

## Sussex 20 Mile Championships 2004

28<sup>th</sup> March 2004ResultsMale

1	879	Dave Carter	M29	Phoenix AC	1:56:22	S	80	946	Bernard Bertram	M49	Fittleworth Flyers	2:50:13	S
2	649	Gary Woolgar	M43	Brighton & Hove AC	1:58:17	S	81	702	Christopher Brace	M25		2:50:31	S
3	685	Geoff Gray	M35	Seaford Striders	2:01:48	S	82	484	Ray Smith	M48	Haywards Heath Har	2:50:50	S
4	959	David Leach	M45	Lewes AC	2:02:04	S	83	496	David King	M39		2:52:21	S
5	806	Guy Johnstone	M43	Hailsham Harriers	2:04:29	S	84	740	George Stapleton	M66	Redhill Royal Mail	2:52:29	S
6	473	Viesturs Dude	M41	Crawley AC	2:04:38	S	85	835	Robin Harris	M40	Redhill Royal Mail	2:53:17	S
7	708	Philip Morris	M30	Horsham Joggers	2:06:02	S	86	766	Hugh Stevenage	M38	Burgess Hill Run	2:53:26	S
8	465	Mats Gedin	M40	Arena 80 AC	2:07:43	S	87	960	Peter Hosking	M38		2:53:52	S
9	489	Timothy Cattermole	M43	Worthing Harriers	2:10:03	S	88	628	Steve Hanna	M28	Brighton HHH	2:54:20	S
10	917	Stephen Fryer	M32	Tuff Fitty Tri	2:11:44	S	89	809	Glen Parsons	M49	Henfield Joggers	2:54:31	S
11	965	Ian Gunston	M37	Horsham Joggers	2:12:05	S	90	502	Dustin Acton	M28		2:54:56	S
12	689	Chris Piper	M38	Seaford Striders	2:12:12	S	91	657	Jim Vogt	M73	Chichester Runners	2:55:12	S
13	992	John Dyckes	M50	Horsham Joggers	2:12:13	S	92	607	Steven Lenton	M37	Brighton & Hove AC	2:56:40	S
14	833	Paul Mann	M42		2:12:22	S	93	500	Neil Hall	M54	Serpentine Runners	2:57:37	S
15	486	Anthony Cross	M56	Seaford Striders	2:12:25	S	94	928	Chip Skagerlind	M53		2:57:38	S
16	508	Nick Hall	M48	Hastings AC	2:12:31	S	95	584	Chris Beaken	M40	Horsham Joggers	2:57:56	S
17	659	Stephen Trussell	M24		2:13:01	S	96	575	Micky Green	M42		2:58:32	S
18	634	Mike Townley	M41		2:13:21	S	97	939	Andy Maslen	M41	Horsham Joggers	2:58:41	S
19	611	Adrian Cornford	M45	Utopia Runners	2:13:39	S	98	553	Rick Scott	M36		2:59:13	S
20	878	Kevin Taylor	M30	Hailsham Harriers	2:13:47	S	99	845	Kenneth Cansdale	M26		2:59:22	S
21	718	Ian Jones	M38	Burgess Hill Run	2:16:23	S	100	487	Ron Gadd	M71	Bromley Vets AC	2:59:26	S
22	968	Stuart Prentice	M28	Haywards Heath Har	2:16:28	S	101	552	Martin Bilton	M38		3:00:00	S
23	919	Doug Chant	M44	Hailsham Harriers	2:17:06	S	102	851	Nigel Wrapson	M36	British Airways AC	3:00:24	S
24	978	Douglas Cooper	M36	Burgess Hill Run	2:19:10	S	103	765	Andrew Broadway	M64	Hastings Runners	3:00:29	S
25	993	Peter Hargrave	M47	Haywards Heath Har	2:19:30	S	104	807	John Birkens	M43	Horsham Joggers	3:01:32	S
26	664	Stephen Tucker	M21	Hailsham Harriers	2:19:37	S	105	864	Trevor Neal	M44	Fittleworth Flyers	3:01:34	S
27	909	Colin Simpson	M50	Phoenix AC	2:20:02	S	106	813	Roger Hobbs	M47		3:01:45	S
28	540	Steve Alden	M42	Mid Sussex Tri	2:21:11	S	107	615	Ken Hales	M66	Goring RR	3:02:49	S
29	464	Nigel Edney	M41	Horsham Joggers	2:21:19	S	108	597	Gavin Dutton	M26		3:04:21	S
30	781	Geoff Depper	M49	Hailsham Harriers	2:22:23	S	109	836	Stephen Potter	M40	Redhill Royal Mail	3:07:39	S
31	677	Steve McNealy	M37	Fittleworth Flyers	2:23:01	S	110	559	Ricky Ross	M41	Lewes AC	3:08:07	S
32	595	Graham Lyall	M48	Haywards Heath Har	2:23:38	S	111	922	Martin Barrow	M42		3:08:58	S
33	802	John Taylor	M63	Hailsham Harriers	2:24:03	S	112	644	Andrew Watson	M41		3:09:01	S
34	777	Paul Salisbury	M31	Reigate Priory AC	2:24:40	S	113	614	Colin Johnson	M68	Haywards Heath Har	3:09:24	S
35	609	Simon Bale	M37		2:25:47	S	114	924	David Hall	M40		3:14:26	S
36	958	Michael Rix	M33		2:26:10	S	115	858	Colin Easey	M43	Worthing Harriers	3:14:58	S
37	648	Martin Pedlow	M45	Brighton HHH	2:27:04	S	116	945	Richard Waterton	M48		3:16:32	S
38	714	Kostas Fotiadis	M34		2:27:27	S	117	467	George Ross	M44		3:19:19	S
39	805	John McSkimming	M46	Horsham Joggers	2:28:13	S	118	447	Gordon Wallis	M72	Worthing Harriers	3:24:40	S
40	539	Mark Halls	M40	Brighton & Hove AC	2:28:24	S	119	538	Andrew Fletcher	M31		3:25:38	S
41	808	Trevor Goddard	M37	Horsham Joggers	2:28:45	S	120	926	Jeremy Price	M48	Heathfield RR	3:27:52	S
42	934	Robert Garrard	M61	Crowborough Runner	2:30:27	S	121	542	Stephen Kennard	M48		3:28:35	S
43	524	Gary Harman	M39	Burgess Hill Run	2:31:07	S	122	498	Kevin Bradfield	M45		3:31:20	S
44	668	Michael Mergler	M43	Phoenix AC	2:31:31	S	123	604	Roger Brown	M42	Henfield Joggers	3:33:08	S
45	545	Paul Barnett	M39		2:31:33	S	124	480	David Hare	M59	Goring RR	3:41:50	S
46	674	Gary Burchett	M39	Mel's Milers	2:31:59	S	125	529	Michael Brooke	M56		3:46:55	S
47	979	Ralph Bernascone	M54	Henfield Joggers	2:32:00	S	126	956	William Young	M67	Seaford Striders	4:27:59	S
48	910	Allen Grant	M38	Eastbourne Rovers	2:32:49	S							
49	541	Matthew Lawrie	M20	Edinburgh Univ	2:33:03	S							
50	920	Tony Whitman	M51	Henfield Joggers	2:34:48	S							
51	908	Michael Clark	M47	Tone Zone Runners	2:35:18	S							
52	499	Nigel Parkes	M47	Heathfield RR	2:35:45	S							
53	470	Gavin Baylis	M45		2:35:52	S							
54	448	Paul Franklin	M27	Worthing Harriers	2:35:55	S							
55	952	A Kemp	M57	Wadhurst Runners	2:36:00	S							
56	710	John Gill	M60	Haywards Heath Har	2:36:21	S							
57	660	Julian Crowley	M38		2:37:00	S							
58	673	Simon Long	M20		2:38:01	S							
59	905	Nigel Terrington	M26		2:39:46	S							
60	982	John Trory	M56		2:39:59	S							
61	892	Keith Delderfield	M46	Burgess Hill Run	2:40:28	S							
62	791	Steve Sharples	M51	Utopia Runners	2:40:43	S							
63	820	Paul Amoo	M40	Southwick Stroller	2:41:19	S							
64	565	John Pugh	M38	Portsmouth Joggers	2:42:24	S							
65	821	Pietier Wallis	M45	Phoenix AC	2:43:17	S							
66	530	Alan Newton	M53	Haywards Heath Har	2:43:40	S							
67	606	Norman Harris	M57	Hailsham Harriers	2:43:58	S							
68	916	Mark Armitage	M34	Haywards Heath Har	2:44:14	S							
69	799	Ian Bristow	M41		2:46:52	S							
70	895	Andrew Long	M39		2:46:59	S							
71	778	David Holman	M31	Reigate Priory AC	2:46:59	S							
72	478	Justin Acklaw	M28		2:47:52	S							
73	819	John Coppin	M35		2:48:04	S							
74	612	Matthew Cowdrey	M30	Crawley AC	2:48:22	S							
75	841	James Hampton	M24		2:48:48	S							
76	700	Chris Hampton	M28		2:48:48	S							
77	973	Simon Hodges	M37	Brighton & Hove AC	2:49:12	S							
78	976	John Crosbie	M57	Worthing Harriers	2:49:22	S							
79	972	David Boxall	M70	Seaford Striders	2:50:06	S							

**Female**

1	2	Sally Musson	F51	Tonbridge AC	2:12:06	S
2	86	Gillian Stevenson	F37	Crowborough Runner	2:16:19	S
3	38	Sara Bishopp	F33	Burgess Hill Run	2:19:38	S
4	119	Judith Carder	F47	Brighton & Hove AC	2:20:56	S
5	217	Julie Drake	F34	Arena 80 AC	2:23:01	S
6	7	Maresa Pitt	F31	Haywards Heath Har	2:24:15	S
7	241	Helen Newcomb	F37	Haywards Heath Har	2:28:07	S
8	166	Lesley Rainger	F31	Worthing Harriers	2:31:32	S
9	94	Emma Richards	F26	Lewes AC	2:33:26	S
10	201	Rebecca Woodman	F24		2:33:57	S
11	110	Rophina Yeld - See 24th	F39	Chichester Runners	2:35:18	S
12	89	Llidia Campbell	F47	Henfield Joggers	2:38:55	S
13	67	Sally Lovell	F42	Hastings Runners	2:39:16	S
14	183	Stephanie Miller	F45	Hastings Runners	2:39:17	S
15	4	Fern Ketley	F43	Seaford Striders	2:40:49	S
16	178	Sandra Wescott	F40	Haywards Heath Har	2:41:08	S
17	225	Sarah Stratford	F23		2:41:15	S
18	70	Debbie Friis	F30	Phoenix AC	2:42:06	S
19	87	Jackie Parsons	F39	Henfield Joggers	2:42:09	S
20	229	Kim Shayne	F34	Tone Zone Runners	2:42:38	S
21	116	Jackie Wells	F46	Utopia Runners	2:42:39	S
22	234	Fiona Bussell	F24	Burgess Hill Run	2:45:17	S
23	220	Janet Scotchford	F37		2:45:27	S
24	110	Rophina Yeld - See 11th	F39	Chichester Runners	2:45:51	S
25	26	Charlotte Long	F23	Seaford Striders	2:47:44	S
26	182	Sara Wallace	F31	Farnham Runners	2:49:49	S
27	90	Marion Hemsworth	F53	Haywards Heath Har	2:50:22	S
28	208	Nicky Telling	F35	Haywards Heath Har	2:51:08	S
29	237	Ruth Tomsett	F42		2:52:12	S
30	212	Debbie Saint	F31	Burgess Hill Run	2:53:17	S
31	81	Ana Neumann	F39	Chichester Runners	2:53:21	S
32	139	Rebecca Ashdown	F28		2:54:42	S
33	3	Carole Dyke	F60	TWH	2:55:36	S
34	113	Sarah Marzaioli	F55	Hastings Runners	2:55:51	S
35	134	Claire Brooks	F27	Brighton & Hove AC	2:56:17	S
36	156	Jane Naylor-Maury	F38	S London Harriers	2:57:45	S
37	197	Charlotte Self	F35	Farnham Runners	2:59:41	S
38	24	Kay Willis	F42	Henfield Joggers	3:03:55	S
39	15	Maureen Rea	F57	Haywards Heath Har	3:04:32	S
40	60	Anne Wilkinson	F40	Worthing Harriers	3:10:22	S
41	240	Sarah Dopson	F21		3:10:41	S
42	146	Natalie Dawson	F32	Seaford Striders	3:11:22	S
43	53	Sharon Hessey	F27		3:14:26	S
44	191	Kerry Dutton	F25		3:15:28	S
45	18	Debbie Slade	F41	Henfield Joggers	3:17:12	S
46	84	Sandra Brady	F66		3:20:16	S
47	75	Julia Gregurec	F50	Horsham Joggers	3:22:13	S
48	186	Debbie Evers	F44	Phoenix AC	3:24:48	S
49	91	Jane Martin	F39		3:25:25	S
50	49	Jean Marks	F46	Henfield Joggers	3:26:01	S
51	235	Sarah Paddock	F28		3:26:12	S
52	51	Julie Price	F38	Heathfield RR	3:27:52	S
53	35	Jemima Noyce	F34	Chichester Runners	3:30:42	S
54	5	Penny Lewis	F45		3:30:51	S
55	224	Patsy Mills	F38	Crystal Palace FR	3:42:17	S
56	193	Margaret Brice	F41		3:46:04	S
57	199	Sharon Owen	F34		4:04:14	S
58	1	Maureen Crowhurst	F44	Seaford Striders	4:14:50	S
59	177	Shirley Watkins	F42	Brighton & Hove RS	4:17:10	S
60	33	Claire Skagerlind	F49		4:19:46	S