	648	Jonathan Hall	M30		1:57:43	910	469	Mark Collins	M35		2:00:38
831	647	Atheer Al-Salim	M24		1:57:43	911	327	David Wren	M38		2:00:42
832	1930	Karena Morgans	F27		1:57:44	912	293	Robert Bevil	M34		2:00:48
833	1276	Simon Hopkins	M42		1:57:44	913	1236	Gordon Robertson	M41	Serpentine RC	2:00:50
834	286	Michael Dixon	M34		1:57:45	914	1387	Steven Nash	M48		2:00:57
835	441	Austen Rainer	M32	Tri-Force Herts	1:57:46	915	2076	Sally Nash	F42		2:00:58
836	1319	Simon Green	M43		1:57:48	916	1290	Kenneth Largerwall	M43	Magnolia	2:01:01
837	1603	Brian Pratt	M56		1:57:49	917	1972	Paula Artley	F41		2:01:05
838	1764	Valerie Smith	F29		1:57:49	918	1228	Gavin Brown	M41		2:01:07
839	555	Paul Buckley	M32		1:57:55	919	681	Stephen Kibble	M39		2:01:09
840	670	James Gough	M28		1:57:58	920	1860	Victoria Stone	F27		2:01:13
841	283	Seamus Brenan	M33		1:58:01	921	9	Richard Heavers	M39		2:01:15
842	1362	James Aitchison	M41		1:58:02	922	1243	Matthew Casper	M46	Orion Harriers	2:01:19
843	36	Stephen Hathaway	M39		1:58:03	923	1538	Roger Bruce	M52	White Hart Tap	2:01:26
844	445	Luke Hart	M29	St Albans Striders	1:58:04	924	1565	Chris Brandon	M56	Aston Abbotts FR	2:01:27
845	1359	John O'Sullivan	M47		1:58:04	925	552	Andrzej Danyluk	M27		2:01:30
846	574	Dan Kimpton	M26		1:58:06	926	1199	Andrew Stewart	M40		2:01:37
847	481	Mark Freeman	M37		1:58:07	927	67	Andrew Griffin	M39		2:01:39
848	226	Andrew Bradford	M34		1:58:13	928	449	Tom Brennand	M23		2:01:40
849	2073	Stacy Munn	F37	Tri London	1:58:13	929	15	Jon Deas	M27		2:01:41
850	73	Saul Philpott	M36		1:58:15	930	1827	Jenny Phipps	F30		2:01:41
851	1895	Anne-Marie McInerney	F31		1:58:18	931	1818	Tara Darlow	F27		2:01:44
852	122	Robb Armstrong	M37		1:58:20	932	112	Mark Smith	M34		2:01:45
853	1556	Colin Driscoll	M65		1:58:21	933	113	Huw Oddy	M39	Garden City Runner	2:01:48
854	1828	Anne Callis	F26		1:58:21	934	191	Ian Chapman	M25		2:01:49
855	2072	Abigail Morris	F39	Tri London	1:58:28	935	2077	Jacqueline Bohmer	F35		2:01:49
856	389	Roman Bezdyk	M37		1:58:28	936	1257	Justyn Davies	M49		2:01:50
857	703	Matt Snall	M27		1:58:33	937	1571	Malcolm Sargeant	M56		2:01:51
858	2167	Helen Williams	F51		1:58:36	938	1737	Jane Emms	F34		2:01:58
859	288	Nick Harvey	M17		1:58:37	939	1305	Leon Rozewicz	M42	Sudbury Court RC	2:02:00
860	1570	Tom Donegan	M58		1:58:40	940	575	Paul Smith	M34		2:02:03
861	151	Michael Aburrow	M22		1:58:41	941	1740	Melissa Adams	F28		2:02:04
862	1826	Shanti Johnson	F32		1:58:42	942	418	Ian Warrington	M35		2:02:04
863	393	David Brennon	M28		1:58:42	943	478	Keith Loveman	M38	Bullet Brothers	2:02:05
864	1568	David Williams	M55	Barnet & Dist AC	1:58:49	944	432	Richard Johnstone	M36		2:02:12
865	1184	Vando De-Bellis	M41		1:58:54	945	1364	Patrick Smyth	M40		2:02:13
866	336	Carlo Bongiorno	M39		1:58:58	946	2156	Dita Olney	F46		2:02:17
867	423	Takaaki Soejima	M35		1:59:04	947	2034	Tracy Ward	F37		2:02:19
868	61	Michael Wilkins	M36	St Albans Striders	1:59:07	948	2003	Gillian Capelo	F43	Orion Harriers	2:02:20
869	475	Dunstan Arthur	M34		1:59:12	949	2193	Penny Cording	F53	Trent Park RC	2:02:29
870	1509	David Gardner	M50		1:59:14	950	1989	Samantha Watling	F35		2:02:32
						951	83	Gavin Sanderson	M30		2:02:36

952	718	Simon Lampolt	M36		2:02:36	1032	344	Dan Palmer	M30		2:06:48
953	1796	Julie Wargent	F32	Sandhurst Joggers	2:02:37	1033	2007	Ms Madden	F42		2:06:51
954	1889	Rochelle Gilder	F24		2:02:38	1034	1815	Nerys Thomas	F27	Marlborough School	2:06:52
955	1239	John O'Dwyer	M42		2:02:41	1035	1962	Tamara Ferguson	F41		2:07:13
956	2202	Judith Nayler	F45		2:02:41	1036	120	Lee Burrows	M32		2:07:14
957	1352	Jeremy Nayler	M45		2:02:42	1037	2163	Barbara Allen	F51		2:07:17
958	1189	Peter Mastenko	M46		2:02:44	1038	1986	Jill Callander	F43		2:07:24
959	1610	Richard Whiting	M52	Herts Phoenix	2:02:53	1039	1985	Deorah Gordon	F36		2:07:24
960	223	Jonathan Godden	M25		2:03:01	1040	348	Gary Gray	M39		2:07:24
961	2205	Laurelle Coulson	F48		2:03:06	1041	2195	Deborah Lawson	F45		2:07:28
962	1275	Kevin Kirk	M40		2:03:13	1042	1529	David Irving	M54		2:07:29
963	1104	Gary Parker-Mead	M43		2:03:14	1043	1880	Mandy Phillips	F29		2:07:30
964	1259	Mark Grimditch	M49		2:03:18	1044	2057	Katie Etheridge	F36		2:07:41
965	1426	Ian Sloan	M43		2:03:24	1045	1328	Tony Grant	M44		2:07:43
966	85	Vinod Bange	M33		2:03:25	1046	318	Krishna Sawjivi	M28		2:07:44
967	1126	John Geldart	M45		2:03:25	1047	1886	Louise Horobin	F28		2:07:47
968	1805	Tane Hughes	F30		2:03:30	1048	143	Andrew Harris	M32		2:07:48
969	1806	Emily Barlow	F27		2:03:31	1049	337	Mark Maginnis	M35		2:07:53
970	1709	Natalie Down	F27		2:03:37	1050	1536	Andy Dickerson	M51		2:07:55
971	1151	John Hasson	M48		2:03:46	1051	606	Shane De Jong	M31		2:08:02
972	1578	Edwin Bartlett	M58	RRC	2:03:46	1052	127	Richard Sheppard	M26		2:08:06
973	119	Laurence Cotterell	M36		2:04:06	1053	2037	Helen Harper	F40		2:08:08
974	1416	Colin Elliott	M43		2:04:07	1054	2040	Lorraine Hewitt	F42	N Herts RR	2:08:21
975	1166	Stephen Taylor	M48		2:04:07	1055	499	Mark Twohig	M35		2:08:21
976	433	Paul Santus	M31		2:04:08	1056	2079	Bridget Pettitt	F35		2:08:25
977	1619	Chris Barrow	M50		2:04:09	1057	16	Kenny Murray	M37	Crabtree Church	2:08:29
978	1981	Jacqueline Fraser	F40		2:04:24	1058	1878	Rachel Webster	F30		2:08:31
979	1540	Duncan Burgoyne	M56	St Albans Striders	2:04:24	1059	24	Simon Kirton	M36		2:08:35
980	1792	Juliet Smith	F30		2:04:27	1060	1655	Peter Whittle	M56	TeamRealRunner.com	2:08:36
981	1515	Neil Dunkin	M58		2:04:31	1061	1604	Philip Abbitt	M50	Stopsley Striders	2:08:43
982	1176	Carlo Antonioli	M40		2:04:32	1062	29	John Brookes	M32		2:08:46
983	2175	Jenni Vinner	F47	Ware Joggers	2:04:33	1063	521	Gary Sear	M36		2:08:47
984	1900	Vanessa Frampton-Leigh	F32		2:04:43	1064	1967	Wendy Phillips	F36		2:08:53
985	2192	Pamela Storey	F55	Serpentine RC	2:04:45	1065	1212	Derek Chelley	M42		2:08:55
986	1226	Terence Fulton	M45		2:04:46	1066	1185	Michael Scottow	M48		2:09:01
987	1313	David Scriven	M45		2:04:47	1067	679	Neil Carter	M31		2:09:01
988	1242	Richard Webbe	M47		2:04:48	1068	1260	Richard Scriven	M49		2:09:04
989	548	Richard Kennedy	M38		2:04:58	1069	1105	Barry Simpson	M41		2:09:21
990	105	Tom Gabriel	M28		2:05:00	1070	2056	Liz Middleton	F43	St Albans Striders	2:09:25
991	1157	Tony Crocker	M47		2:05:01	1071	457	Julian Beale	M19		2:09:27
992	1247	Howard Pease	M41		2:05:02	1072	1814	Rose Baldwin	F34		2:09:35
993	1791	Faye Clarke	F25		2:05:02	1073	2170	Romaine Byers	F47		2:09:36
994	1209	Steve Tupling	M49		2:05:05	1074	350	David Baldwin	M30		2:09:39
995	1829	Nicola Buder	F27		2:05:08	1075	1987	Kate Cousin	F38		2:09:42
996	715	Benny Bonner	M0	Wormskew Manor	2:05:19	1076	2021	Claire Knights	F42		2:09:44
997	1639	John Smith	M55	Latin Runners	2:05:25	1077	593	Andy Baccas	M38		2:09:54
998	1190	Anthony Tibble	M40		2:05:29	1078	638	David Healy	M27		2:09:55
999	1739	Laura Macmillan	F21		2:05:31	1079	346	Matthew Foale	M33		2:09:58
1000	1778	Helen Robinson	F30		2:05:32	1080	2152	Liz Zass	F56	Stragglers	2:09:59
1001	2004	Liz Collins	F35		2:05:35	1081	1761	Nicki Claydon	F32	Watford Joggers	2:10:02
1002	1959	Linda Cullin-Moir	F36	Garden City Jogger	2:05:42	1082	1760	Liz Seaton	F30		2:10:02
1003	486	Nurz Zaman	M32		2:05:45	1083	1317	Alun Puddefoot	M42		2:10:09
1004	275	Richard Cooling	M34		2:05:45	1084	2024	Jacqueline Williams	F38		2:10:10
1005	1784	Nichola Houlden	F33		2:05:47	1085	181	Matthew Melling	M39		2:10:11
1006	2029	Victoria McQuaid	F35		2:05:48	1086	184	Paul Heskin	M32		2:10:15
1007	1606	John Bell	M60		2:05:49	1087	448	Richard Chambers	M23		2:10:20
1008	1162	Alister Judge	M44		2:05:50	1088	1634	Anthony Mileham	M59		2:10:21
1009	187	Simeon Hall	M34		2:05:52	1089	1625	Dave Beane	M64	Garden City Runner	2:10:31
1010	1371	Chris Bentley	M40		2:05:53	1090	2204	Shirley Quartemain	F45		2:10:31
1011	243	Jamie Ellis	M22		2:05:55	1091	1376	Robert Bellamy	M48		2:10:31
1012	1785	Emma Lawlor	F22		2:05:58	1092	537	No Entry Details			2:10:41
1013	2151	Sally Hall	F47		2:05:59	1093	646	Ralph Steward	M38		2:10:43
1014	1782	Viki Carpenter	F30	Ware Joggers	2:06:01	1094	334	Richard Thornton	M36		2:11:00
1015	1609	David Travers	M56	Bishops Stortford	2:06:02	1095	2012	Christine Seymour	F40		2:11:06
1016	110	Michael Langston	M21		2:06:04	1096	310	Andrew Streeter	M33		2:11:09
1017	640	Andy Kemp	M33		2:06:06	1097	63	Christopher Ebbs	M28		2:11:11
1018	2006	Monica Walsh	F42		2:06:08	1098	2158	Lesley Powell	F47	RRC	2:11:13
1019	1843	Katrina Doyle	F33		2:06:09	1099	2174	Helen Mooney	F49		2:11:17
1020	1833	Julie-Anne Gibson	F34		2:06:15	1100	1867	Jo Day	F31	Stopsley Striders	2:11:18
1021	1849	Leanne Searle	F26	St Albans Striders	2:06:21	1101	695	Colin Hardy	M35		2:11:18
1022	533	Graham Golding	M43		2:06:24	1102	676	Iain Ward	M20		2:11:20
1023	602	Mark Hosking	M34		2:06:28	1103	674	Chris Whitby	M19	RAF Cosford	2:11:20
1024	130	Joel McDermott	M33		2:06:36	1104	687	Mark Bryan	M32		2:11:21
1025	2048	Helen Leigh	F39	Harpers RC	2:06:39	1105	1320	Don Byrne	M47		2:11:21
1026	2005	Caroline Howe	F39	Harpers RC	2:06:40	1106	1755	Catherine Ryan	F34		2:11:24
1027	2070	Fiona Levy	F36		2:06:40	1107	464	Graham Lyne	M39		2:11:27
1028	1979	Sandra Lacey	F37		2:06:40	1108	1995	Lynda Thompson	F41		2:11:28
1029	1148	Roger Allen	M41		2:06:42	1109	2186	Marilyn Manze	F49		2:11:30
1030	2060	Clare Allen	F39		2:06:43	1110	1137	Frank Newell	M49		2:11:31
1031	1957	Helene Smith	F35		2:06:43	1111	322	Sonny Khan	M31		2:11:32
						1112	1595	John Morris	M49		2:11:43

1113	1871	Louise Robson	F29	2:11:44	1194	1703	Jessica Bush	F27	2:18:12		
1114	1857	Mariam Sheibani	F29	2:11:46	1195	1712	Victoria Deans	F26	2:18:13		
1115	1620	Khalil Sheibani	M58	2:11:46	1196	1518	Robert Harding	M64	Serpentine RC	2:18:16	
1116	569	Ian Oakman	M30	2:11:50	1197	270	Daniel Bagnall	M19		2:18:21	
1117	2191	Sally Watson	F49	2:11:51	1198	482	Lee Oldman	M32		2:18:22	
1118	27	Ian Foddering	M29	2:11:53	1199	1629	John Grisman	M54		2:18:24	
1119	1984	Jo Gordon	F39	2:11:57	1200	2172	Gillian Leaver	F57	For Physio's	2:18:26	
1120	1835	Alison McConnell	F33	2:11:59	1201	549	James Hall	M21		2:18:31	
1121	1963	Julie Selby	F41	2:12:05	1202	1847	Andrea Moore	F30		2:18:32	
1122	164	David Kitchin	M32	2:12:10	1203	1893	Nicky Lenman	F0		2:18:32	
1123	1723	Fiona Kitchin	F29	2:12:10	1204	1404	Justin Dewitt	M48		2:18:33	
1124	2080	Jean Piggott	F42	2:12:14	1205	1915	Lucy Basham	F28		2:18:42	
1125	1432	Kevin O'Neill	M45	2:12:14	1206	644	Douglas Selmes	M31		2:18:42	
1126	1855	Mary McLoughlin	F33	2:12:22	1207	1823	Abigail Morley	F26		2:18:51	
1127	1816	Jacqui Burke	F33	2:12:22	1208	1990	Paula Wise	F39	Garden City Runner	2:18:54	
1128	1138	Peter Crane	M48	2:12:33	1209	1547	Martin Small	M60		2:18:54	
1129	1299	Steve Prime	M41	2:12:33	1210	92	Gavin Holtorp	M33		2:18:58	
1130	1512	Reginald Gilbert	M55	2:12:36	1211	2019	Louise Callender	F40	Harpers RC	2:19:32	
1131	1155	Kevin Moon	M48	2:12:37	1212	5	Peter Roberts	M24		2:19:34	
1132	1650	Andrew Lee	M50	2:12:48	1213	519	ANdy Rushbrooke	M34		2:19:35	
1133	1405	Steve Hodge	M45	2:12:48	1214	1824	Eleanor Wasey	F24		2:19:36	
1134	1975	mandy Davies	F35	2:13:21	1215	2027	Katrina Doubleday	F38		2:19:40	
1135	1976	Karen Hodgson	F35	2:13:21	1216	1988	Donna Nichol	F38		2:19:42	
1136	2028	Karen Myers	F39	2:13:28	1217	1748	Vonny Bee	F29		2:19:42	
1137	2020	Celia Caplan	F39	Harpers RC	2:13:29	1218	1728	Donna Clark	F34		2:19:43
1138	422	Nick Butcher	M29	2:13:33	1219	2173	Joke Claas	F47	For Physio's	2:19:48	
1139	697	Bruce Green	M38	2:13:37	1220	1207	Wim Claas	M47	For Physio's	2:19:48	
1140	2154	Elaine Darvell	F49	St Albans Striders	2:13:38	1221	1955	Tania Lewis	F39		2:19:51
1141	652	David Tupling	M23	2:13:40	1222	1966	Rebecca Gerny	F35		2:20:22	
1142	1255	Harold Berman	M45	2:13:42	1223	1768	Serena Ishmael	F29		2:20:23	
1143	1716	Maria Sabatini	F27	2:13:50	1224	1504	No Entry Details			2:20:24	
1144	1887	Sue Dear	F27	2:13:57	1225	1173	Hosein Moghaddas	M41	Tri-Force Herts	2:20:30	
1145	684	Stephen Lynch	M34	Handy Cross Runner	2:14:07	1226	1752	Katie Carvell	F23		2:20:34
1146	1563	Brian Haynes	M56	Marlow Striders	2:14:10	1227	1909	Mirosława Kornika	F0		2:20:45
1147	8	Craig Smit	M0	2:14:17	1228	1994	Karen Cardoro	F37		2:20:50	
1148	632	J Oats	M25	2:14:22	1229	662	Mark Hulyer	M30		2:20:54	
1149	1532	Donald Thompson	M70	Folkestone AC	2:14:25	1230	278	David Neicho	M23		2:21:00
1150	531	Raoul Mansukhani	M32	2:14:27	1231	1799	Safina Jivrah	F32		2:21:00	
1151	466	James Mileham	M26	2:14:42	1232	1789	Clare Fleetwood	F25		2:21:06	
1152	1794	Rachel Austin	F24	Marlow Striders	2:14:44	1233	1787	Katherine Hill	F24		2:21:06
1153	683	Spencer Edwards	M30	2:14:45	1234	2206	Cherry Deverin	F47		2:21:06	
1154	131	Michael Mauley	M30	2:14:45	1235	2196	Paulene Platter	F58	Stopsley Striders	2:21:11	
1155	1539	Richard Faulkner	M61	Scunthorpe & Dist	2:14:50	1236	497	Ian Dodsworth	M31		2:21:15
1156	2181	Joanna Austin	F49	Marlow Striders	2:14:52	1237	1717	Alice Leach	F27		2:21:18
1157	1197	Christopher Angove	M42	2:15:14	1238	1953	Sam McKenzie	F35		2:21:23	
1158	1345	Graham Brock	M49	2:15:20	1239	1738	Fay Colvin	F24		2:21:33	
1159	1825	Ayo Taiwo	F31	2:15:22	1240	564	Nik Bentley	M33		2:21:34	
1160	68	Ian Loveless	M32	2:15:23	1241	480	Stuart Tyler	M26		2:21:49	
1161	30	John Whitehurst	M32	2:15:23	1242	420	John Bazely	M24		2:22:03	
1162	1999	Jan Laurence	F41	Putterills Est Agt	2:15:32	1243	304	Julyan Lay	M39		2:22:36
1163	1998	Mandy Atkins	F36	Putterills Est Agt	2:15:33	1244	1284	Peter Hughes	M43		2:22:42
1164	1969	Alison Whittaker	F39	2:15:42	1245	1772	Lorraine Peach	F30		2:22:46	
1165	1642	Taghi Massoumi	M55	2:15:43	1246	2046	Karen Reed	F37		2:22:46	
1166	1636	Donald Williams	M58	Garden City Runner	2:15:44	1247	1877	Emma Hewer	F24		2:22:53
1167	1775	Leslie Courtney	F20	2:15:56	1248	517	Paul O'Regan	M27		2:22:53	
1168	1358	Steve Melton	M43	2:15:57	1249	387	Robert White	M34		2:22:57	
1169	713	Chris Shaw	M37	2:16:04	1250	81	Andy Clarke	M38		2:22:57	
1170	1252	Ralph Levey	M49	2:16:05	1251	1765	Laura Hussey	F29		2:23:15	
1171	1934	Claire Valvuna	F23	2:16:06	1252	1929	Kate Bonner	F27		2:23:20	
1172	66	Ruben Garcia Moral	M30	2:16:07	1253	682	Sean Coffey	M26		2:23:20	
1173	213	Darren Baumber	M33	2:16:15	1254	1528	Peter Johnson	M50		2:23:28	
1174	11	Jonathan Doyle	M34	2:16:17	1255	1721	Katherine Montague	F21	Mornington Chasers	2:23:34	
1175	663	Alexander Kuhnel	M31	2:16:32	1256	60	Paul Foster	M24		2:23:35	
1176	2052	Jenny Cummings	F37	2:16:39	1257	1612	Brian Robson	M55		2:23:36	
1177	1831	Sharron Holmes	F34	2:16:44	1258	1163	Steve Evans	M47		2:23:39	
1178	1971	Mary Thompson	F40	2:16:44	1259	239	Danny Parker	M31	For Physio's	2:23:41	
1179	196	Russel Nwachuku	M27	2:16:46	1260	1917	Claire Turner	F28		2:23:41	
1180	2013	Lindsay Fulton	F35	2:16:47	1261	651	Charles Lee	M30		2:23:41	
1181	1869	Kerry Wallace	F22	2:16:54	1262	2059	Juliet Davis	F43		2:23:42	
1182	507	Paul Brady	M25	2:16:54	1263	46	Liam Byrne	M32		2:23:44	
1183	2035	Catherine Levy	F36	2:16:57	1264	1428	Martin Hannah	M41		2:23:45	
1184	1781	Tracey Gould	F29	2:16:59	1265	1337	John Mundy	M41		2:24:00	
1185	2042	Eileen Rose	F40	2:17:01	1266	716	Faisal Fakier	M0		2:24:17	
1186	1834	Natasha Piper	F26	2:17:04	1267	1921	Olive Lycett	F31	Loughton AC	2:24:23	
1187	1715	Karen Bradshaw	F34	Watford Joggers	2:17:04	1268	1911	Danielle Esterhuysen	F27		2:24:23
1188	1373	Richard Dickinson	M42	2:17:07	1269	2161	Jean Taylor	F48		2:24:25	
1189	2201	Julie Dowle	F47	2:17:14	1270	2184	Jennifer Stacey	F51		2:24:30	
1190	382	Julian Gilbert	M35	St Albans Striders	2:17:31	1271	577	Steve Chambers	M26		2:24:33
1191	1146	Sean O'Toole	M49	2:17:44	1272	1958	Angela Gibson	F38		2:24:50	
1192	1640	John Alun	M64	Latin Runners	2:17:46	1273	1973	Angela Price	F39		2:24:54
1193	458	Rilwan Badiru	M35	2:17:52	1274	1714	Yvonne Lee	F28		2:25:08	

1275	1286	S Alizadeh-Sh	M42	2:25:21					
1276	2023	Catherine Askew	F36	2:25:24					
1277	1237	David Golding	M41	2:25:31					
1278	437	David Murray	M28	2:25:31					
1279	302	Stuart Leaver	M27	2:25:31					
1280	1733	Sarah Harnett	F33	2:25:51					
1281	32	Alastair Peacock	M17	2:25:59					
1282	1732	Rachel Misselbrook	F34	2:26:03					
1283	259	Darren Voisey	M31	2:26:14					
1284	1630	Ronald Davidson	M58	2:26:36					
1285	65	Chris Brian	M27	2:26:50					
1286	2162	Marilyn Proto	F46	2:27:06					
1287	1836	Sarah Bazely	F33	2:27:13					
1288	1735	April Brown	F33	2:27:15					
1289	719	Niall O'Hara	M30	2:27:16					
1290	2187	Pamela Kelly	F49	2:27:37					
1291	1758	Jo Mildren	F34	2:27:46					
1292	1870	Virginia Ralfe	F34	Sherrards	2:28:02				
1293	2061	Elain McGahan	F42	Sherrards	2:28:03				
1294	64	Jonathan Hammond	M34		2:28:10				
1295	484	Martin Good	M48		2:28:26				
1296	1649	Phil Gray	M56		2:28:27				
1297	1	Phil Gibson	M49		2:28:31				
1298	1134	David Gibson	M45		2:28:34				
1299	208	Chris Dudgeon	M31		2:28:38				
1300	1349	Alan Gow	M48		2:28:44				
1301	312	Graham Bloye	M35	Paypoint	2:28:44				
1302	2169	Helen Eaton	F52	Orion Harriers	2:28:49				
1303	1361	Ian Campbell	M49		2:28:52				
1304	591	Kevin Lynch	M38		2:30:06				
1305	1771	Jane Michallzyk	F30		2:30:26				
1306	547	Darren Cruttenden	M31		2:30:38				
1307	710	Stuart Vowles	M19	Ridgeway Venturers	2:31:43				
1308	1659	Jonathan Hoffman	M50		2:31:54				
1309	443	Gavin Townsend	M32		2:32:12				
1310	1978	Patricia Gibbons	F39		2:32:15				
1311	2078	Rachel Stringfellow	F37		2:32:30				
1312	2067	Vicky Morris	F41		2:33:06				
1313	54	Craig Seckerson	M28		2:33:07				
1314	217	Carl McKno	M26		2:33:07				
1315	1910	Louise Pratt	F25		2:33:20				
1316	1884	Louise Mileham	F18		2:33:29				
1317	248	Paul Atkinson	M38	N Hants Police AAA	2:33:29				
1318	1656	Robbie George	M44		2:33:31				
1319	6	Kieran McGorrian	M30		2:33:39				
1320	2068	Julia Gow	F40		2:33:46				
1321	1123	John Norris	M40		2:33:56				
1322	40	James Pascoe	M21		2:34:09				
1323	711	Geoff Buckley	M22	Ridgeway Venturers	2:34:09				
1324	1790	Linda Wharmby	F32	Paypoint	2:34:48				
1325	1770	Leanne Punter	F17		2:35:12				
1326	289	Chris Humphrey	M18		2:35:12				
1327	1925	Sam Woodland	F38		2:35:34				
1328	1809	Samantha Cameron	F27		2:36:25				
1329	1434	Steve Snelling	M43		2:36:44				
1330	1954	Mandy Yeoman	F38		2:37:42				
1331	1533	Geoff May	M62	St Albans Striders	2:38:47				
1332	1746	Lisa Fisher	F34	St Albans Striders	2:39:01				
1333	1885	Claire Mileham	F20		2:39:08				
1334	515	Mark Hamblin	M33		2:40:12				
1335	2176	Helen Worf	F47	Watford Joggers	2:40:21				
1336	488	Timothy Day	M35	Project Trust	2:40:21				
1337	493	Nicholas Day	M17	Project Trust	2:40:38				
1338	2166	Viloet Cullen	F58		2:41:05				
1339	430	Kuljit Kalsi	M28		2:41:12				
1340	1305	Leon Rozewicz	M42	Sudbury Court RC	2:42:06				
1341	2188	Sally White	F57		2:42:32				
1342	556	Timothy Nel	M25		2:42:47				
1343	2200	Fiona Hyams	F49	St Albans Striders	2:42:52				
1344	1819	Samantha Statham	F34		2:43:49				
1345	545	Darren Bland	M39		2:44:18				
1346	1725	Martina Salvin	F33		2:46:17				
1347	108	David Enright	M37		2:47:40				
1348	2000	Shirley Gadd	F35	St Albans Striders	2:48:10				
1349	1888	Tracey Hobbs	F31		2:48:48				
1350	688	Thau Andiyasan	M32		2:49:02				
1351	161	Tim Morgan	M24		2:50:43				
1352	1277	Andrew Coulton	M43		2:50:56				
1353	415	Chris Swinbank	M36		2:51:55				
1354	1192	Danny Clancy	M43		2:51:55				
1355	1523	Geoffrey Oscroft	M54		2:52:51				
1356	1181	Gavin Hall	M45		2:54:00				
1357	604	Adam Stockton	M26		2:56:41				
1358	603	David Crouch	M26		2:56:42				
1359	1891	Jacqueline Warden	F29		2:56:42				
1360	1892	Wendy Warden	F27		2:56:43				
1361	1638	Martin Warden	M56		2:56:43				
1362	714	Simon Plaats	M30		2:58:02				
1363	1776	Rachel O'Neill	F34		3:00:20				
1364	421	Steve West	M21		3:00:44				
1365	1422	Robert Parmenter	M45		3:01:42				
1366	247	Robert Illott	M25		3:07:01				
1367	1131	George Watson	M41		3:16:12				
1368	2179	Nola Quinlan	F53		3:22:27				
1369	2157	Patricia Wilson	F67		3:26:16				
1370	1178	John Eager	M46		3:38:01				
1371	1423	John Carole	M46		3:39:07				
<b>Overall Results Male</b>									
1	698	Andy Holt	M39	Herts Phoenix	1:14:35				
2	596	Mark Farmer	M30	S London Harriers	1:17:03				
3	492	Jeremy Rogers	M29	Tri London	1:17:12				
4	546	David Hobbs	M33	St Albans Striders	1:18:20				
5	656	Ross Milne	M25	St Albans Striders	1:18:44				
6	1224	Colin Braybrook	M42	St Albans Striders	1:19:35				
<b>Overall Results Female</b>									
1	2015	Danielle Sanderson	F40	Watford Harriers	1:21:47				
2	1839	Penny Kirkwood	F33	St Albans Striders	1:30:40				
3	1820	Paula Adams	F33	N Herts RR	1:31:30				
4	2075	Susan Treacy	F37	Dunstable RR	1:31:58				
5	2025	Debra Steer	F39	St Albans Striders	1:32:26				
6	1931	Suzu Fitt	F37	Garden City Runner	1:32:35				
<b>Male Under 40</b>									
1	698	Andy Holt	M39	Herts Phoenix	1:14:35				
2	596	Mark Farmer	M30	S London Harriers	1:17:03				
3	492	Jeremy Rogers	M29	Tri London	1:17:12				
<b>Male Vet 40-49</b>									
1	1224	Colin Braybrook	M42	St Albans Striders	1:19:35				
2	1431	Stephen Livingstone	M45	Garden City Runner	1:19:51				
3	1220	Rhodri Davies	M46	Thames H&H	1:20:19				
<b>Male Vet 50+</b>									
1	1574	Christopher Lamont	M50	Stopsley Striders	1:20:25				
2	1602	Douglas Hamilton	M52		1:27:43				
3	1542	Graham Clarke	M55	St Albans Striders	1:28:39				
<b>Female Under 35</b>									
1	1839	Penny Kirkwood	F33	St Albans Striders	1:30:40				
2	1820	Paula Adams	F33	N Herts RR	1:31:30				
3	1837	Elizabeth McKie	F34		1:34:22				
<b>Female Vet 35-44</b>									
1	2015	Danielle Sanderson	F40	Watford Harriers	1:21:47				
2	2075	Susan Treacy	F37	Dunstable RR	1:31:58				
3	2025	Debra Steer	F39	St Albans Striders	1:32:26				
<b>Female Vet 45+</b>									
1	2185	Elizabeth Walls	F46	St Albans Striders	1:32:52				
2	2183	Yvonne Parker	F48	RRC	1:37:38				
3	2199	Lizbeth Ansell	F46		1:40:27				

## Team Results

### Male Team

1 St Albans Striders Total :- 24  
: 546 - D Hobbs 4: 656 - R Milne 5:  
: 1224 - C Braybrook 6: 138 - A Wasdell 9:  
2 Garden City Runner Total :- 86  
: 1431 - S Livingstone 7: 176 - R Casey 16:  
: 351 - S Bowen 31: 1283 - M Faughnan 32:  
3 Dunstable RR Total :- 522  
: 611 - S Berry 44: 610 - K Glendinning 90:  
: 1560 - J Venning 189: 1339 - B Crane 199:  
4 Enfield & H'ingey Total :- 572  
: 411 - D Hawes 17: 1555 - B Cook 67:  
: 1517 - C Cloke 115: 1553 - B Hercock 373:  
5 N Herts RR Total :- 653  
: 503 - R Thackery 61: 400 - M Annetts 80:  
: 1215 - M Young 197: 1326 - I Sharp 315:  
6 RRC Total :- 762  
: 1296 - B Matthews 23: 1566 - C Brittain 137:  
: 1279 - J Bartlett 225: 600 - C Read 377:  
7 Ware Joggers Total :- 810  
: 431 - M Saggars 77: 1331 - P Thompson 111:  
: 1580 - P Cunningham 244: 541 - A Hughes 378:  
8 Stopsley Striders Total :- 914  
: 1574 - C Lamont 12: 1156 - J Chapman 14:  
: 1304 - L Richardson 363: 1646 - G White 525:  
9 Fairlands Valley Total :- 1059  
: 1140 - J Harris 35: 434 - P Cook 203:  
: 1586 - R Shaw 376: 1338 - P Holgate 445:  
10 Serpentine RC Total :- 1165  
: 146 - S Neale 19: 435 - A Van Heiningen 259:  
: 405 - C Notton 405: 134 - P Flood 482:  
11 Barnet & Dist AC Total :- 1188  
: 1516 - N Bingham 65: 523 - D Andrews 190:  
: 642 - M Jardin 330: 1507 - T Horne 603:  
12 Blisterin Barnacle Total :- 1342  
: 111 - K Wermig 29: 544 - J Brunt 343:  
: 165 - M Pedersen 353: 261 - S McCluskey 617:  
13 Herts Phoenix Total :- 1716  
: 698 - A Holt 1: 1618 - J Davis 313:  
: 485 - N Davis 443: 1610 - R Whiting 959:  
14 Handy Cross Runner Total :- 1794  
: 1637 - T Free 85: 1647 - N Martin 222:  
: 542 - D Mannion 342: 684 - S Lynch 1145:  
15 Orion Harriers Total :- 2449  
: 1107 - D Bloomfield 59: 1430 - S Bunce 659:  
: 1631 - R Valins 809: 1243 - M Casper 922:  
16 Tri-Force Herts Total :- 2773  
: 1403 - C Morris 205: 456 - T Jones 508:  
: 441 - A Rainer 835: 1173 - H Moghaddas 1225:

### Female Team

1 St Albans Striders Total :- 678  
: 1839 - P Kirkwood 96: 2025 - D Steer 120:  
: 2185 - E Walls 128: 1742 - A Johns 334:  
2 Garden City Runner Total :- 1354  
: 1931 - S Fitt 122: 1730 - C Hale 166:  
: 253 - L Kissane 248: 1904 - S Thorpe 818:  
3 N Herts RR Total :- 2656  
: 1820 - P Adams 104: 2058 - F Game 682:  
: 2198 - C Sharp 816: 2040 - L Hewitt 1054:  
4 Harpers RC Total :- 3238  
: 1838 - N Carter 649: 2066 - H James 664:  
: 1982 - W Randall 900: 2048 - H Leigh 1025:  
5 Watford Joggers Total :- 4104  
: 2041 - C Gransby 501: 1761 - N Claydon 1081:  
: 1715 - K Bradshaw 1187: 2176 - H Worf 1335: