

Berkhamsted 5 Mile Fun Run

7th March 2004

Results

1	270	Mike Dyson	M40	Milton Keynes AC	0:28:55	81	89	Clive Wright	M44	Dacorum & Tring AC	0:42:49
2	256	Fabian Downs	M17	Chiltern Harriers	0:29:31	82	141	Christopher Newcombe	M13	Berkhamsted Raider	0:42:55
3	266	Matthew Maple	M31	Ilford AC	0:29:56	83	137	Douglas Gibson	M13	Berkhamsted Raider	0:42:56
4	125	Andrew Lansdell	M43		0:30:10	84	46	Peter Hadden	M44		0:42:57
5	227	Paul Illing	M38	Watford Harriers	0:30:45	85	123	James Geoghegan	M13	Bridgewater	0:42:59
6	121	Robert Cooke	M17	Berkhamsted CS	0:31:15	86	226	Matty Proctor	M10	Berkhamsted C Prep	0:43:11
7	35	John Simmonds	M48	Hardley Runners	0:31:25	87	148	Robert Durant	M42		0:43:12
8	69	Martin Grimsdale	M49	Watford Harriers	0:33:28	88	276	Phil Walker	M45		0:43:15
9	254	William Leslie	M18	Berkhamsted CS	0:33:32	89	163	Anthony Marsh	M43		0:43:16
10	100	Christopher Bragge	M19		0:33:59	90	80	Will Pett	M13	Frys Guys	0:43:17
11	207	Ken Perry	M53	Dacorum & Tring AC	0:34:08	91	104	Sarah Jackson	F15		0:43:23
12	117	Jonny Hewitt	M17	Berkhamsted CS	0:34:14	92	262	Tom Matthews	M12	Berkhamsted CS	0:43:30
13	274	Mark Strange	M39		0:34:15	93	77	Ashley Stewart	M14		0:43:32
14	34	Kevin Dunnings	M46		0:34:23	94	127	John Kellett	M43		0:43:32
15	55	Christopher Melton	M55		0:34:31	95	60	Michael Hopla	M41		0:43:50
16	269	Marc Pitkeathly	M15	Manshead	0:34:35	96	234	Ros Batty	F0		0:44:00
17	101	Matt Drake	M19	Tring School	0:34:40	97	103	Louise Osborne	F32		0:44:03
18	280	Frank Rooney	M14	Vale Of Aylesbury	0:34:49	98	206	Christine James	F48	Watford Harriers	0:44:15
19	241	Derek Peverill	M58	Vale Of Aylesbury	0:35:00	99	17	Janet Connolly	F45		0:44:17
20	224	Andrew Angus	M43	Queens Park Harr	0:35:20	100	443	Caroline Sampson	F40		0:44:20
21	23	Tommy Sheldrick	M14		0:35:28	101	63	Mark Barfield	M33	Bader Foundation	0:44:22
22	257	Kelly Harding	F19	Dacorum & Tring AC	0:35:29	102	215	Chris Hoyland	M39		0:44:24
23	84	Ben Evers	M28	Cox's	0:35:40	103	153	David Sagererson	M60		0:44:25
24	30	Emma Raynor	F24		0:35:42	104	64	Tessa Barfield	F31	Bader Foundation	0:44:30
25	237	William Westley	M15	Berkhamsted CS	0:36:02	105	1	Rhona Munro	F36		0:44:41
26	218	Ray Gurney	M57	Dacorum & Tring AC	0:36:08	106	3	Pete Bishop	M48		0:45:01
27	119	Noah Ellis	M16	Berkhamsted CS	0:36:15	107	98	Roger Wotton	M57		0:45:01
28	41	James Evans	M35		0:36:35	108	188	Nick Ormiston	M11	Berkhamsted C Prep	0:45:08
29	181	Paul Stoten	M47	Tring RC	0:36:45	109	267	Miranda Morgan	F48	Stopsley Striders	0:45:18
30	275	Albin Darwin	M45		0:37:02	110	107	Barney Prouse	M15		0:45:22
31	59	Zoe Dunnings	F16	Dacorum & Tring AC	0:37:12	111	43	Amanda Bond	F37		0:45:24
32	115	Richard White	M49	Tring RC	0:37:14	112	216	Jess Reinhold	F30		0:45:27
33	129	Christopher Hayward	M54	Berkhamsted CS	0:37:25	113	61	Brian Hunt	M50		0:45:35
34	263	James Ruffell	M10	Thomas Coram	0:37:33	114	39	Rosie Jackson	F11		0:45:36
35	118	Richard Herzberg	M18	Berkhamsted CS	0:37:38	115	40	Mark Jackson	M40		0:45:37
36	75	Peter Wilson	M40		0:37:52	116	70	Anne Renew	F47	Watford Harriers	0:45:57
37	76	Roy Scott	M23		0:37:52	117	265	Ken Matthews	M49		0:46:05
38	38	Christopher Chapman	M14		0:38:01	118	78	David Westley	M12	Frys Guys	0:46:17
39	209	Trevor Knott	M28		0:38:02	119	156	Luke Geoghegan	M41		0:46:25
40	99	James Honour	M43		0:38:08	120	238	Trevor Lord	M52		0:46:34
41	154	Kevin Hawes	M41		0:38:09	121	114	Ryan Waight	M32		0:46:47
42	8	Gail Maleham	F37		0:38:16	122	15	Sarah Veall	F32		0:46:48
43	83	Brian Rose	M13	Frys Guys	0:38:29	123	130	Tom Calder	M16		0:46:51
44	56	Catherine Baker	F20		0:38:32	124	10	William Haddow	M59	Gadebridge Harr	0:47:04
45	27	Jonathan Leyland	M39		0:38:39	125	185	Harry Meacher	M12	B'water Joints	0:47:12
46	180	Nicholas Jinks	M43		0:38:44	126	4	Maira Bishop	F43		0:47:21
47	62	Sophie Delderfield	F20	Bader Foundation	0:38:51	127	14	Simon Ward-Jones	M12		0:47:24
48	252	David Lett	M36		0:38:53	128	85	Gill Dawson	F21	Cox's	0:47:25
49	248	Jonathan John	M15		0:39:26	129	145	Neil Forshaw	M43	Berkhamsted Raider	0:47:25
50	13	Paul Ward-Jones	M15		0:39:27	130	253	Geraldine Johnson	F39		0:47:40
51	73	Sarah Cobb	F18		0:39:46	131	246	Rory Jones	M22		0:47:41
52	204	Iain Lang	M50		0:39:53	132	49	Samuel Murgatroyd	M10		0:47:47
53	54	Colin Pheasant	M59		0:40:06	133	251	Dov Waterman	M33		0:47:47
54	281	Peter Noble	M47		0:40:06	134	18	Gary Illingworth	M46		0:47:52
55	72	Jonny Oakley	M20		0:40:17	135	193	Lucy Guest	F37		0:47:55
56	242	Chris Pike	M34		0:40:17	136	68	Michele Lyons	F36		0:48:02
57	184	Oliver Meacher	M12	B'water Joints	0:40:27	137	53	Alexis Dolling	F33		0:48:05
58	202	Jamie Reid	M11	Lockers Park	0:40:28	138	179	Cathy Jinks	F42		0:48:09
59	201	David Reid	M42		0:40:28	139	149	David Sayers	M39		0:48:11
60	268	Ben Shields	M15		0:40:30	140	203	Gill Adams	F42		0:48:22
61	113	Martin Cave	M35		0:40:35	141	255	Miles Bailey	M13	Berkhamsted CS	0:48:23
62	91	Ray Smith	M45		0:40:42	142	277	Nick Minter	M13	Berkhamsted CS	0:48:23
63	24	Gordon Squire	M15		0:40:43	143	22	Caroline Howe	F34		0:48:23
64	42	Douglas Biswell	M56		0:40:56	144	177	Charlie Hussey	M45		0:48:30
65	150	Colin Grey	M46		0:41:03	145	168	Philip Prunty	M43		0:48:31
66	111	Craig Wadey	M32		0:41:04	146	116	Philomena Williamson	F48		0:48:35
67	93	Timothy Symington	M40		0:41:17	147	186	Luke Bailey	M8		0:48:37
68	196	Raphael Briand	M13	Berkhamsted CS	0:41:23	148	221	Elisabeth Brazier	F37		0:48:40
69	122	Kevin Clarke	M44		0:41:26	149	271	Clare Valvona	F23		0:48:40
70	245	Michael Coem	M57	Gade Valley Harr	0:41:27	150	25	James Doughty	M15		0:48:47
71	208	John Chudley	M58	Dacorum & Tring AC	0:41:28	151	140	Claire Crouchley	F46	Berkhamsted Raider	0:48:49
72	136	Nick Lamport	M41		0:41:29	152	232	Iona Pickard	F34	Shires Triers	0:48:49
73	88	Edward Malcolm	M11	Loxwood	0:41:32	153	233	James Colquhoun	M29		0:48:49
74	94	Vincent Brabazon	M42		0:41:45	154	7	David Lipscomb	M39	Serpentine RC	0:49:00
75	225	Nick Ayers	M12	Thomas Coram	0:42:25	155	71	Chris Roberts	F49	Watford Harriers	0:49:25
76	102	Alan Hunt	M42		0:42:27	156	178	Linda Ezard	F46		0:49:55
77	217	Suzu Smith	F33		0:42:30	157	32	Richard Golding	M27		0:50:32
78	79	Robert Tilley	M13	Frys Guys	0:42:39	158	58	Ginny Dunnings	F44	Dacorum & Tring AC	0:50:46
79	236	Karen Homewood	F38	Dacorum & Tring AC	0:42:46	159	240	Georgina Sheridan	F15	Harlington	0:50:53
80	182	Will Sommerfield	M12	Bridgewater	0:42:47	160	239	Chloe McCart	F15	Harlington	0:50:56

161	243	Daniel Popescu	M13	Berkhamsted Raider	0:51:10	246	135	Sally Smith	F39	1:10:38	
162	144	Adam Forshaw	M12	Berkhamsted Raider	0:51:10	247	199	Brenda Greig	F36	1:13:17	
163	244	Ron Lambert	M77	London Heathside	0:51:21	248	235	Imogen Wheeler	F9	St Thomas More	1:13:18
164	146	Peter Scott	M45		0:51:23	249	200	Kaela Grieg	F8	1:13:18	
165	28	Shauna Eyles	F40		0:51:25	250	162	Rebecca Marsh	F9	Greenway First	1:15:40
166	191	Georgia Sommerfeld	F10	Bridgewater	0:51:25	251	212	Holly Smith	F9	1:15:55	
167	192	Frank Sommerfeld	M44		0:51:26	252	397	Charlotte Woodstock	F47	1:16:49	
168	52	James Steadman	M11		0:51:30	253	95	Amber Postings	F11	St Thomas More	1:17:06
169	228	Duncan Marshall	M20		0:51:47	254	96	Emma Campbell	F11	St Thomas More	1:17:13
170	230	Amanda Knox	F20	Truman State Univ	0:51:48	255	169	Claire Prunty	F40	1:17:16	
171	229	Erin Sadzewicz	F19		0:51:53	256	211	Rosie Smith	F7	1:17:21	
172	231	Peter Marshall	M56		0:51:55	257	213	David Smith	M41	1:17:21	
173	16	Paul Church	M45		0:52:26	258	167	Kate Wilson	F38	1:17:53	
174	86	David Thurgood	M45		0:52:32	259	171	Robert Prunty	M8	Bridgewater	1:23:08
175	259	Peter Bywater	M45		0:52:41						
176	261	Lis Katavic	F41		0:52:45						
177	222	Louis Parisi	M10	Bridgewater	0:52:47						
178	105	Lucy Jackson	F13		0:52:48						
179	165	Rebekah Wilson	F12	Bridgewater	0:52:48						
180	143	Hazel Fleming	F12	Bridgewater	0:52:48						
181	48	Rachel Murgatroyd	F12		0:52:49						
182	205	Maria Mouldsdale	F37		0:52:49						
183	12	Roger Evans	M47		0:52:51						
184	172	Emma Roberts	F10		0:53:09						
185	260	Rosie Bywater	F9	Bridgewater	0:53:16						
186	278	Melanie Hammond	F39		0:53:30						
187	258	Abigail Barrett	F9	Thomas Coram	0:53:36						
188	57	Caroline Crozier	F41		0:53:44						
189	87	Lynne Stevens	F39		0:53:44						
190	106	Tim Prouse	M48		0:53:45						
191	210	Lorraine Knott	F53		0:53:54						
192	157	Margaret Allen	F44		0:54:10						
193	158	Linsey Allen	F10		0:54:17						
194	65	John Boiella	M70	Tring RC	0:54:19						
195	189	Nick Spurling	M60		0:54:23						
196	45	Thea Hays	F59		0:54:34						
197	249	David Hayes	M64	St Albans Strdrs	0:54:34						
198	214	Brenda Foulds	F52		0:54:42						
199	147	Becky Scott	F11	Bridgewater	0:54:51						
200	124	Tracy Lewis	F38		0:55:08						
201	109	Louise Thompson	F39		0:55:15						
202	187	Tom Bailey	M11		0:55:32						
203	90	Eleanor Smith	F14	Bridgewater	0:55:37						
204	110	Natalie Parkins	F38		0:55:38						
205	128	Abigail Kellett	F11	Bridgewater	0:55:46						
206	166	Rosalind Wilson	F11	Bridgewater	0:55:47						
207	126	Lydia Kellett	F11	Bridgewater	0:55:47						
208	250	Debra Young	F41		0:55:59						
209	279	Jonathan Ellis	M54		0:56:12						
210	37	Christopher Dandridge	M48		0:56:13						
211	9	Patricia Downing	F40		0:56:18						
212	31	Mary Manfield	F52	Gade Valley Harr	0:56:25						
213	160	Susan Welsh	F41		0:56:58						
214	161	Gren Jones	M69		0:56:59						
215	173	Leah Sumeray	F10		0:57:00						
216	247	Toby Roberts	M45		0:57:00						
217	11	Mark Evans	M14		0:57:25						
218	223	Frank Parisi	M43		0:58:30						
219	133	Sarah Bishop	F23		0:58:53						
220	264	Joe Prichard	M14	Ashlyns	0:59:20						
221	219	Matthew Asman	M31		0:59:30						
222	220	Joanne Asman	F33		0:59:30						
223	155	Anna Prunty	F12	Bridgewater	0:59:34						
224	164	Kate Prunty	F14	Ashlyns	0:59:36						
225	131	Kate Alexander	F8	Greenway First	0:59:51						
226	132	Jane Alexander	F36		0:59:52						
227	273	Alex Briand	M12	Berkhamsted CS	1:00:19						
228	195	Luc Briand	M44		1:00:20						
229	134	Sandra Gould	F45		1:01:03						
230	190	Sam Sommerfeld	M10	Bridgewater	1:01:17						
231	198	Helen Norris	F34		1:01:28						
232	197	Nadin Jackson	F37		1:01:28						
233	176	Catherine Cole	F8		1:01:40						
234	175	Debbie Dorman	F40		1:01:40						
235	139	Rupin Rach	M13	Berkhamsted Raider	1:03:17						
236	159	Joe Iddison	M13	Berkhamsted Raider	1:03:18						
237	272	Rebecca Horner	F10		1:03:24						
238	151	Sarah Barrow	F28		1:03:27						
239	152	Holly Walker	F10		1:03:28						
240	50	Karthik Gopalakrishnah	M25		1:04:16						
241	26	Chris Widdows-Doughty	F47		1:05:06						
242	138	Luke Haigh	M13	Berkhamsted Raider	1:05:48						
243	142	Louise Iddison	F0	Berkhamsted Raider	1:05:56						
244	194	Lucy Briand	F43		1:06:27						
245	97	Hannah Opie	F10	Bridgewater	1:09:11						

Team Results

School Team

- 1 Berkhamsted CS Total : - 52
: B121 - R Cooke 6: B254 - W Leslie 9:
: B117 - J Hewitt 12: B237 - W Westley 25:
- 2 Frys Guys Total : - 329
: B83 - B Rose 43: B79 - R Tilley 78:
: B80 - W Pett 90: B78 - D Westley 118:
- 3 Bridgewater Total : - 508
: B182 - W Sommerfeld 80: B123 - J Geoghegan 85:
: B191 - G Sommerfeld 166: B222 - L Parisi 177:

Team Prize

- 1 Dacorum & Tring AC Total : - 90
: B207 - K Perry 11: B257 - K Harding 22:
: B218 - R Gurney 26: B59 - Z Dunnings 31:
- 2 Watford Harriers Total : - 227
: B227 - P Illing 5: B69 - M Grimdsdale 8:
: B206 - C James 98: B70 - A Renew 116:
- 3 Berkhamsted Raider Total : - 445
: B141 - C Newcombe 82: B137 - D Gibson 83:
: B145 - N Forshaw 129: B140 - C Crouchley 151: