

CHESTER ZOO 10K

17th October 2004

Results

Wheelchair 10Km

1	1177	Michael Nevitt	M20	Knowsley Chall	0:36:57
2	1178	Andrew Forsyth	M17	Knowsley Chall	0:43:22

10 Km Road Race

1	1186	Michael Proudlove	M34	City of Stoke AC	0:31:21
2	1371	Tim Dickinson	M32	Blackheath Harr	0:31:32
3	305	John Wycherley	M47	Helsby RC	0:34:02
4	734	Mike Shaw	M40	Stockport Harriers	0:34:10
5	518	Peter Mallison	M33	S Cheshire Harr	0:34:16
6	1259	Michael Stanley	M43	Wallasey AC	0:34:27
7	1229	Philip Kendrick	M43	Spatans	0:34:29
8	408	Chris Henry	M47	Wirral AC	0:34:30
9	736	Andrew Lamont	M29	Macclesfield Harr	0:34:36
10	189	Clive West	M37	Buckley Runners	0:34:41
11	970	Michael Halman	M28	Wilmslow RC	0:34:51
12	797	Stuart Parrott	M41	Wilmslow RC	0:35:08
13	728	Richard Jones	M41	Telford AC	0:35:10
14	881	John Telford	M46	Vale Royal AC	0:35:17
15	1087	Graham Miles	M37	Vale Royal AC	0:35:25
16	186	Steven Crowe	M29	Ellesmere Port RC	0:35:26
17	1008	Stephen Gilliland	M43	Bro Dysynni AC	0:35:41
18	1437	Jim Pendrill	M34	Wilmslow RC	0:35:43
19	105	Kevin Beattie	M36	Stockport Harriers	0:35:52
20	416	Liam Thompson	M26	Spectrum Striders	0:35:54
21	590	Andrew Whittingham	M24	Stockport Harriers	0:35:58
22	1312	Michael Timmins	M17	Warrington AC	0:36:07
23	1390	Richard Clang	M28		0:36:08
24	1121	Chris Davies	M44	Buckley Runners	0:36:09
25	787	Graham Taylor	M41	Wilmslow RC	0:36:11
26	307	Darren Blazier	M32	Abergele Harriers	0:36:15
27	1403	Mick Bishop	M45	Wilmslow RC	0:36:19
28	913	Graham Jenkins	M45	W Cheshire AC	0:36:19
29	364	Ian Monaghan	M33	Chesterfield AC	0:36:21
30	1027	Olivia Renshaw	F22	Vale Royal AC	0:36:21
31	655	Graham Earlam	M46	W Cheshire AC	0:36:24
32	1239	Neil Chester	M34	Liverpool Harriers	0:36:39
33	190	Jenny Murray	F28	Stockport Harriers	0:36:41
34	1154	John Fidler	M55	Ellesmere Port RC	0:36:42
35	433	Iain Wedge	M35	W Cheshire AC	0:36:43
36	436	Coyle Roberts	M39	Chester Tri	0:36:52
37	1159	Roger Millen	M42	N Wales Fire Serv	0:36:58
38	843	Paul Collingwood	M31	Askern DRC	0:37:00
39	1150	Mark Thorley	M41	Vale Royal AC	0:37:01
40	974	Kenny Forster	M45	Spectrum Striders	0:37:02
41	125	Shaun Hooson	M39	Buckley Runners	0:37:05
42	931	Denis Duret	M38	Ellesmere Port RC	0:37:07
43	419	Michael Burns	M30	Ellesmere Port RC	0:37:18
44	869	Shaun Wright	M30	Westend Runners	0:37:21
45	448	Andrew Clague	M36	W Cheshire AC	0:37:25
46	229	Mervyn Ward	M49	Spectrum Striders	0:37:28
47	895	George Jones	M56		0:37:32
48	36	Colin Martin	M46	Spectrum Striders	0:37:34
49	1318	Mark Livingston	M36	Spectrum Striders	0:37:38
50	1341	Mick Fairs	M56	Wilmslow RC	0:37:40
51	71	Nik Haywood	M24	Vale Royal AC	0:37:41
52	473	Michael Stone	M45	Wirral AC	0:37:42
53	191	Ray Noble	M36	Wilmslow RC	0:37:43
54	630	Caroline McLroy	F32	Wirral AC	0:37:45
55	146	Owen Evans	M25	Penny Lane Strdrs	0:37:48
56	371	Brian Williams	M52	Wirral AC	0:37:49
57	805	Emma Parry	F31	Wrexham AC	0:37:49
58	523	Mark Morris	M41	Wirral AC	0:37:56
59	994	Andrew Mayers	M35		0:37:57
60	563	Richard Stradling	M47	Helsby RC	0:37:58
61	953	Carl Clancy	M36		0:38:02
62	1180	Lynne Wright	F37	Wrexham AC	0:38:06
63	1277	Nigel Levett	M34		0:38:09
64	837	Paul Stepto	M42	Stockport Harriers	0:38:10
65	669	Darren Rowlands	M36		0:38:26
66	106	Kerrie Wood	F38	Stockport Harriers	0:38:32
67	1400	Nick Thomas	M33	Oswestry Olympians	0:38:36
68	196	Helen Davies	F37	Wrexham AC	0:38:47
69	909	Frank Murphy	M51	Walmsley RC	0:38:51
70	828	Richard Wilson	M30		0:38:57
71	937	Keith Simpson	M39	Wirral AC	0:38:58
72	671	Richard Hughes	M29		0:39:01

73	1196	Daniel O'Grady	M31	Askern DRC	0:39:02
74	232	Andy Garnett	M50	Spectrum Striders	0:39:03
75	409	Chris Loney	M47	Chester Tri	0:39:06
76	188	David Roderick	M54	Deeside AC	0:39:07
77	888	Geoff Richards	M53	Wrexham AC	0:39:07
78	796	Cecilia Greasley	F46	Macclesfield Harr	0:39:08
79	443	Luan Underwood	F32	Stainland Lions RR	0:39:10
80	761	John Appleton	M52	St Helens Sutton	0:39:17
81	795	John Parrott	M49	Stockport Harriers	0:39:20
82	407	Jon Lowe	M31	Penny Lane Strdrs	0:39:24
83	622	Tony Hulme	M57	Wilmslow RC	0:39:28
84	685	Nick Jones	M45	Shrewsbury AC	0:39:30
85	571	Gerard Wilkinson	M33	Chester Tri	0:39:31
86	719	Michael Court	M37	Vale Royal AC	0:39:32
87	453	Ian Harris	M27	Spectrum Striders	0:39:35
88	591	Alison Hartropp	F38	Macclesfield Harr	0:39:38
89	825	Clive Donovan	M41	W Cheshire AC	0:39:43
90	353	Sergey Ryabov	M50	Vale Royal AC	0:39:46
91	474	Dan Robson	M37		0:39:51
92	590	Chris Marshall	M36	Ellesmere Port RC	0:39:52
93	939	Tom Banks	M39	Razzers Runners	0:39:53
94	538	Justin Wyke	M32	Tattenhall Runners	0:39:55
95	139	Tom Atkinson	M35		0:39:55
96	462	James Edwards	M46	Vale Royal AC	0:39:57
97	990	Stephen Stoneley	M43		0:40:00
98	971	Joe Johnson	M35	Wallasey AC	0:40:00
99	218	Joseph Jones	M27	Bro Dysynni AC	0:40:02
100	499	Andrew Roberts	M26	Buckley Runners	0:40:04
101	636	Tony Archer	M50	Vale Royal AC	0:40:04
102	1365	Richard Parris	M37	Wilmslow RC	0:40:05
103	103	David Jones	M52	Denbigh Harriers	0:40:07
104	1340	Phil Tordoff	M27	Askern DRC	0:40:07
105	755	Patrick Corrigan	M43	Birkenhead AC	0:40:07
106	1331	Andrew Van Beck	M32		0:40:09
107	1242	Matt Whitefield	M30	Ellesmere Port RC	0:40:12
108	1059	David Brookes	M30		0:40:13
109	37	Marian Martin	F45	Spectrum Striders	0:40:14
110	1323	Andy Watts	M54	Wilmslow RC	0:40:14
111	1130	Simon Killeen	M44		0:40:21
112	370	Michael Whiteside	M50	Tattenhall Runners	0:40:21
113	744	Chris Harbron	M34	Macclesfield Harr	0:40:22
114	1268	Roy Woodland	M48		0:40:23
115	641	Sally Gilliver	F43	Wilmslow RC	0:40:25
116	870	Paul Gresty	M25		0:40:27
117	1309	Anthony Chadwick	M38	Liverpool RC	0:40:28
118	555	Peter Nield	M28	Macclesfield Harr	0:40:29
119	866	Joan Jackson	F48	Northern Vets AC	0:40:29
120	459	Andrew Waring	M48	Birkenhead AC	0:40:30
121	1334	Justin Reallf	M37	Tattenhall Runners	0:40:31
122	1240	Richard Forster	M22		0:40:33
123	234	John McGill	M55	W Cheshire AC	0:40:36
124	240	Andy Ault	M30	Vale Royal AC	0:40:39
125	558	Paul Rowland	M52		0:40:43
126	1107	Stephen Dawson	M40	S Cheshire Harr	0:40:44
127	386	Neil Kelly	M31		0:40:47
128	1333	A Cawley	M43		0:40:47
129	1006	David Cain	M48	Penny Lane Strdrs	0:40:49
130	885	Rob Cunliffe	M40		0:40:56
131	1013	Darren Sugden	M35	Stainland Lions RR	0:40:57
132	978	Phil McGenity	M42	Holmfirth Harriers	0:40:57
133	1391	Helen Whitby	F24	Vale Royal AC	0:40:59
134	1101	Geoff Hayes	M54	Barnsley Harriers	0:41:00
135	1165	Matt McNulty	M30		0:41:00
136	588	Gary Marshall	M44		0:41:01
137	1436	Gavin Mendham	M54	Wilmslow RC	0:41:02
138	1401	David Crawford	M48	W Cheshire AC	0:41:05
139	543	Stephen Roberts	M50	Oswestry Olympians	0:41:06
140	960	Alun Humphries	M41	Denbigh Harriers	0:41:09
141	115	John Noblett	M38		0:41:09
142	119	Sally Gillings	F46		0:41:11
143	444	Chris Morgan	M54	Chester Tri	0:41:15
144	1156	Graham Patterson	M46	N Wales Fire Serv	0:41:19
145	404	Gary Chadderton	M43		0:41:23
146	864	John Clarke	M50	Vale Royal AC	0:41:24
147	912	Janet Agnew	F39		0:41:31
148	454	Graham Felsbergs	M37	David Lloyd RC	0:41:33
149	238	Marc Jacques	M37		0:41:35
150	1093	Neil Cliffe	M44	Warrington RR	0:41:38
151	318	Phil Townsend	M34	Chester Tri	0:41:40

152	1112	Tim Warn	M55	United Utilities H	0:41:41	236	1248	Andrew Brankin	M40	Milton Arms RC	0:44:05
153	839	Steve Powell	M35	Birstall RC	0:41:44	237	1363	Islwyn Jones	M56	Wrexham AC	0:44:06
154	1202	Matthew King	M26		0:41:48	238	766	Andrew Nurney	M29	Stockport Harriers	0:44:08
155	1108	James Thwaite	M30		0:41:50	239	1036	Lon Hooson	M31	Health Hut	0:44:10
156	1197	Gillian Adams	F29	N Shields Poly	0:41:52	240	201	Malcolm Taylor	M61	Bro Dysynni AC	0:44:11
157	656	Peter Carpenter	M44		0:41:53	241	1327	Jason Jones	M32	BRC Tri	0:44:11
158	981	Jamie Smith	M58	Wilmslow RC	0:41:53	242	663	Shane Yates	M35		0:44:14
159	827	Martin Howard	M38		0:41:54	243	872	Pete Smith	M50	Littlewoods Legger	0:44:14
160	559	David Nalder	M51	Ellesmere Port RC	0:41:55	244	178	Glyn Holcroft	M55		0:44:14
161	747	Andrew Whitaker	M35		0:41:55	245	249	Richard Whitby	M35		0:44:15
162	1043	Steve Tideswell	M46	Buckley Runners	0:41:56	246	612	Pete Haines	M51	David Lloyd RC	0:44:16
163	297	Claire Schofield	F30	Wrexham AC	0:41:58	247	424	Mike Perchard	M51	W Cheshire AC	0:44:18
164	141	Les Kennedy	M36	URWF RC	0:42:00	248	1303	Nigel Dickens	M28		0:44:18
165	826	Michael Richards	M46		0:42:00	249	1263	Karen Dolan	F37	Fit Fat	0:44:19
166	1226	Barry Higson	M36		0:42:01	250	517	Geoff Shaw	M51	Helsby RC	0:44:19
167	539	Hasmin Hadziabdic	M35	Birkenhead AC	0:42:01	251	831	Kai Lipinski	M36	Newcastle AC	0:44:20
168	1397	John Jennings	M43	Ellesmere Port RC	0:42:02	252	778	Adrian Haines	M41		0:44:20
169	439	Stephen Spall	M39	Chester Tri	0:42:05	253	167	John Adams	M44		0:44:21
170	466	Paul Tye	M43	Congleton Harriers	0:42:06	254	475	Carol Robson	F37	Vale Royal AC	0:44:22
171	1174	Ben Whittaker	M28		0:42:07	255	606	Neil Lambert	M31		0:44:22
172	132	John Ratcliffe	M59	Tattenhall Runners	0:42:08	256	544	James Lewis	M27		0:44:25
173	723	J Clarke	F36	Wilmslow RC	0:42:08	257	1127	Shaun Griffiths	M37		0:44:27
174	838	Michela Stepto	F38	Stockport Harriers	0:42:09	258	397	John Williams	M41	Oswestry Olympians	0:44:28
175	417	Nabilah Salihi	F22	Spectrum Striders	0:42:10	259	665	Helen McCarrick	F42	Shelton Striders	0:44:28
176	925	Mark Watts	M46		0:42:11	260	742	Jacqueline Carter	F34	Stockport Harriers	0:44:29
177	963	Alan Richards	M51	N Staffs RRA	0:42:11	261	1050	Helen Lester	F36	Tattenhall Runners	0:44:36
178	1300	Nick Campbell	M40	Chester Tri	0:42:17	262	991	Ruth Sills	F33	Heaton Harriers	0:44:37
179	904	Andrew Veevers	M23		0:42:19	263	251	Brian Beattie	M60	W Cheshire AC	0:44:38
180	608	Sharon Caile	F31	Macclesfield Harr	0:42:20	264	1126	Sara Atkinson	F39	Tattenhall Runners	0:44:38
181	609	Oliver Johnstone	M35	Macclesfield Harr	0:42:20	265	209	Peter Timson	M48	Chester Tri	0:44:40
182	492	Ron Ilsley	M45	Stockport Harriers	0:42:21	266	311	Paul Evans	M36		0:44:41
183	1099	Chris Palmer	M41		0:42:23	267	1164	Melenie Jones	F39		0:44:44
184	670	Simon Hughes	M38		0:42:24	268	940	Mark Wright	M53	Razzers Runners	0:44:46
185	846	Jenny Knass	F24	Stockport Harriers	0:42:24	269	1379	Alan Jenkinson	M56		0:44:47
186	576	Kevin Parry	M28		0:42:27	270	529	Andrew McShane	M27	Village RR	0:44:48
187	1380	Peter McArdle	M44	Wallasey AC	0:42:28	271	1224	Patricia Vernazza	F54		0:44:48
188	524	Paul Guest	M34	Denby Dale Trav	0:42:32	272	269	Keith Robbins	M36	Cheshire Police	0:44:49
189	77	Richard Webster	M38		0:42:36	273	1360	Amanda Fitton	F31	Last In Runners	0:44:50
190	150	Edwin Lowrey	M48	Birkenhead AC	0:42:37	274	1081	Jason Bulley	M38	Sandbach Strdrs	0:44:51
191	1184	Mick Hocking	M34		0:42:39	275	966	Catherine Cecil	F33		0:44:51
192	910	Mike Breslin	M46	Walmsley RC	0:42:40	276	556	Cheryl Nield	F26	Macclesfield Harr	0:44:53
193	740	Dave Murphy	M51		0:42:42	277	929	Roger Eagle	M56	Tattenhall Runners	0:44:55
194	1254	A Earnshaw	M47	Macclesfield Harr	0:42:42	278	1438	Mike Cutler	M48	S Cheshire Harr	0:44:56
195	1392	Dave Fearon	M40	Razzers Runners	0:42:43	279	1342	Chris Maxfield	M37	Buckley Runners	0:44:56
196	1321	Kate Ayres	F45	Wilmslow RC	0:42:43	280	1145	Gregg Boughey	M25	HMP Dovegate	0:44:57
197	1085	Steve Smith	M43	Wilmslow RC	0:42:43	281	513	Mike Kelly	M42		0:44:58
198	282	Mike Hughes	M38	Pensby Runners	0:42:44	282	1288	Alan Durston	M53	Ellesmere Port RC	0:44:58
199	1106	Jim Keane	M46		0:42:44	283	81	John Darby	M37		0:44:59
200	293	Andy Gilbert	M31		0:42:47	284	860	Ian Ashcroft	M58	Wilmslow RC	0:45:00
201	457	Kris Purcell	M30		0:42:49	285	1171	Derek Dale	M60	Congleton Harriers	0:45:02
202	490	Roger Brereton	M33	Macclesfield Harr	0:42:50	286	361	David Capener	M44		0:45:02
203	1294	Paul Conlon	M30		0:42:52	287	479	Andy Penny	M46	Chester Tri	0:45:02
204	1021	Mansel Pope	M54	Altrincham AC	0:42:52	288	561	Andrew Lavender	M22		0:45:03
205	1069	Kenny Davenport	M24	Chester Tri	0:42:53	289	296	Alan Taylor	M30		0:45:03
206	1025	Michael Hoult	M30		0:42:54	290	429	Alison Smith	F29	Tattenhall Runners	0:45:05
207	586	Ian McNeill	M46	Penny Lane Strdrs	0:42:56	291	472	Sandra Owen	F56	Tattenhall Runners	0:45:07
208	192	Phillip Royles	M38		0:42:57	292	930	M Hallsworth	M50		0:45:08
209	447	Simon Moseley	M39		0:42:57	293	510	D Brammer	M39		0:45:09
210	1339	Nicholas Holmes	M47	Tattenhall Runners	0:42:58	294	244	Mark Pomford	M27	Cheshire Fire RC	0:45:10
211	662	David Gater	M37		0:43:01	295	756	Julie Webb	F38	Wirral AC	0:45:13
212	803	Chris Rhodes	M46	W Cheshire AC	0:43:03	296	1111	Richard Aldridge	M35		0:45:13
213	1221	Robert Mayers	M41		0:43:06	297	644	Andrew Davison	M42	Stockport Harriers	0:45:15
214	1393	Geof Jennings	M41		0:43:11	298	969	David Jones	M43		0:45:15
215	420	Alison MacDonald	F38	Ellesmere Port RC	0:43:13	299	819	Phil Macdonald	M50	Chester Tri	0:45:16
216	287	Michael Cockburn	M33		0:43:14	300	602	Liz Bowden	F38	Stockport Harriers	0:45:16
217	1398	Nigel Hands	M40		0:43:14	301	1361	P Aldag	M55	Pensby Runners	0:45:17
218	729	Christopher Oldfield	M30	Meltham AC	0:43:15	302	678	Chris Walker	M26	Stainland Lions RR	0:45:17
219	127	Christopher Cain	M39		0:43:17	303	1310	Mark Smith	M47		0:45:18
220	733	Lorraine Rollinson	F31	Army AC	0:43:23	304	690	Bernard Brown	M40		0:45:18
221	844	Dave Pearson	M50		0:43:26	305	977	Simon Hogan	M34	Stainland Lions RR	0:45:19
222	901	Mark Bennett	M35	Chester Tri	0:43:29	306	215	Daniel Crighton	M28		0:45:19
223	1173	Stephen Blackshaw	M52	Cheshire Tally Ho	0:43:33	307	768	Sharon Jones	F38	David Lloyd RC	0:45:19
224	999	Mark Harrison	M34	Capenhurst RC	0:43:33	308	465	Linda Worrall	F48	Chester Tri	0:45:21
225	1179	Trevor Jones	M36		0:43:34	309	1191	Paul Harbidge	M43		0:45:22
226	741	Christopher Sykes	M32	Manchester Harr	0:43:34	310	1256	Craig Edwards	M41	Saldhurst Joggers	0:45:24
227	438	Greg Berti	M40	Tattenhall Runners	0:43:38	311	1190	John Clarkson	M35		0:45:25
228	601	Brendan Allen	M45		0:43:44	312	1125	Peter Avery	M40	Tattenhall Runners	0:45:25
229	814	Clare Hawkes	F44	Wirral AC	0:43:53	313	295	Peter Quail	M26		0:45:28
230	1102	Guy Travers	M33	Wellingboro & Dist	0:43:54	314	521	Richard Fenn	M34		0:45:33
231	273	Frank Driscoll	M35		0:43:57	315	183	Neil Smith	M44		0:45:35
232	638	Manfred Keune	M48	Helsby RC	0:43:59	316	1291	Ian Madeley	M24		0:45:36
233	298	Alan Berry	M43		0:44:01	317	129	David Waite	M40	Stainland Lions RR	0:45:39
234	1005	Susan Cain	F48	Penny Lane Strdrs	0:44:02	318	299	John Houghton	M45		0:45:40
235	732	Jason Rollinson	M34	RAF Cosford	0:44:03	319	323	Lisa Morley	F33	Wrexham Tri	0:45:42

320	1281	Richard Scamans	M33	0:45:42	404	738	Mark Beresford	M37	0:47:34		
321	973	Tim Bent	M38	0:45:42	405	1241	Phil Riley	M32	0:47:37		
322	166	Anthony Goodier	M37	0:45:46	406	206	Mark Watts	M37	0:47:40		
323	647	Yann Le Coz	M27	0:45:49	407	903	Paul VeEVERS	M25	0:47:41		
324	679	Donna Macloskey	F41	Chester Tri	0:45:50	408	769	Ian Hilditch	M63	Helsby RC	0:47:43
325	1308	Gary Leese	M36	HMP Dovegate	0:45:52	409	743	Matt Plummer	M30	Congleton Harriers	0:47:45
326	820	David Clarke	M34		0:45:53	410	1349	Neil Davies	M36	Chester Tri	0:47:46
327	584	David Fox	M48		0:45:56	411	142	Sian Vaughan-Jones	F39	Chester Tri	0:47:47
328	1292	Alison Parry	F22		0:45:58	412	124	David Thompson	M47	Spectrum Striders	0:47:48
329	545	Michael Walton	M28		0:45:59	413	874	Alice Dagg	F25	Stockport Harriers	0:47:49
330	477	Janet Frost	F40	Chester Tri	0:46:00	414	1295	Mark Walker	M35		0:47:49
331	1296	Colin Robbins	M33		0:46:01	415	1105	Nick Pearson	M24		0:47:49
332	496	Neil McAndrew	M36		0:46:01	416	89	Peter Mills	M54		0:47:51
333	710	Nicola Smith	F28		0:46:03	417	68	Lesley Mills	F32	Cheshire Police	0:47:52
334	1356	Sally Walker	F34		0:46:04	418	879	Sally Griffiths	F27		0:47:54
335	943	Mike Geary	M41	Razzers Runners	0:46:04	419	1208	David Jones	M33		0:47:55
336	1037	Shan O'Keefe	M35	Health Hut	0:46:05	420	1155	Steve Pigg	M42		0:47:56
337	1044	Jane Tideswell	F42	Buckley Runners	0:46:06	421	202	Terry Stringer	M55		0:47:58
338	637	Amy Archer	F22	Vale Royal AC	0:46:08	422	877	Chris Buck	M39		0:47:58
339	1122	Gavin Beevers	M27		0:46:09	423	248	Steve Watmough	M42		0:48:00
340	161	Anne Williams	F33		0:46:10	424	623	Paul Gisby	M39		0:48:01
341	767	Karen McCrackle	F27	Stockport Harriers	0:46:11	425	1003	Michael Hatton	M54	N Wales RRC	0:48:01
342	1131	Stephen Botham	M45	Wrexham Tri	0:46:11	426	213	Linda Owen	F47	Spectrum Striders	0:48:02
343	949	Paul Hawgood	M38	Stockport PCT RC	0:46:13	427	28	Paul Clay	M36		0:48:05
344	1134	Neil McIntyre	M43		0:46:14	428	1216	Nic Ogilvie	M43		0:48:06
345	1373	Catherine Ashmore	F25		0:46:15	429	58	Stephen Wright	M44		0:48:07
346	1387	Gary Billington	M39		0:46:20	430	725	Martin Stirna	M51	S Cheshire Harr	0:48:08
347	788	Steve Anslow	M35		0:46:21	431	1019	Amanda Bradbury	F30	Wilmslow RC	0:48:08
348	712	Vic Verecondi	M41	Ilkley Harriers	0:46:21	432	1086	Gavin Roche	M30		0:48:09
349	101	Phil Ramsey	M29		0:46:21	433	1275	Paul Hannigan	M48	Marconi Harriers	0:48:09
350	841	Allan Stott	M40		0:46:22	434	313	Mark Williams	M37		0:48:10
351	268	Ian Strettie	M46		0:46:24	435	512	Robert Hassall	M33		0:48:11
352	300	Andy Whitehead	M41	Spectrum Striders	0:46:26	436	581	Clive Siddall	M42	Stainland Lions RR	0:48:13
353	573	J Middleton	M40		0:46:26	437	1075	Ather Mohammad	M35		0:48:14
354	955	Jon Osler	M42	Sunlight Runners	0:46:27	438	1028	Michael Bradley	M49	Spectrum Striders	0:48:14
355	42	Richard Grace	M21	Telford Harriers	0:46:28	439	177	Joe Park	M69	Cheshire Tally Ho	0:48:15
356	347	Ralph Farthing	M40		0:46:28	440	277	Rosemary Price	F55	Deestriders	0:48:15
357	193	Richard Collins	M35	Oswestry Olympians	0:46:29	441	809	Alan Hayes	M51		0:48:16
358	423	Michael Horton	M57	Boalloy RC	0:46:29	442	394	Howard Cottam	M42		0:48:18
359	1279	Andy Rimmer	M40		0:46:30	443	1223	Ian Gray	M27		0:48:20
360	1160	John Dolan	M48		0:46:30	444	1014	William McAllister	M45		0:48:21
361	1209	Keith Billington	M34		0:46:31	445	382	Henrietta Grice	F39	Helsby RC	0:48:22
362	1095	Janet Wooldridge	F41		0:46:33	446	195	Rob Hardwick	M34	Penny Lane Strdrs	0:48:22
363	993	Mark Pearson	M29		0:46:35	447	180	Paul Campton	M60		0:48:22
364	956	Brian Piercy	M37		0:46:35	448	1280	J Holloway	M28		0:48:23
365	596	Ray McGarry	M39		0:46:37	449	187	Kevin Birchall	M54	Leigh Harriers	0:48:23
366	585	Daniel Fox	M43		0:46:37	450	242	Brian Clarke	M38		0:48:24
367	1307	Iain Davies-Moore	M34		0:46:38	451	64	Bernard Bullock	M48		0:48:25
368	367	Curt Anstey	M40	RRC	0:46:40	452	338	Steve Finnegan	M45		0:48:26
369	1133	Peter Wooding	M36		0:46:41	453	1144	Peter Moore	M47	Village RR	0:48:27
370	1264	Douglas MacPherson	M30		0:46:41	454	816	Keith Weston	M47		0:48:27
371	493	Duncan Greaves	M37	Stainland Lions RR	0:46:41	455	1140	Jenny Tabb	F29		0:48:29
372	450	R Scholey	M59		0:46:42	456	884	Robert Mason	M47		0:48:30
373	47	Nigel Batty	M39		0:46:44	457	1370	J Pontifex	M46		0:48:31
374	173	Conrad Morris	M40		0:46:45	458	824	Geoffrey Harvey	M56	W Cheshire AC	0:48:31
375	233	Phil Cawood	M45	Spectrum Striders	0:46:45	459	1369	Anne Pontifex	F44		0:48:32
376	449	Robert Prys-Owen	M53		0:46:46	460	717	Janet Snow	F45	Vale Royal AC	0:48:33
377	938	Paul Oldfield	M46		0:46:48	461	1198	Julie Fletcher	F33	Macclesfield Harr	0:48:34
378	1046	Andrew Lea	M31		0:46:48	462	1325	Wayne Turner	M45		0:48:35
379	1015	Andy McAllister	M23		0:46:50	463	1192	Ann Eggington	F42	S'port & Waterloo	0:48:35
380	1350	Lucy Twigger	F37		0:46:51	464	552	John Heath	M37		0:48:36
381	163	Ken Hilton	M43	Wallasey AC	0:46:53	465	1212	Kate Sutton	F42	Wilmslow RC	0:48:36
382	387	Neil Richards	M35		0:46:54	466	1245	Simon Ramsden	M39		0:48:37
383	470	Alan Quick	M48		0:46:54	467	1335	Bob Evans	M48		0:48:38
384	324	S Richards	M62		0:46:55	468	621	Andrew Roberts	M45		0:48:39
385	334	Carol Shaw	F42	Helsby RC	0:46:57	469	1330	Paul England	M45		0:48:41
386	130	Diane Waite	F40	Stainland Lions RR	0:46:58	470	463	Vanessa Griffiths	F39	Helsby RC	0:48:43
387	123	James Platt	M41		0:47:00	471	643	Karyn Amson-Orth	F37		0:48:44
388	776	Anne Kavanagh	F40		0:47:01	472	1302	Linden Hiscock	F31		0:48:45
389	724	Nicky Lee	F29	Penny Lane Strdrs	0:47:01	473	1285	Bill Staniard	M40	Wilmslow RC	0:48:46
390	225	Pamela Eckersley	F30		0:47:01	474	1034	Ann Jones	F57	Wrexham AC	0:48:51
391	995	David Redpath	M54	Spectrum Striders	0:47:02	475	468	Jason Rodwell	M32		0:48:52
392	1193	Roy Pownall	M55	Wilmslow RC	0:47:03	476	491	Stephanie Ilsley	F43	Stockport Harriers	0:48:53
393	1113	Joseph Chambers	M39	Liverpool RC	0:47:08	477	752	Mike Horne	M45		0:48:54
394	437	Caroline Howard	F39	Tattenhall Runners	0:47:10	478	1206	Colin Earp	M57	S Cheshire Harr	0:48:56
395	1047	Steve Girling	M55	Pensby Runners	0:47:11	479	165	Joanne Goodier	F31		0:48:56
396	1120	Huw Whyte	M24	Eryri Harriers	0:47:16	480	649	Tony Ellis	M40		0:49:00
397	692	Joseph Rimmer	M53	Warrington RR	0:47:17	481	1204	Phil Holland	M41		0:49:02
398	763	Laynie Stothart-Wilde	F28		0:47:20	482	1138	Richard Lythgoe	M26		0:49:04
399	1188	Neil Fowler	M36		0:47:22	483	715	Jayne Lawton	F35	Stockport Harriers	0:49:05
400	1089	Rod Coombs	M54	Wilmslow RC	0:47:26	484	333	Ian Dumigan	M37		0:49:07
401	425	Roger Brace	M61	David Lloyd RC	0:47:31	485	412	G Holt	M41		0:49:07
402	1110	David Jackson	M44		0:47:32	486	413	John Day	M44		0:49:07
403	56	Kevin Corcoran	M42		0:47:33	487	107	Carol Hayhurst	F31		0:49:07

488	947	Sabine Kussmanl	F37	0:49:08	572	1394	Mark Jennings	M16	0:50:35		
489	1317	Mark Bailey	M34	Biddulph RC	0:49:08	573	372	David Perkins	M53	0:50:37	
490	902	Steve Mullen	M32		0:49:09	574	1293	Gareth Thomas	M43	0:50:37	
491	1040	Steve Nicholls	M30	Health Hut	0:49:09	575	984	Anthony Hadfield	M34	0:50:39	
492	1020	Julie Lucas	F41	Wilmslow RC	0:49:11	576	509	Lee Pownall	M36	0:50:41	
493	989	Julie McCarthy	F42	Spectrum Striders	0:49:11	577	345	Craig Blundell	M25	0:50:41	
494	340	Carole Morrison	F42	Sunlight Runners	0:49:13	578	337	A Gwyn	F49	0:50:42	
495	432	David Eckersley	M58	Colwyn Bay AC	0:49:13	579	503	Chris Moran	M48	0:50:42	
496	936	Ellie Elliott	F25	Stainland Lions RR	0:49:15	580	554	Helena McGoldrick	F42	Golborne	0:50:43
497	1272	Helene Gilmour	F33	Wirral AC	0:49:16	581	1161	Karen Ealandson	F23		0:50:44
498	1076	Majad Mohammad	M27		0:49:18	582	600	Sarah Evans	F31		0:50:44
499	569	Tommy Bailey	M55		0:49:19	583	1344	J Hughes	M48		0:50:45
500	159	Chris Fell	M35		0:49:20	584	467	Andrew Cotton	M35	Muller RC	0:50:46
501	368	Ian Lunnon	M52		0:49:20	585	633	Les Parry	M49	Birkenhead AC	0:50:48
502	255	John Flatley	M46		0:49:20	586	1289	Rolf Westrum	M50	Wallasey AC	0:50:50
503	211	Steve Evans	M45	Esporta	0:49:21	587	1246	Lisa Owen	F34		0:50:51
504	964	Yvonne Richards	F47	N Staffs RRA	0:49:22	588	954	Dave Reid	M43		0:50:56
505	840	Veronica Roberts	F27	Birstall RC	0:49:22	589	1018	Rob Jenkins	M36		0:50:56
506	302	Austin Bell	M51		0:49:23	590	100	Christina Carson	F49	Penny Lane Strdrs	0:50:57
507	735	Keith Alcorn	M38		0:49:24	591	790	Lesley Dunn	F41		0:50:58
508	908	Steven Fairclough	M39		0:49:26	592	882	Samantha Brown	F36	Oswestry Olympians	0:50:59
509	1004	Drew Rowlands	M39		0:49:27	593	1211	Carl Percival	M34		0:50:59
510	1041	Robert Webster	M45	Health Hut	0:49:29	594	834	Emma Winn	F23		0:50:59
511	962	Michael Gordon	M38		0:49:29	595	1207	Gael Earp	F42	S Cheshire Harr	0:50:59
512	310	Nick Minion	M46	Chester Tri	0:49:30	596	205	Charlotte Wormleighton	F36		0:51:00
513	511	Gordon Adam	M43		0:49:30	597	1378	Graham Nellist	M44		0:51:02
514	145	Jo Jones	F47	Telford Harriers	0:49:31	598	1070	Simon Begley	M40		0:51:02
515	1030	Neil Starkey	M33		0:49:31	599	434	Michael Quinlivan	M53		0:51:02
516	748	Andy Coombes	M34		0:49:32	600	658	Les Kemp	M53		0:51:03
517	62	Jayne Higgins	F33		0:49:33	601	431	Stephen Garratt	M42		0:51:05
518	1022	Martin Nash	M49		0:49:33	602	784	Paul Wadsworth	M44		0:51:05
519	99	David Barnes	M38		0:49:33	603	777	Robert Lockwood	M68	RRC	0:51:06
520	1266	June Clarke	F31		0:49:34	604	1218	Linda Hughes	F41		0:51:10
521	907	Julie Fairclough	F39		0:49:35	605	553	Stephen Watkins	M39		0:51:10
522	1029	Andy Starkey	M43	W Cheshire AC	0:49:35	606	714	Anne Fortune	F52	Northern Vets AC	0:51:10
523	118	Adrian Mercer	M33		0:49:36	607	861	Una Monaghan	F33		0:51:12
524	1257	Andy Crichton	M25		0:49:36	608	1261	Philip Thacker	M45		0:51:14
525	149	Pascal Demaine	M31		0:49:41	609	40	Fiona Morrison	F45		0:51:14
526	1364	Jon Roberts	M44		0:49:43	610	619	Andrew Skelton	M35		0:51:14
527	1326	John Anketell-Jones	M30		0:49:44	611	198	Gareth Trimble	M32	Wilmslow RC	0:51:15
528	811	Nikki Redford	F33		0:49:45	612	1338	Phil Roberts	M42		0:51:16
529	441	Peter O'Hare	M50	Hyde Village Strdr	0:49:45	613	369	Joanne Mathews	F33		0:51:16
530	1123	Zoe Griffiths	F43	Sunlight Runners	0:49:46	614	821	Jackie Clarke	F35		0:51:17
531	684	Sadruddin Husain	M44	Village RR	0:49:47	615	12	David Pillar	M52		0:51:19
532	140	Richard Bennett	M60	Deestridders	0:49:50	616	354	Phil Sampson	M35		0:51:19
533	996	Janet Redpath	F53	Spectrum Striders	0:49:51	617	1011	Jacqui Ashforth	F35		0:51:20
534	160	Jason Hutton	M33		0:49:51	618	1058	Sarah Clarke	F43		0:51:21
535	388	David Jones	M47		0:49:52	619	1038	Paul Middlecote	M36	Health Hut	0:51:23
536	147	Sean Jesson	M32	Telega	0:49:54	620	221	Martin Hallam	M40		0:51:24
537	111	Dominique Miller	M35	Chester Tri	0:49:54	621	976	Inyang Brown	F30		0:51:25
538	336	Graham Guest	M31	Denby Dale Trav	0:49:55	622	897	Ruth Dooley	F16		0:51:28
539	74	Anthony Breeze	M55		0:49:56	623	263	Simon McAllister	M41	Chester Tri	0:51:29
540	1389	G Tattum	M49		0:49:59	624	531	Jane Woodley	F56	Tattenhall Runners	0:51:30
541	1139	Philip Tabb	M29		0:50:01	625	1136	Janet Watkins	F27	Wirral AC	0:51:30
542	1141	Katy Race	F25		0:50:01	626	632	Sue Blake	F42	Spectrum Striders	0:51:31
543	616	Gerard Carey	M38		0:50:09	627	566	David Whieldon	M38	Chester Tri	0:51:34
544	482	Michael Truelove	M46		0:50:11	628	961	Anthony Pickup	M37		0:51:34
545	290	R Langmead	M47		0:50:11	629	1104	Graham Jones	M47		0:51:36
546	567	Peter Forrester	M57	Village RR	0:50:12	630	595	Derek Tudor	M43		0:51:37
547	7	James Naylor	M45		0:50:12	631	117	Joanne Harrop	F36		0:51:37
548	1116	Barry Chambers	M51	Vale Royal AC	0:50:12	632	343	Deborah Murray	F45		0:51:38
549	760	John Wheatley	M39		0:50:13	633	489	Thomas Brereton	M30		0:51:39
550	1213	Martyn Price	M34		0:50:13	634	1236	Richard Barker	M44		0:51:40
551	152	John Fitzsimmons	M44		0:50:14	635	1262	Sarah Henshaw	F28	Deestridders	0:51:40
552	1214	E Williams	M49		0:50:14	636	915	Shelly Vickers	F22		0:51:41
553	746	Steve Openshaw	M34		0:50:15	637	373	John Bradshaw	M43		0:51:42
554	892	Janet Holmes	F50	St Helens Sutton	0:50:15	638	677	Daniel Johnson	M33		0:51:43
555	34	Kerry O'Sullivan	F28		0:50:16	639	896	Andrew Dobson	M34		0:51:43
556	169	Tony Thackray	M57	W Cheshire AC	0:50:20	640	488	Hoji Hasegawa	M35		0:51:44
557	774	Martin Whitehead	M30		0:50:22	641	312	Clive Langham	M52		0:51:44
558	1230	Suzanne Kendrick	F42	Spatans	0:50:22	642	442	Claire Wood	F32	Stainland Lions RR	0:51:45
559	640	Kieran McCuster	M45		0:50:22	643	1220	John Wright	M40	Birkenhead AC	0:51:46
560	875	Dominic Coupes	M35		0:50:23	644	1347	Geoffrey Hallows	M55		0:51:47
561	1227	Jill O'Brien	F32		0:50:26	645	806	Des Piercy	M45		0:51:50
562	583	Dan Wood	M33	Spectrum Striders	0:50:27	646	614	Philip Jones	M45		0:51:50
563	1109	Christine Jackson	F41		0:50:28	647	1026	Rachael Richardson	F34		0:51:53
564	873	Ellen Ashton	F35		0:50:29	648	718	David Snow	M44		0:51:53
565	426	Tim Haslehurst	M43		0:50:32	649	988	Yvonne Healing	F44	Helsby RC	0:51:53
566	1135	F Toop	M50		0:50:32	650	1396	Tommy Jennings	M47		0:51:55
567	876	Mark Thorp	M42		0:50:32	651	291	Mike Lamb	M63	W Cheshire AC	0:51:59
568	836	Iwan Bonds	M36		0:50:33	652	194	Jane Hallows	F33	Penny Lane Strdrs	0:52:00
569	1132	Kelly Turford	F21		0:50:33	653	239	J Green	F49		0:52:03
570	104	Julie Sorrell	F36		0:50:34	654	924	Paula Stephens	F38	Liverpool RC	0:52:05
571	1163	Mike Jones	M44		0:50:35	655	959	Simon Marshall	M31	Wirral AC	0:52:05

656	252	Graham Jones	M34	0:52:07	740	519	William Bell	M63	0:53:58
657	69	Gary Butterfield	M38	0:52:07	741	546	Rita Wilson	F31	0:53:58
658	1377	Sean Kelly	M40	0:52:08	742	131	Tessa Swaine	F49	Tattenhall Runners 0:53:59
659	1243	Rob Weatherhead	M26	0:52:08	743	375	Jeremy Jones	M39	0:54:00
660	533	Jackie Carrington	F30	David Lloyd RC 0:52:09	744	1374	Brendan Coburn	M36	0:54:00
661	682	Angie Byrne	F36	0:52:09	745	933	Ian Warlow	M40	0:54:01
662	471	Anne Worrall	F36	Spectrum Striders 0:52:11	746	84	Craig Watson	M28	Quakers RC 0:54:02
663	603	John Brown	M39	0:52:11	747	97	Gary Daniels	M54	0:54:04
664	1348	Michael Thirsk	M49	0:52:16	748	154	Jason Everson	M31	0:54:07
665	10	Leanne Beattie	F31	0:52:17	749	1033	Andy Coxon	M54	0:54:08
666	1032	Chris Seddon	M30	0:52:22	750	1063	Tom Nancollis	M28	0:54:09
667	121	Patrick O'Dowd	M28	0:52:22	751	319	Christopher Pitt	M37	0:54:11
668	847	Warren Brady	M26	0:52:23	752	322	Bryan Griffiths	M40	0:54:14
669	484	John Hitchins	M33	0:52:24	753	179	Samantha Campton	F33	0:54:15
670	1194	Sally Maddock	F21	Wilmslow RC 0:52:24	754	660	Mark Molloy	M37	Warrington RR 0:54:18
671	461	Matty Mayers	M32	0:52:24	755	476	Elizabeth Chamberlain	F27	Spectrum Striders 0:54:19
672	894	Lisa Bluett	F31	St Helens Sutton 0:52:26	756	292	Jane Woodhead	F33	Wirral AC 0:54:20
673	254	Dave Bottoms	M46	Marconi Spartans 0:52:29	757	1023	Howard Coppenthal	M43	Sandbach Strdrs 0:54:20
674	1367	Richard Barratt	M34	Tattenhall Runners 0:52:30	758	315	Jenny Bolton	F40	0:54:21
675	1383	Richard Fawthrop	M33	Stainland Lions RR 0:52:31	759	390	Suzanne Kevan	F37	0:54:21
676	495	Gary Wedge	M34	0:52:32	760	301	Sharon Whitehead	F41	Spectrum Striders 0:54:22
677	770	Peter Maddock	M50	0:52:34	761	1067	Dominic McDermott	M41	0:54:24
678	389	Karen Jones	F30	0:52:35	762	551	Gareth Jones	M39	0:54:24
679	507	Will Pike	M36	Long Eaton RC 0:52:36	763	754	Katherine Teale	F40	0:54:25
680	582	Susan Siddall	F42	Stainland Lions RR 0:52:39	764	899	Steven West	M30	0:54:28
681	1258	Tracy Crichton	F29	0:52:40	765	456	Ruth Hall	F31	0:54:29
682	321	Fred Mottram	M72	Pensby Runners 0:52:41	766	935	Sarah Sauderson	F34	0:54:30
683	440	Joanne Wort	F41	0:52:42	767	1351	Jean Davies	F30	0:54:30
684	216	Thomas Mortimer-Jones	M26	0:52:44	768	688	Gareth Ward	M38	0:54:32
685	1167	Lorraine McGowan	F30	0:52:44	769	666	Ian Caird	M28	0:54:34
686	1355	David Walker	M33	0:52:46	770	1231	Martin Cooksey	M46	0:54:35
687	713	Ian Fortune	M57	Northern Vets AC 0:52:47	771	377	Lee Lloyd	M33	0:54:35
688	980	Colin Potter	M38	0:52:48	772	749	S Lawrence	F53	Wirral AC 0:54:36
689	664	Janine Bush	F27	Staffs Morelands 0:52:48	773	1048	Martyn Turner	M29	0:54:38
690	629	John Lyon	M58	Cybi Striders 0:52:53	774	1203	Lee Hodgkinson	M30	0:54:40
691	698	Mark Rainford	M51	0:52:54	775	982	Robin Macintosh	M40	0:54:42
692	1000	Michele Harrison	F35	Capenhurst RC 0:52:55	776	560	Christine Morgan	F30	0:54:44
693	228	Michael Rishworth	M26	0:52:56	777	168	Sarah Bayliss	F36	Chester Tri 0:54:45
694	667	Jenny Diffy	F26	0:52:56	778	379	Pauline Picton	F51	St Helens Sutton 0:54:46
695	43	Nicola Jones	F22	Telford Harriers 0:52:57	779	421	Mark Hughes	M31	0:54:46
696	108	Michelle Carrington	F30	Wirral AC 0:52:59	780	845	Julie Bearpark	F39	0:54:49
697	395	Vicky Pearson	F36	Formby Runners 0:52:59	781	222	Paul Miles	M43	0:54:51
698	823	Ashley Lynch	M28	0:53:01	782	941	Yvonne Rowe	F40	Razzers Runners 0:54:53
699	1225	Paul Evans	M26	0:53:02	783	66	Chris Penk	M60	0:54:54
700	631	Petra Pearce	F41	Stockport Harriers 0:53:02	784	55	Ian Higgins	M42	0:54:54
701	520	Carol Hatton	F44	0:53:05	785	1199	Colin Bradshaw	M40	0:54:55
702	514	Debra Kelly	F42	0:53:05	786	247	Graham Newall	M40	0:54:56
703	1299	Andrew Verhoeven	M42	0:53:06	787	1388	William Kendrick	M32	0:54:56
704	1320	Dan Staggs	M35	0:53:08	788	1386	Jeff Andrews	M40	0:54:57
705	1080	Brian Treadwell	M35	Ellesmere Port RC 0:53:11	789	942	Steve Rowe	M45	Razzers Runners 0:54:58
706	618	Malcolm Towler	M63	0:53:11	790	645	Susan Coupe	F52	0:54:59
707	214	John Owen	M45	Spectrum Striders 0:53:14	791	1176	Ann McPaul	F46	0:55:02
708	906	Stephen Whincup	M44	0:53:14	792	1376	Jane Sowter	F41	Winston Runners 0:55:03
709	90	Alan Lashbrook	M39	Stainland Lions RR 0:53:16	793	1143	Verity Collett	F36	0:55:04
710	1077	Azhar Mohammad	M36	0:53:20	794	574	Rachael Charlton	F38	0:55:04
711	1073	Felicity Curtis	F37	0:53:20	795	886	Maria Wright	F50	Wirral AC 0:55:05
712	753	Cathy Samsudin	F29	0:53:23	796	731	Johanna Pennington	F25	Spectrum Striders 0:55:06
713	965	Barbara Gregory	F56	0:53:24	797	792	Sally Jane	F42	0:55:07
714	116	Mona Noblett	F40	0:53:25	798	657	Eric Corker	M55	Ellesmere Port RC 0:55:08
715	1304	Orla McKenna	F27	0:53:26	799	564	Garry Kettle	M49	Stainland Lions RR 0:55:08
716	683	Wendy Basket	F30	Village RR 0:53:28	800	1017	Fiona Macintosh	F37	0:55:10
717	871	Russell Kerfoot	M49	0:53:29	801	257	Steve Boyer	M41	Stainland Lions RR 0:55:11
718	44	Peter Hartey	M41	0:53:31	802	570	Justina Smith	F33	0:55:12
719	1270	Steven Eades	M20	0:53:32	803	1267	Diarmuid O'Donovan	M33	0:55:14
720	737	Jane Molloy	F30	0:53:33	804	53	James Robinson	M39	0:55:15
721	727	Karen Bliss	F37	0:53:33	805	565	Helen Kettle	F47	Stainland Lions RR 0:55:16
722	726	Philip Bliss	M38	0:53:34	806	31	Antoni Nowakowski	M40	0:55:18
723	914	Patricia Mellor	F36	Stockport Harriers 0:53:35	807	1100	Lind Grainger	F44	Barnsley Harriers 0:55:24
724	428	Melanie Williams	F42	0:53:37	808	1244	Dawn Williams	F32	0:55:25
725	360	Philip Murray	M65	0:53:37	809	175	Jonathan Muir	M34	Helsby RC 0:55:25
726	952	Stephen Owens	M46	0:53:38	810	842	Mathew Davies	M31	0:55:25
727	1175	Rachel Tubb	F27	0:53:38	811	241	Scott Wilson	M31	0:55:26
728	1269	Jennifer Parkhill	F21	0:53:43	812	1187	Anthony Roche	M44	0:55:27
729	374	Cath Caddick	F40	0:53:44	813	288	Rob Stiffin	M41	Marconi Harriers 0:55:27
730	695	Philip Melerange	M25	0:53:45	814	156	Janine White	F39	Chester Tri 0:55:27
731	598	Steve Wilson	M40	0:53:46	815	174	Elaine Williams	F49	Northern Vets AC 0:55:28
732	1395	Rebecca Corian	F17	0:53:46	816	1142	Lorna Corran	F31	0:55:29
733	951	Aileen Moreland	F31	0:53:46	817	418	Rebecca Cless	F30	0:55:32
734	1182	Martin Aspell	M42	0:53:47	818	253	Sue Walsh	F46	0:55:34
735	128	Paul Albertella	M35	0:53:52	819	487	Kevin Dean	M41	0:55:36
736	1276	Tracey Graham	F32	Penny Lane Strdrs 0:53:53	820	210	Lisa Johnson	F36	Esporta 0:55:36
737	339	Joanne Fellows	F34	David Lloyd RC 0:53:53	821	687	Chris Lewis	M33	0:55:38
738	110	Stephen Clifton	M27	0:53:54	822	1247	Dean King	M41	0:55:40
739	1084	Andrew Green	M34	0:53:56	823	501	Dianne Markey	F36	0:55:41

824	63	John Noakes	M66	0:55:43	908	294	Kathy Frankland	F30	0:57:36		
825	235	Tracey Greaves	F28	0:55:44	909	927	Marion Newby	F56	Vale Royal AC	0:57:37	
826	696	Karl Nicholas	M35	0:55:45	910	676	Roy Amyes	M45	0:57:38		
827	497	Jon Aston	M39	0:55:45	911	358	Louise Beacock	F44	0:57:39		
828	1201	Fergal Harkin	M43	0:55:49	912	668	Peter Grimes	M26	0:57:40		
829	410	David Miller	M47	0:55:50	913	1316	Sarah O'Byrne	F27	0:57:40		
830	1071	Steve Jones	M44	0:55:52	914	57	Alister Smith	M29	0:57:41		
831	1183	Jonathan Camm	M40	Spectrum Striders	0:55:53	915	381	Mike Barnes	M35	SLOBS	0:57:41
832	1181	G Dixon	M40	0:55:56	916	721	James Buckley	M56	0:57:46		
833	279	Graham Davenport	M56	0:55:57	917	854	Peter Grime	M21	0:57:47		
834	16	Andrew Screen	M43	0:55:57	918	648	Kathryn Clarke	F28	0:57:50		
835	1372	Dorothy Fairhurst	F62	St Helens Sutton	0:55:57	919	791	Derek Jane	M46	0:57:52	
836	1315	Andrew Collier	M43	0:55:59	920	220	Penny Scott	F33	0:57:55		
837	917	Sara Rogers	F36	0:55:59	921	750	Maureen Crosby	F52	Wirral AC	0:57:57	
838	1217	Cath Ogilvie	F44	0:56:00	922	352	Danny McLaughlin	M44	Sandbach Strdrs	0:57:57	
839	916	Claire Adams	F27	0:56:01	923	481	Gwynedd Jones	F59	Sandbach Strdrs	0:57:58	
840	605	Amy Scruton	F23	Macclesfield Harr	0:56:07	924	1368	Stephen Collier	M36	0:58:00	
841	850	Darren Hughes	M32	0:56:08	925	1012	Christine Wilcock	F36	0:58:01		
842	851	Barry Hughes	M30	0:56:08	926	1290	Elwyn Jones	M47	0:58:06		
843	1055	Adam Cooper	M34	0:56:10	927	540	Alison Hadziabdic	F37	Birkenhead AC	0:58:08	
844	1282	Paul Byrne	M37	0:56:10	928	236	Tracey Day	F41	0:58:10		
845	1329	Ken Smith	M53	0:56:11	929	1301	Susan Gemmell	F40	0:58:15		
846	975	Barry Pierce	M54	0:56:14	930	878	Maxine Buck	F36	0:58:15		
847	635	Sian Brett	F35	0:56:14	931	250	Anne Hurrell	F51	Northern Vets AC	0:58:16	
848	309	Viv Gillanders	F43	0:56:15	932	1354	Joyce Glynn	F51	0:58:17		
849	341	Debs Gardner	F36	Birkenhead AC	0:56:16	933	1031	Douglas Dawson	M43	0:58:20	
850	1337	Alison Williams	F29	0:56:16	934	611	David Cresswell	M34	0:58:24		
851	378	Neil Binns	M41	0:56:19	935	628	Julie Aikir	F45	Stockport Harriers	0:58:25	
852	366	Ann Ball	F45	0:56:20	936	120	Lesley Henderson	F55	Stainland Lions RR	0:58:34	
853	399	Chris Hulse	M41	Chester Tri	0:56:20	937	317	Julie Shalloe	F38	Chester Tri	0:58:36
854	535	Paul Peachey	M37	0:56:21	938	1399	Jeanette Hatton	F35	0:58:39		
855	579	Paul Janion	M27	0:56:23	939	1162	Steve Ellis	M41	0:58:40		
856	580	Gail Brixton	F23	0:56:24	940	634	Christine Newbury	F35	Liverpool RC	0:58:41	
857	575	Andrew Charlton	M43	0:56:24	941	771	Geraldine Donelon	F32	0:58:46		
858	1375	Sarah Barratt	F29	Winston Runners	0:56:25	942	708	Lindsay Mortimore	F41	0:58:46	
859	883	Sean Hutchinson	M46	0:56:26	943	691	Clare Richards	F31	0:58:47		
860	506	Stephen Baker	M29	0:56:26	944	1039	Michael Arrowsmith	M42	Health Hut	0:58:47	
861	485	Gillian Mayes	F33	0:56:27	945	48	Veronika Vout	F40	0:58:49		
862	505	Jayne Clube	F28	0:56:31	946	972	Jay Neary	M30	0:58:50		
863	271	Daphne Jones	F48	0:56:32	947	675	Christine Amyes	F43	0:58:53		
864	542	Stephanie Charman	F54	Helsby RC	0:56:33	948	1359	Gillian Peiser	F32	Penny Lane Strdrs	0:58:54
865	832	J Bancroft	F56	0:56:34	949	427	S Bushell	F30	0:58:56		
866	833	S Payne	M56	0:56:35	950	1366	Liz Barratt	F36	Tattenhall Runners	0:58:56	
867	349	Chris Ashworth	F35	Village RR	0:56:36	951	858	Emma Riggott	F35	Beverly AC	0:59:00
868	775	Monique Foletta	F30	0:56:36	952	380	Phoebe Dickinson	F20	Spectrum Striders	0:59:01	
869	1219	Neil Hughes	M45	0:56:38	953	329	Laura Pilley	F26	0:59:03		
870	620	Colin Hirst	M61	Warrington RR	0:56:40	954	181	Jane Evans	F55	Deestriders	0:59:04
871	1072	Billy Kemp	M33	0:56:41	955	49	Chris Palin	M48	0:59:04		
872	355	Chris Williams	M25	0:56:43	956	182	B Pentland	F34	Deestriders	0:59:06	
873	948	Tracey Sutherland	F43	EA Technology	0:56:43	957	422	Anna Hughes	F34	Shrops Shufflers	0:59:07
874	968	Brian Wareing	M62	EA Technology	0:56:44	958	325	Dudley Murfin	M61	0:59:07	
875	455	Siobhan Thompson	F30	0:56:45	959	926	Emma Kershaw	F29	0:59:07		
876	359	Lesley Joyner	F38	0:56:46	960	1148	Sheena Cumiskey	F42	0:59:08		
877	528	Thomas Coyne	M42	Penny Lane Strdrs	0:56:46	961	138	Ruth Russel	F50	0:59:14	
878	1001	Adam Croft	M36	0:56:47	962	681	Ted Blackwell	M66	0:59:19		
879	1002	Richard Scott	M32	0:56:47	963	1119	Janet Jones	F49	Stockport Trust	0:59:22	
880	304	June Sinnott	F45	Stockport Harriers	0:56:51	964	720	Sam Carr	M49	0:59:23	
881	137	Andrew Russel	M56	0:56:53	965	898	Yvonne Ridgway	F42	0:59:26		
882	1250	Peter Lewis	M44	0:56:54	966	344	Simon Brown	M47	0:59:26		
883	1336	Peter Evans	M18	0:56:54	967	765	David Parry	M25	0:59:28		
884	342	Jenny Ambler	F27	0:56:56	968	171	Linda Green	F36	0:59:28		
885	815	Chris Roberts	M26	0:56:56	969	829	Sinead Griffin	F29	0:59:28		
886	706	Kathleen Osborne	F56	0:56:57	970	1185	Louise Hocking	F34	0:59:29		
887	515	Richard Harvey	M49	0:56:58	971	72	Tony Gamble	M54	0:59:32		
888	810	Wendy Leach	F28	0:57:01	972	200	Jeffrey Williams	M49	0:59:33		
889	985	Sharon Case	F31	0:57:03	973	502	Beth Moran	F43	0:59:40		
890	1358	Mike Lamont	M61	Winston Runners	0:57:04	974	1129	Niccla MacAulay	F33	0:59:42	
891	1103	Keith Fletcher	M59	0:57:12	975	1128	Paul Brown	M33	0:59:43		
892	779	Adele Huxley	F35	0:57:15	976	859	Alison Need	F40	0:59:44		
893	1352	John Byers	M47	0:57:15	977	853	Paul Need	M40	0:59:45		
894	945	Wendy Saffery	F36	Razzers Runners	0:57:16	978	1343	Judith Sanderson	F50	Stone MM	0:59:46
895	1152	J Crabtree	F40	0:57:19	979	804	Elizabeth Southern	F55	Wirral AC	0:59:47	
896	1153	L Taylor	M40	0:57:19	980	694	Malcolm James	M60	Liverpool RC	0:59:50	
897	1151	Brenda Dawber	F40	0:57:19	981	332	Tracey Dumigan	F34	0:59:51		
898	1306	Carolyn Davies-Moore	F37	0:57:20	982	550	Sally Evans	F41	0:59:52		
899	880	Barry Mitchell	M56	0:57:20	983	549	Andrew Evans	M41	0:59:52		
900	534	Jo Graham	F36	0:57:20	984	20	Jacqueline Birks	F36	0:59:53		
901	1114	Tracy Barton	F29	0:57:21	985	22	Jon Dykes	M28	0:59:53		
902	661	Harry Rice	M59	0:57:21	986	21	Terry Dykes	M56	Congleton Harriers	0:59:54	
903	922	Jennifer Brown	F49	0:57:22	987	979	Carol Kenny	F52	EA Technology	0:59:55	
904	445	Janet Morgan	F53	Chester Tri	0:57:23	988	1273	Graham Earp	M44	EA Technology	0:59:55
905	1147	Heather Lewis	F42	0:57:25	989	1052	Julian Owen	M32	0:59:56		
906	919	Barry Tate	M51	Askern DRC	0:57:28	990	921	Grenville Jones	M70	0:59:56	
907	780	Melanie Oulton	F40	0:57:28	991	920	Steven Jones	M40	0:59:56		

992	384	Chris Edmunds	M30	0:59:57	1076	1238	Colette Twamley	F43	1:03:18
993	1061	Caroline Helal	F51	0:59:57	1077	1237	Melanie O'Neill	F30	1:03:18
994	1284	Sophie Dent	F23	0:59:57	1078	243	Katie Evans	F23	1:03:25
995	51	Valerie Blair	F48	Deestriders	1079	1313	Pam Palphreyman	F30	1:03:27
996	1476	Joanne Leach	F29	Spectrum Striders	1080	1314	Karen Pearce	F37	1:03:27
997	773	Helen Bancroft-Abbott	F40		1081	1215	Louise King	F29	1:03:30
998	772	Trevor Abbott	M42		1082	1381	Helen Walker	F38	1:03:31
999	918	Jennifer Murdoch	F29	Serpentine RC	1083	1382	Dianne Worby	F41	1:03:31
1000	758	Steve Tamplin	M49		1084	693	Jane Marsden	F48	Liverpool RC 1:03:36
1001	759	Lynn Tamplin	F46		1085	151	Andrew Till	M36	1:03:41
1002	1260	Margaret McNelis	F42	Wallasey AC	1086	328	Anne Hornby	F51	Warrington RR 1:03:42
1003	1297	David O'Donnell	M36		1087	303	Leslie Cresswell	M57	Wednesfield Runner 1:03:43
1004	316	Denise Clements	F44		1088	1353	Neil Wrench	M25	1:03:50
1005	85	Elizabeth Wainwright	F30		1089	1045	Nicola Grierson	F33	1:03:51
1006	800	Anne Hewitt	F57	Spectrum Striders	1090	500	Ruth Gill	F47	1:03:52
1007	617	Lucinda Strudwick	F35	David Lloyd RC	1091	812	Stanley Taylor	M57	Marconi Harriers 1:03:53
1008	330	Deborah Lowe	F32		1092	1252	Andrew Hughes	M34	1:03:57
1009	835	Ewan Turner	M34		1093	1094	Julie Cliffe	F41	1:04:09
1010	460	Claire Beswick	F31		1094	1097	Paul Forshaw	M44	1:04:09
1011	1283	Rhian Dent	F28		1095	802	Judy Gibbs	F49	1:04:14
1012	701	Zoe Elder	F38	Macclesfield Harr	1096	697	Angela Rainford	F47	1:04:16
1013	589	Jill Hine	F41		1097	786	Sally Harris	F35	1:04:16
1014	522	Andrew Woodward	M36	Manchester Tri	1098	785	Margaret Ainsworth	F38	1:04:16
1015	281	Matt Wilmot	M29		1099	1062	David Hudson	M47	1:04:16
1016	934	Kathryn Alexander	F39		1100	60	Helen Whitby	F33	1:04:20
1017	798	Louise Dempster	F41	Spectrum Striders	1101	376	Charlotte Van Der Hoorn	F33	1:04:25
1018	808	Paula Pugh	F40		1102	411	Anthony Jones	M31	1:04:26
1019	848	Helen Higginson	F37		1103	1362	Helen Gardiner	F16	1:04:26
1020	593	Mike Smith	M33		1104	557	Louise Waring	F31	Preston Sisters 1:04:27
1021	1402	Helen Webster	F27		1105	1092	Nicola Woodyatt	F36	1:04:29
1022	176	Maria Lindley	F48		1106	327	Olive Hall	F40	Warrington RR 1:04:33
1023	707	John Davies	M41		1107	716	Grahame Read	M54	1:04:39
1024	702	K Billingsley	F30		1108	911	Heather Agnew	F19	1:04:49
1025	992	Amanda Arstey	F35		1109	1271	Eileen Tubb	F50	1:04:50
1026	172	Colette Morris	F42		1110	1170	Juliette Cooke	F25	1:04:51
1027	1064	Trish Nancollis	F51		1111	458	Ali White	F38	1:04:53
1028	1042	Sue Webster	F44	Health Hut	1112	351	Eileen Waldie	F45	1:04:53
1029	224	Conrad Jones	M76	Bollington Harr	1113	672	Jill Davies	F35	1:05:00
1030	1158	Nigel Sephton	M42	N Wales Fire Serv	1114	650	Cathrin Griffiths	F37	1:05:01
1031	1157	Nick Richards	M39	N Wales Fire Serv	1115	14	Gillian Clingham	F47	1:05:03
1032	1096	Claire Murgatroyd	F38	Cheshire Police	1116	793	Roy Thombs	M58	1:05:09
1033	789	Caroline O'Keefe	F40		1117	547	Catherine Jeffery	F52	1:05:16
1034	356	Peter Hatch	M40		1118	1253	Eilis Rattigan	F39	1:05:19
1035	320	Beryl Mottram	F68	Pensby Runners	1119	435	Margaret Quinlivan	F51	1:05:33
1036	594	Jeremy Parkes	M40		1120	782	Carolyn Slater	F40	Macclesfield Harr 1:05:41
1037	686	Jane Fish	F36	Spectrum Striders	1121	283	Stephen Young	M37	1:05:42
1038	1441	Joanna Luxton	F32		1122	536	Nichola Humphreys	F36	1:05:55
1039	148	Helen Shaw	F39		1123	537	Anneke Perrett	F20	1:05:55
1040	998	Susan Harrison	F34		1124	122	Helen Nelson	F37	1:05:58
1041	113	Jo Mellor	F27		1125	1065	Helen Mitchell	F46	1:05:59
1042	114	Ian Cope	M30		1126	1249	Jaynie Phillips	F26	1:06:02
1043	997	Anna Haynes	F23		1127	700	Victoria Owens	F28	1:06:03
1044	274	Gloria Norton	F45	Stockport Harriers	1128	654	R Jones	M51	1:06:08
1045	8	Stephanie Brighton	F28		1129	262	Ian Jones	M27	1:06:15
1046	730	Andy Greenhalgh	M30		1130	1345	Hilary Moss	F48	1:06:19
1047	613	Michael Wright	M28		1131	1346	Elaine Parker	F51	1:06:20
1048	143	James Rich	M28		1132	1149	Carolyn McCormick	F43	1:06:41
1049	144	Charlotte Delauray	F25		1133	400	Janet Guest	F58	Denby Dale Trav 1:06:50
1050	1384	Angela Fawthrop	F34	Stainland Lions RR	1134	610	Lisa Cresswell	F33	1:06:53
1051	362	Pam Woods	F45		1135	350	Kate Johnson	F37	1:07:03
1052	153	Catherine Fitzsimmons	F46		1136	306	Allison Lewis	F30	1:07:13
1053	626	Roger Pickles	M51	RRC	1137	1205	Judith Davis	F30	1:07:25
1054	813	Emma Jepson	F33		1138	680	Jenny Blackwell	F65	1:07:32
1055	396	Jane Harvey	F38		1139	703	Laura Preston	F53	1:07:35
1056	1068	Helen Hotchkiss	F44	Penny Lane Strdrs	1140	704	William Preston	M54	1:07:35
1057	185	Teresa Connally	F44		1141	1090	Alison Bradford	F39	Winston Runners 1:07:41
1058	705	Monica Brown	F62	Penny Lane Strdrs	1142	674	Helen Cassin	F17	1:07:46
1059	1049	Aileen Muir	F37		1143	365	Sue Taylor	F30	1:07:47
1060	739	Sue Beresford	F34	Lostock AC	1144	530	M Doughty	F33	RealRunner.com 1:07:51
1061	280	Nathalie Halebar	F29		1145	398	Amanda Salt	F37	1:07:51
1062	781	John Richards	M25		1146	54	Sharon Higgins	F43	1:07:52
1063	615	Robert Carey	M25		1147	88	Elaine Mills	F55	1:07:53
1064	446	Gill Smalley	F46		1148	597	Christina Crowe	F32	1:07:54
1065	607	Roy Bennett	M40		1149	624	Brian Griffiths	M62	1:08:03
1066	276	Alice Bray	F50		1150	73	Susan Breeze	F56	1:08:14
1067	157	Jenny Edwards	F30		1151	75	Emma Hudson	F17	1:08:15
1068	986	Sarah Furlong	F36		1152	478	Maggie Truelove	F46	1:08:27
1069	2	Kerry Lynch-Wood	F30		1153	109	Marie Hughes	F34	1:08:30
1070	275	Lynsey Jones	F28		1154	93	Rebecca Robinson	F32	Stockport Harriers 1:08:42
1071	270	Dave McLean	M55	N Staffs RRA	1155	799	Les Hewitt	M52	Spectrum Striders 1:08:50
1072	136	Geoff Fallon	M57	RRC	1156	348	Wojciech Waliszewski	M33	1:09:11
1073	932	Ann Dunn	F45		1157	1098	Julie Forshaw	F41	1:09:14
1074	527	Claire Thornton	F29		1158	261	Jennie Hesketh	F27	1:09:16
1075	745	Nicola Rowan	F30		1159	50	Jayne Pugh	F33	1:09:24

1160	11	Terry Pillar	F51	1:09:25
1161	967	Wendy Newman	F44	1:09:26
1162	15	Clare Smith	F39	1:09:30
1163	314	M Mardon	F50	1:09:30
1164	1322	J Baxter	F66	1:09:34
1165	1146	Carolyn Temple	F47	1:09:55
1166	393	Debbie Sinclair-Walker	F30	1:09:56
1167	391	Claire Richards	F30	1:09:59
1168	83	Kathy Ling	F60 Wrekin RR	1:10:13
1169	625	Elizabeth Pickles	F17	1:10:18
1170	627	Grace Pickles	F47 RRC	1:10:19
1171	1088	Jane Wardie	F33	1:11:12
1172	1286	Philip Simpson	M37	1:12:09
1173	331	Tracy Farrell	F20	1:12:32
1174	1404	Michele Provost	F43 Heroes	1:12:37
1175	1440	Amanda Bowen	F40	1:12:37
1176	335	Dave Ambler	M50	1:12:38
1177	19	June Gladman	F34	1:12:48
1178	184	Howard Whitby	M37	1:12:49
1179	25	Robert Kitteringham	M48	1:13:14
1180	26	Jayne Granville	F42	1:13:15
1181	203	Alan Roberts	M40	1:13:38
1182	204	Nicola Cooper	F19	1:14:10
1183	1189	Alan Hirsch	M32	1:14:14
1184	226	Elaine Stanford	F40	1:16:16
1185	227	Michael Clarke	M32	1:16:17
1186	867	Jeremy Parr	M34	1:16:28
1187	868	Julie Watson	F27	1:16:29
1188	1265	Rhiannon Gaffney	F31	1:16:33
1189	230	Kim Hearn	F35	1:19:33
1190	231	Kevan Hearn	M41	1:19:33
1191	822	Lisa O'Neill	F36	1:19:53
1192	1051	Bernie Lynch	F49	1:20:12
1193	46	Steve Lomax	M41	1:37:32
1194	18	Julie Potts	F44	1:37:33

Male Team

1	Wilmslow RC	Total :-	41
	: 970 - M Halman 11: 797 - S Parrott 12: 1437 - J Pendrill 18:		
2	Stockport Harriers	Total :-	44
	: 734 - M Shaw 4: 105 - K Beattie 19: 590 - A Whittingham 21:		
3	Vale Royal AC	Total :-	68
	: 881 - J Telford 14: 1087 - G Miles 15: 1150 - M Thorley 39:		
4	Buckley Runners	Total :-	75
	: 189 - C West 10: 1121 - C Davies 24: 125 - S Hooson 41:		
5	Ellesmere Port RC	Total :-	92
	: 186 - S Crowe 16: 1154 - J Fidler 34: 931 - D Duret 42:		
6	W Cheshire AC	Total :-	116
	: 913 - G Jenkins 28: 655 - G Earlam 31: 433 - I Wedge 35:		
7	Spectrum Striders	Total :-	106
	: 416 - L Thompson 20: 974 - K Forster 40: 229 - M Ward 46:		
8	Wirral AC	Total :-	116
	: 408 - C Henry 8: 473 - M Stone 52: 371 - B Williams 56:		
9	Chester Tri	Total :-	196
	: 436 - C Roberts 36: 409 - C Loney 75: 571 - G Wilkinson 85:		
10	Askern DRC	Total :-	215
	: 843 - P Collingwood 38: 1196 - D O'Grady 73: 1340 - P Tordoff 104:		
11	Macclesfield Harr	Total :-	240
	: 736 - A Lamont 9: 744 - C Harbron 113: 555 - P Nield 118:		
12	Penny Lane Strdrs	Total :-	266
	: 146 - O Evans 55: 407 - J Lowe 82: 1006 - D Cain 129:		
13	Wallasey AC	Total :-	291
	: 1259 - M Stanley 6: 971 - J Johnson 98: 1380 - P McArdle 187:		
14	Helsby RC	Total :-	295
	: 305 - J Wycherley 3: 563 - R Stradling 60: 638 - M Keune 232:		
15	Tattenhall Runners	Total :-	327
	: 538 - J Wyke 94: 370 - M Whiteside 112: 1334 - J Realf 121:		
16	Bro Dysynni AC	Total :-	356
	: 1008 - S Gilliland 17: 218 - J Jones 99: 201 - M Taylor 240:		
17	Birkenhead AC	Total :-	392
	: 755 - P Corrigan 105: 459 - A Waring 120: 539 - H Hadziabdic 167:		
18	S Cheshire Harr	Total :-	409
	: 518 - P Mallison 5: 1107 - S Dawson 126: 1438 - M Cutler 278:		
19	Oswestry Olympians	Total :-	464
	: 1400 - N Thomas 67: 543 - S Roberts 139: 397 - J Williams 258:		
20	Razzers Runners	Total :-	556
	: 939 - T Banks 93: 1392 - D Fearon 195: 940 - M Wright 268:		
21	Stainland Lions RR	Total :-	738
	: 1013 - D Sugden 131: 678 - C Walker 302: 977 - S Hogan 305:		
22	David Lloyd RC	Total :-	795
	: 454 - G Felsbergs 148: 612 - P Haines 246: 425 - R Brace 401:		
23	Congleton Harriers	Total :-	864
	: 466 - P Tye 170: 1171 - D Dale 285: 743 - M Plummer 409:		

24	Pensby Runners	Total :-	894
	: 282 - M Hughes 198: 1361 - P Aldag 301: 1047 - S Girling 395:		
25	Health Hut	Total :-	1066
	: 1036 - L Hooson 239: 1037 - S O'Keefe 336: 1040 - S Nicholls 491:		
26	N Wales Fire Serv	Total :-	1211
	: 1159 - R Millen 37: 1156 - G Patterson 144: 1158 - N Sephton 1030:		
27	Village RR	Total :-	1254
	: 529 - A McShane 270: 1144 - P Moore 453: 684 - S Husain 531:		
28	Warrington RR	Total :-	1301
	: 1093 - N Cliffe 150: 692 - J Rimmer 397: 660 - M Molloy 754:		
29	Liverpool RC	Total :-	1490
	: 1309 - A Chadwick 117: 1113 - J Chambers 393: 694 - M James 980:		
30	Sandbach Strdrs	Total :-	1953
	: 1081 - J Bulley 274: 1023 - H Coppenhall 757: 352 - D McLaughlin 922:		
31	RRC	Total :-	2024
	: 367 - C Anstey 368: 777 - R Lockwood 603: 626 - R Pickles 1053:		
32	Marconi Harriers	Total :-	2337
	: 1275 - P Hannigan 433: 288 - R Stiffin 813: 812 - S Taylor 1091:		

Female Team

1	Wrexham AC	Total :-	187
	: 805 - E Parry 57: 1180 - L Wright 62: 196 - H Davies 68:		
2	Stockport Harriers	Total :-	273
	: 190 - J Murray 33: 106 - K Wood 66: 838 - M Stepto 174:		
3	Macclesfield Harr	Total :-	346
	: 796 - C Greasley 78: 591 - A Hartropp 88: 608 - S Caille 180:		
4	Vale Royal AC	Total :-	417
	: 1027 - O Renshaw 30: 1391 - H Whitby 133: 475 - C Robson 254:		
5	Wilmslow RC	Total :-	484
	: 641 - S Gilliver 115: 723 - J Clarke 173: 1321 - K Ayres 196:		
6	Wirral AC	Total :-	578
	: 630 - C McIlroy 54: 814 - C Hawkes 229: 756 - J Webb 295:		
7	Spectrum Striders	Total :-	710
	: 37 - M Martin 109: 417 - N Salihi 175: 213 - L Owen 426:		
8	Tattenhall Runners	Total :-	815
	: 1050 - H Lester 261: 1126 - S Atkinson 264: 429 - A Smith 290:		
9	Stainland Lions RR	Total :-	961
	: 443 - L Underwood 79: 130 - D Waite 386: 936 - E Elliott 496:		
10	Chester Tri	Total :-	962
	: 465 - L Worrall 308: 679 - D Macloskey 324: 477 - J Frost 330:		
11	Penny Lane Strdrs	Total :-	1213
	: 1005 - S Cain 234: 724 - N Lee 389: 100 - C Carson 590:		
12	Helsby RC	Total :-	1300
	: 334 - C Shaw 385: 382 - H Grice 445: 463 - V Griffiths 470:		
13	Northern Vets AC	Total :-	1540
	: 866 - J Jackson 119: 714 - A Fortune 606: 174 - E Williams 815:		
14	David Lloyd RC	Total :-	1704
	: 768 - S Jones 307: 533 - J Carrington 660: 339 - J Fellows 737:		
15	St Helens Sutton	Total :-	2004
	: 892 - J Holmes 554: 894 - L Bluett 672: 379 - P Picton 778:		
16	Deestridders	Total :-	2029
	: 277 - R Price 440: 1262 - S Henshaw 635: 181 - J Evans 954:		
17	Liverpool RC	Total :-	2678
	: 924 - P Stephens 654: 634 - C Newbury 940: 693 - J Marsden 1084:		
18	Winston Runners	Total :-	2791
	: 1376 - J Sowter 792: 1375 - S Barratt 858: 1090 - A Bradford 1141:		