

# RNLI Run Up To Christmas 10K

28<sup>th</sup> November 2004

## Results

1	57	Neill Cookson	M40	0:35:19	71	307	Sean Dowse	M35	0:47:50
2	391	Andrew Kellaway	M37	0:37:39	72	65	David Curtis	M50	0:47:51
3	502	Graham Moxham	M51	0:37:45	73	485	Sara Weld	F41	0:48:00
4	309	Charles Harris	M33	0:40:09	74	459	Dan Vivian	M40	0:48:13
5	146	Carl Lewis	M15	0:40:31	75	150	Tim Lucas	M28	0:48:14
6	261	Patrick Hellyer	M31	0:40:35	76	151	Stuart Lynch	M30	0:48:14
7	214	Christina Squire	F25	0:40:37	77	501	Bryn Matthews	M48	0:48:15
8	243	Keith Warren	M51	0:41:06	78	336	Owen Petty	M28	0:48:35
9	286	Andy Mercer	M31	0:41:23	79	227	Edward Thompson	M40	0:48:38
10	352	Bruce Elkins	M46	0:41:27	80	44	Richard Castle	M37	0:48:39
11	275	Ian Buckingham	M46	0:41:35	81	121	Gareth Hodgson	M25	0:48:42
12	178	Hugh Parsons	M35	0:41:51	82	388	Clare Ellison	F38	0:48:44
13	375	Hugh Risebrow	M42	0:41:56	83	435	Dean Dennett	M36	0:48:47
14	80	Jake Esman	M33	0:41:58	84	434	Rik Groves	M37	0:48:47
15	386	Paul Wilkinson	M33	0:42:01	85	99	Howard Grosse	M55	0:48:50
16	441	Johnathan Deas	M29	0:42:01	86	425	Dave Atkins	M48	0:48:53
17	117	Doug Hinge	M46	0:42:03	87	328	Paul Ryder	M43	0:48:54
18	416	Simon Ridd	M42	0:42:13	88	31	Melvyn Brooks	M41	0:48:54
19	15	Tony Bancroft	M40	0:42:16	89	140	Andrew King	M43	0:48:56
20	513	Paul Shatwell	M48	0:42:24	90	499	Andy Harris	M40	0:48:58
21	417	Alison Ridd	F41	0:42:32	91	208	Debbie Skinner	F37	0:48:59
22	29	Mark Bramley	M25	0:42:41	92	76	Stephen Duff	M25	0:49:04
23	247	Jeremy Webb	M34	0:42:50	93	135	Julia Johnson-Ferguson	F39	0:49:06
24	486	Roger Watson-Hall	M46	0:43:06	94	368	Jacqui Minton	F46	0:49:07
25	443	Adam Kyte	M32	0:43:08	95	481	Simon Coleman	M34	0:49:09
26	33	Adam Brushett	M27	0:43:11	96	89	Nick Garland	M28	0:49:11
27	464	Matt Robbins	M26	0:43:20	97	119	Tristram Hobson	M36	0:49:14
28	349	Scott Condron	M28	0:43:21	98	512	Ken Meaden	M42	0:49:16
29	455	David Keeping	M41	0:43:27	99	361	Tim Hoskinson	M31	0:49:19
30	83	Nicholas Fenwick	M37	0:43:54	100	310	Chris Perkins	M36	0:49:20
31	487	Dan Clark	M28	0:43:56	101	440	Mark Ewens	M40	0:49:22
32	389	Colin Eversden	M47	0:43:57	102	125	Ian Honeywood	M45	0:49:28
33	70	Stewart Day	M35	0:44:13	103	529	Paul Swaffield	M21	0:49:28
34	508	Neil Chaplin	M39	0:44:24	104	410	David Bond	M22	0:49:37
35	134	Spencer Johns	M28	0:44:29	105	149	Michael Longmore	M40	0:49:42
36	345	Andy Aicken	M32	0:44:40	106	22	Mark Berford	M32	0:49:45
37	192	David Rowlands	M50	0:44:48	107	414	Tom MacMorran	M49	0:49:53
38	51	Doug Clark	M27	0:45:07	108	194	Michael Ruddy	M34	0:49:55
39	240	Jeremy Waite	M33	0:45:08	109	201	Michael Scott	M35	0:50:01
40	162	Wayne McCrea	M38	0:45:18	110	385	Laura Wilkinson	F38	0:50:01
41	161	Hazel McCrea	F35	0:45:18	111	372	Peter Ness	M70	0:50:08
42	63	Robert Cripps	M51	0:45:19	112	115	Emma Hill	F34	0:50:08
43	147	Nicola Lewis	F41	0:45:19	113	479	Richard Scriven	M58	0:50:12
44	474	Timothy John	M33	0:45:53	114	17	Marie Barnett	F37	0:50:15
45	225	Les Taylor	M40	0:45:59	115	77	Christopher Edmonds	M44	0:50:16
46	412	Aidan Siggers	M28	0:46:02	116	373	Neal O'Brien	M39	0:50:18
47	175	Michael Ord	M34	0:46:05	117	251	Sarah Wheeler	F37	0:50:18
48	239	Tony Wafer	M29	0:46:08	118	126	Suzanne Hoskins	F31	0:50:20
49	61	Holly Crane	M26	0:46:10	119	249	David Webster	M41	0:50:23
50	260	Bryan Wrixon	M39	0:46:12	120	400	Dave Betts	M37	0:50:34
51	366	Kevin McGrory	M39	0:46:14	121	127	Christie Hoskinson	F24	0:50:37
52	272	Clive Farquhar	M28	0:46:18	122	405	Lucy Heath	F32	0:50:38
53	5	Jonathan Andrews	M36	0:46:19	123	483	Christopher Keevil	M43	0:50:44
54	41	Colin Cain	M32	0:46:21	124	442	Sophie Tomlinson	F30	0:50:45
55	458	Wayne Scrivens	M30	0:46:28	125	520	Jackie Jenkins	F62	0:50:45
56	488	Mark Hughes	M34	0:46:32	126	521	David Jenkins	M60	0:50:48
57	184	Paul Quinton	M42	0:46:50	127	159	Harry Masters	M60	0:50:50
58	472	Richard Moss	M34	0:46:51	128	315	Nicola Holden	F29	0:50:53
59	358	Nicholas Hodge	M36	0:46:58	129	444	Matt Johnson	M25	0:50:57
60	50	Steve Chorley	M44	0:47:03	130	213	Roger Sprules	M52	0:51:02
61	253	Mary White	F28	0:47:07	131	81	Lynnette Etheridge	F26	0:51:03
62	516	Jennifer Lee	F28	0:47:13	132	259	Adam Wooler	M38	0:51:04
63	177	Robert Parkinson	M39	0:47:21	133	363	Amanda Jones	F41	0:51:07
64	263	Ben Clarke	M31	0:47:29	134	398	Debbie Wheeler	F39	0:51:12
65	296	Phillip Delaney	M30	0:47:32	135	224	Amanda Tatham	F33	0:51:13
66	96	Julian Gollogly	M46	0:47:34	136	452	James Gallagher	M56	0:51:14
67	190	Paul Roberts	M28	0:47:36	137	153	David Mansfield	M44	0:51:17
68	209	David Smallman	M35	0:47:40	138	204	Wesley Sedman	M26	0:51:22
69	139	Alastair Kerr	M33	0:47:42	139	54	Sam Cole	M21	0:51:23
70	354	Jonathon Ford	M29	0:47:44	140	181	Andrew Pollard	M33	0:51:27

141	196	Robert Sanders	M39	0:51:38	217	6	Julie Andrews	F41	0:55:50
142	157	Shirley Martin	F37	0:51:40	218	206	Stephen Short	M42	0:55:52
143	528	Nicholas George	M40	0:51:46	219	450	Trish England	F44	0:56:04
144	133	Trevor Jacobs	M51	0:51:49	220	288	Suzanne Pickford	F32	0:56:05
145	120	Chris Hocking	M60	0:51:50	221	289	Richard Traynor	M55	0:56:05
146	35	James Bryant	M30	0:51:55	222	18	Stuart Bartlett	M36	0:56:06
147	393	Louisa O'Bryan	F30	0:52:00	223	64	Tim Cruse-Drew	M41	0:56:07
148	69	Steve Davies	M49	0:52:03	224	462	Mark Elling	M46	0:56:08
149	378	Richard Teeow	M44	0:52:04	225	142	Ann Krauesoe	F61	0:56:10
150	495	James Bawa	M39	0:52:16	226	411	Andie Whybrow	F29	0:56:12
151	489	David Broom	M27	0:52:19	227	197	Dave Sargeant	M30	0:56:15
152	419	Steven Garner	M41	0:52:25	228	262	Giles Hammond	M41	0:56:24
153	158	Julie Maskell	F31	0:52:27	229	510	Mark Perry	M41	0:56:26
154	377	Andrew Storm	M25	0:52:33	230	356	Celia Hewett	F43	0:56:33
155	338	Dave Broadbent	M29	0:52:34	231	8	Phil Angell	M61	0:56:34
156	169	Heather Nethercott	F39	0:52:38	232	66	Fiona Daniels	F30	0:56:35
157	26	Karen Bowler	F30	0:52:38	233	527	Sallyann Franks	F36	0:56:36
158	348	Pete Coker	M43	0:52:46	234	321	Mitchell Rodda	M37	0:56:39
159	494	Kevin Stillwell	M38	0:52:47	235	189	John Roberts	M29	0:56:42
160	264	Chris Hooton	M44	0:52:48	236	205	Katherine Shayler	F38	0:56:46
161	397	David Taylor	M33	0:52:54	237	210	Jacqueline Smith	F46	0:56:50
162	241	Iain Wallbridge	M32	0:53:01	238	75	Sarah Duff	M28	0:56:54
163	106	Lisa Harding	F34	0:53:02	239	7	Michael Andrews	M40	0:56:55
164	2	Katie Allen	F29	0:53:05	240	409	Gillian Turland	F48	0:56:56
165	496	Karen Bawa	F37	0:53:05	241	469	Nick Moore	M40	0:57:12
166	456	Lisa Sheridan-Wilson	F36	0:53:09	242	471	Trevor Smith	M39	0:57:18
167	306	Nigel Willson	M40	0:53:11	243	331	Simon Harris	M37	0:57:24
168	11	Stephen Austen	M33	0:53:12	244	143	Stella Layzell	F40	0:57:31
169	505	Sean Kelly	M47	0:53:20	245	396	Vanessa Rich	F29	0:57:32
170	339	Ian Guppy	M31	0:53:26	246	218	Robert Stephenson	M42	0:57:34
171	379	Andrew Thomas	M49	0:53:28	247	144	Mimi Le	F24	0:57:36
172	207	Andy Simpson	M40	0:53:29	248	91	Kim Gibbs	F47	0:57:40
173	313	Charly Fulton	F31	0:53:30	249	519	Wendy Casey	F35	0:57:41
174	171	Judy Nightingale	F32	0:53:31	250	43	Pauline Cameron	F46	0:57:56
175	406	Zoe Lang	F31	0:53:31	251	453	Jane Churchill	F41	0:57:56
176	215	James St Quinton	M30	0:53:33	252	53	Emma Coker	F22	0:58:00
177	297	Bryan Clayton	M40	0:53:35	253	285	Jane Mogford	F40	0:58:00
178	376	Nick Staddon	M48	0:53:45	254	404	Karen French	F37	0:58:03
179	454	Kate Moffatt	F24	0:53:45	255	59	Debbie Copsey-Blake	F41	0:58:05
180	362	Joanne Isherwood	F25	0:53:45	256	21	Vivienne Bedford	F49	0:58:07
181	482	Jane Hough	F38	0:53:47	257	341	Jenny Crowe	F36	0:58:14
182	506	Daniel Kelly	M17	0:53:48	258	340	Andrew Crowe	M37	0:58:16
183	152	Sarah Madgwick	F33	0:53:58	259	233	Stephen Turner	M38	0:58:17
184	299	Nadia Swann	F34	0:54:00	260	248	Sue Webb	F37	0:58:19
185	168	Norman Murray	M49	0:54:01	261	13	Judith Baker	F37	0:58:27
186	245	Andy Watson	M27	0:54:02	262	457	Mary Wilkins	F38	0:58:28
187	82	Sarah Feltham	F31	0:54:04	263	183	Katherine Price	F35	0:58:29
188	418	Alistair Jury	M38	0:54:05	264	333	Sue Searle	F42	0:58:31
189	223	Andrew Tate	M40	0:54:13	265	475	Louise Dutch	F28	0:58:36
190	58	Trish Coombs	F60	0:54:19	266	509	Christopher Morgan	M49	0:58:37
191	111	Susan Harrogate	F42	0:54:20	267	371	Emma Neale	F26	0:58:37
192	523	Catherine Richards	F39	0:54:20	268	335	Gillian Maskell	F34	0:58:37
193	267	Ann Bodkin	F40	0:54:21	269	337	Sean Dunster	M40	0:58:38
194	355	Julie Fortescue	F40	0:54:22	270	467	Christine Saxton	F0	0:58:41
195	85	Alison Fortescue	F35	0:54:25	271	525	Ian Davey	M41	0:58:42
196	179	Ruth Peel	F55	0:54:28	272	317	Karen Bryant	F45	0:58:43
197	480	Tim Southorn	M54	0:54:31	273	445	Sara Mabelis	F0	0:58:46
198	188	Jim Richards	M55	0:54:35	274	164	Jolyon Mitchell	M50	0:58:47
199	3	Sophie Allin	F22	0:54:48	275	407	Chris Larkin	M47	0:58:54
200	145	Vicki Lee	F22	0:54:49	276	940	Paul Smith	M44	0:58:54
201	430	Helen Antell	F47	0:54:51	277	55	Ruth Collingbourne	F41	0:58:55
202	40	Dan Butt	M30	0:54:57	278	185	George Rawlinson	M46	0:59:01
203	79	Heather Engley	F28	0:55:02	279	497	Mark Jones	M33	0:59:04
204	287	Helen Mortimer	F24	0:55:14	280	200	Lynne Scott	F53	0:59:08
205	235	Belinda Van Der Horst	F37	0:55:15	281	222	Emily Sweetland	F26	0:59:10
206	462	Mark Elling	M46	0:55:18	282	102	Helen Haigh	F0	0:59:13
207	257	James Willis	M30	0:55:25	283	517	Elaine Hanington	F50	0:59:17
208	12	Suzanne Avey	F34	0:55:27	284	78	Charmaine Egremont	F40	0:59:19
209	399	Yvonne Ball	F36	0:55:29	285	503	Bob Jeans	M56	0:59:21
210	518	Alison Turner	F33	0:55:31	286	258	Elizabeth Wilson	F51	0:59:23
211	351	Tanya Edwards	F26	0:55:33	287	470	Alexandra Minty	F29	0:59:33
212	431	Heather Chaffey	F46	0:55:34	288	232	Collette Tuddenham	F42	0:59:40
213	290	Catherine Corcoran	F35	0:55:43	289	124	Janet Holliday	F51	0:59:45
214	95	Peter Goh	M25	0:55:45	290	92	Diane Glibbery	F41	0:59:45
215	423	Andrea Kirwan-Taylor	F41	0:55:48	291	466	Elaine Hoile	F44	0:59:50
216	268	Claire Scammell	F30	0:55:49	292	217	Anthony Steoens	M63	0:59:51

293	72	Janet Dickinson	F37	0:59:51	369	108	Frances Harris	F37	1:04:49
294	334	Sarah Jopling	F40	0:59:55	370	20	Rachel Beale	F32	1:04:52
295	113	Brenda Harvey	F38	0:59:56	371	449	Nicola Short	F29	1:04:53
296	236	Simon Veale	M40	0:59:58	372	514	Kim Caplin	F33	1:05:32
297	98	Christine Grosse	F53	1:00:05	373	182	Polly Pratt	F32	1:05:35
298	46	Stella Chamberlain	F54	1:00:06	374	9	Christine Arnold	F51	1:05:38
299	360	Madeleine Horne	F43	1:00:08	375	364	Rona Kelly	F43	1:05:39
300	34	Suzanna Brushett	F26	1:00:12	376	27	Christine Bown	F49	1:05:56
301	87	Susan Gallagher	F37	1:00:12	377	342	Sonya Pigott	F0	1:06:13
302	130	Philip Houlston	M32	1:00:13	378	312	Kate Clarke	F41	1:06:25
303	129	Katherine Houlston	F32	1:00:14	379	311	Linda Nicholson	F39	1:06:26
304	320	Melindie Theron	F26	1:00:18	380	173	Alison O'Neil	F38	1:06:28
305	319	Loftus Theron	M29	1:00:19	381	174	Stephen O'Neil	M41	1:06:29
306	424	Adam Kirwan-Taylor	M37	1:00:23	382	322	Nicki Taylor	F43	1:07:03
307	515	Carol Wrobel	F43	1:00:24	383	395	Philip Pavelin	M36	1:07:06
308	234	Donna Upson	F35	1:00:27	384	131	Kathryn Huggins	F32	1:07:12
309	47	Katherine Charlton	F44	1:00:40	385	141	Tracey King	F32	1:07:13
310	511	Graham Bartlett	M54	1:00:53	386	148	Andrew Limb	M27	1:07:13
311	384	Lesley White	F42	1:01:01	387	28	Diane Bramley	F25	1:07:14
312	167	Alison Murley	F27	1:01:06	388		No Race Number		1:07:23
313		No Race Number		1:01:12	389	156	Grace Martin	F45	1:08:02
314	292	Denise Wight	F42	1:01:13	390	526	Bridget Smallwood	F49	1:08:03
315	1	Angie Alexander	F44	1:01:14	391	160	Nicola Maybery	F36	1:08:31
316	446	Laura Davison	F26	1:01:15	392	329	Larissa Chase	F35	1:08:59
317	97	Carol Grant	F45	1:01:17	393	413	Victoria Hopkins	F35	1:09:09
318	30	Susan Brown	F45	1:01:18	394	402	Melanie Delahaye	F34	1:09:16
319	350	Malcolm Cranney	M44	1:01:24	395	269	Bridget Nichols	F44	1:09:17
320	428	Peter Adams	M65	1:01:25	396	437	Mike Wilson	M43	1:09:28
321	439	Annette Tritschler	F37	1:01:33	397	438	Ed Tritschler	M38	1:09:29
322	250	Claire Westlake	F38	1:01:37	398	203	Debbie Scriven	F41	1:09:41
323	74	Laura Dowd	F28	1:01:40	399	104	Amelia Hampton	F30	1:09:46
324	24	Sally Blackmore	F41	1:01:45	400	90	Saskia Gatrell	F33	1:09:46
325	230	Rachel Trickett	F35	1:01:46	401	370	Sarah Murray	F46	1:09:49
326	252	Helen White	F33	1:01:46	402	274	Nikki Kent	F36	1:09:54
327	132	Trish Hutchinson	F39	1:01:46	403	73	Mark Douglas	M50	1:10:04
328	10	Melanie Attridge	F25	1:01:47	404	394	Geraldine Pavelin	F37	1:10:12
329	71	Thomas De Lange	M27	1:01:48	405	163	Trisha Mills	F47	1:10:17
330	314	Jayson Ward	M37	1:01:49	406	93	Sarah Godwin	F43	1:10:20
331	216	Nicky Stean	F38	1:01:50	407		No Race Number		1:10:23
332	103	Rita Hampson	F46	1:01:52	408	180	Debbie Phillips	F36	1:10:30
333	524	David Sealey	M35	1:02:02	409	392	Maria Lovering	F39	1:10:30
334	498	Jay Davies	F26	1:02:06	410	346	Sarah Brown	F40	1:10:32
335	23	Carolyn Best	F40	1:02:14	411	107	Christopher Harris	M59	1:10:33
336	118	Helen Hitchings	F34	1:02:15	412	504	Michaela Nash	F33	1:11:23
337	478	Janet Davey	F70	1:02:17	413	500	Dee Jones	F32	1:11:24
338	128	Mollee Hoskinson	F59	1:02:20	414	357	Rebecca Hindley	F41	1:11:26
339	463	Verity Thompson	F30	1:02:25	415	19	Simon Bayes	F37	1:11:34
340	461	Gemma Gillingham	F28	1:02:25	416	242	Anna Wardley	F29	1:11:56
341	429	Emma Colsell	F39	1:02:39	417	45	Gill Caunt	F41	1:12:06
342	295	Sarah Delaney	F28	1:02:44	418	42	Gillian Callus	F51	1:12:14
343	228	Philippa Thompson	F33	1:02:48	419	170	Laura Ng	F35	1:12:36
344	94	Alice Goff	F27	1:02:48	420	136	Alison Jones	F42	1:12:36
345	318	Melanie Lorraine	F33	1:02:54	421	273	Jeni Furse	F40	1:12:41
346	165	Jane Morris	F53	1:02:58	422	280	Roland Page	M33	1:13:30
347	530	No Entry Details		1:02:59	423	279	Christie Brown	F26	1:13:30
348	231	Elizabeth Tritschler	F37	1:03:00	424	37	Karen Burgess	F38	1:13:58
349	447	Alice Davey	F0	1:03:02	425	38	Philip Burgess	M38	1:13:58
350	4	Kirsty Alner	F29	1:03:03	426	278	Sue Phillips	F36	1:14:22
351	473	Lara Elliot	F36	1:03:11	427	507	Deborah Osborn	F47	1:18:05
352	436	Hilary Pallister	F63	1:03:14	428	374	Gail Pussard	F55	1:18:06
353	229	Harriet Titcomb	F41	1:03:18	429	403	Denise Fisher	F44	1:24:28
354	123	Sarah Holland	F31	1:03:20	430	332	Mandy Shaw	F35	1:32:02
355	256	Lesley Williams	F43	1:03:20					
356	186	Louise Rees	F23	1:03:32					
357	110	William Harrison	M50	1:03:32					
358	109	Nina Harrison	F22	1:03:32					
359	84	Sarah Forset	F41	1:03:34					
360	191	John Robinson	M39	1:03:35					
361	138	Tara Jones	F34	1:03:35					
362	39	Sarah Burgess	F39	1:04:01					
363	238	Michael Vlasto	M56	1:04:02					
364	100	Rhian Grounds	F24	1:04:11					
365		No Race Number		1:04:29					
366		No Race Number		1:04:30					
367	105	Teresa Hancock	F35	1:04:46					
368	212	Ruth Sparkes	F36	1:04:48					