

Worthing 10Km

11th June 2003

Results

1	791	James Baker	M26	Chichester Runners	0:31:59	77	978	Mark Taylor	M39	Seaford Striders	0:39:26
2	655	Ty Berg	M32	Mornington Chasers	0:32:50	78	166	Katy Moore	F16	Brighton & Hove AC	0:39:27
3	723	Kurt Hoyte	M39		0:33:00	79	703	Graham West	M43	Utopia Runners	0:39:27
4	778	Robert Shannon	M46	Brighton & Hove AC	0:33:09	80	943	Edward O'Brien	M18	Worthing Striders	0:39:37
5	672	Dave Carter	M28	Phoenix AC	0:33:12	81	704	Robert Hoodless	M39	Mid Sussex Tri	0:39:40
6	624	Alan Welch	M37	Brighton & Hove AC	0:34:33	82	146	Fiona Clark	F21	Crawley AC	0:39:40
7	742	Paul Eccles	M44	Hailsham Harriers	0:34:37	83	858	Matthew Morgan	M24	Worthing Harriers	0:39:41
8	629	Rob Lacey	M30	Phoenix AC	0:34:40	84	753	John McGrath	M39	Worthing Harriers	0:39:42
9	888	John Lowden	M46	Crowborough Runner	0:34:47	85	725	Andrew Nixon	M16	Crawley AC	0:39:42
10	837	Josh Painter	M28	Brighton & Hove AC	0:34:52	86	125	Suzanne Morley	F45	Brighton & Hove AC	0:39:43
11	641	Tom Ulliott	M46	Brighton & Hove AC	0:35:10	87	718	Kevin Bush	M43	Brighton & Hove AC	0:39:43
12	957	Drew Stiles	M37	Burgess Hill Run	0:35:13	88	180	Caroline Offen	F36		0:39:45
13	772	Tony Goodsell	M46	Amphibians 2	0:35:17	89	948	Terry Avey	M52	Phoenix AC	0:39:47
14	981	John Bristow	M44	Brighton & Hove AC	0:35:20	90	789	Simon Baird	M39	Serpentine RC	0:39:47
15	863	Gary Woolgar	M42	Brighton & Hove AC	0:35:24	91	684	J Collier	M48	Crowborough Runner	0:39:48
16	822	Paul Holdaway	M22	Bexhill Runners	0:35:33	92	867	Andy Mitchelson	M35	Crawley AC	0:39:49
17	768	Barry Blackwell	M54	Brighton & Hove AC	0:35:37	93	836	Steve Eldridge	M42	Sussex Police	0:39:53
18	650	Fraser Dean	M29	Worthing Harriers	0:35:39	94	885	Nigel Brookes	M45		0:39:55
19	817	Vince Golding	M39	Crawley AC	0:35:50	95	590	Jez Fallon	M38	Henfield Joggers	0:39:58
20	899	Steve Wigmore	M41	Horsham Joggers	0:36:00	96	610	Jason Bird	M32	Brighton HHH	0:40:04
21	762	Geoff Grey	M34		0:36:05	97	589	Thomas Stanley	M27	Fittleworth Flyers	0:40:08
22	826	Adam Stephens	M28	Worthing Harriers	0:36:07	98	915	Steve Hanna	M27	Brighton HHH	0:40:10
23	679	Philip Morris	M29	Horsham Joggers	0:36:25	99	677	Jason Johnstone	M30	Seniac Arrows	0:40:12
24	908	Mark Halls	M39	Brighton & Hove AC	0:36:26	100	688	Paul Marten	M60	Crowborough Runner	0:40:12
25	710	Philip Couch	M34	Brighton & Hove AC	0:36:35	101	645	Alan Heath	M45	Portslade H'hopper	0:40:12
26	661	Richard Saunders	M36	Worthing Harriers	0:36:50	102	623	Laurence Sava	M49		0:40:15
27	893	Matt Clarke	M31	Sixth Dimension	0:36:52	103	968	Paul Sparks	M47		0:40:18
28	609	Steve Avery	M38	Hailsham Harriers	0:36:53	104	668	Calvin Johnson	M22	Amphibians 2	0:40:21
29	947	Michael Coupe	M43	Hailsham Harriers	0:36:54	105	714	Stephen Custance	M41	Horsham Joggers	0:40:24
30	854	Brian Ogilvie	M45	Brighton & Hove AC	0:36:54	106	157	Kelly Gunn	F18	Phoenix AC	0:40:29
31	891	Paul Gasson	M49	Arena 80	0:36:55	107	169	Samantha Alvarez	F33	Hailsham Harriers	0:40:30
32	744	Kevin West	M28		0:37:01	108	918	Colin Simpson	M49	Phoenix AC	0:40:30
33	767	Julian Langley	M21	Brighton & Hove AC	0:37:08	109	628	Brian Winn	M56	Hailsham Harriers	0:40:31
34	663	Guy Johnston	M42		0:37:12	110	824	David Bridle	M43	Tone Zone Runners	0:40:34
35	673	Kevin Battell	M40	Crowborough Runner	0:37:15	111	974	Paul Jarvis	M38	RRC	0:40:34
36	699	Louis Taub	M27	Brighton & Hove AC	0:37:17	112	604	Philip King	M28		0:40:35
37	633	Philip Penfold	M44	Arena 80	0:37:18	113	992	Stuart Fordham	M33	Utopia Runners	0:40:39
38	760	Nigel Edney	M40	Horsham Joggers	0:37:19	114	998	Andrew Clapham	M35	Horsham Joggers	0:40:41
39	597	Henrik Nielsen	M34		0:37:22	115	632	Michael Lehmann	M34	Crowborough Runner	0:40:49
40	160	Shona Crombie-Hicks	F32	Mornington Chasers	0:37:23	116	741	Christopher Hayes	M48	Lancing Eagles	0:40:50
41	977	Steve Dawson	M45	Seaford Striders	0:37:28	117	823	Lee Holdaway	M48	Bexhill Runners	0:40:52
42	954	Carl Belcher	M30	Tone Zone Runners	0:37:32	118	934	Jim Watson	M32	Arena 80	0:40:58
43	803	Tim Cattermole	M43	Worthing Harriers	0:37:33	119	833	Chris Luesley	M23		0:41:04
44	931	Adrian Cornford	M44	Utopia Runners	0:37:38	120	936	Alasdair Coyle	M41	Horsham Joggers	0:41:07
45	752	Chris Jack	M33		0:37:42	121	647	Daniel Mannion	M44	West Wight Runners	0:41:08
46	692	Matt Price	M32	Seaford Striders	0:37:45	122	634	Alistair Matson	M60	Crawley AC	0:41:11
47	940	Paul Garner	M34	Horsham Joggers	0:37:49	123	601	Michael Mergler	M42	Phoenix AC	0:41:12
48	639	Kevin Tyler	M29	Hailsham Harriers	0:37:50	124	621	Alex Sava	M51		0:41:13
49	859	Bill Fraser	M51	Hailsham Harriers	0:37:53	125	797	Ian Barnett	M43		0:41:15
50	959	Paul Payne	M28		0:38:07	126	896	Robert Garrard	M61	Crowborough Runner	0:41:15
51	787	Roger Stone	M47	Crowborough Runner	0:38:07	127	811	Colin Burgess	M55	Hailsham Harriers	0:41:17
52	875	Mark Greet	M35	Henfield Joggers	0:38:08	128	605	Ian Parsons	M36	Brighton & Hove AC	0:41:21
53	980	Bob Reeves	M49	Arena 80	0:38:16	129	8	Julie Drake	F34	Arena 80	0:41:24
54	586	Colin Hickman	M54	Crawley AC	0:38:17	130	602	John Lewis	M39	Henfield Joggers	0:41:25
55	987	David Lake	M28		0:38:23	131	656	Graham Hicks	M39	Mornington Chasers	0:41:29
56	757	Chris Lockyey	M31	Burgess Hill Run	0:38:25	132	983	David Hibberd	M31	Tone Zone Runners	0:41:30
57	851	David Hallson	M50	RRC	0:38:28	133	852	Malcolm Dixon	M40	Wadhurst Runners	0:41:31
58	761	Nigel Herron	M38	Phoenix AC	0:38:34	134	796	Ian Donald	M39	Lewes AC	0:41:35
59	878	Graeme Street	M44	Sixth Dimension	0:38:36	135	861	Mark Zydonik	M16		0:41:36
60	686	David Barry	M56	Worthing Harriers	0:38:40	136	619	David Whittle	M38	Brighton & Hove AC	0:41:40
61	700	Philip Cox	M29		0:38:44	137	696	Mike Foord	M61	Hastings Runners	0:41:45
62	759	Colin Hannant	M47	Arena 80	0:38:52	138	771	Martin Delbridge	M50	Haywards Heath Har	0:41:50
63	989	John Dyckes	M49	Horsham Joggers	0:38:53	139	658	Peter Wallis	M44	Phoenix AC	0:41:51
64	685	Lee Kelly	M29	Tunbridge Wells H	0:38:56	140	793	Neil Rabone	M39	Worthing Striders	0:41:52
65	839	Graham Lyall	M47	Haywards Heath Har	0:39:03	141	794	Roger Foord	M39	Brighton & Hove AC	0:41:54
66	944	Marc Steene	M43		0:39:03	142	788	Ian Taylor	M34		0:42:01
67	832	Ron Brown	M52	Lewes AC	0:39:07	143	649	Keith Ovenstone	M27		0:42:03
68	986	Perry Lee	M39	Tone Zone Runners	0:39:12	144	910	Tom Farsides	M40		0:42:07
69	675	Andy Sapwell	M38	Worthing Striders	0:39:18	145	800	Robert Hughes	M55	Lewes AC	0:42:13
70	806	Neil Bowley	M38		0:39:19	146	960	David Holden	M38	Seaford Striders	0:42:15
71	657	Cy Lawrence	M33		0:39:20	147	617	John Booker	M50	Horsham Joggers	0:42:16
72	739	Colin Urben	M42	Tuff Fitty Tri	0:39:24	148	598	Joseph Collins	M33		0:42:16
73	914	Mark Stuart-William	M28		0:39:25	149	51	Caroline Bolam	F38	Hillingdon AC	0:42:17
74	748	Doug Chant	M44	Hailsham Harriers	0:39:25	150	901	Andy Carpenter	M56	Worthing Striders	0:42:20
75	141	Gemma Sharp	F21	Phoenix AC	0:39:25	151	60	Natasha Swan	F29	Hastings Tri	0:42:22
76	805	Mark Treadwell	M41	Arunners	0:39:26	152	898	Richard Lisle	M38	Sixth Dimension	0:42:24

153	720	Tommy Duncan	M16	0:42:25	237	871	Barry Long	M42	0:45:50		
154	870	Dermot Casey	M47	Southdowners	0:42:29	238	799	Alex Rowley	M16	0:45:51	
155	600	John Pudduck	M42	0:42:32	239	784	Steve Lenton	M36	Brighton & Hove AC	0:45:56	
156	958	Peter Harding	M20	Sixth Dimension	0:42:40	240	82	Sheila Dunne	F43	Horsham Joggers	0:45:56
157	618	Spencer Turner	M30	0:42:41	241	620	Andrew Gomm	M28	0:45:57		
158	716	Leslie Huitson	M47	Oxted Runners	0:42:44	242	2	Sally Lovell	F41	Hastings Runners	0:45:58
159	844	Peter Plowman	M58	Hailsham Harriers	0:42:46	243	808	Pete Sovegjarto	M39	0:45:58	
160	715	Ian Mudge	M47	0:42:48	244	935	Max Gilbert	M19	Sixth Dimension	0:45:58	
161	995	Anthony Towers	M37	Tuff Fitty Tri	0:42:49	245	996	Trevor Anderson	M44	Sixth Dimension	0:45:59
162	591	Daniel Parrott	M24	Tekaway	0:42:49	246	640	Steve Potter	M39	Redhill Royal Mail	0:46:02
163	835	Paul Amoo	M40	Southwick Stroller	0:42:49	247	917	Spencer Kemp	M51	0:46:02	
164	830	Richard Stubbings	M51	Goring RR	0:42:50	248	994	Neil Edmonds	M36	0:46:03	
165	630	Alistair Casley	M47	Crowborough Runner	0:42:51	249	613	Stephen Luckman	M41	Sixth Dimension	0:46:04
166	709	Mark Armitage	M33	Haywards Heath Har	0:42:52	250	862	Roger Ockenden	M54	Arena 80	0:46:05
167	165	Cathy Quinton	F39	Brighton & Hove AC	0:42:54	251	61	Jackie Wells	F45	Utopia Runners	0:46:09
168	670	Roberto Proietti	M53	Hailsham Harriers	0:42:56	252	726	Sean Tonkin	M31	0:46:12	
169	593	Chris Modder	M36	0:42:57	253	975	Albert Kemp	M57	Wadhurst Runners	0:46:23	
170	897	David Shepherd	M49	Seaford Striders	0:43:01	254	887	Simon Taylor	M39	0:46:25	
171	831	Nigel Adams	M58	Brighton HHH	0:43:07	255	708	John Moore	M68	Arunners	0:46:25
172	719	Ian Duncan	M56	Worthing Harriers	0:43:13	256	827	Julian Tross	M18	0:46:27	
173	903	John McSkimming	M45	Horsham Joggers	0:43:16	257	606	Jim Connor	M44	Dragons	0:46:29
174	705	Richard Carter	M37	Brighton & Hove AC	0:43:20	258	904	Martyn Bowen	M43	0:46:29	
175	932	David Wilkinson	M42	0:43:21	259	707	Terry Bryan	M56	Haywards Heath Har	0:46:31	
176	845	Mark Johnson	M37	Haywards Heath Har	0:43:29	260	853	Malcolm Muir	M57	Brighton & Hove AC	0:46:32
177	997	Andy Maslen	M40	Horsham Joggers	0:43:30	261	70	Sue Rowley	F46	Southdowners	0:46:32
178	635	Gordon Reay	M45	Horsham Joggers	0:43:30	262	152	Jackie Webber	F41	Seaford Striders	0:46:35
179	664	Keith Novis	M49	Hailsham Harriers	0:43:32	263	727	Mark Cummins	M31	0:46:35	
180	939	John Birken	M42	Horsham Joggers	0:43:37	264	89	Elizabeth Pavlovic	F47	Horsham Joggers	0:46:37
181	691	Peter Leuw	M43	Horsham Joggers	0:43:39	265	86	Marion Hemswoth	F52	Haywards Heath Har	0:46:40
182	953	John Alexander	M69	Hastings Runners	0:43:40	266	182	Geraldine Moffat	F39	0:46:41	
183	687	Peter Maddison	M51	Crowborough Runner	0:43:44	267	71	Lidia Campbell	F46	Henfield Joggers	0:46:46
184	608	John Bateman	M48	0:43:49	268	669	Andy Smith	M22	0:46:48		
185	90	Jenny Hughes	F42	Arena 80	0:43:51	269	864	Richard Oxlade	M46	0:46:50	
186	945	Lee Payne	M32	Tone Zone Runners	0:43:54	270	933	Mike Ellis	M54	Hastings Runners	0:46:50
187	148	Gayleen Scott	F52	Arunners	0:44:08	271	646	Gavin Baylis	M44	0:46:51	
188	902	Richard Knight	M56	Henfield Joggers	0:44:09	272	884	Andrew Life	M29	0:46:52	
189	802	Robert Page	M45	Arena 80	0:44:16	273	807	Neil Asubee	M38	Lingfield Joggers	0:46:53
190	701	Andrew Parkinson	M44	Seaford Striders	0:44:17	274	689	Jamie Dawson	M42	Goring RR	0:46:56
191	963	Jack Houghton	M26	0:44:21	275	161	Jill Child	F55	Worthing Harriers	0:46:58	
192	183	Heather Daly	F37	Brighton & Hove AC	0:44:24	276	636	David Jones	M34	0:47:03	
193	746	Daniel Pay	M16	Bexhill Runners	0:44:28	277	965	Ian Tomlinson	M51	Brighton & Hove AC	0:47:06
194	900	Lee Miller	M44	Hastings Runners	0:44:30	278	869	Andy Moore	M30	0:47:08	
195	756	Les Baker	M50	Brighton & Hove AC	0:44:31	279	913	Ian Nicholls	M29	0:47:09	
196	946	Christopher Lee	M44	Horsham Blue Star	0:44:32	280	970	Phil Rhodes	M24	0:47:12	
197	991	Roy Webb	M69	Tone Zone Runners	0:44:36	281	971	Stephen Joyce	M29	0:47:13	
198	819	Stephen O'Donnell	M38	0:44:40	282	138	Jane Custance	F35	Horsham Joggers	0:47:14	
199	892	David Seager	M44	0:44:41	283	951	Clive Cary	M38	0:47:15		
200	588	Bill Palmer	M43	0:44:42	284	683	Robert Webber	M46	Seaford Striders	0:47:16	
201	829	Alan Turner	M48	Arena 80	0:44:42	285	682	Matthew Beard	M30	Lingfield RC	0:47:17
202	53	Karen Harrison	F35	Tone Zone Runners	0:44:44	286	26	Louise Baber	F36	Mel's Milers	0:47:18
203	749	Anthony Theunissen	M46	Crowborough Runner	0:44:46	287	181	Hayley Que	F32	0:47:18	
204	780	George Rennie	M35	0:44:48	288	65	Nicola Watts	F34	Crowborough Runner	0:47:19	
205	881	Hamish Brownlie	M57	Horsham Joggers	0:44:49	289	924	Phil Saville	M54	Oxted Runners	0:47:23
206	993	Stephen Hickman	M43	Ashford & Dist	0:44:50	290	58	Dawn Piechoczek	F42	Mel's Milers	0:47:25
207	164	Sue George	F43	Phoenix AC	0:44:51	291	928	John Andrews	M46	Farnham Runners	0:47:27
208	798	John Barden	M43	0:44:52	292	116	Liz Davies	F48	Crowborough Runner	0:47:28	
209	642	Terry Gladman	M38	Goring RR	0:44:53	293	163	Jane Faulkner	F47	Brighton & Hove AC	0:47:29
210	743	Roger Smith	M55	Wadhurst Runners	0:44:55	294	95	Charlotte Long	F22	0:47:31	
211	671	Peter Taylor	M43	0:44:58	295	587	Steve Alexander	M50	0:47:32		
212	781	Andrew Spriggs	M54	Horsham Joggers	0:45:00	296	988	Anthony Sexton	M44	0:47:32	
213	1	Elaine Borley	F42	Seaford Striders	0:45:02	297	84	Nikki Burns	F16	Bexhill Runners	0:47:33
214	766	Steven Hunt	M53	0:45:07	298	967	Clive Turrell	M42	Horsham Joggers	0:47:33	
215	770	Richard Green	M46	Veterans AC	0:45:07	299	140	Dee Pope	F40	Phoenix AC	0:47:36
216	972	Steve Sharples	M50	Utopia Runners	0:45:10	300	880	Doug Matthews	M47	Heathfield RR	0:47:37
217	942	Keith Hardwell	M39	Tone Zone Runners	0:45:12	301	643	David Brown	M42	0:47:40	
218	3	Fern Ketley	F42	Seaford Striders	0:45:14	302	67	Brenda Goodwin	F50	Haywards Heath Har	0:47:42
219	695	Sean Scutt	M31	Sixth Dimension	0:45:15	303	662	Michael Patch	M52	Veterans AC	0:47:43
220	866	Martin Bulger	M53	Seaford Striders	0:45:16	304	110	Marilyn Grey	F47	Arena 80	0:47:44
221	814	Michael Beer	M55	Aylesham RR	0:45:24	305	860	Lloyd Moreton	M46	0:47:44	
222	36	Yvette Perry	F33	Worthing Harriers	0:45:24	306	607	Paul Ashman	M40	0:47:45	
223	637	Tim Jones	M32	0:45:28	307	979	David Ede	M40	0:47:47		
224	28	Liz Bowers	F50	Havant AC	0:45:30	308	815	Martin Llwelwyn	M42	0:47:49	
225	941	Michael Carrington	M56	Horsham Blue Star	0:45:30	309	732	Alan Pople	M44	0:47:49	
226	694	Guy Macken	M33	0:45:31	310	874	Tom Buxton	M23	0:47:49		
227	809	Ian Baker	M49	Southdowners	0:45:32	311	158	Julie Ellis	F37	Phoenix AC	0:47:50
228	611	Pete Dalby	M35	0:45:33	312	172	Rebecca Dyckes	F42	Horsham Joggers	0:47:50	
229	969	Michael Young	M59	Tone Zone Runners	0:45:36	313	614	Matt O'Hara	M39	0:47:51	
230	729	Brian Stevens	M52	Hailsham Harriers	0:45:37	314	15	Marie Prior	F40	Seaford Striders	0:47:55
231	776	Tony Fallowfield	M55	Brighton HHH	0:45:38	315	730	Terry Winchester	M54	Hailsham Harriers	0:47:57
232	842	Guy Robinson	M38	0:45:41	316	4	Judy Brucker	F59	Horsham Joggers	0:48:01	
233	722	Gareth Lloyd	M36	0:45:43	317	100	Claire Brooks	F26	Brighton & Hove AC	0:48:01	
234	648	Nigel Bateman	M43	Crowborough Runner	0:45:44	318	105	Maureen Rea	F56	Haywards Heath Har	0:48:02
235	905	Peter Reynolds	M54	Horsham Joggers	0:45:46	319	612	David Beckett	M17	Lansing College	0:48:04
236	693	Mark Butteriss	M43	0:45:47	320	631	Daniel Lovell	M30	0:48:12		

321	156	Sarah Marzaioli	F54	Hastings Runners	0:48:12	405	795	Hugh Foord	M74	Brighton & Hove AC	0:51:32
322	108	Elizabeth Halliday	F40	Phoenix AC	0:48:13	406	773	Leon Keys	M40		0:51:33
323	847	Timothy Goddard	M39		0:48:16	407	49	Lucy Bryan	F25		0:51:35
324	75	Sarah Hughes	F49		0:48:17	408	91	Corrina Skinner	F43	Hastings Runners	0:51:39
325	849	Mark Clayton	M49	Bexhill Runners	0:48:17	409	151	Jacqueline Cast	F38		0:51:43
326	625	Simon Norris	M37	Lansing College	0:48:18	410	35	Barbara Andrews	F47	Seaford Striders	0:51:47
327	80	Sarah Russell	F37	Brighton HHH	0:48:19	411	62	Hazel Spencer	F54	Sixth Dimension	0:51:57
328	873	Graham Goff	M32	Sixth Dimension	0:48:20	412	143	Patricia Argent	F54	Tone Zone Runners	0:51:58
329	736	Mike Lambley	M45		0:48:24	413	622	Richard Biggs	M40		0:52:02
330	667	Alex Angeli	M66	Brighton & Hove AC	0:48:24	414	734	Stephen Coulson	M48		0:52:03
331	626	David English	M45	Henfield Joggers	0:48:25	415	63	Linda Hills	F54	Haywards Heath Har	0:52:04
332	72	Bernadette McGinley	F38		0:48:26	416	758	Tony Demarco	M57	Hastings Runners	0:52:04
333	717	Chris Breen	M39		0:48:27	417	848	Craig Goddard	M16		0:52:08
334	737	Mike Wheeler	M39	Steyning AC	0:48:31	418	921	Steve Hayman	M47		0:52:08
335	731	Percy Jordan	M67	Crawley AC	0:48:32	419	115	Joanne Broad	F24		0:52:14
336	595	Dave Jones	M45	Steyning AC	0:48:33	420	173	Nicky Stephenson	F35		0:52:18
337	740	Christopher Beakin	M39	Horsham Joggers	0:48:46	421	112	Patricia Martyn-Smith	F52		0:52:22
338	850	Zane Sturt	M20		0:48:51	422	651	Stephen Gibson	M42		0:52:24
339	855	Brian Griffiths	M50	Henfield Joggers	0:48:51	423	659	David Harris	M59	Goring RR	0:52:26
340	818	Colin Shaw	M60	Mel's Milers	0:49:00	424	24	Catherine Cary	F32		0:52:40
341	179	Emma Bargery	F23		0:49:00	425	130	Angie Pantell	F34	Crawley AC	0:52:42
342	909	Ian Bodman	M45	Horsham Blue Star	0:49:00	426	821	Ian Sillince	M40	Bexhill Runners	0:52:43
343	938	Michael Hall	M21	Hastings Runners	0:49:02	427	64	Anna Ramage	F40	Mel's Milers	0:52:53
344	30	Anne Billingham	F40	Mel's Milers	0:49:02	428	11	Judith Clarke	F41		0:52:55
345	698	Alan Argent	M56	Tone Zone Runners	0:49:06	429	865	David Dodd	M61	Burgess Hill Run	0:53:06
346	883	Ivan Jones	M50		0:49:06	430	666	Philip Zirngast	M38		0:53:10
347	801	Andrew Broadway	M63	Hastings Runners	0:49:07	431	47	Sally Mann	F59	Seaford Striders	0:53:11
348	697	Mark Watson	M21		0:49:08	432	107	Maggie Tennant	F46	Henfield Joggers	0:53:23
349	877	Bob Hughes	M55	Haywards Heath Har	0:49:08	433	122	Sasha Coote	F32		0:53:26
350	21	Karen Wigmore	F46	Horsham Joggers	0:49:11	434	964	Marc Vonlanthen	M41	Tone Zone Runners	0:53:28
351	838	Mark England	M30	Maltese Ospreys	0:49:13	435	81	Maureen Winborn	F54	Haywards Heath Har	0:53:35
352	134	Kathleen Wilkinson	F39		0:49:13	436	76	Jackie Griffiths	F48	Henfield Joggers	0:53:36
353	919	Mark Harmsworth	M40		0:49:14	437	39	Eileen Quinton	F73	Horsham Joggers	0:53:45
354	596	Russ Fellows	M34	Tone Zone Runners	0:49:19	438	132	Hayley Cluer	F25		0:53:47
355	930	Alan Andrews	M46	Seaford Striders	0:49:31	439	123	Juliette Baker	F33	Hastings Runners	0:53:50
356	121	Janice Lockyer	F31	Worthing Harriers	0:49:41	440	170	Eleanor Woodland	F39		0:54:02
357	961	Michael Smalley	M43	Tone Zone Runners	0:49:41	441	856	David Hughes	M47		0:54:08
358	615	Andy Skelton	M39	Southdowners	0:49:43	442	128	Charlotte Seaton	F40	Tone Zone Runners	0:54:10
359	879	Keith Gardner	M53		0:49:44	443	27	Sarah Spurr	F44	Tone Zone Runners	0:54:12
360	17	Paula Smith	F37	Brighton & Hove AC	0:49:44	444	133	Deborah Knott	F42	Tone Zone Runners	0:54:19
361	782	Ken Hales	M65	Goring RR	0:49:47	445	712	David Pamment	M53		0:54:24
362	616	David Clark	M44	Brighton & Hove AC	0:49:48	446	45	Sue Hudson	F49	Phoenix AC	0:54:31
363	111	Penny Kinton	F41	Southdowners	0:49:55	447	775	Alan Charman	M66	Veterans AC	0:54:34
364	765	Matthew Cowdrey	M29		0:49:58	448	812	Jeze Rogers	M38		0:54:54
365	12	Judith McArthur	F47	Utopia Runners	0:50:00	449	792	David Rutter	M67	Brighton & Hove AC	0:54:55
366	724	Robert Stark	M28		0:50:02	450	999	David Borley	M44		0:54:58
367	32	Susan Hall	F53	Hastings Runners	0:50:03	451	654	Tony Bowles	M42		0:54:59
368	690	Rob Morris	M53		0:50:04	452	949	John Albon	M21		0:55:08
369	174	Nikki Hooper	F36	Arena 80	0:50:05	453	599	James Williams	M58	Hastings Runners	0:55:09
370	926	Trevor Blaskett	M36		0:50:06	454	660	David Randall	M21	Worthing Harriers	0:55:13
371	813	David Fletcher	M30		0:50:06	455	733	Chris Seaton	M41	Tone Zone Runners	0:55:15
372	674	Hugh Stevenage	M37	Burgess Hill Run	0:50:06	456	85	Elizabeth Marks	F45	Henfield Joggers	0:55:18
373	594	Mike Gavin	M38		0:50:06	457	44	Joanne Cotton	F31		0:55:22
374	816	David Dalziel	M65	Haywards Heath Har	0:50:13	458	73	Jane Lewison-White	F36	Tone Zone Runners	0:55:24
375	162	Janet Kahring	F47		0:50:14	459	56	Jude Howell	F48		0:55:24
376	735	Jon Monnery	M39		0:50:15	460	786	Michael Knight	M50	Worthing Harriers	0:55:30
377	68	Sharon Tibbals	F39	Horsham Joggers	0:50:16	461	857	AVIS Holden	M47	Crowborough Runner	0:55:34
378	702	David Bubloz	M38	RRC	0:50:17	462	129	Sue Pople	F44		0:55:37
379	592	Paul Maidment	M46	Steyning AC	0:50:19	463	19	Lynn Harley	F44	Chichester Runners	0:55:43
380	834	Trevor Brierley	M55	Seaford Striders	0:50:22	464	962	Colin Harley	M46	Chichester Runners	0:55:43
381	755	Victor Gretton	M62	Henfield Joggers	0:50:23	465	127	Bridget Cushen	F62	Veterans AC	0:55:47
382	154	Gail Wood	F49	Amphibians 2	0:50:24	466	14	June Streeter	F43	Seaford Striders	0:55:48
383	846	Colin Johnson	M67	Haywards Heath Har	0:50:24	467	840	Phil Duffy	M28		0:55:54
384	10	Penny Rea	F64	Utopia Runners	0:50:24	468	101	Rachel Glenton	F22		0:55:54
385	118	Natalie Dawson	F32		0:50:25	469	882	Howard Nye	M30	Fittleworth Flyers	0:55:54
386	790	Russell Taylor	M47	Crowborough Runner	0:50:31	470	810	John Ramsden	M70	Brighton & Hove AC	0:56:00
387	678	Vic Froehlike	M57	Hastings Runners	0:50:38	471	738	Jan De Landtsheer	M52	Trinity L'hampton	0:56:01
388	96	Karen Beard	F35		0:50:38	472	41	Delia Westley	F59	Henfield Joggers	0:56:02
389	925	Andrew Parsons	M37		0:50:45	473	77	Min Smithers	F53	Crowborough Runner	0:56:04
390	872	Jason Weller	M33		0:50:47	474	77	Jan Banfield	F47	Haywards Heath Har	0:56:09
391	167	Jude Tees	F27	Horsham Joggers	0:50:47	475	59	Philly Wilson	F61	RRC	0:56:21
392	176	Kay Willis	F41	Henfield Joggers	0:50:55	476	754	Stephen Gretton	M37	Henfield Joggers	0:56:24
393	779	Alistair Jackson	M60	Veterans AC	0:50:56	477	18	Charlotte Jones	F25		0:56:26
394	825	Steven Horn	M33	Haywards Heath Har	0:50:58	478	150	Su Austin	F38		0:56:27
395	751	Stephen Roberts	M42		0:51:04	479	149	Valerie Barr	F42		0:56:29
396	706	Mark Robbins	M33		0:51:07	480	25	Gillian Hatton	F55	Goring RR	0:56:36
397	87	Lesley Besson	F52	Henfield Joggers	0:51:09	481	109	Jackie Goodsell	F42	Horsham Joggers	0:56:38
398	145	Elaine Deed	F49		0:51:12	482	31	Debbii Tunesi	F36	Dragons	0:56:40
399	153	Deb Friis	F29		0:51:13	483	46	Tracy Prince	F32	WDH	0:56:50
400	911	Bernard Griffin	M69	Haywards Heath Har	0:51:16	484	638	David Brown	M59		0:57:03
401	894	Duncan Steele	M44	Sussex House S&S	0:51:17	485	923	Joe McNulty	M40		0:57:14
402	653	John Raeburn	M44	WDH	0:51:24	486	50	Ann Powers	F53	Goring RR	0:57:38
403	713	Andrew Rogers	M40	Goring RR	0:51:26	487	984	Anthony Sorrell	M55	Wadhurst Runners	0:57:43
404	114	Michelle Dobson	F35	Seaford Striders	0:51:31	488	644	Peter Brown	M16		0:57:48

489	124	Jenny Denyer	F48	Haywards Heath Har	0:58:12
490	137	Tina Harrington	F47	Tone Zone Runners	0:58:33
491	769	Barry Lightwood	M57	Brighton & Hove AC	0:58:37
492	171	Andi Knight	F38		0:58:38
493	982	Bill Young	M67	Seaford Striders	0:58:41
494	966	Richard Turrell	M32	Horsham Joggers	0:58:55
495	52	Sue Bicknell	F46	Tone Zone Runners	0:59:17
496	131	Tania Manns	F30	Crawley AC	0:59:26
497	820	Tony Brannick	M66	Brighton & Hove AC	0:59:28
498	69	Lynn Long	F39		0:59:35
499	175	Debbie Slade	F40	Henfield Joggers	0:59:35
500	93	Penny White	F38		0:59:36
501	33	Abbie Woodling	F27		0:59:37
502	37	Vivien Baker	F38	Tone Zone Runners	0:59:54
503	843	Kio Vejdani	M64	Lingfield RC	0:59:56
504	916	John Hay	M77	Brighton & Hove AC	1:00:24
505	119	Julie Harker	F35	Crowborough Runner	1:00:32
506	54	Caley Gibson	F38	Utopia Runners	1:00:32
507	665	David Hughes	M40		1:00:36
508	895	Peter Robinson	M69	Chichester Runners	1:00:41
509	886	Simon Ostrom	M43	BRCC	1:00:43
510	98	Julia Lenton	F31		1:00:43
511	9	Alex Curd	F28	Wadhurst Runners	1:00:46
512	7	Maureen Crowhurst	F43	Seaford Striders	1:01:00
513	920	Kenneth Lancaster	M74	Henfield Joggers	1:01:38
514	159	Kathryn Stillman	F37		1:02:09
515	43	Becky Le	F31		1:03:07
516	142	Kate Parkinson	F42	Seaford Striders	1:03:07
517	764	Dieter Sullivan	M48	Windle Valley Run	1:03:08
518	144	Elaine Taylor	F43	Crowborough Runner	1:03:23
519	139	Jacqueline Pamment	F53		1:03:29
520	627	Les Moy	M58		1:03:35
521	155	Samantha Plagaro-Cowee	F33		1:03:46
522	94	Sara Wrenn	F44	Wadhurst Runners	1:04:19
523	6	Sue Wilkins	F46		1:06:07
524	168	Helen Wakeford	F31		1:06:20
525	83	Karen Gilmore	F45	Tone Zone Runners	1:07:21
526	42	Barbara Lockyear	F48	Sixth Dimension	1:07:56
527	38	Lynn Lindgren	F39	Sixth Dimension	1:07:56
528	177	Christine Newton	F42		1:08:17
529	178	Marguerite Hiscock	F35		1:08:33
530	13	Francesca Jarvis	F38	RRC	1:08:44
531	973	Peter Jarvis	M63	RRC	1:08:45
532	927	Gordon Hyde	M62	Lingfield Joggers	1:08:56
533	34	Sue Gilbert	F56	Sixth Dimension	1:11:26
534	117	Sharon Harwood	F43	Worthing Striders	1:16:32
535	763	Richard Harwood	M55	Worthing Striders	1:16:35
536	57	Julie McWilliam	F53	Lewes AC	1:19:02
537	889	Godfrey Brooks	M52		1:19:03
538	126	Denise Forster	F50	Seaford Striders	1:22:57