

Worthing 20  
28<sup>th</sup> March 2004

**Results**

1	879	Dave Carter	M29	Phoenix AC	1:56:22	S	81	140	Belinda Broadfoot	F39	Lingfield RC	2:22:28
2	699	Roy Reeder	M38	Stragglers	1:56:26		82	471	Bob Pank	M55	Lingfield RC	2:22:28
3	698	Evan Bond	M30	Stragglers	1:57:23		83	429	Matthew Anstee	M22	UWA Harriers	2:22:34
4	395	Kurt Hoyte	M40		1:57:37		84	677	Steve McNealy	M37	Fittleworth Flyers	2:23:01 S
5	649	Gary Woolgar	M43	Brighton & Hove AC	1:58:17	S	85	217	Julie Drake	F34	Arena 80 AC	2:23:01 S
6	756	Peter Damon	M37	Poole AC	1:59:08		86	780	Philip Ide	M50	S London Harriers	2:23:05
7	685	Geoff Gray	M35	Seaford Striders	2:01:48	S	87	683	Andy Munroe	M35		2:23:07
8	959	David Leach	M45	Lewes AC	2:02:04	S	88	419	Raymond Smith	M32	Seaford Striders	2:23:25
9	857	Stuart Underwood	M38	Bourneville Harr	2:03:08		89	790	Richard Coates	M32		2:23:27
10	574	Julian Manning	M28	Denmead Striders	2:04:23		90	595	Graham Lyall	M48	Haywards Heath Har	2:23:38 S
11	806	Guy Johnstone	M43	Hailsham Harriers	2:04:29	S	91	802	John Taylor	M63	Hailsham Harriers	2:24:03 S
12	473	Viesturs Dude	M41	Crawley AC	2:04:38	S	92	7	Maresa Pitt	F31	Haywards Heath Har	2:24:15 S
13	897	Steve Ogborn	M35	Horsham Joggers	2:06:02		93	532	Jim Pickett	M26		2:24:33
14	708	Philip Morris	M30	Horsham Joggers	2:06:02	S	94	777	Paul Salisbury	M31	Reigate Priory AC	2:24:40 S
15	669	Tim Brown	M21		2:06:25		95	248	Lucy Brooks	F35	Serpentine Runners	2:25:02
16	465	Mats Gedin	M40	Arena 80 AC	2:07:43	S	96	609	Simon Bale	M37		2:25:47 S
17	381	Paul Mitchell	M40	S London Harriers	2:08:19		97	73	Jane Stephens	F35	Epsom & Ewell Harr	2:25:51
18	773	Nigel Cook	M39	Thanet RR	2:09:55		98	497	Ewart Lister	M34	Horsham Joggers	2:26:04
19	489	Timothy Cattermole	M43	Worthing Harriers	2:10:03	S	99	958	Michael Rix	M33		2:26:10 S
20	871	Martin Williams	M44	Portsmouth Joggers	2:10:54		100	423	Phil Burleigh	M39		2:26:20
21	384	Nicos Halvatzis	M44	Lewes AC	2:11:05		101	997	Richard Nind	M31	Horsham Joggers	2:26:22
22	716	Richard Blake	M54	Gt Yarmouth RR	2:11:26		102	451	Stuart Giles	M41		2:26:47
23	917	Stephen Fryer	M32	Tuff Fitty Tri	2:11:44	S	103	454	Stephen Donoghue	M37	Arruners	2:27:01
24	705	Daniel Gillett	M34	Collingwood AC	2:11:55		104	648	Martin Pedlow	M45	Brighton HHH	2:27:04 S
25	707	Mark Burton	M36	Portsmouth Joggers	2:12:00		105	439	Gavin Newton	M33	Crawley AC	2:27:14
26	965	Ian Gunston	M37	Horsham Joggers	2:12:05	S	106	786	Simon Newstone	M43		2:27:16
27	2	Sally Musson	F51	Tonbridge AC	2:12:06	S	107	714	Kostas Fotiadis	M34		2:27:27 S
28	689	Chris Piper	M38	Seaford Striders	2:12:12	S	108	527	Stephen Harris	M34		2:27:30
29	992	John Dyckes	M50	Horsham Joggers	2:12:13	S	109	593	Clive Steffen	M44	Wooton RR	2:27:34
30	833	Paul Mann	M42		2:12:22	S	110	241	Helen Newcomb	F37	Haywards Heath Har	2:28:07 S
31	486	Anthony Cross	M56	Seaford Striders	2:12:25	S	111	459	Graham West	M44	Utopia Runners	2:28:10
32	508	Nick Hall	M48	Hastings AC	2:12:31	S	112	805	John McSkimming	M46	Horsham Joggers	2:28:13 S
33	388	John Latter	M36	Dartford RR	2:12:50		113	539	Mark Halls	M40	Brighton & Hove AC	2:28:24 S
34	621	James Ward	M27	Herne Hill Harr	2:12:51		114	808	Trevor Goddard	M37	Horsham Joggers	2:28:45 S
35	768	Steve Brett	M37	Serpentine Runners	2:12:55		115	132	Kim Nelsom	F38	Clanfield Joggers	2:29:11
36	659	Stephen Trussell	M24		2:13:01	S	116	941	Christopher Leitch	M45		2:29:14
37	634	Mike Townley	M41		2:13:21	S	117	148	Joan Wingfield	F41	Oxted Runners	2:29:38
38	611	Adrian Cornford	M45	Utopia Runners	2:13:39	S	118	626	Richard Hall	M29	Blackheath Harr	2:29:49
39	878	Kevin Tynor	M30	Hailsham Harriers	2:13:47	S	119	888	Jason Gould	M36		2:29:57
40	517	Peter McHugh de Clare	M55	VPH & TH AC	2:13:51		120	934	Robert Garrard	M61	Crowborough Runner	2:30:27 S
41	456	Laszlo Varga	M29	Spuri SC	2:14:10		121	194	Trudy Kuhn	F44	Sutton Runners	2:30:41
42	412	Wayne Vincent	M43	Eastleigh RC	2:14:32		122	413	Ian Church	M24		2:30:56
43	430	Peter Florida-James	M42		2:14:54		123	867	Paul Woodward	M23	Epsom & Ewell Harr	2:31:03
44	432	John Kelly	M37		2:14:59		124	524	Gary Harman	M39	Burgess Hill Run	2:31:07 S
45	796	Ian Harvey	M30		2:15:10		125	435	Reinhard Kreth	M31	Serpentine Runners	2:31:17
46	662	John Evans	M29	Eastleigh RC	2:15:35		126	407	James Meekeley	M25	Lordshill RR	2:31:29
47	944	Trevor Moore	M47		2:15:58		127	668	Michael Mergler	M43	Phoenix AC	2:31:31 S
48	494	Steve Garvey	M37		2:16:15		128	166	Lesley Rainger	F31	Worthing Harriers	2:31:32 S
49	86	Gillian Stevenson	F37	Crowborough Runner	2:16:19	S	129	545	Paul Barnett	M39		2:31:33 S
50	718	Ian Jones	M38	Burgess Hill Run	2:16:23	S	130	616	Mike Brown	M31	Mel's Milers	2:31:55
51	968	Stuart Prentice	M28	Haywards Heath Har	2:16:28	S	131	564	Nick Smith	M35		2:31:56
52	483	David Barnes	M48	Eastleigh RC	2:16:53		132	744	Terry Wardale	M44	Bexley AC	2:31:58
53	919	Doug Chant	M44	Hailsham Harriers	2:17:06	S	133	674	Gary Burchett	M39	Mel's Milers	2:31:59 S
54	974	Shane Mott	M30	Chichester Runners	2:17:10		134	979	Ralph Bernascone	M54	Henfield Joggers	2:32:00 S
55	627	Martin Lloyd	M44	Collingwood AC	2:17:10		135	389	Stephen Cadman	M34		2:32:02
56	560	Richard George	M35		2:17:27		136	624	Stephen Allen	M29		2:32:09
57	391	Ben Crimp	M26	E London Tri	2:17:36		137	554	Ian Hayward	M26		2:32:13
58	863	Graham Caulder	M41	Epsom & Ewell Harr	2:17:56		138	573	Simon Emmett	M25		2:32:20
59	164	Sarah Williams	F34	Met Police AC	2:18:35		139	927	Alan Tomlin	M43	Henfield Joggers	2:32:25
60	978	Douglas Cooper	M36	Burgess Hill Run	2:19:10	S	140	875	Mark Giacomini	M29	Stubbington Green	2:32:33
61	993	Peter Hargrave	M47	Haywards Heath Har	2:19:30	S	141	910	Allen Grant	M38	Eastbourne Rovers	2:32:49 S
62	577	Barry Chisholm	M45	Haringey	2:19:32		142	794	Nicholas King	M43		2:32:49
63	767	Russ Bestley	M41	Portsmouth Joggers	2:19:36		143	541	Matthew Lawrie	M20	Edinburgh Univ	2:33:03 S
64	664	Stephen Tucker	M21	Hailsham Harriers	2:19:37	S	144	933	Geoffrey Parker	M46	Horsham Joggers	2:33:14
65	38	Sara Bishopp	F33	Burgess Hill Run	2:19:38	S	145	94	Emma Richards	F26	Lewes AC	2:33:26 S
66	909	Colin Simpson	M50	Phoenix AC	2:20:02	S	146	629	Paul Cushway	M44		2:33:35
67	399	Neil Giggins	M27	Portsmouth Univ	2:20:14		147	882	Barry Harrison	M55	TRA	2:33:37
68	582	Alan Court	M38	Eastleigh RC	2:20:26		148	588	Steve Sawyer	M34		2:33:39
69	623	John Rawlinson	M51	Sutton Runners	2:20:41		149	829	Garry Glass	M49	Lordshill RR	2:33:47
70	727	Adam Holmes	M49	Fleet & Crookham	2:20:47		150	797	David Perry	M36		2:33:48
71	119	Judith Carder	F47	Brighton & Hove AC	2:20:56	S	151	201	Rebecca Woodman	F24		2:33:57 S
72	540	Steve Alden	M42	Mid Sussex Tri	2:21:11	S	152	153	Kate Cutis	F40	Strdrs Of Croydon	2:34:04
73	406	Kevin James	M29	Mid Sussex Tri	2:21:15		153	986	Robin Stocker	M37		2:34:28
74	464	Nigel Edney	M41	Horsham Joggers	2:21:19	S	154	159	Catriona McCracken	F27	Beckenham RC	2:34:40
75	647	Ian Skingley	M45	Reigate Priory AC	2:21:24		155	920	Tony Whitman	M51	Henfield Joggers	2:34:48 S
76	525	John Slinger	M29		2:21:27		156	510	Nigel Wright	M46		2:34:55
77	846	Adam Lipiett	M30		2:21:46		157	382	Stephen Plumstead	M18		2:35:01
78	531	Robert Hoodless	M40	Mid Sussex Tri	2:22:15		158	398	Keith McCarthy	M28	Portsmouth Univ	2:35:13
79	580	Graham Tucker	M52	Redhill & Surrey B	2:22:21		159	737	Ian Hilder	M44		2:35:14
80	781	Geoff Depper	M49	Hailsham Harriers	2:22:23	S	160	110	Rophina Yeld - See 265th	F39	Chichester Runners	2:35:18 S

161	908	Michael Clark	M47	Tone Zone Runners	2:35:18	S	247	911	Chris Browne	M48		2:44:13	
162	472	Dennis St Croix	M40		2:35:26		248	916	Mark Armitage	M34	Haywards Heath Har	2:44:14	S
163	45	Caroline Hart	F29	Larkfield	2:35:28		249	452	Robert Morris	M54		2:44:14	
164	572	Andy Nice	M26		2:35:37		250	150	Karin Donnegar	F33	Crystal Palace FR	2:44:35	
165	386	Mark Geeson	M25		2:35:45		251	424	Michael Jones	M27	W'bledon Windmiler	2:44:45	
166	499	Nigel Parkes	M47	Heathfield RR	2:35:45	S	252	405	Richard Knight	M57	Henfield Joggers	2:44:47	
167	93	Jennifer Kruse	F30	Ranleigh Harriers	2:35:47		253	106	Sarah Rahou	F25	Cambridge Harriers	2:44:54	
168	470	Gavin Baylis	M45		2:35:52	S	254	77	Jan Ovens	F47	Witney RR	2:44:56	
169	169	Jackie Smith	F32	Sutton Runners	2:35:53		255	788	Ben Tonner	M26		2:45:05	
170	448	Paul Franklin	M27	Worthing Harriers	2:35:55	S	256	880	Karl Salter	M35		2:45:09	
171	952	A Kemp	M57	Wadhurst Runners	2:36:00	S	257	74	Vanda Cauldfield	F39	Epsom & Ewell Harr	2:45:17	
172	492	David King	M46	Blackheath Harr	2:36:06		258	234	Fiona Bussell	F24	Burgess Hill Run	2:45:17	S
173	710	John Gill	M60	Haywards Heath Har	2:36:21	S	259	457	Paul Harvey	M49	Southampton RC	2:45:22	
174	742	Derek Pennicott	M54	Chichester Runners	2:36:24		260	825	Derwyn Jones	M44	Steyning AC	2:45:25	
175	460	Paul Cottingham	M37		2:36:28		261	220	Janet Scotchford	F37		2:45:27	S
176	402	Peter Noad	M48	Horsham Joggers	2:36:45		262	834	Patrick Green	M30		2:45:27	
177	599	Paul Gough	M32		2:36:59		263	652	Robert Tinline	M27		2:45:28	
178	660	Julian Crowley	M38		2:37:00	S	264	729	Malcolm Patterson	M39		2:45:43	
179	544	Martin Foster	M49	Bourneville Harr	2:37:10		265	110	Rophina Yeld See	F39	Chichester Runners	2:45:51	S
180	991	Peter Leuw	M44	Horsham Joggers	2:37:21								
181	690	David Borland	M31		2:37:27		266	883	Anthony Smith	M50		2:45:57	
182	949	Malcolm Furniss	M42	Istead & Ifield H	2:37:32		267	170	Anita Crawley	F39		2:45:58	
183	488	John Winter	M42		2:37:43		268	533	Tony Partridge	M39		2:46:05	
184	673	Simon Long	M20		2:38:01	S	269	822	Robert O'Brien	M49	New Forest Run	2:46:13	
185	507	Melvyn Bird	M51	Chichester Runners	2:38:07		270	526	Paul Cripps	M38		2:46:18	
186	759	Andrew Popham	M48		2:38:13		271	713	Roland Webster	M40		2:46:21	
187	195	Suzanne Bedford	F33		2:38:15		272	100	Alison How	F28		2:46:24	
188	977	John Booker	M51	Horsham Joggers	2:38:28		273	799	Ian Bristow	M41		2:46:52	S
189	989	Bernard Bennett	M68	Winchester & Dist	2:38:29		274	837	Stephen Howson	M46	Epsom Oddballs	2:46:55	
190	98	Naomi Rounsefell	F28		2:38:35		275	895	Andrew Long	M39		2:46:59	S
191	374	Colin Piper	M32		2:38:47		276	778	David Holman	M31	Reigate Priory AC	2:46:59	S
192	89	Llidia Campbell	F47	Henfield Joggers	2:38:55	S	277	428	Jerry Hansford	M37	Dartford RR	2:47:02	
193	701	Michael Russell	M50	Ware Joggers	2:39:10		278	957	Phil Rushby	M35		2:47:06	
194	482	James Beasty	M19	Waverley Harriers	2:39:12		279	734	Stephen McClean	M38	Portsmouth Joggers	2:47:09	
195	410	Peter Cobbett	M60	Blackheath Harr	2:39:14		280	417	Nigel Webb	M49	Blackheath Harr	2:47:27	
196	747	Robb Harris	M28		2:39:14		281	26	Charlotte Long	F23	Seaford Striders	2:47:44	S
197	67	Sally Lovell	F42	Hastings Runners	2:39:16	S	282	733	Gary Crafer	M48		2:47:49	
198	183	Stephanie Miller	F45	Hastings Runners	2:39:17	S	283	478	Justin Acklaw	M28		2:47:52	S
199	121	Sandra Graville	F34	Reigate Priory AC	2:39:24		284	819	John Coppin	M35		2:48:04	S
200	961	Simon Goldsmith	M39		2:39:28		285	259	Nicki Hudson	F28		2:48:11	
201	379	John Hayward-Cripps	M38	Southwick Stroller	2:39:38		286	376	Dirk Froese	M30		2:48:11	
202	784	Rick Stamp	M43	Portsmouth Joggers	2:39:42		287	602	Brian Cope	M45		2:48:12	
203	905	Nigel Terrington	M26		2:39:46	S	288	420	Ben Phillips	M32		2:48:16	
204	198	Merrill April	F40		2:39:47		289	25	Carol Merrill	F48	Havering 90 Jogger	2:48:18	
205	753	Ross Straughan	M38		2:39:58		290	898	Mark Cummins	M31		2:48:20	
206	982	John Trory	M56		2:39:59	S	291	612	Matthew Cowdrey	M30	Crawley AC	2:48:22	S
207	640	Andrew Hall	M53	Portsmouth Joggers	2:40:06		292	642	Kevin Robbins	M45		2:48:24	
208	892	Keith Delderfield	M46	Burgess Hill Run	2:40:28	S	293	436	Simon Maughan	M27	Serpentine Runners	2:48:24	
209	791	Steve Sharples	M51	Utopia Runners	2:40:43	S	294	828	David Brown	M43		2:48:25	
210	950	Christopher Doherty	M39	Blackheath Harr	2:40:47		295	630	Pete Richards	M49	Tuff Fitty Tri	2:48:28	
211	4	Fern Ketley	F43	Seaford Striders	2:40:49	S	296	418	Trevor Riley	M41		2:48:32	
212	732	Kevin Patten	M44	Fittleworth Flyers	2:41:03		297	204	Sonia Rushby	F31	Eastleigh RC	2:48:40	
213	562	Jeremy Johnston	M42		2:41:08		298	696	Antony Stansbie	M40	Archers Fitness	2:48:42	
214	178	Sandra Wescott	F40	Haywards Heath Har	2:41:08	S	299	856	John Nicel	M56	Fittleworth Flyers	2:48:47	
215	476	Jason Milton	M30		2:41:12		300	841	James Hampton	M24		2:48:48	S
216	225	Sarah Stratford	F23		2:41:15	S	301	700	Chris Hampton	M28		2:48:48	S
217	537	Rick Clarke	M38		2:41:16		302	385	Steve Roberts	M46		2:49:03	
218	820	Paul Amoo	M40	Southwick Stroller	2:41:19	S	303	458	Jonathan Fogell	M51		2:49:04	
219	243	Nicola Watts	F35	Crowborough Runner	2:41:28		304	617	Tony Fountain	M43	BP Helios Harriers	2:49:05	
220	719	Stuart Aylott	M28	New Eltham Joggers	2:41:44		305	973	Simon Hodges	M37	Brighton & Hove AC	2:49:12	S
221	815	Nick Kimber	M45		2:41:48		306	854	Richard Conley	M29		2:49:15	
222	613	Phil Mathieson	M49		2:42:01		307	12	Melanie Tankard	F34		2:49:16	
223	152	Sarah Matthews	F28		2:42:06		308	976	John Crosbie	M57	Worthing Harriers	2:49:22	S
224	70	Debbie Friis	F30	Phoenix AC	2:42:06	S	309	401	David Harris	M47		2:49:35	
225	87	Jackie Parsons	F39	Henfield Joggers	2:42:09	S	310	105	Claire Strong	F30	Bexley AC	2:49:45	
226	849	Lars McDonald	M26		2:42:14		311	850	Greg Hughes	M26		2:49:45	
227	565	John Pugh	M38	Portsmouth Joggers	2:42:24	S	312	182	Sara Wallace	F31	Farnham Runners	2:49:49	S
228	434	Mark Willems	M41		2:42:28		313	948	Robert Shaw	M48	Havering 90 Jogger	2:49:51	
229	516	David James	M43		2:42:33		314	972	David Boxall	M70	Seaford Striders	2:50:06	S
230	229	Kim Shayne	F34	Tone Zone Runners	2:42:38	S	315	946	Bernard Bertram	M49	Fittleworth Flyers	2:50:13	S
231	116	Jackie Wells	F46	Utopia Runners	2:42:39	S	316	709	Stephen Easter	M32		2:50:14	
232	555	Michael Beer	M55	Aylesham RR	2:42:41		317	918	Simon Burrell	M39	Ranleigh Harriers	2:50:19	
233	509	Ben Sadler	M29		2:42:42		318	90	Marion Hemsworth	F53	Haywards Heath Har	2:50:22	S
234	221	Sue Lambert	F63	Serpentine Runners	2:42:45		319	566	Tim Bratton	M31		2:50:23	
235	762	Iain Ambler	M30		2:42:55		320	505	Daniel Lesser	M32		2:50:23	
236	821	Pietier Wallis	M45	Phoenix AC	2:43:17	S	321	179	Lotte Sorensen	F33		2:50:29	
237	569	Hugh Canham	M23		2:43:22		322	702	Christopher Brace	M25		2:50:31	S
238	923	Kevin Bradshaw	M52	TWH	2:43:35		323	425	Chris Meyler	M51		2:50:34	
239	530	Alan Newton	M53	Haywards Heath Har	2:43:40	S	324	484	Ray Smith	M48	Haywards Heath Har	2:50:50	S
240	203	Rachel Dyker	F28		2:43:43		325	450	Terry Smith	M46	Brighton HHH	2:50:52	
241	260	Laura Davis	F27		2:43:48		326	942	Roger Sales	M51	Steyning AC	2:50:56	
242	639	Andrew Alliston	M23	Arena 80 AC	2:43:50		327	592	Jon Reynolds	M50	Blackheath Harr	2:51:05	
243	793	Richard Roche	M40		2:43:57		328	721	Martyn Bowen	M43		2:51:05	
244	606	Norman Harris	M57	Hailsham Harriers	2:43:58	S	329	208	Nicky Telling	F35	Haywards Heath Har	2:51:08	S
245	676	Michael McDonald	M32		2:43:58		330	68	Louise Baber	F37	Mel's Milers	2:51:09	
246	757	David Parsons	M33	Redhill Royal Mail	2:44:01		331	558	Jeffrey Gordon	M70	Thames H&H	2:51:37	

332	185	Deborah Pye	F42	Havering 90 Jogger	2:51:41	418	197	Charlotte Self	F35	Farnham Runners	2:59:41	S	
333	610	Len Davies	M46	Havering 90 Jogger	2:51:42	419	576	Mark Jones	M43		2:59:42		
334	963	Mike Noble	M46		2:51:52	420	44	Jane Ford	F29	The Cruisers	2:59:43		
335	50	Tina Tomlin	F41	Henfield Joggers	2:52:04	421	906	Alex Ford	M29	The Cruisers	2:59:59		
336	237	Ruth Tomsett	F42		2:52:12	S	422	552	Martin Bilton	M38		3:00:00	S
337	692	Chris Allen	M40	BP Helios Harriers	2:52:17		423	862	Toby Richards	M30		3:00:18	
338	496	David King	M39		2:52:21	S	424	894	Andrew Moore	M34	Chichester Runners	3:00:19	
339	740	George Stapleton	M66	Redhill Royal Mail	2:52:29	S	425	851	Nigel Wrapson	M36	British Airways AC	3:00:24	S
340	192	Gill Newman	F38	Marlow Striders	2:52:37		426	765	Andrew Broadway	M64	Hastings Runners	3:00:29	S
341	114	Liza Gamble	F34		2:52:40		427	80	Zoe Seymour	F28		3:00:33	
342	651	George Kennedy	M59		2:52:49		428	843	Chris Seymour	M59		3:00:34	
343	167	Claire Hall	F52	Portsmouth Joggers	2:52:51		429	493	David Huntley	M37		3:00:37	
344	109	Geraldine Lip	F27	Herne Hill Harr	2:52:53		430	785	Richard Simpson	M56	Fleet & Crookham	3:00:46	
345	971	Mick Troughton	M51		2:52:55		431	804	Antony Neaves	M41		3:00:57	
346	485	Simon Herring	M41		2:52:59		432	807	John Birken	M43	Horsham Joggers	3:01:32	S
347	400	Martin Knight-Baker	M34		2:53:03		433	864	Trevor Neal	M44	Fittleworth Flyers	3:01:34	S
348	865	Ken Williams	M50	Southampton RC	2:53:04		434	520	Robert Slape	M39		3:01:37	
349	409	Andrew Wallace	M28		2:53:16		435	813	Roger Hobbs	M47		3:01:45	S
350	212	Debbie Saint	F31	Burgess Hill Run	2:53:17	S	436	112	Jennifer O'Callaghan	F52		3:02:00	
351	835	Robin Harris	M40	Redhill Royal Mail	2:53:17	S	437	619	Andrew Balcombe	M39		3:02:14	
352	79	Margaret Duncan	F37	Chichester Runners	2:53:19		438	431	Mark Llewellyn	M36		3:02:15	
353	81	Ana Neumann	F39	Chichester Runners	2:53:21	S	439	548	Michael Helps	M38		3:02:27	
354	688	John Cooper	M44	Thanet RR	2:53:24		440	427	Jeremy Croal	M49		3:02:31	
355	766	Hugh Stevenage	M38	Burgess Hill Run	2:53:26	S	441	615	Ken Hales	M66	Goring RR	3:02:49	S
356	216	Susie Brighton	F33	Mornington Chasers	2:53:40		442	943	Julian Coglean	M33		3:02:58	
357	960	Peter Hosking	M38		2:53:52	S	443	579	Richard Dixon	M41		3:03:04	
358	608	Max Cross	M35		2:53:54		444	416	Pete Mason	M29		3:03:17	
359	404	Jonathan Kemp	M37		2:54:09		445	414	Charles Champion	M29	GSK RC	3:03:17	
360	628	Steve Hanna	M28	Brighton HHH	2:54:20	S	446	730	Andrew Antcliff	M42	Woking AC	3:03:22	
361	809	Glen Parsons	M49	Henfield Joggers	2:54:31	S	447	726	Daniel Treagust	M25	Chichester Runners	3:03:27	
362	824	Neil Broom	M54		2:54:31		448	397	Richard Forsdyke	M36		3:03:30	
363	684	James Miles	M22		2:54:42		449	108	Jackie Bressington	F39	Bitton RR	3:03:33	
364	139	Rebecca Ashdown	F28		2:54:42	S	450	27	Catherine Cary	F33		3:03:37	
365	421	Alan Deacon	M55	Brighton HHH	2:54:51		451	455	Guy Wade	M38		3:03:45	
366	463	Paul Jones	M50		2:54:52		452	557	David Sturges	M36		3:03:54	
367	502	Dustin Acton	M28		2:54:56	S	453	24	Kay Willis	F42	Henfield Joggers	3:03:55	S
368	31	Pamela Parsons	F37		2:55:06		454	597	Gavin Dutton	M26		3:04:21	S
369	92	Julia D'Abiac Brewin	F47	Heathfield RR	2:55:10		455	636	Michael Cox	M58	Dartford Harriers	3:04:25	
370	657	Jim Vogt	M73	Chichester Runners	2:55:12	S	456	66	Rosie Campbell	F27		3:04:30	
371	543	Malcolm Hagan	M43	Victory AC	2:55:18		457	14	Laura Foster	F40		3:04:31	
372	585	Martin Hall	M24		2:55:28		458	15	Maureen Rea	F57	Haywards Heath Har	3:04:32	S
373	377	Edward Dinsmore	M26		2:55:31		459	691	Chris Gordon	M58		3:05:09	
374	3	Carole Dyke	F60	TWH	2:55:36	S	460	142	Elizabeth Gordon	F33		3:05:09	
375	65	Rebecca Disbury	F35	Torbay AC	2:55:39		461	637	Bryan Darney	M52	Goring RR	3:05:17	
376	761	Clive Holman	M59	Portsmouth Joggers	2:55:40		462	970	William Blandford	M42	Utopia Runners	3:05:21	
377	113	Sarah Marzaioli	F55	Hastings Runners	2:55:51	S	463	550	Michael Churchyard	M37		3:05:24	
378	881	Mark Heighway	M45	British Airways AC	2:56:04		464	180	Dawn Harris	F41	RRC	3:05:38	
379	134	Claire Brooks	F27	Brighton & Hove AC	2:56:17	S	465	41	Pamela Jackson	F35	Datchet Dashers	3:05:53	
380	801	David Carr	M22		2:56:32		466	380	Damion Paton	M32	Southwick Stroller	3:06:14	
381	607	Steven Lenton	M37	Brighton & Hove AC	2:56:40	S	467	827	Michael Winter	M43		3:07:07	
382	503	Tim Lopez	M23		2:56:41		468	590	Malcolm Fudge	M66		3:07:16	
383	535	James Howgego	M35		2:57:04		469	723	Moray Carey	M51	Reigate Priory AC	3:07:16	
384	534	Stuart Stepney	M28		2:57:05		470	122	Julia Black	F23	Reigate Priory AC	3:07:16	
385	387	Hugh Graham	M53		2:57:09		471	836	Stephen Potter	M40	Redhill Royal Mail	3:07:39	S
386	966	Richard Griffin	M52	Blackheath Harr	2:57:10		472	54	Judith Bradshaw	F51	TWH	3:07:42	
387	500	Neil Hall	M54	Serpentine Runners	2:57:37	S	473	559	Ricky Ross	M41	Lewes AC	3:08:07	S
388	928	Chip Skagerlind	M53		2:57:38	S	474	238	Catherine Hartnett	F32		3:08:12	
389	665	Neil Cooper	M40		2:57:38		475	13	Fleur Blandford	F42	Utopia Runners	3:08:17	
390	549	John Applebee	M39	Farnham Runners	2:57:41		476	244	Laura Smith	F28	E London Tri	3:08:21	
391	620	John Szponar	M46	RRC	2:57:42		477	936	David Waugh	M60		3:08:56	
392	156	Jane Naylor-Maury	F38	S London Harriers	2:57:45	S	478	922	Martin Barrow	M42		3:08:58	S
393	206	Karen Carnall	F28		2:57:45		479	643	Steven Fraser	M40		3:08:59	
394	584	Chris Beaken	M40	Horsham Joggers	2:57:56	S	480	644	Andrew Watson	M41		3:09:01	S
395	750	Gavin Englefield	M27		2:58:05		481	614	Colin Johnson	M68	Haywards Heath Har	3:09:24	S
396	19	Christine Young	F47	Bromley Vets AC	2:58:08		482	477	Matthew Lovell	M29		3:09:29	
397	861	Stephen English	M37		2:58:22		483	511	Bob Griffiths	M48	Redhill Royal Mail	3:09:39	
398	641	Evan Leighton-Davis	M24	Winchester & Dist	2:58:28		484	133	Rebekah Cross	F23		3:09:49	
399	575	Micky Green	M42		2:58:32	S	485	670	Michael Leigh	M60	Hercules W'bledon	3:10:03	
400	631	Paul Eades	M25	Dartford RR	2:58:32		486	720	Roy Scholer	M35		3:10:12	
401	792	Paul Armer	M40	Horsham Joggers	2:58:38		487	46	Claire Pearce	F32	Dulwich Park Run	3:10:20	
402	939	Andy Maslen	M41	Horsham Joggers	2:58:41	S	488	60	Anne Wilkinson	F40	Worthing Harriers	3:10:22	S
403	884	Charles Nichols	M43		2:58:43		489	860	John Hanscomb	M68	Ranleigh Harriers	3:10:38	
404	838	Simon Leach	M28		2:59:06		490	240	Sarah Dopson	F21		3:10:41	S
405	255	Anne Billingham	F40	Mel's Milers	2:59:11		491	124	Peta Visagie	F32		3:10:49	
406	553	Rick Scott	M36		2:59:13	S	492	88	Sue Gardener	F42	Victory AC	3:10:53	
407	127	Charlie Gray	F28	Farnham Runners	2:59:15		493	754	Steven Crew	M41		3:11:15	
408	853	Martin White	M43		2:59:17		494	830	Ian Wood	M36		3:11:21	
409	763	John Pattison	M48		2:59:20		495	146	Natalie Dawson	F32	Seaford Striders	3:11:22	S
410	845	Kenneth Cansdale	M26		2:59:22	S	496	814	Ralph Hasler	M54		3:11:26	
411	717	Jose Messa	M35		2:59:23		497	129	Rosie Thompson	F47		3:11:28	
412	487	Ron Gadd	M71	Bromley Vets AC	2:59:26	S	498	445	Peter Marson	M38		3:11:43	
413	168	Vicky Bartlett	F24	Winchester & Dist	2:59:28		499	411	Dom Kenrick	M39		3:11:47	
414	687	Michael Taylor	M55		2:59:29		500	181	Samantha Powell	F36	Sawyers	3:11:47	
415	408	Peter Banks	M24		2:59:39		501	755	Mark Layton	M42		3:11:56	
416	440	Fenwick Tunley	M62	Lewes AC	2:59:40		502	56	Charlotte Hill	F32		3:11:58	
417	955	Brian Chamberlain	M65	Fleet & Crookham	2:59:41		503	779	Christopher Pickthall	M35		3:12:23	

504	633	Stuart Ward	M25	3:12:30	590	926	Jeremy Price	M48	Heathfield RR	3:27:52	S		
505	675	Alistair Simmonds	M24	3:12:40	591	11	Sally Edmunds	F31	Nye Valley Runners	3:28:33			
506	130	Emma Collins	F31	3:12:53	592	542	Stephen Kennard	M48		3:28:35	S		
507	461	Mark Duncan	M20	3:12:57	593	570	Gary Powis	M39		3:28:54			
508	40	Denise Hallam	F35	British Airways AC	594	158	Margaret Robinson	F53	Victory AC	3:28:57			
509	800	Stewart Howe	M50	Sutton Runners	595	20	Jane Greenfield	F44	Bromley Vets AC	3:29:53			
510	190	Nicky Hadley	F34		596	578	Jeremy Roberts	M30		3:30:02			
511	176	Meghan Allen	F29		597	907	Alastair Tucker	M30		3:30:33			
512	53	Sharon Hessey	F27	3:14:26	S	598	64	Penelope Fox	F49		3:30:40		
513	924	David Hall	M40	3:14:26	S	599	35	Jemima Noyce	F34	Chichester Runners	3:30:42	S	
514	469	David Bateman	M39	Haslemere Border	3:14:34	600	111	Lisa Duce	F39	Istead & Ifield H	3:30:49		
515	251	Rachel Cox	F27		3:14:36	601	5	Penny Lewis	F45		3:30:51	S	
516	886	Keith Scrivener	M61	Gt Bentley RC	3:14:41	602	76	Jackie Cutter	F47	Dorking & Mole V	3:30:59		
517	449	David Jackson	M56	Epsom Oddballs	3:14:54	603	536	Steve Froy	M37		3:31:04		
518	245	Jennie Jackson	F51	Epsom Allsorts	3:14:55	604	751	John Barden	M44		3:31:18		
519	858	Colin Easey	M43	Worthing Harriers	3:14:58	S	605	498	Kevin Bradfield	M45		3:31:20	S
520	58	Diane Wells	F47	Burgess Hill Run	3:15:00	606	998	David Gray	M37	Lingfield RC	3:31:21		
521	967	Paul Blyth	M48	Saints & Sinners	3:15:05	607	214	Jeanette Giles	F65	Istead & Ifield H	3:32:08		
522	375	Keith Foskett	M36		3:15:06	608	604	Roger Brown	M42	Henfield Joggers	3:33:08	S	
523	847	Alistair Maxwell	M32		3:15:25	609	736	Brian Smith	M61	RRC	3:33:17		
524	191	Kerry Dutton	F25		3:15:28	S	610	254	Janice Harris	F44		3:33:37	
525		No Race Number			3:15:51	611		No Race Number			3:33:41		
526	945	Richard Waterton	M48		3:16:32	S	612	739	Adam Warnes	M25		3:33:53	
527	546	Andy Wade	M32		3:16:37	613	250	Carol Irwin	F36		3:33:57		
528	745	Graham Pollington	M35	Phoenix AC	3:16:39	614	29	Tamasin Barnbrook	F27		3:34:00		
529	9	Imogen Tyler	F38		3:16:47	615	154	Jo Kift	F34		3:34:09		
530	776	Kio Vejdani	M65	Lingfield RC	3:16:58	616	848	Graham Pope	M47		3:34:56		
531	78	Victoria Fisher	F29		3:17:02	617	155	Suzy Lewis	F32		3:35:12		
532	855	Michael Fisher	M40		3:17:03	618	661	Olu Adeosun	M33		3:35:13		
533	390	Terry Smith	M40	Serpentine Runners	3:17:09	619	392	Brian McCauley	M34		3:37:10		
534	18	Debbie Slade	F41	Henfield Joggers	3:17:12	S	620	832	Craig Beer	M29		3:37:25	
535	256	Louise Harrison	F37	Serpentine Runners	3:17:13	621	184	Liz York	F33	Dorking & Mole V	3:38:03		
536	157	Angela McGuinness	F36	Serpentine Runners	3:17:14	622	165	Julia Self	F43	Dorking & Mole V	3:38:03		
537	787	Antony Overstall	M21		3:17:17	623	149	Janet Blair	F47	Dorking & Mole V	3:38:15		
538	438	Garrick Reid	M21		3:17:32	624	912	Hamish Reid	M46		3:38:40		
539	403	Stephen Pound	M33	Farnham Runners	3:17:42	625	37	Emma Scott	F36	Farnham Runners	3:38:40		
540	173	Sue Richardson	F48	Southdowners	3:17:46	626		No Race Number			3:38:47		
541	174	Carol Stanbridge	F55	Southdowners	3:17:46	627	378	Tom Dillon	M32		3:38:58		
542	964	Paul Taylor	M35		3:18:23	628	161	Susan Haynes	F34	Strdrs Of Croydon	3:39:15		
543	189	Cressida Davidson	F40	Strdrs Of Croydon	3:18:25	629	187	Penny Flint	F24		3:39:31		
544	128	Lucinda Brett	F25		3:18:33	630	415	Andrew Leaver	M25		3:39:53		
545	209	Dawn Sturges	F34		3:18:42	631	138	Carol Tolfrey	F58	Victory AC	3:40:46		
546	563	Jamie Chisholm	M36		3:18:45	632	115	Susan Simpson-Gower	F30	Havering 90 Jogger	3:41:39		
547	666	Dean Allen	M42		3:18:49	633	480	David Hare	M59	Goring RR	3:41:50	S	
548	758	Tim Collins	M26		3:18:50	634	224	Patsy Mills	F38	Crystal Palace FR	3:42:17	S	
549	172	Catherine Knight	F24		3:18:52	635	252	Lynn Bryant	F46	Crystal Palace FR	3:42:17		
550	840	Michael Barker	M53		3:19:01	636	589	Patrick Smyth	M41		3:42:35		
551	163	Maureen Guard	F62	Dartford RR	3:19:10	637	567	Denis Lawrie	M57	Blackheath Harr	3:43:11		
552	207	Jeanine Bossy	F31	Priory	3:19:18	638	218	Daphne Payne	F49		3:43:30		
553	467	George Ross	M44		3:19:19	S	639	571	Clive Gasson	M32		3:44:35	
554	188	Madeleine Davey	F45	Dartford Harriers	3:19:51	640	921	Mark Watkins	M30		3:45:35		
555	605	Syd Goodwin	M53	Dartford Harriers	3:19:51	641	193	Margaret Brice	F41		3:46:04	S	
556	55	Vanessa Machin	F30		3:20:01	642	656	Barry Lightwood	M61	Brighton & Hove AC	3:46:43		
557	622	Philip Walters	M40		3:20:08	643	529	Michael Brooke	M56		3:46:55	S	
558	21	Ann Leverett	F46	Bromley Vets AC	3:20:15	644	984	Leon Goldsack	M39	Deal Tri	3:47:57		
559	84	Sandra Brady	F66		3:20:16	S	645	151	Julie Bryant	F32	Reading RR	3:48:20	
560	731	Glenn Adams	M36		3:20:30	646	513	Alexander Evans	M44		3:49:19		
561	680	George Huntley	M53	Portsmouth Joggers	3:20:49	647	215	Geraldine Turner	F52	Bromley Vets AC	3:49:28		
562	568	Peter Chittenden	M66	RRC	3:21:17	648	490	Tony Hobson	M66	RRC	3:51:48		
563	839	Steven Horn	M34	Haywards Heath Har	3:21:32	649	722	Chad Woodward	M26		3:55:48		
564	703	Geoff Gair	M45		3:22:03	650	230	Judy Bain	F41	Istead & Ifield H	3:57:58		
565	75	Julia Gregurec	F50	Horsham Joggers	3:22:13	S	651	686	Gavin Brown	M29		4:02:48	
566	175	Rita Kanegaonkar	F26		3:22:18	652	23	Francine Hedley-Goddard	F46	Chichester Runners	4:03:41		
567	889	Andrew Curry	M31		3:22:39	653	199	Sharon Owen	F34		4:04:14	S	
568	601	Chuks Onwere	M34		3:23:05	654	22	Karen Ingrams	F56	S London Harriers	4:07:04		
569	795	Lawrie Stratford	M60	Alchester RC	3:23:15	655	232	Joanna Sargent	F30	Victoria Park Harr	4:11:39		
570	396	James Young	M43		3:23:41	656	953	William Gasson	M77		4:12:02		
571	462	Nick Drzymalski	M26		3:24:09	657	239	Paula Orton	F28	Victoria Park Harr	4:13:17		
572	447	Gordon Wallis	M72	Worthing Harriers	3:24:40	S	658	210	Susan Carline	F42		4:14:40	
573	186	Debbie Evers	F44	Phoenix AC	3:24:48	S	659	1	Maureen Crowhurst	F44	Seaford Striders	4:14:50	S
574	242	Patsy Wong	F25	BBC RC	3:25:09	660	30	Katherine Perry	F30		4:16:45		
575	91	Jane Martin	F39		3:25:25	S	661	177	Shirley Watkins	F42	Brighton & Hove RS	4:17:10	S
576	770	Stephen McClune	M30	Ranleigh Harriers	3:25:28	662	211	Claire Thompson	F34		4:19:36		
577	538	Andrew Fletcher	M31		3:25:38	S	663	33	Claire Skagerlind	F49		4:19:46	S
578	738	Jason Levy	M32		3:25:47	664	956	William Young	M67	Seaford Striders	4:27:59	S	
579	257	Dena Beverley	F31	Serpentine Runners	3:25:47	665	885	John Murray	M47		4:36:42		
580	49	Jean Marks	F46	Henfield Joggers	3:26:01	S							
581	235	Sarah Paddock	F28		3:26:12	S							
582	253	Lorraine Davies	F36	Orpington RR	3:26:17								
583	63	Suzan Van Dijk	F40		3:26:30								
584	728	Lloyd Moreton	M47		3:26:36								
585	519	Philip Williams	M32		3:26:36								
586	891	David Missions	M53		3:26:55								
587	818	Jim Edwards	M57	Haslemere Border	3:27:38								
588	769	Richard Wilce	M48	Utopia Runners	3:27:45								
589	51	Julie Price	F38	Heathfield RR	3:27:52	S							