

# Adidas Woburn Abbey 10Km

8<sup>th</sup> February 2004

## Results

1	2	Paul Freary	M0	0:32:36	80	594	Ben Scott-Knight	M34	0:43:40		
2	1	Richard Burney	M27	Liverpool Harriers	0:32:45	81	551	David Stanley	M51	Amphill&Flitwick	0:43:42
3	308	Tim Cook	M26	Bedford & County	0:33:42	82	643	Paul Tew	M40	Leighton Fun Run	0:43:44
4	438	Craig Henderson	M33		0:35:27	83	857	Joe Austin	M44	Tri Force	0:43:47
5	993	Richard O'Connor	M29		0:35:53	84	843	Darren Ward	M36		0:43:49
6	852	Charles Pedlar	M25		0:35:57	85	476	Ryan Matthews	M28		0:43:52
7	579	Ben Bennett	M34		0:36:00	86	572	Stephen Landell	M37		0:43:55
8	631	David Bettinson	M30	Cambridge Tri	0:36:15	87	441	Stephen White	M38		0:43:56
9	466	Stephen Earley	M36		0:36:21	88	94	Michael Grehan	M38	Dunstable RR	0:43:59
10	935	Neil Pollock	M31		0:37:23	89	902	Chris Beazeley	M37		0:44:00
11	690	Fabian Downs	M17	Chiltern Harriers	0:37:48	90	865	Peter Cox	M54		0:44:02
12	853	Gregory Whyte	M36		0:37:49	91	477	Paul Abbott	M44		0:44:04
13	978	Richard Large	M40	Milton Keynes AC	0:38:02	92	503	Nick Roberts	M30		0:44:15
14	371	Ben Corlett	M23		0:38:23	93	825	Lawrence Richardson	M34	Milton Keynes AC	0:44:19
15	75	David Vogwell	M24		0:38:28	94	98	Keith Wilson	M41	Kinross RR	0:44:21
16	870	Rick Ansell	M43	Tring RC	0:38:34	95	995	Thomas Atkin	M19		0:44:23
17	844	Paul Dancy	M25		0:38:56	96	155	Richard Whiteman	M56	Bedford Harriers	0:44:27
18	728	Roger Martin	M44	Tring RC	0:39:01	97	861	Chris Redding	M33		0:44:29
19	437	Antoinette Minniti	F31		0:39:16	98	571	Anick Valapinee	F46	Milton Keynes AC	0:44:31
20	610	Gavin Hall	M37	St Albans Strdrs	0:39:21	99	462	Alistair Norman	M34		0:44:32
21	596	Paul Maguire	M38	Dunstable RR	0:39:21	100	675	Ricky Mardlin	M20		0:44:35
22	862	Bob Johnson	M45	Milton Keynes AC	0:39:26	101	899	Gillian Jubb	F29	St Albans Strdrs	0:44:37
23	432	Liam Duffy	M51	Hart RR	0:39:29	102	409	Steve White	M27		0:44:40
24	77	Greg Roach	M37		0:39:30	103	888	Tony Bradford	M40		0:44:41
25	618	Keith Cook	M58	Milton Keynes AC	0:39:52	104	439	Dave Morgan	M46		0:44:43
26	772	Richard Harry	M28	St Albans Strdrs	0:39:56	105	875	Richard York	M33		0:44:45
27	962	Mark Homes	M27	Harrow College	0:40:08	106	712	Owen Lewis	M28		0:44:49
28	987	Tony Green	M31		0:40:15	107	262	Alastair McLeod	M28	Barnet & Dist AC	0:44:50
29	97	Nicholas Lowman	M33		0:40:27	108	158	Ian Ruddock	M24		0:44:51
30	678	Roger Seed	M33		0:40:29	109	547	Mark Reynolds	M32		0:44:51
31	829	John Russell	M41		0:40:44	110	771	William Day	M54		0:44:55
32	626	Colin Smith	M33		0:40:47	111	61	Jamie Cuffe	M23		0:44:58
33	417	Tim Philpott	M30	Riverside Runners	0:40:51	112	583	Tracey Schofield	F28	Dunstable RR	0:45:02
34	178	Richard Bonfield	M35		0:40:57	113	790	Alan Thomas	M25		0:45:03
35	320	Paul Charles	M45	Miskin Manor RC	0:40:58	114	616	Richard Greenwood	M46		0:45:06
36	570	Robin Bewsy	M34		0:41:05	115	896	Marc Thurgood	M41		0:45:07
37	665	Jonathan Brook	M30		0:41:07	116	16	Salvatore Scarvaci	M40		0:45:08
38	253	Richard Tredennick	M24		0:41:08	117	374	Paul Raspin	M36		0:45:11
39	693	Nick Smith	M31		0:41:10	118	156	Declan Costello	M30		0:45:12
40	92	Katie Wilson	F32		0:41:14	119	157	Simon Palmer	M31		0:45:12
41	521	Adrian Penwill	M25	RAF Henlow	0:41:16	120	269	Alan Hall	M35		0:45:13
42	193	Sandra Holmes	F40	Riverside Runners	0:41:20	121	113	Paul Munn	M36		0:45:14
43	920	Richard Schmidt	M40		0:41:21	122	505	Derek Peverill	M58	Vale of Aylesbury	0:45:15
44	836	Andrew Smith	M39		0:41:26	123	475	Ian Smart	M41		0:45:16
45	244	John Harper	M24		0:41:29	124	354	Chris Williams	M37	Bedford Harriers	0:45:17
46	599	Yiannis Fitsakis	M31	Headington RR	0:41:33	125	307	John Robinson	M53		0:45:17
47	366	James Ruault	M34		0:41:35	126	961	Izaak Beytell	M28	Fitness First	0:45:19
48	979	Patrick Stimpson	M33		0:41:41	127	670	Stuart McLeod	M38	Royal Air Force	0:45:21
49	825	Lawrence Richardson	M34	Milton Keynes AC	0:41:44	128	202	Andrew Pritchard	M46		0:45:22
50	470	Anthony Rose	M43	Ware Joggers	0:41:46	129	773	Polly Maclehose	F24		0:45:27
51	851	Gary Hawksley	M31		0:41:52	130	877	Jenny Wills	F25		0:45:29
52	456	James Andrew	M26		0:41:57	131	275	Benjamin Webb	M24		0:45:39
53	318	Susheel Chumber	M25	Headington RR	0:42:04	132	293	Steve Baker	M35	Leighton Fun Run	0:45:40
54	81	Richard Sena	M40		0:42:09	133	726	Simon Patenall	M35	Fairlands Valley	0:45:41
55	392	Chris Johnes	M23		0:42:12	134	990	Andrew Tong	M34		0:45:47
56	891	Charles Ward	M45		0:42:19	135	722	Ruth Belbin	F35		0:45:48
57	43	Jerry Pullinger	M45		0:42:20	136	182	Dan Harmer	M29		0:45:50
58	561	William Quinn	M53	Dunstable RR	0:42:25	137	858	Tim Emler	M39	N Herts RR	0:45:52
59	174	Martin Farndale	M32		0:42:34	138	296	Stuart Harries	M30	Stopsley Striders	0:45:56
60	65	Stephen England	M23		0:42:34	139	692	Martin Lawrence	M45	RealRunner.com	0:45:58
61	758	Andy Jordan	M40	St Albans Strdrs	0:42:37	140	510	Peter Norman	M43		0:46:01
62	522	Stephen Fox	M41		0:42:39	141	673	Paul Brooke	M56	Collingwood AC	0:46:01
63	621	Elizabeth McKie	F34	St Albans Strdrs	0:42:41	142	25	Chris Matthews	M27		0:46:04
64	95	Matthew Samme	M30		0:42:45	143	26	John Whitehead	M24		0:46:04
65	695	Arthur Martin	M25		0:42:50	144	921	Paul Watkins	M42		0:46:04
66	405	Lucy Nicoll	F24		0:42:53	145	396	Laurence Hayes	M27		0:46:16
67	304	Damien Pitts	M20	Biggleswade AC	0:42:53	146	44	Simon Dring	M31		0:46:16
68	597	Joanna Childs	F28	Dunstable RR	0:42:55	147	459	David Roberts	M27		0:46:17
69	681	Terry Rigby	M39	St Edmunds Pacers	0:43:02	148	614	Cynthia Avis	F25		0:46:17
70	893	Alison Cooper	F28	Rugby & N'ampton	0:43:05	149	282	Chris Spearing	M26		0:46:19
71	704	John Stevenson-Hoare	M40		0:43:07	150	411	Roger Barton	M49		0:46:20
72	86	Peter Mackenzie	M41		0:43:08	151	662	Alexander During	M33		0:46:22
73	222	Mark Buglass	M36		0:43:13	152	70	Sean Trimble	M36		0:46:23
74	680	Phil Norris	M37	St Edmunds Pacers	0:43:18	153	635	Paul Rutter	M28		0:46:24
75	948	Kevin Glendinning	M38	Dunstable RR	0:43:21	154	390	Sarah Woodford Jones	F34		0:46:33
76	565	Henry Downes	M44	Bedford Harriers	0:43:22	155	833	Philip Clarke	M52		0:46:34
77	548	Justin Wiggett	M32		0:43:33	156	549	Peter Breslin	M35	Stopsley Striders	0:46:36
78	666	Stanislav Kazikin	M33		0:43:37	157	518	Michelle Hollands	F29		0:46:39
79	404	Steve Nicoll	M31		0:43:38	158	517	Mark Hollands	M33		0:46:39

159	860	Richard Coleman	M35		0:46:40	243	443	Chris Stewart	M30		0:49:00
160	436	Tracy Brown	F28		0:46:43	244	826	Gary Inglis	M33		0:49:01
161	951	Darrin Percy	M38	Dunstable RR	0:46:47	245	166	Paula Little	F27		0:49:01
162	715	Jim Debanham	M25		0:46:48	246	603	Paul West	M40		0:49:03
163	54	Ian Whyte	M30		0:46:52	247	161	Helen Redwood	F23	N Herts RR	0:49:04
164	227	Paul Pegler	M50	Treasury RC	0:46:55	248	27	Jas Dhanda	M31		0:49:05
165	806	Tim Child	M35		0:46:55	249	584	Andrew Brodie	M40		0:49:06
166	309	Ed Harris	M31		0:46:55	250	159	Rob Westcott	M44		0:49:08
167	286	Charlotte Dutch	F31	Milton Keynes AC	0:46:56	251	809	Kevin Feane	M21		0:49:10
168	889	Russell Parsons	M29		0:46:56	252	59	Stephen Bagnall	M36		0:49:11
169	523	Robert Woodall	M54	Stopsley Striders	0:46:58	253	32	Steve Dormer	M50		0:49:11
170	398	Paul Davies	M29		0:47:00	254	138	Penelope Christophorou	F32		0:49:12
171	936	David Steensma	M33		0:47:02	255	484	Andy Hood	M37	Milton Keynes HHH	0:49:13
172	913	Adrian Silvey	M39		0:47:09	256	485	Marcus Amy	M33	Milton Keynes HHH	0:49:13
173	509	Christine Norman	F39		0:47:09	257	377	Gillian Hornsby	F28	Shenley Striders	0:49:13
174	468	James Luscombe	M23		0:47:10	258	878	John Blenkinsopp	M53		0:49:14
175	311	Andrew Pryke	M42		0:47:12	259	600	Eirini Flouris	F31	Headington RR	0:49:14
176	225	Diane Gill	F38	Milton Keynes AC	0:47:13	260	828	Andrew Wilkinson	M43		0:49:18
177	536	Peter Morris	M49	Silson Joggers	0:47:14	261	24	Martin Doig	M39		0:49:20
178	901	Lucy Harding-Roberts	F31		0:47:16	262	297	Hilary Needleman	F45		0:49:25
179	82	Paul Birdsall	M30		0:47:18	263	173	Symon Vegro	M43		0:49:25
180	576	Paul Stoten	M47	Tring RC	0:47:23	264	604	David Patience-Slade	M35		0:49:26
181	904	Andrew Davis	M30		0:47:24	265	806	Tim Child	M35		0:49:28
182	527	Clive Faine	M57	Milton Keynes AC	0:47:32	266	18	Andrew Thornton	M29		0:49:29
183	243	Michael Schleidt	M31		0:47:34	267	798	David Jaques	M39		0:49:31
184	72	Neil Meiners	M44		0:47:36	268	557	Steve Bowes	M41		0:49:33
185	982	Stephen Mullens	M41		0:47:38	269	446	Denise Nee	F40		0:49:35
186	399	Paulo Vidal	M33		0:47:38	270	654	Chris Pike	M34		0:49:38
187	473	James Varley	M28	Cambs & Coleridge	0:47:39	271	403	Steve Marfleet	M31		0:49:38
188	879	Jonathan Morley	M22		0:47:40	272	529	Timothy Laver	M29	Tri Sport Epping	0:49:40
189	256	Nick Richmond	M28		0:47:42	273	21	Adrian Cragg	M50		0:49:43
190	992	Luke Beeson	M23		0:47:42	274	560	Mark Jackson	M42		0:49:46
191	903	Chris Brown	M24		0:47:45	275	835	Jon Clough	M36		0:49:51
192	60	Martin Jones	M37		0:47:46	276	765	Andrew Hastings	M39		0:49:53
193	914	Linda Ball	F29	Epsom Allsorts	0:47:47	277	689	Ursula Downs	F47		0:49:56
194	595	Benjamin Rees	M24		0:47:49	278	799	Nicki Jaques	F40		0:49:56
195	746	David Mawer	M61	Luton AC	0:47:51	279	664	Clare Webber	F27		0:49:58
196	195	Dimos Georgiades	M35		0:47:51	280	898	Gary Short	M34	Milton Keynes AC	0:49:59
197	711	Valerie Williamson	F44	Ampthill&Flitwick	0:47:52	281	126	Claire Powell	F27		0:50:00
198	259	Edward Muboro	M39		0:47:53	282	822	Kate Hipwood	F30		0:50:01
199	41	Clive Broadbent	M40		0:47:53	283	856	Silvia Fragoeiro	F28		0:50:01
200	264	Johnny Spinks	M37		0:47:54	284	619	John Bennett	M34		0:50:01
201	71	Jez Thomas	M35	Milton Keynes Tri	0:47:55	285	200	Jake Worth	M32		0:50:02
202	812	Peter Kidwell	M42	Fitness First	0:47:57	286	697	Paul O'Dwyer	M33		0:50:03
203	811	James Burke	M58	Fitness First	0:47:58	287	622	Mike Leonard	M40		0:50:03
204	620	Andy Dyrzinski	M39		0:48:01	288	416	Lucy Buckley	F27		0:50:13
205	154	Simon Atewell	M23		0:48:02	289	836	Andrew Smith	M39		0:50:13
206	395	James Wilson	M26	W'bledon W'milers	0:48:07	290	192	Paul Pearce	M34		0:50:15
207	908	Anthony Haymes	M42	Biggleswade AC	0:48:09	291	211	Jagjivan Matharu	M36		0:50:16
208	326	Zoe Dawson	F29	Biggleswade AC	0:48:10	292	415	Matt Hale	M35		0:50:17
209	125	Craig Bacon	M33		0:48:12	293	242	Andy Johnson	M35		0:50:18
210	258	Damon Smith	M29		0:48:12	294	942	Mark Riding	M39		0:50:20
211	190	Vivien Kilgour	F41	Bedford Harriers	0:48:13	295		No Entry Data			0:50:20
212	999	Lisa Clack	F20	Milton Keynes AC	0:48:14	296	601	Helen Buxton	F34		0:50:23
213	430	Stephen Chadwick	M28		0:48:16	297	117	Danny O'Halloran	M29		0:50:24
214	915	Chris Harris	M22		0:48:18	298	524	Anthony Tidder	M42		0:50:27
215	955	Dolores Wallis	F42	Bedford Harriers	0:48:20	299	114	Carole Lydon	F49	Ampthill&Flitwick	0:50:35
216	448	Stuart Monks	M28		0:48:22	300	37	Paul Watson	M39		0:50:36
217	586	Grahame White	M56	Stopsley Striders	0:48:25	301	911	Robyn Donachie	F36	Shenley Striders	0:50:36
218	101	David Gallagher	M31	Bedford Harriers	0:48:25	302	539	David Fowler	M16	Silson Joggers	0:50:39
219	688	Paul Brooks	M40	RRC	0:48:27	303	163	Neil Rigby	M35		0:50:40
220	912	Phil Roberts	M49		0:48:27	304	90	David Swallow	M30		0:50:42
221	556	Dean Orchard	M30		0:48:28	305	887	Ruth Bradford	F38		0:50:44
222	885	Collette Convery	F39		0:48:29	306	87	Gemma Baker	F25		0:50:45
223	973	Stephen Sercombe	M44		0:48:31	307	346	Donna Smith	F22		0:50:45
224	544	Stephen Green	M34	Fairlands Valley	0:48:32	308	946	Ian Hodgeson	M33		0:50:46
225	146	Ian McIntosh	M36		0:48:32	309	947	Jonathan Brown	M37		0:50:46
226	506	Richard Hollingsworth	M41	Ampthill&Flitwick	0:48:33	310	846	Louise Cox	F41		0:50:47
227	749	Andy Houlihan	M33		0:48:35	311	682	Richard Davies	M38		0:50:49
228	537	Derek Bain	M49	Silson Joggers	0:48:35	312	382	Aileen Lodge	F49	Shenley Striders	0:50:49
229	967	David Townsley	M40		0:48:37	313	849	Michelle Lee	F26		0:50:50
230	306	Jason Jones	M32	St Albans Strdrs	0:48:40	314	793	Gail Jupp	F45		0:50:51
231	954	Nuno Faria	M28		0:48:44	315	455	Neil Holmes	M38	Riverside Runners	0:50:56
232	498	Vicky Jones	F27	Rugby & N'ampton	0:48:46	316	514	Alan Hammond	M33		0:50:58
233	130	Stephen Ruddell	M39		0:48:46	317	787	Richard Lawrence	M22		0:50:59
234	639	John Ballantyne	M31		0:48:50	318	612	Georgina Prentis	F31		0:51:00
235	940	Terry Richardson	M36		0:48:52	319	744	Rachel Smith	F33		0:51:01
236	180	Jason Lee	M34	Milton Keynes AC	0:48:54	320	433	Stef Sarwa	M38		0:51:01
237	803	Ben Haines	M0		0:48:55	321	454	Suzan Loughran	F35		0:51:02
238	268	Joanna Sheppard	F30		0:48:55	322	850	Isabelle Carletti	F30		0:51:02
239	458	Rick Powdrell	M39		0:48:59	323	143	Katie Andersen	F24		0:51:03
240	741	Andy Jay	M39		0:48:59	324	283	Ben Kerr	M26		0:51:04
241	391	Tom Corby	M62	Stevenage & N Hert	0:48:59	325	814	Steve Williams	M45		0:51:06
242	236	Dennis Hone	M48	Bedford Harriers	0:48:59	326	755	David Campbell	M38		0:51:06

327	667	Richard South	M38	0:51:07	411	425	Katie Russell	F26	0:53:00	
328	57	Amanda Heslegrave	F34	0:51:07	412	582	Chris Webster	M46	0:53:01	
329	299	Lucas Cridland	M32	0:51:09	413	302	Murie Ronald	F40	0:53:02	
330	706	Steve Valentine	M41	0:51:09	414	950	Helen Campbell	F26	0:53:04	
331	525	Andrew Ladd	M41	0:51:09	415	139	Jane Appleton	F37	Victoria Park Harr	0:53:05
332	338	David McGurk	M42	0:51:10	416	768	Melanie Taylor	F42	0:53:06	
333	816	Alex Gillespie	M28	0:51:12	417	185	Clare Riddiford	F34	Serpentine RC	0:53:07
334	723	Emma Hosburn	F26	0:51:12	418	300	John McKenna	M29	0:53:07	
335	821	Paul Batson	M43	0:51:14	419	301	Peter Tebbutt	M30	0:53:08	
336	578	Peter McCulloch	M41	0:51:15	420	550	Abigail MacDonald	F28	0:53:09	
337	733	Martin Clarke	M55	0:51:17	421	794	Sarah Hancock	F30	Wootton RR	0:53:09
338	753	Allan Toule	M47	0:51:18	422	873	Andrew Cottrell	M41	Rugby & N'ampton	0:53:09
339	890	Karen Parsons	F29	0:51:21	423	639	John Ballantyne	M31	0:53:11	
340	397	Fiona Hunt	F32	0:51:22	424	573	Philipp Abbitt	M51	Stopsley Striders	0:53:11
341	986	Olivia Brown	F28	0:51:23	425	30	Pieter Britz	M24	0:53:12	
342	736	Darren Miller	M34	0:51:25	426	380	Sarah Wheeler	F38	0:53:16	
343	369	Michele Vile	F42	0:51:25	427	280	James Richmond	M35	0:53:18	
344	368	Brian Crouch	M53	0:51:26	428	656	Stuart Bissett	M41	0:53:21	
345	252	Simon Arnold	M32	0:51:26	429	705	Sarah Valentine	F36	0:53:21	
346	900	Andrew Zanelli-King	M40	0:51:29	430	408	Nichola Lawton	F24	Bedford Harriers	0:53:23
347	910	Peter Williams	M47	Fitness First	431	421	Alison Metcalfe	F35	0:53:23	
348	989	Sarah Fuller	F25	Rugby & N'ampton	432	528	James Hayes	M57	0:53:24	
349	817	Christopher Nickson	M28	0:51:33	433	129	Duncan Edwards	M39	0:53:25	
350	774	Alison Brockway	F33	N Herts RR	434	881	Matthew Hill	M28	0:53:25	
351	451	Lisa Thackeray	F39	N Herts RR	435	393	Mike Ellis	M42	0:53:26	
352	756	Geraint Jones	M27	0:51:36	436	1000	Justine Ivall	F34	0:53:28	
353	545	Michael Carter	M33	0:51:36	437	145	Jenny Stewart	F25	0:53:28	
354	344	Ian Fallmann	M47	0:51:39	438	223	Ricky Allan	M35	0:53:31	
355	922	David Bamford	M46	0:51:42	439	343	Howard Glastonbury	M35	0:53:35	
356	906	David Scott	M27	Leighton Fun Run	440	254	Simon Wrenn	M27	0:53:36	
357	883	Matthew Clarice	M25	0:51:46	441	751	David Gray	M35	0:53:36	
358	991	Alison Tong	F29	0:51:48	442	310	Andy Hill	M39	0:53:36	
359	196	Matt Litchfield	M34	0:51:49	443	804	Malcolm McEwen	M29	Bedford Harriers	0:53:37
360	379	Alan Brown	M42	0:51:53	444	855	Mark Armstrong	M24	Silson Joggers	0:53:37
361	608	Mike Barrett	M39	0:51:55	445	496	Richard Webber	M48	0:53:43	
362	418	Ken Brotherston	M40	0:51:55	446	866	Richard Scriven	M50	0:53:44	
363	49	Richard Montgomery	M42	0:51:55	447	720	Terence Fulton	M46	Stopsley Striders	0:53:45
364	707	Eleanor Burton	F22	0:51:56	448	925	Kara Roland	F30	0:53:49	
365	717	Geoff Aldridge	M29	RRC	449	48	Elaine Munday	F36	Bedford Harriers	0:53:53
366	686	Brian Matthews	M55	Hayes & Harlington	450	218	Marie Stokes	F26	0:53:55	
367	810	Yvonne Jones	F41	Fairlands Valley	451	867	David Smart	M44	0:54:00	
368	937	Mike Fitsell	M40	0:52:02	452	725	Peter Lee	M53	0:54:01	
369	660	Kevin Cadman	M47	Bedford Harriers	453	864	Alison Sugars	F31	Stopsley Striders	0:54:03
370	842	Dawn Sturges	F34	0:52:05	454	949	Ian Hull	M40	0:54:04	
371	872	David Sturges	M36	0:52:06	455	402	Andy Platt	M36	0:54:06	
372	854	Dana Whatmore	F42	0:52:06	456	630	Chris Sedgwick	M33	0:54:08	
373	981	Julis McNelis	F32	0:52:07	457	698	Barry Aldridge	M60	RRC	0:54:09
374	426	Stuart Carter	M25	0:52:07	458	533	Rachel Burrage	F27	0:54:09	
375	427	John Knight	M33	0:52:08	459	445	Angela Kerr	F48	Leighton Fun Run	0:54:12
376	1803	Edward Drew	M71	0:52:09	460	863	Claire Pearson	F23	0:54:12	
377	85	Rachel Mackenzie	F41	0:52:10	461	198	Damien O'Kane	M37	0:54:15	
378	167	Chris Bridges	M46	0:52:14	462	49	Richard Montgomery	M42	0:54:16	
379	312	Nicholas Vincent	M31	0:52:17	463	754	Justin Togher	M32	0:54:16	
380	357	Jessica Stalley	F28	0:52:18	464	763	Graham Wakely	M32	0:54:17	
381	997	Michael Devin	M41	0:52:23	465	127	Sarah Bromley	F29	0:54:17	
382	540	Sharon Jaquest-Lloyd	F34	0:52:25	466	530	Brian Taber	M64	Stopsley Striders	0:54:19
383	895	Dominique Wilson	F28	0:52:26	467	231	Dean Marshall	M28	0:54:19	
384	313	Lisa Walsh	F28	Bucks & Stowe RC	468	144	Amy Catlow	F23	0:54:20	
385	453	Stephen Fairfield	M30	0:52:26	469	142	George Catlow	M58	0:54:20	
386	385	Mark Wallis	M36	0:52:27	470	325	Stepana Lazarova	F33	0:54:24	
387	907	Karen Spellman	F36	Rugby & N'ampton	471	480	Kim Little	M42	0:54:26	
388	132	Alan Clarke	M40	0:52:29	472	486	Tom Jenson	M24	0:54:28	
389	636	Kevin Craddock	M46	0:52:30	473	201	Sarah Rowan	F33	0:54:28	
390	637	David Jepson	M45	0:52:30	474	876	Ian Dover	M28	0:54:29	
391	734	Richard Merrett	M25	0:52:34	475	980	Leonie McDaid	F47	Bucks & Stowe RC	0:54:30
392	35	Damian Carr	M34	0:52:36	476	729	Ian Balanza-Davis	M32	0:54:30	
393	886	Valentine Tomin	M46	0:52:36	477	333	Ruth Evans	F29	0:54:31	
394	165	Daryl Lucas	M38	0:52:37	478	40	Jeff Yeates	M39	0:54:32	
395	564	Paul Dudley	M41	0:52:39	479	73	Richard Wilkinson	M36	0:54:33	
396	567	David Hopkins	M28	0:52:40	480	270	Louise Prince	F28	0:54:35	
397	188	Rob Jarrett-Smith	M26	0:52:40	481	321	Gary Spanswick	M34	0:54:35	
398	801	Chris Towell	M25	0:52:40	482	588	Sophie MacMillan	F16	0:54:36	
399		No Entry Data		0:52:42	483	805	Tim Nicholson	M42	0:54:37	
400	945	Susan Higgs	F29	0:52:42	484	499	Michael Jones	M55	Rugby & N'ampton	0:54:38
401	944	Julie Dalzell	F37	Milton Keynes AC	485	216	Michael Alcock	M35	0:54:39	
402	760	Robert Kendall	M53	St Albans Strdrs	486	701	Darren Cousins	M32	0:54:41	
403	162	Rebecca Payne	F23	N Herts RR	487	179	Tracy Dodd	F41	Bearbrook Joggers	0:54:43
404	709	Ronny Flynn	F53	0:52:44	488	340	Richard Laws	M34	0:54:43	
405	539	David Fowler	M16	Silson Joggers	489	884	Bryan Convery	M57	0:54:44	
406	938	Ewan Bramhall	M24	0:52:46	490	818	Nathan Phillips	M26	0:54:45	
407	555	Claire Barker	F30	0:52:49	491	815	Martin Bent	M25	0:54:46	
408	512	Carla Fisher	F29	Bedford Harriers	492	786	Debbie Al Mehaideb	F23	0:54:48	
409	581	Emily Robinson	F27	0:52:56	493	642	Paul Heskin	M33	0:54:49	
410	378	Nick Hardy	M34	Shenley Striders	494	479	Angela Douglas	F28	St Albans Strdrs	0:54:50

495	519	Claire Manwaring	F33	RAF Henlow	0:54:52	579	337	Michael Cooper	M34	0:57:46
496	520	Tom Walker	M23	RAF Henlow	0:54:52	580	776	Janet Bream	F49	0:57:47
497	353	Susan Carlson	F28		0:54:55	581	267	Douglas White	M34	0:57:48
498	329	Vincci Lau	F21	Headington RR	0:54:56	582	68	Sarah Preston	F28	Norfolk Gazelles 0:57:48
499	471	Mark Benet	M41		0:54:57	583	927	Dave Ellis	M35	0:57:52
500	217	Andy Atherton	M40		0:54:57	584	450	Sarah O'Brien	F37	Histon Hobblers 0:57:54
501	497	Jessica Michael	F21		0:55:06	585	214	Stephen Johnson	M39	0:57:59
502	257	Lloyd Hutchinson	M36		0:55:08	586	284	Diane Lee	F35	0:57:59
503	47	Tim Somers	M40		0:55:09	587	932	Robert Taylor	M34	0:58:01
504	730	Nick Wiley	M38		0:55:11	588	585	Miranda Morgan	F48	Stopsley Striders 0:58:02
505	632	Denise Bettinson	F32	Cambridge Tri	0:55:15	589	988	Ian Mcinally	M43	0:58:05
506	926	Lynette Gilbey	F25	Leighton Fun Run	0:55:17	590	659	Guy Nesbitt	M34	RRC 0:58:06
507	795	Sarah Fabiny	F42		0:55:20	591	265	Michael Fallon	M24	0:58:06
508	347	Joan Curran	F33		0:55:22	592	645	Jason Bennett	M31	0:58:07
509	109	Roland Pompermaier	M56		0:55:22	593	457	Tricia Taylor	F34	0:58:08
510	740	Steve Pankhurst	M40		0:55:25	594	919	Bill Brazier	M49	0:58:12
511	575	Stephen Wright	M43		0:55:29	595	414	Jeremy Michaels	M28	0:58:14
512	1805	Martin Pettitt	M53		0:55:31	596	330	Nick Hajdu	M29	0:58:16
513	777	Nicholas Bream	M52		0:55:33	597	289	Katy Weitz	F28	0:58:19
514	45	Helen Wildman	F25		0:55:35	598	104	Mark Holland	M41	0:58:19
515	290	Daryl Cutts	F44		0:55:36	599	916	Emma Jaikaran	F34	0:58:20
516	134	Paul Baggaley	M41		0:55:41	600	917	Matthew Roberts	M31	0:58:23
517	831	Adrian Todd	M39		0:55:46	601	469	Lesley Rose	F40	Ware Joggers 0:58:27
518	941	George Yeo	M40		0:55:47	602	633	Rebecca Walsh	F33	0:58:30
519	593	Charles Montanaro	M48		0:55:50	603	634	Graeme Kennedy	M27	0:58:31
520	381	Simon French	M40		0:55:51	604	869	Tom Harvey	M30	0:58:31
521	435	Kathryn Burgess	F31		0:55:53	605	319	Claire Hyland	F27	0:58:36
522	76	Martin Preston	M34		0:55:57	606	120	Michael Foster	M38	0:58:39
523	562	Kerry Hallett	F25		0:55:58	607	191	Sally Taylor	F46	0:58:40
524	923	Paul Emerson	M31		0:55:59	608	260	Anthea Cozens	F29	Amphill&Flitwick 0:58:43
525	474	Robbie Craig	M41	Amphill&Flitwick	0:56:01	609	792	Martha Rudd	F30	0:58:45
526	802	Jaleh Nahvi	F0		0:56:03	610	152	Joanne Willock	F29	Bracknell Forest 0:58:46
527	934	Suet Lua	F42	Bedford Harriers	0:56:05	611	493	Kate Tame	F37	0:58:49
528	796	Dawn Gomes	F35		0:56:06	612	492	Nick Tame	M38	0:58:50
529	653	Carrier Beals	F23	Riverside Runners	0:56:07	613	608	Mike Barrett	M39	0:58:50
530	208	Emma Buitendag	F26		0:56:07	614	668	Isabelle Tahon	F26	0:58:50
531	207	David Buitendag	M27		0:56:08	615	212	Linda Morgan	F33	0:58:52
532	317	John Biddle	M60		0:56:10	616	96	James Caygill	M37	0:58:55
533	245	Tiffany Leek	F26	Leighton Buzzard	0:56:18	617	342	Sheena Thomas	F33	0:58:57
534	428	Andy Garlick	M29		0:56:20	618	34	Trevor Smith	M48	0:59:02
535	197	Emma Harrison	F40		0:56:21	619	291	Alison Goulding	F36	0:59:03
536	507	Karen Hollingsworth	F41	Amphill&Flitwick	0:56:21	620	1804	Kevin Colton	M52	0:59:05
537	89	Suzy Shanley	F26		0:56:23	621	447	Pam O'Connell	F47	Leighton Fun Run 0:59:13
538	88	David Coeshall	M32		0:56:23	622	79	Anthony Vaz	M26	0:59:18
539	204	Darren Kidd	M32		0:56:24	623	827	Catherine Hill	F32	Fitness First 0:59:19
540	53	Jenny Brunt	F23		0:56:26	624	623	Sue Leonard	F35	0:59:28
541	412	Paul Groenestein	M34		0:56:27	625	31	Charles Haupt	M23	0:59:30
542	737	Jason Hammond	M34	Milton Keynes HHH	0:56:28	626	235	Nyree Hone	F40	Bedford Harriers 0:59:35
543	251	Rachel Begbie	F43		0:56:30	627	590	Jasunder Badh	M29	0:59:41
544	532	Peter Riley-Jordan	M49		0:56:33	628	481	Grace Little	F46	0:59:42
545	531	Christine Riley-Jordan	F44		0:56:33	629	226	Emma Parker	F29	0:59:43
546	107	Nicola Bourlet	F30		0:56:35	630	784	Helen Finney	F22	0:59:44
547	606	Clive Chisnall	M44		0:56:36	631	785	Steve Nuttall	M22	0:59:47
548	17	S Javeri	F56		0:56:38	632	663	George Cooper	M35	0:59:47
549	977	Joanne Day	F31	Stopsley Striders	0:56:39	633	210	Giles Poppleton	M33	0:59:58
550	358	Alice Briggs	F41		0:56:40	634	276	Anna Rivers	F29	0:59:59
551	1802	Neil McArthur	M44		0:56:40	635	359	Wendy Scales	F41	Fairlands Valley 1:00:04
552	824	Chris Hartley	M29		0:56:45	636	410	David Gore	M34	1:00:06
553	766	Tom Roy	M58		0:56:47	637	629	Eleanor Sedgwick	F46	1:00:09
554	80	Andrew Matthews	M30		0:56:50	638	314	Melanie Pickett	F28	1:00:09
555	494	Julie Brown	F43	Amphill&Flitwick	0:56:50	639	364	Tamasin Barnbrook	F27	1:00:10
556	281	Tony Cronin	M32		0:56:51	640	939	Maryum Malik	F27	1:00:18
557	559	Robin Bradbury	M32		0:56:52	641	767	Fiona Burness	F34	1:00:19
558		No Entry Data			0:56:53	642	783	Biffy Neilson	F28	1:00:21
559	710	Robert Wheller	M35		0:56:58	643	727	Janice McCoy	F36	Fairlands Valley 1:00:24
560	580	Zoe Collins	F25		0:56:59	644	69	Chris Preston	M31	1:00:26
561	419	Colin Bradbury	M36	Riverside Runners	0:57:03	645	424	Sophia Pidgeon	F20	1:00:31
562	541	Tony Green	M44	Stopsley Striders	0:57:05	646	423	Gary Smylie	M41	1:00:32
563	721	Lindsay Fulton	F35	Stopsley Striders	0:57:08	647	605	Clare Twelvetrees	F29	1:00:32
564	976	Sylvia Nastri	F49		0:57:12	648	609	Alison Richards	F39	1:00:35
565	644	Mark Brown	M32		0:57:22	649	974	D Allan	F52	1:00:46
566	615	Gary Smith	M33		0:57:23	650	696	Alex Murray	M36	1:00:48
567	745	Scott Viggars	M18		0:57:23	651	112	Karen Dixon	F32	1:00:49
568	153	Robert Hart	M29		0:57:25	652	671	Mags Harvey	F32	Royal Air Force 1:00:49
569	840	Phil Garrett	M46		0:57:25	653	255	Jo Munday	F25	1:00:53
570	228	Serena Fidgett	F23		0:57:27	654	834	Joanna Clarke	F22	1:00:55
571	229	Alister McDonough	M27		0:57:28	655	500	Owain Cavanah	M35	1:00:55
572	106	Amanda Thompson	F27		0:57:29	656	370	Nicola Foster	F39	1:01:04
573	651	Jonathan Kingslake	M39		0:57:38	657	124	Ian Thurman	M47	1:01:06
574	387	Alex Kidd	M55		0:57:40	658	807	Laura Crosby	F37	1:01:09
575	452	Steve Roy	M29		0:57:41	659	971	Richard Broom	M50	1:01:12
576	868	Valerie Hall	F53		0:57:42	660	234	Suzanne Linnell	F49	1:01:15
577	830	Helen Mathew	F40		0:57:42	661	1801	Lindsay Hilton	F45	1:01:18
578	820	Emily Welch	F23		0:57:44	662	956	Jo Aldhouse	F39	1:01:19

663	924	Keith Sonnenstein	M42	Bedford Harriers	1:01:24	747	953	Anthony Caulfield	M31		1:07:25
664	931	David Fisher	M35		1:01:24	748	135	James Kirkwood	M32		1:07:27
665	467	Kieran Berkery	M22		1:01:26	749	375	Valerie Bird	F54	Bedford Harriers	1:07:27
666	526	Joanne Quittner	F41		1:01:27	750	724	Nick Hadkiss	M48	RRC	1:07:28
667	769	Suzanna Newton	F36		1:01:30	751	487	Raven Murray	M27		1:07:30
668	770	Julie Kelly	F33		1:01:33	752	444	Martin Kerr	M54	Leighton Fun Run	1:07:32
669	247	Tina Stevens	F26		1:01:33	753	285	James Hill	M55		1:07:59
670	735	Abby Turner	F23		1:01:34	754	99	Yllana Ingleby	F26		1:08:05
671	957	Linus Rees	M42		1:01:34	755	542	Caroline Taylor	F30		1:08:25
672	352	Jane Sizer	F44	Bedford Harriers	1:01:35	756	274	Gaynor MacAulay	F36		1:08:26
673	115	Penny Prue	F54		1:01:36	757	332	Brenda Nicholas	F58		1:08:28
674	1807	Nicholas Merryweather	M51		1:01:42	758	687	Pamela Swadling	F54	Hayes & Harlington	1:08:40
675	699	Jo Wright	F24		1:01:43	759	406	George Coates	M38		1:09:02
676	700	Sharon Newton	F37		1:01:43	760	230	May Milton	F45		1:09:15
677	1808	Christina Claydon	F44		1:02:03	761	613	Carole Sansem	F56		1:09:20
678	246	Mike Nixon	M38		1:02:12	762	401	Marion Campbell	F25		1:09:21
679	388	Helen Broughton	F32	Bedford Harriers	1:02:13	763	574	Pamela Abbitt	F53	Stopsley Striders	1:09:29
680	965	Emily Ashwell	F25		1:02:14	764	150	Karen Rose	F41		1:09:29
681	964	Liz Bott	F25		1:02:15	765	508	Helen Morris	F67	Stopsley Striders	1:09:35
682	316	Trevor Hart	M63		1:02:15	766	355	Hayley Patton	F24		1:09:58
683	170	Sue Cole	F51		1:02:19	767	882	Caroline King	F29		1:10:01
684	764	Mark Day	M43		1:02:26	768	782	Linda Burnette	F37		1:10:12
685	464	Dani Wright	F25		1:02:34	769	591	Julie Coyne	F37		1:10:12
686	131	Charlotte Willis	F26		1:02:41	770	323	Hardev Bhabra	F23		1:10:30
687	543	Isabel Green	F26	Fairlands Valley	1:02:45	771	177	Alison Feeley	F27		1:10:36
688	970	Michael Todd	M61		1:02:46	772	367	Katharine Perry	F30		1:10:38
689	983	Jackie Mullens	F39		1:02:57	773	683	Beverly Worlock	F39		1:10:54
690	648	Parminder Juttla	M30		1:02:59	774	164	Joanna Bullard	F35		1:10:57
691	558	Robert McCorkell	M44		1:03:00	775	420	Carol Debney	F60	Silson Joggers	1:10:59
692	657	June Bissett	F42		1:03:01	776	350	Laura Johnston	F36	Amphill&Flitwick	1:11:00
693	29	Sean Roach	M31		1:03:07	777	515	Jo Burrows	F24		1:11:01
694	118	Siobhan O'Halloran	F24		1:03:12	778	483	Katharine Dodd	F43	Stopsley Striders	1:11:22
695	708	David Allman	M36		1:03:19	779	759	Jack Batham	M76	Stopsley Striders	1:11:23
696	874	Shirley Carroll	F38	Rugby & N'ampton	1:03:35	780	535	Manpreet Bajwa-Patel	F32		1:11:31
697	39	Ali Smith	F21		1:03:37	781	534	Gurpreet Sidhu	F28		1:11:41
698	215	Ray Hunt	M51		1:04:07	782	133	Tina Watkins	F38		1:11:50
699	762	Cavan Kendall	M41		1:04:09	783	757	Paula Coates	F31		1:12:14
700	266	Steven Greer	M29		1:04:09	784	176	Delia Thomson	F50		1:12:25
701	963	Rachael Masdin	F25		1:04:12	785	140	Maddy Deason	F51		1:12:41
702	747	Melany Kelso	F37		1:04:13	786	959	Rebekah Rodger	F25		1:12:44
703	748	Lisa Atkins	F37		1:04:13	787	788	Richard Quinn	M43		1:12:45
704	513	Karen McCallum	F39	Stopsley Striders	1:04:16	788	501	Jay Patel	M33		1:13:23
705	478	Bill Fanning	M35	Stopsley Striders	1:04:16	789	62	Wendy Thomas	F44		1:13:28
706	969	Matthew Carney	M35		1:04:17	790	119	James Masding	M28		1:13:33
707	233	Gill Hurnell	F48	RealRunner.com	1:04:17	791	502	Lilan Perera	M33		1:13:59
708	968	Jacqueline Leahy	F29		1:04:23	792	36	Jenifer Pedder	F38		1:14:37
709	516	Malcolm Burrows	M49		1:04:32	793	713	Christine Buckledee	F40		1:14:52
710	108	Rosie Pompermaier	F55	Maidenhead AC	1:04:47	794	714	Alison Passmore	F26		1:14:53
711	372	Annie Coates	F39	Ranelagh Harriers	1:04:47	795	960	Sally Russell	F49		1:14:54
712	261	Harry Cowan	M56		1:04:53	796	19	Karen Shepherd	F37		1:14:58
713	199	Clare Stopp	F24		1:04:57	797	928	A Joyce	F31		1:15:00
714	209	Samantha Botting	F25		1:05:03	798	761	Michelle Smith	F24		1:15:00
715	832	Pamela Buckley	F59		1:05:09	799		No Entry Data			1:15:03
716	894	John Wilson	M55		1:05:10	800		No Entry Data			1:15:03
717	789	Mandy Reboul	F26		1:05:10	801	63	Richard Thomas	M43		1:15:16
718	327	Sital Ruparelia	M33		1:05:21	802	376	Victoria Jones	F28		1:15:29
719	972	Lyn Banks	F55	Bedford Harriers	1:05:21	803	646	Barry Braham	M28		1:17:00
720	839	Yvette Todd	F40	Leighton Fun Run	1:05:28	804	184	Helen Trevain	F34		1:17:01
721	617	Tom Campbell	M49		1:05:38	805	677	Angela Gallivan	F45	Bedford Harriers	1:17:25
722	305	Dawn Braham	F26		1:05:39	806	797	Carol Urwin	F42		1:18:15
723	348	Michele Campbell	F38		1:05:52	807	431	Amanda Murrell	F45		1:18:15
724	349	Wayne Campbell	M40		1:05:52	808	429	Barry Tappenden	M58		1:18:16
725	552	James McIntosh	M70	Stopsley Striders	1:05:56	809	823	Natalie Hartley	F31		1:18:40
726	750	Verity Dods	F30		1:05:59	810	224	Nicola Allan	F37		1:18:40
727	172	Andrew Ogierman	M39		1:06:00	811	50	Frances Mould	F30		1:19:42
728	566	Susan Ringsell	F38		1:06:00	812	111	Ronald Lee	M67		1:20:07
729	592	Bridget Hutchinson	F38		1:06:08	813	361	Maggie Tebbs	F55		1:22:30
730	365	Tracey Lansbury	F33		1:06:16	814	363	Brenda Crouch	F53		1:22:31
731	298	Ali Conway	F27		1:06:16	815	837	Julie Swinton	F36		1:22:54
732	598	Joanne Wicker	F34		1:06:17						
733	116	Keith Williamson	M53		1:06:19						
734	335	Bygrave Heather	F31		1:06:19						
735	422	Liz Rafferty	F45		1:06:25						
736	611	Diane Mullen	F49	Stopsley Striders	1:06:30						
737	994	Yvonne O'Garro	F36		1:06:33						
738	780	Paul Fontaine	M36		1:06:35						
739	554	Deborah Adams	F36	Trent Park	1:06:53						
740	819	Martin Kohl	M17		1:06:59						
741	148	Niki Arthur	F35		1:07:00						
742	147	Dunstan Arthur	M34		1:07:01						
743	958	Nicola Hillyer	F38		1:07:04						
744	743	Morven Gray	F59		1:07:07						
745	249	Kamlesh Chikhlwala	M39		1:07:21						
746	952	Nicola Woodroff	F30		1:07:25						