

# Norwich Union Healthcare Rose Bowl '5'

27 June 2004

## Results

1	132	John Beattie	M18	0:24:27	77	146	John Quinn	M40	0:36:25
2	194	Matthew King	M25	0:24:37	78	51	Michael Misselbrook	M48	0:36:39
3	12	Matthew West	M23	0:25:25	79	137	Tim Cheeseborough	M46	0:36:41
4	143	Peter Costley	M39	0:26:03	80	27	Stu Lavalette	M37	0:36:49
5	142	Ian Richardson	M51	0:26:51	81	202	Stuart Laird	M51	0:36:57
6	193	David Sullivan	M39	0:27:05	82	92	Kris Huckin	M26	0:36:57
7	130	Martyn West	M51	0:27:15	83	168	Shane Linsell	M42	0:37:01
8	43	Duncan Forer	M39	0:27:25	84	163	Christopher Hall	M46	0:37:07
9	120	Robert Tanner	M34	0:27:35	85	197	Carly Frost	F28	0:37:07
10	57	Derek Bennett	M53	0:27:41	86	154	David Slowgrove	M44	0:37:27
11	84	Kevan Marris	M40	0:27:44	87	79	Daniel Jefferies	M33	0:37:42
12	7	Andrew Smart	M23	0:28:03	88	186	Ken Laughlin	M53	0:37:42
13	18	Justin Innes	M32	0:28:18	89	157	Jon Pierce	M45	0:37:53
14	198	James Joyce	M47	0:28:22	90	8	Colin Mudd	M32	0:37:56
15	188	Bruce Elkins	M46	0:28:22	91	4	Ashley Hunter	M15	0:38:08
16	66	Michael Brady	M57	0:28:31	92	178	Peter Wiggins	M48	0:38:10
17	122	David Hawkins	M38	0:28:43	93	152	Joanne Robertson	F34	0:38:12
18	103	Martin Goff	M40	0:29:01	94	153	Iain Robertson	M38	0:38:13
19	115	Karl Hepburn	M36	0:29:08	95	11	Mark Hills	M33	0:38:34
20	99	Colin Jones	M50	0:29:48	96	39	Dean Chivers	M35	0:38:34
21	23	Tony Phillips	M39	0:30:01	97	162	Glenn Baker	M48	0:38:49
22	141	Flavia Roberts	F42	0:30:22	98	60	Sam Smart	M50	0:38:55
23	21	Steve Barney	M40	0:30:41	99	3	Mark Walker	M15	0:39:01
24	150	Sabrina Diggins	F49	0:30:44	100	61	Julian Walker	M47	0:39:01
25	81	Del Granger	M0	0:30:45	101	49	Antony Gough	M45	0:39:11
26	151	Steve McNair	M43	0:30:47	102	187	Clive Johnson	M48	0:39:16
27	1	Scott Ledger	M15	0:30:48	103	96	Sarah Dorey	F37	0:39:28
28	126	Douglas Whitby	M39	0:30:51	104	89	Andrew Stacey	M38	0:39:29
29	111	Clive Farquhar	M28	0:31:10	105	37	David Franklin	M38	0:39:30
30	94	Joseph Foot	M26	0:31:36	106	131	Ian Howlett	M45	0:39:30
31	177	Michael Stares	M57	0:31:41	107	38	Mark Ingram	M39	0:39:31
32	205	Tim Venham	M30	0:31:51	108	110	Emma Willson	F32	0:39:32
33	191	John Bagnall	M37	0:31:57	109	201	Shayla Goldring	F23	0:39:33
34	46	Steve Warn	M49	0:32:02	110	54	Angie Harper	F48	0:39:51
35	83	Anna Walklate	F26	0:32:03	111	189	Rachel Thornewill	F47	0:40:32
36	196	Alan Roberts	M15	0:32:03	112	167	Dean Attard	M36	0:40:41
37	82	Rachael Walklate	F27	0:32:04	113	112	Nicole Poore	F21	0:40:49
38	176	Claire Morgan-Lee	F28	0:32:11	114	53	Rose Lewis	F49	0:40:54
39	180	Sydney Delara	M48	0:32:22	115	108	Andrew Goode	M42	0:40:58
40	19	Tony Ryan	M40	0:32:30	116	62	Alan Basford	M50	0:40:59
41	135	Michael Ward	M34	0:32:52	117	147	Mark Bettinson	M36	0:41:00
42	138	Kevin Foley	M36	0:32:52	118	34	Michelle Ribbans	F40	0:41:02
43	56	David Arnott	M49	0:32:59	119	119	Catherine Tanner	F33	0:41:03
44	101	Colin Taylor	M47	0:33:03	120	48	Louise Nubbs	F47	0:41:10
45	78	Alan Noblet	M55	0:33:05	121	41	Richard Eastham	M39	0:41:16
46	31	Frank Baker	M46	0:33:05	122	199	Yvonne Richardson	F42	0:41:30
47	134	Kevin Smith	M33	0:33:10	123	114	Caroline Watts	F25	0:41:34
48	107	Nicholas Bowler	M28	0:33:19	124	190	Iain Gauby	M53	0:41:36
49	140	Damon Roberts	M52	0:33:30	125	149	Michael Jenkins	M44	0:41:43
50	164	Keith Sheppard	M47	0:33:34	126	123	Ann Blackburn	F58	0:41:59
51	155	David Eford	M49	0:33:44	127	166	Michael Wakefield	M39	0:42:03
52	14	Melanie Jewett	F32	0:33:45	128	88	Mark Venham	M32	0:42:06
53	80	Lynne Newton	F57	0:33:47	129	98	Russell Light	M49	0:42:11
54	144	Steve Robbins	M48	0:33:56	130	2	Ruth Baker	F17	0:42:25
55	169	Mark Hutchinson	M37	0:34:10	131	29	Claire Bates	F34	0:42:27
56	184	Kalli Sheppard	F29	0:34:11	132	65	Janet Davey	F70	0:42:29
57	102	Ryan Taylor	M15	0:34:11	133	106	Tom Craver	M60	0:42:32
58	93	Andy Davis	M38	0:34:12	134	170	Steve Zammit	M41	0:42:41
59	185	Keiley Dunlop-Brown	F33	0:34:16	135	63	Neil Washford	M54	0:42:51
60	127	Malcolm Hagan	M43	0:34:41	136	121	Michelle Quinton	F40	0:42:57
61	113	Graham Watts	M46	0:35:12	137	10	Steve Lucas	M33	0:42:59
62	125	William Allcock	M68	0:35:16	138	181	Kerry Gladwell	F24	0:43:13
63	67	Peter Clarke	M59	0:35:20	139	148	Elizabeth Tilt	F40	0:43:16
64	50	Graham Jones	M49	0:35:24	140	136	Jenny Baverstock-Poppy	F40	0:43:17
65	195	Hugo Hardman	M37	0:35:26	141	124	Andrew Blackburn	M59	0:43:23
66	139	Timothy Barker	M31	0:35:27	142	33	Simon Martin	M43	0:43:45
67	90	Gavin Whatley	M23	0:35:29	143	105	Rob Marsh	M39	0:44:27
68	52	Mark Parkin	M49	0:35:32	144	86	Tina Moore	F37	0:44:27
69	95	David Peters	M62	0:35:42	145	87	Mark Redwood	M35	0:44:28
70	30	Trevor Gay	M37	0:35:44	146	156	Mathew Masters	M29	0:44:29
71	24	David Maltas Wyatt	M36	0:36:01	147	85	Ian Sumpner	M60	0:44:33
72	192	Mike Crowley	M37	0:36:02	148	5	Lynnette Baker	F20	0:44:33
73	77	John Baun	M45	0:36:04	149	76	Maxine Smeaton	F41	0:45:37
74	17	Simon Broadbridge	M32	0:36:08	150	145	Emma Dowse	F15	0:46:45
75	118	Marc Bevan	M24	0:36:11	151	26	Zena Parkin	F41	0:46:50
76	109	Clive Jenkins	M50	0:36:15	152	45	Barry Carter	M40	0:47:02

153	159	Jenny Fine	F45	0:47:21
154	158	Richard Alders	M47	0:47:21
155	182	Emma Manger	F52	0:47:49
156	200	Trevor Gay	M45	0:47:49
157	15	Lucy Broadbridge	F31	0:48:06
158	16	Alison Hall	F26	0:48:08
159	173	Tamsin Palmer	F25	0:48:14
160	179	Lorraine Brennan	F32	0:50:08
161	35	Lucy Molland	F43	0:50:23
162	129	Rita Bowler	F49	0:50:50
163	40	Liz Eastham	F40	0:50:57
164	74	Sarah Delmege	F32	0:51:30
165	165	Anne Thackray	F35	0:51:31
166	117	Dianne Watkins	F49	0:51:34
167	59	Joyce Bond	F49	0:52:32
168	42	Jane Foster	F44	0:53:27
169	133	Fiona Beattie	F47	0:54:21
170	175	Rachel Royan	F37	0:54:34
171	22	Mark Potton	M35	0:57:34
172	174	Joanne Kelly	F35	0:59:38
173	203	Sally Dellar	F15	1:00:12
174	204	Miranda Prague	F15	1:00:12
175	91	William Williams	M79	1:01:17
176	160	Ross Baker	M0	1:02:30
177	183	Sonia Smith	F33	1:02:31
178	58	Amanda Cox	F45	1:03:51
179	36	Karen Franklin	F38	1:04:12
180	161	Hurburt Baker	M76	1:04:25
181	64	Terence Ackland	M61	1:04:43
182	68	Robin Horn	M70	1:14:44
183	44	Karen Gingell	F35	1:15:16
184	71	Beverley Mills	F46	1:18:05
185	72	Lindsey Allen	F45	1:18:05
186	70	Joanne Emmett	F32	1:18:05
187	73	Sarah Waywell	F31	1:18:06

Female 15-20

1 2 Ruth Baker F17 0:42:25

Female 21-25

1 201 Shayla Goldring F23 0:39:33

Female 26-35

1 83 Anna Walklate F26 0:32:03

Female 36-45

1 141 Flavia Roberts F42 0:30:22

Female 46-55

1 150 Sabrina Diggins F49 0:30:44

Female 56+

1 80 Lynne Newton F57 0:33:47

**Prize Summary**

Male Open

1	132	John Beattie	M18	0:24:27
2	194	Matthew King	M25	0:24:37
3	12	Matthew West	M23	0:25:25

Female Open

1	141	Flavia Roberts	F42	0:30:22
2	150	Sabrina Diggins	F49	0:30:44
3	83	Anna Walklate	F26	0:32:03

**Category Results**

Male 15-20

1 132 John Beattie M18 0:24:27

Male 21-25

1 194 Matthew King M25 0:24:37

Male 26-35

1 120 Robert Tanner M34 0:27:35

Male 36-45

1 143 Peter Costley M39 0:26:03

Male 46-55

1 142 Ian Richardson M51 0:26:51

Male 56+

1 66 Michael Brady M57 0:28:31