

23rd Berkhamsted Half Marathon & 5 Mile Fun Run

6th March 2005

Results

Half Marathon Results

1	389	Graham Clews	M34	1:16:25	77	369	Philip McClean	M47	Dunstable RR	1:34:54
2	384	Stephen Buckle	M23	1:16:33	78	152	Melissa Arkinstall	F28	Chiltern Harriers	1:35:16
3	82	Reece Street	M38	1:16:53	79	214	Julian Smith	M33		1:35:36
4	128	Paul Allen	M42	1:18:14	80	108	Nicholas King	M44	Sudbury Court RC	1:35:51
5	40	Tony Sheldon	M47	1:18:48	81	407	David Grimsdale	M48	Dacorum & Tring AC	1:35:53
6	174	Jonathan Bradley	M41	1:20:07	82	372	Steven King	M35	Gade Valley Harr	1:36:13
7	228	Grant West	M36	1:20:53	83	401	Rob Staggs	M28		1:36:20
8	210	Darren Coleman	M35	1:21:14	84	320	Nathan Welch	M32		1:36:48
9	306	Stirling Slingerland	M33	1:21:17	85	398	Chris Potter	M33		1:37:04
10	13	Gavin Evans	M44	1:21:21	86	183	Lucy Hadler	F28		1:37:13
11	100	Vincent Ellerby	M40	1:21:30	87	50	Kirsty Barnett	F30	Tring RC	1:37:17
12	146	Bill Hawes	M38	1:21:39	88	64	William Street	M38		1:37:18
13	359	Michelle Lee	F32	1:21:41	89	258	Jonathan Lee	M38		1:37:28
14	148	Guy Woollett	M35	1:21:53	90	382	Neil Morgan	M37		1:37:38
15	164	Gerry Taylor	M38	1:22:10	91	31	Kevin Morris	M40	St Albans Striders	1:37:49
16	286	Ruairi Maciver	M38	1:22:46	92	66	John Gibson	M53	Vale of Aylesbury	1:37:54
17	194	Michael Kazimierski	M34	1:22:56	93	93	Thea Gudgeon	F28		1:38:11
18	97	Christopher Lamont	M52	1:23:07	94	260	Nicky Napkins	M52	Chelsea FC	1:38:17
19	186	Jamie Felix	F28	1:23:24	95	126	Tom De Val	M31		1:38:25
20	205	David Jackson	M30	1:23:29	96	178	Ryan Spencer	M30	Watford Joggers	1:38:32
21	348	Alan Whelan	M39	1:23:36	97	355	Andrew Maher	M32	St Albans Striders	1:39:13
22	139	Diarmuid Macdougall	M38	1:23:56	98	105	David Perry	M37		1:39:15
23	132	Simon Weston	M20	1:24:35	99	172	Stephen Hathaway	M41		1:39:25
24	121	Tim Underhill	M36	1:24:39	100	366	Nicholsa Brown	M29		1:39:45
25	226	Jonathan Roberts	M32	1:24:53	101	92	Kirsty Green	F28		1:39:52
26	427	Roger Hill	M48	1:25:19	102	281	David O'Neill	M42		1:39:57
27	388	Danny Digweed	M21	1:25:29	103	358	Jurgen Groet	M37		1:40:01
28	49	Simon Barnett	M26	1:25:41	104	383	Philip Klesel	M37		1:40:16
29	223	Neil Thubron	M39	1:26:05	105	237	Andy Baker	M38		1:40:21
30	409	Simon Allen	M39	1:26:15	106	397	Philip Wilton	M47	Tring RC	1:40:28
31	345	Matt Reed	M24	1:26:20	107	143	Nigel Kippax	M47	Tring RC	1:40:31
32	67	Andrew Hill	M26	1:26:55	108	144	Phil Lovelace	M31		1:40:37
33	109	Daniel Watkins	M36	1:27:08	109	160	Alison Harding	F44	Tring RC	1:40:39
34	163	David Roberts	M36	1:27:13	110	151	Chris Hoyland	M40		1:40:40
35	395	John Morton	M39	1:27:16	111	140	Phil Ede	M36		1:40:54
36	5	John O'Grady	M37	1:27:23	112	39	Piers Keenleyside	M47	British Airways AC	1:41:00
37	433	Neil O'Madnagh-Lennon	M24	1:27:29	113	62	Tim Hollingsworth	M43	Tri Force	1:41:16
38	300	Andrew Glendinning	M33	1:28:09	114	52	Stephen Gould	M51		1:41:27
39	396	Adam Marcinowicz	M23	1:28:37	115	555	Michael Walker	M49		1:41:32
40	344	Luke Delderfield	M24	1:29:16	116	390	John Weaver	M33		1:41:40
41	193	Sean Bowen	M40	1:29:19	117	431	Hamadj Aharbi	M35		1:41:43
42	116	Michael Turney	M41	1:29:25	118	169	Mark Williams	M48	Gade Valley Harr	1:41:44
43	70	Nicholas Bingham	M59	1:29:27	119	275	Dave Debnam	M57	Stopsley Striders	1:41:45
44	387	Andrew Forster	M34	1:29:33	120	231	Karen Ashby	F46	Stopsley Striders	1:41:53
45	96	Andy Honour	M39	1:30:35	121	78	Christopher Cornwell	M54		1:41:55
46	255	Jon Dickens	M31	1:30:38	122	221	Judy Marchant	F48	Eton Manor AC	1:42:03
47	313	Mick North	M45	1:30:44	123	279	Trevor Lark	M45		1:42:16
48	405	Paul Simpson	M32	1:30:46	124	362	Deon Percival	M29	Gade Valley Harr	1:42:18
49	361	Neil Ingle	M34	1:30:52	125	23	David Holmes	M51	Chiltern Harriers	1:42:22
50	351	Marcello Burbante	M26	1:30:54	126	168	Clare Bonnick	F43	Watford Joggers	1:42:35
51	350	Dave Dixon	M36	1:31:09	127	349	Richard Sherlock	M49	Windle Valley	1:42:36
52	293	Russell Devitt	M56	1:31:23	128	259	Robert Graham	M27		1:42:40
53	103	Paul Loft	M41	1:31:38	129	331	Ali MacMaster	F31		1:42:41
54	133	Will Connolly	M51	1:31:40	130	329	Jim Aston	M41		1:42:46
55	254	Val Swingler	F38	1:31:50	131	173	Paul Wagner	M43		1:42:47
56	305	Nick Garlick	M29	1:31:53	132	3	Martin Unerman	M41		1:42:49
57	94	John Tweddle	M30	1:31:56	133	375	William Jones	M32	TRA	1:42:50
58	45	Walter McCarthy	M44	1:32:13	134	307	Kerry Viner	F20		1:42:51
59	161	Alan Ransome	M37	1:32:15	135	179	Gary Stewart	M36	Watford Joggers	1:42:52
60	292	David Stanley	M52	1:32:19	136	298	Matt King	M29		1:43:03
61	71	Steve Field	M54	1:32:53	137	58	Patrick Sibley	M56		1:43:07
62	308	Barry Chisholm	M46	1:33:10	138	113	Michael Barrowman	M58	St Albans Striders	1:43:18
63	56	James Buttlemann	M41	1:33:12	139	154	Neil Brown	M46		1:43:39
64	227	Michael Pocock	M49	1:33:18	140	234	Darren Hogg	M31		1:43:47
65	326	Antony Allen	M59	1:33:24	141	107	Gail Maleham	F38		1:43:48
66	149	Andy Newing	M38	1:33:29	142	379	Lee Bowles	M19		1:43:57
67	224	Anna Lankester	F38	1:33:39	143	177	Fabian Mills	M58	Dacorum & Tring AC	1:44:01
68	421	John Peerless	M49	1:34:07	144	12	James Taggart	M55	London Heathside	1:44:02
69	365	Nigel Taylor	M49	1:34:08	145	90	Richard Horne	M36		1:44:05
70	339	James Thornborrow	M32	1:34:15	146	399	Philip Treleven	M41		1:44:13
71	22	Richard Dobby	M30	1:34:17	147	416	Lynne Harris	F51		1:44:17
72	229	Mustafa Salih	M40	1:34:18	148	1	Dave Jones	M45	Tring RC	1:44:30
73	419	Alec Campbell	M40	1:34:26	149	314	Mark Pace	M44		1:44:31
74	21	Louise Barnett	F30	1:34:34	150	17	Charles Swan	M48	London Heathside	1:44:39
75	32	John Manning	M51	1:34:48	151	346	Emma Bradbury	F31		1:44:41
76	53	Richard Jackson	M36	1:34:54	152	215	Martin Lodge	M44		1:44:53
					153	65	Dawn Robson	F39		1:45:00
					154	122	Daniel Lowans	M33		1:45:11
					155	333	Stephen Gladman	M55		1:45:17

156	4	Mary Casserley	F38	1:45:26	240	311	Jeremy Turek	M45	1:54:53		
157	426	Keturah Hughes	F29	Chiltern Harriers	1:45:29	241	69	Robert Jackson	M49	1:55:03	
158	63	Graham Asher	M48	Tring RC	1:45:35	242	83	Paula Hurd	F41	1:55:10	
159	225	Jody Conibear	F28		1:45:37	243	46	Ron Holland	M56	1:55:17	
160	84	Andy Halliday	M43		1:45:38	244	408	James Wright	M37	1:55:25	
161	373	Duncan Smith	M36	Tring RC	1:45:40	245	406	Matthew DeBoise	M24	1:55:26	
162	246	Phil Woodgate	M54	Bearbrook Joggers	1:45:42	246	233	Mandy Neale	F31	1:55:32	
163	370	Bryony Rance	F30		1:45:45	247	315	Michael Campbell	M41	1:55:38	
164	180	Richard Edwards	M34		1:45:48	248	54	Sarah Jackson	F37	1:55:39	
165	153	Brian Coughlan	M32		1:45:53	249	15	Peter Heath	M46	1:55:51	
166	323	Jeremy Harrison	M41		1:45:54	250	376	Christopher Horton	M43	1:56:04	
167	325	Paul Cowan	M42	Tring RC	1:45:55	251	209	Mark Highfield	M46	1:56:07	
168	162	Robert Carter	M33	Serpentine RC	1:46:01	252	288	Giorgis Frapcesioni	M48	1:56:12	
169	16	Tamara Oyre	F37	London Heathside	1:46:02	253	216	John Thompson	M46	1:56:13	
170	26	John Hopper	M36		1:46:08	254	266	David Tong	M63	1:56:20	
171	101	Charlie Cowpe	M25	Tring RC	1:46:13	255	368	Steven Marshall	M44	1:56:41	
172	102	Oliver Lewin	M29	Tring RC	1:46:16	256	212	Alec Fraser	M63	N Norfolk Beach R	1:56:43
173	28	Sarah Hill	F24	Tring RC	1:46:22	257	72	Colin Harris-Rowe	M64		1:56:53
174	166	Tony Robinson	M41	Shires Triers	1:46:24	258	341	Rachel Turner	F42		1:56:59
175	235	Brian Nicholson	M57	Tring RC	1:46:36	259	88	Nicholas Jinks	M44		1:57:05
176	274	David Heron	M52	Tring RC	1:46:37	260	357	Deborah Manners	F40	BBC RC	1:57:07
177	377	Yvonne Brehmer	F35		1:46:52	261	99	Steve Hocking	M43		1:57:08
178	104	Beky Hughes	F26	Chiltern Harriers	1:47:09	262	42	Maurice Bond	M57		1:57:33
179	6	Kate Loach	F43	Chiltern Harriers	1:47:18	263	410	Catherine Winders	F31		1:57:38
180	403	Alan Gilmor	M30	Abingdon Amblers	1:47:22	264	304	Nicola Philip	F37		1:57:38
181	197	Mark Coulston	M31	Gade Valley Harr	1:47:29	265	253	Nick Tarling	M43		1:58:01
182	10	Richard White	M50	Tring RC	1:47:44	266	289	Toni Kennedy	F25		1:58:05
183	418	Alan Garner	M45		1:47:46	267	95	Vema Burgess	F41	Tring RC	1:58:10
184	202	Lucy Mayer	F32	Bearbrook Joggers	1:48:05	268	222	Derek Blackmore	M62		1:58:12
185	334	Edward Goodwyn	M36		1:48:06	269	239	Lewis Eckett	M42		1:58:24
186	319	Tony Noakes	M45		1:48:14	270	170	Geoff Dennis	M62	Tring RC	1:58:42
187	27	Michael Griffiths	M59		1:48:18	271	125	Sascha Niedinger	M33	Pudsey Pacers	1:58:47
188	199	Steve Soper	M32		1:48:21	272	444	Philip Walker	M46		1:58:52
189	167	Ian Bonnick	M48	Watford Joggers	1:48:35	273	208	Nicola Cutmore	F28		1:58:55
190	420	Simon Stothard	M22		1:48:42	274	150	Jess Reinhold	F31		1:58:57
191	156	Mark Bilsdon	M35		1:48:46	275	195	Julian Omerod	M38		1:59:33
192	236	Lisa Wood	F41		1:48:55	276	340	Simon Dobbs	M53		1:59:38
193	335	Neil Johnson	M44		1:48:58	277	374	Chris Browne	M49		1:59:48
194	75	Tonya Williams	F34	Tring RC	1:49:00	278	44	Angus Grady	M47		2:00:00
195	110	Roger Blofeld	M55		1:49:01	279	252	Rob Wakely	M47		2:00:05
196	43	Alan Segall	M40		1:49:08	280	290	Catherine Timothy	F25		2:00:09
197	159	Vito Luisi	M40	Barnet & Dist AC	1:49:21	281	424	Graham Russell	M53		2:00:20
198	155	Sarah Hern	F25		1:49:23	282	316	Paula Cook	F41	Gade Valley Harr	2:00:23
199	356	David Field	M28		1:49:42	283	429	Phill Coates	M48	St Albans Striders	2:00:32
200	336	Richard Ruffell	M43	British Airways AC	1:49:46	284	330	Helen Preston	F32		2:00:35
201	185	Melissa Dods	F29	Serpentine RC	1:49:47	285	317	Lesley Fitzgerald	F46	Gade Valley Harr	2:00:40
202	119	Sharon Wood	F35	Metros	1:49:52	286	187	Ayo Taiwo	F33		2:00:42
203	98	Terry Thatcher	M48		1:50:04	287	322	Geoff Doyle	M60		2:01:30
204	400	Michael Kenna	M50		1:50:09	288	29	Janet Reeve	F43	Tring RC	2:01:53
205	189	Mike Raysbrook	M48		1:50:26	289	201	Helen Milbourn	F23		2:02:38
206	352	Susie Burnett	F34		1:50:30	290	89	Steven Goldstein	M41		2:02:38
207	106	Jim Whyman	M31		1:50:38	291	60	Stuart Sampson	M36		2:02:45
208	188	Nick Joseph	M40		1:50:55	292	312	Sue Dear	F29	Gade Valley Harr	2:02:49
209	430	Jeremy Bogush	M35		1:51:09	293	218	Jonathan Lumsdon	M32		2:02:59
210	211	Andrew Mason	M38		1:51:14	294	432	Gilly Querforth	F29		2:02:59
211	158	Anne Butchart	F41		1:51:17	295	295	Cherie Thorn	F25		2:03:05
212	138	Paul Brooks	M41	RRC	1:51:30	296	415	Peter Blackmore	M32	Watford Harriers	2:03:19
213	363	Jennifer Harris	F28		1:51:33	297	415	Anthony O'Sullivan	M28		2:03:31
214	257	Susan Cooper	F34	TVH	1:51:38	298	309	Louise Baker	F41	Bishops Stortford	2:03:45
215	380	Ethan Stone	M35	London Fronrunner	1:51:38	299	200	Anna Southworth	F24		2:04:17
216	360	Ian Tupman	M40		1:51:56	300	417	James Dyson	M19		2:05:02
217	327	Ken Lennon	M55		1:52:01	301	111	Sandra Mogan	F39	Gade Valley Harr	2:05:13
218	184	Neale Simmons	M41		1:52:05	302	157	Dennis Devey	M70	Cove Joggers	2:05:59
219	367	Tom Brookes	M31		1:52:21	303	181	Michelle Juniper	F39		2:06:07
220	213	Gillian Foy	F30	Tring RC	1:52:36	304	385	Stephen Kitcher	M34		2:06:35
221	61	Kim Reed	F40	Tring RC	1:52:39	305	386	Jim Powles	M37		2:06:38
222	381	Bruce Thew	M46		1:52:42	306	57	Cristina Bustamante	F29		2:06:44
223	394	Andrew Miller	M34		1:52:54	307	332	Alex Parsons	F33		2:06:48
224	117	Mark Whewy	M35		1:53:10	308	269	Darinka Reilly	F47	Handy Cross Runner	2:06:50
225	402	Christopher Stagg	M59	Sudbury Court RC	1:53:32	309	24	Janine Larson	F36		2:06:52
226	134	Ursula Downs	F48		1:53:47	310	328	Mark Drew	M41		2:06:53
227	18	Nicholas Cowley	M39		1:53:49	311	425	Rachel Bown	F39		2:07:08
228	364	Guy Jackson	M43		1:53:51	312	404	Clare Sepede	F31	Handy Cross Runner	2:07:11
229	137	Dennis Draper	M68	Garden City Runner	1:53:59	313	285	Kevin Seaborne	M45		2:08:02
230	321	Gerard McKenna	M39		1:54:01	314	241	Jayne Eckett	F39		2:08:28
231	240	Jason Wollington	M35	Gade Valley Harr	1:54:10	315	270	Kathleen Gilmartin	F51		2:08:43
232	232	Mark Molyneux	M48		1:54:13	316	135	Valerie Coignard	F31		2:08:52
233	428	Peter U	M46		1:54:18	317	123	Susan Cook	F37		2:08:56
234	220	Andy Ballantyne	M41		1:54:22	318	412	Peter Hickman	M24		2:09:19
235	338	Tina Hughes	F41		1:54:33	319	413	Shirley Leitch	F26		2:09:19
236	68	Joseph Merlini	M37		1:54:39	320	287	Abigail Oxley	F24		2:09:24
237	145	Mick Coppock	M46		1:54:40	321	284	Amanda Seaborne	F40		2:09:59
238	343	Henrik Hansen	M36	BP Helios Harr	1:54:48	322	2	Michael Read	M66		2:10:02
239	423	Alison Bollecutt	F34		1:54:52	323	303	Michelle Neary	F35		2:10:20

324	74	Fanny Yiasoumi	F49	Gade Valley Harr	2:11:02
325	25	Philomena Williamson	F49	Gade Valley Harr	2:11:15
326	262	Pauline Jones	F37		2:11:23
327	296	Trude Gardner	F36		2:11:26
328	378	Theresa Dauncey	F35		2:11:27
329	147	Nicci Manfield	F32	Gade Valley Harr	2:11:45
330	261	Richard Crane	M39	Sydney Strdrs AUS	2:12:09
331	324	Frances Mills	F42	Tring RC	2:12:36
332	112	Allen Browning	M39		2:12:42
333	136	Peter Cook	M35		2:13:13
334	238	David Mountford	M49		2:13:21
335	268	Gary Mitchell	M29	Walking Orca	2:14:46
336	267	Richard Keane	M31	Walking Orca	2:14:46
337	85	Patricia Halliday	F34		2:15:28
338	77	Jane Vellacott	F53		2:15:52
339	198	N Pavlof	F34		2:16:15
340	301	Natalie Drake	F30		2:16:22
341	422	Alex Pomerance	M43		2:16:47
342	59	Mark Olsen	M50		2:16:56
343	171	Beth Dennis	F56	Tring RC	2:16:58
344	354	Deepak Agrawal	M18		2:18:03
345	256	Angela Hall	F39		2:21:06
346	337	Anne George	F53		2:23:12
347	318	Evonne Pollatus	F27	Gade Valley Harr	2:25:16
348	243	David Bryant	M66	Watford Harriers	2:25:58
349	353	Mike Gilbert	M51		2:26:02
350	347	Mark Andrews	M59		2:26:46
351	176	Mike Gaunt	M54	Tring RC	2:27:04
352	175	Pam Burley	F52	Tring RC	2:27:06
353	206	Nick Burt	M28		2:29:03
354	33	Patricia Buller	F45		2:29:18
355	277	Anna Batchelor	F40		2:30:35
356	282	Susan Roscoe	F39		2:30:35
357	190	May Milton	F46		2:32:16
358	265	Delia Thomson	F51		2:32:39
359	280	Andrew Crosher	M35		2:33:18
360	371	Katherine Hardcastle	F24		2:34:54
361	79	Steve Chambers	M27		2:35:18
362	297	Caroline Green	F34		2:36:36
363	207	Sarah Jerram	F35		2:37:07
364	342	Maxine Smiles	F35		2:37:46
365	142	Mary Manfield	F53	Gade Valley Harr	2:39:22
366	34	Colin Witt	M49		2:40:18
367	392	Jane Mosley	F20	Gade Valley Harr	2:41:38
368	391	Lynne Mosley	F48	Gade Valley Harr	2:41:38
369	393	Paul Mosley	M50	Gade Valley Harr	2:41:38
370	203	Sudhir Kaligotia	M33		2:46:12
371	124	Raymond Hoyle	M62	Watford Harriers	2:55:09

Team Results

1	St Albans Striders	Total :-	59
	:A384 - S Buckle 2:A228 - G West 7:A132 - S Weston 23:		
	:A388 - D Digweed 27:		
2	Gade Valley Harr	Total :-	62
	:A100 - V Ellerby 11:A146 - B Hawes 12:A148 - G Woollett 14:		
	:A226 - J Roberts 25:		
3	Chiltern Harriers	Total :-	96
	:A40 - T Sheldon 5:A427 - R Hill 26:A223 - N Thubron 29:		
	:A5 - J O'Grady 36:		
4	Tring RC	Total :-	156
	:A348 - A Whelan 21:A49 - S Barnett 28:A67 - A Hill 32:		
	:A32 - J Manning 75:		
5	Dacorum & Tring AC	Total :-	197
	:A128 - P Allen 4:A313 - M North 47:A326 - A Allen 65:		
	:A407 - D Grimsdale 81:		
6	Serpentine RC	Total :-	212
	:A306 - S Slingerland 9:A286 - R Maciver 16:A186 - J Felix 19:		
	:A162 - R Carter 168:		
7	Stopsley Striders	Total :-	272
	:A164 - G Taylor 15:A97 - C Lamont 18:A275 - D Debnam 119:		
	:A231 - K Ashby 120:		
8	London Heathside	Total :-	310
	:A174 - J Bradley 6:A13 - G Evans 10:A12 - J Taggart 144:		
	:A17 - C Swan 150:		
9	Watford Joggers	Total :-	323
	:A351 - M Burbante 50:A350 - D Dixon 51:A178 - R Spencer 96:		
	:A168 - C Bonnick 126:		
10	Bearbrook Joggers	Total :-	379
	:A82 - R Street 3:A409 - S Allen 30:A246 - P Woodgate 162:		
	:A202 - L Mayer 184:		
11	Watford Harriers	Total :-	1054
	:A396 - A Marcinowicz 39:A414 - P Blackmore 296:		
	:A243 - D Bryant 348:A124 - R Hoyle 371:		

5 Mile Results

1	191	Nick Harris	M30	Watford Harriers	0:29:18
2	50	Fabian Downs	M18	Chiltern Harriers	0:29:25
3	64	David Quinn	M18	Dacorum & Tring AC	0:29:57
4	153	Andrew Lansdell	M44		0:30:13
5	80	Graham Mayoh	M39	Watford Harriers	0:30:51
6	8	John Simmonds	M49	Hardley Runners	0:31:00
7	161	Richard Ruffell	M43	British Airways AC	0:31:27
8	176	Andrzej Bojarski	M32		0:31:34
9	190	Simon East	M45	Watford Harriers	0:32:18
10	58	Tommy Sheldrick	M15	Dacorum & Tring AC	0:32:24
11	91	Frank Rooney	M15	Vale of Aylesbury	0:32:38
12	77	Paul Illing	M39	Watford Harriers	0:32:42
13	177	Tim Delderfield	M33		0:33:03
14	98	Rikki Anderson	M0	Dacorum & Tring AC	0:33:04
15	1	Jack Thie	M13	Dacorum & Tring AC	0:33:04
16	81	Martin Grimsdale	M50	Watford Harriers	0:33:12
17	184	Frank Nolan	M51	Queens Park Harr	0:33:16
18	182	Lazarus Clark	M39		0:33:27
19	188	James Simpson	M27	BMS	0:33:30
20	55	Keith Preedy	M40		0:34:05
21	201	Rob Harper	M24		0:34:07
22	79	Derek Robertson	M43	Watford Harriers	0:34:12
23	62	Tony Ruberry	M48	Tring RC	0:34:17
24	76	Andrew Angus	M44	Watford Harriers	0:34:21
25	31	Steve Bevan	M43		0:34:25
26	209	Derek Peverill	M59	Vale of Aylesbury	0:34:41
27	183	Jonathan Ludford	M29		0:35:01
28	168	Alan Scott	M24		0:35:50
29	160	James Ruffell	M11	Thomas Coram Sch	0:35:55
30	169	Frances Roberts	F15	Dacorum & Tring AC	0:35:59
31	173	Justin Davis	M25		0:36:01
32	189	Phillip Brown	M38		0:36:10
33	53	Ben Evers	M29		0:36:25
34	243	Mike Todd	M43		0:36:27
35	202	Katherine Baker	F21	S'bury Barnet Harr	0:36:32
36	234	Colin Bradley	M36		0:36:39
37	227	Brian Trevette	M58	Chiltern Harriers	0:36:41
38	130	Jason Rabinowitz	M38		0:36:45
39	208	Vicky Huxley	F30		0:36:51
40	16	Zoe Dunnings	F17	Dacorum & Tring AC	0:36:56
41	175	David Davis	M57		0:37:00
42	242	Andrew Harris	M54		0:37:04
43	198	Sopie Delderfield	F21		0:37:14
44	238	Richard Mawhood	M27	Sqealer AC	0:37:19
45	96	Christopher Monks	M46		0:37:27
46	207	Lawrence Chandler	M12	Bridgewater Sch	0:37:36
47	145	James Honour	M44		0:37:44
48	86	Christopher Hayward	M55		0:37:50
49	187	Daniel Cooper	M27	St Joan of Arc	0:38:02
50	141	Colin Grey	M47		0:38:04
51	39	Paul Stoten	M48	Tring RC	0:38:16
52	116	Karen Chambers	F42		0:38:19
53	138	Paul Richardson	M43		0:38:26
54	218	Maria Cook	F42	Tring RC	0:38:26
55	179	David Bradbury	M31		0:38:30
56	114	Matt Lampey	M14	Ashlyns School	0:38:33
57	7	Jonathan Leyland	M40		0:38:42
58	206	Chris Pike	M35		0:38:49
59	186	Matthew Armstrong	M35	Dacorum & Tring AC	0:38:52
60	140	Martin Reeder	M43		0:38:59
61	244	Arthur Hammond	M50		0:39:13
62	139	James Deacon	M25		0:39:16
63	148	Christopher Chapman	M15	Ashlyns School	0:39:17
64	203	Crawford Currie	M36		0:39:31
65	235	Alex Maggs	M26		0:39:49
66	192	William Westley	M16		0:39:56
67	122	Robert Durant	M44		0:40:05
68	126	James Geoghegan	M14	Ashlyns School	0:40:10
69	78	Jayne Turnley	F38	Watford Harriers	0:40:12
70	166	William Sommerfeld	M13	Bridgewater Sch	0:40:16
71	115	Nick Ormiston	M12	Berkhamsted Coll	0:40:27
72	232	Tom Matthews	M13		0:40:28
73	30	Tom Bevan	M12	Thomas Coram Sch	0:40:30
74	104	Ray Smith	M46		0:40:32
75	225	Dan White	M45		0:40:33
76	233	Nick Reynolds	M13	Chiltern AC	0:40:46
77	185	Christine Bycroft	F49	Queens Park Harr	0:40:47
78	133	Thomas O'Dair	M13	Chesham High Sch	0:40:47
79	12	James Doughty	M16	Ashlyns School	0:41:01
80	241	Simon Deacon	M39		0:41:06
81	211	Richard O'Brien	M42		0:41:31
82	111	C Newcombe-Cotsee	M14	Ashlyns School	0:41:36

83	109	Adam Forshaw	M13	Raiders U14 FC	0:41:40	167	67	M Knight	F42		0:51:18
84	129	Kevin Clarke	M45		0:41:48	168	9	Anne Guest	F44		0:51:36
85	38	Douglas Biswell	M57		0:41:56	169	103	Suzie Spurna	F25		0:51:37
86	20	Andrew Webb	M40		0:42:15	170	236	Melanie Connibear	F26		0:51:54
87	119	Tim Symington	M41		0:42:18	171	131	Brian Maleham	M37		0:52:04
88	212	William Pett	M14	Berkhamsted Coll	0:42:30	172	219	Chloe Goulding	F13	Chesham High Sch	0:52:08
89	174	Stuart Darrington	M25		0:42:31	173	45	Brenda Boyd	F53		0:52:17
90	194	Christopher Bradshaw	M13		0:42:31	174	150	Sam Sommerfeld	M11	Bridgewater Sch	0:52:22
91	199	Mark Barfield	M34		0:42:40	175	222	Georgia Brown	F12	Berkhamsted Coll	0:52:36
92	226	Ben White	M24		0:42:42	176	223	David Brown	M48		0:52:37
93	61	Michael Coen	M58		0:42:47	177	92	Hazel Fleming	F13	Ashlyns School	0:52:40
94	27	Jonathan Richardson	M14	Berkhamsted Coll	0:42:53	178	82	Rachel Murgatroyd	F13	Ashlyns School	0:52:40
95	117	Michael Chambers	M43		0:43:02	179	210	Rebekah Wilson	F13	Ashlyns School	0:52:40
96	237	Will Morrish	M28		0:43:06	180	48	Alan Gammage	M57		0:53:18
97	178	John Hunter	M36		0:43:09	181	19	Mark Evans	M15		0:53:37
98	6	Clive Wright	M45	Dacorum & Tring AC	0:43:12	182	157	Toby Roberts	M46		0:53:54
99	249	Simon Finnamore	M44		0:43:16	183	217	Marcia Morrissy	F49		0:54:27
100	231	Nick Mellors	M46		0:43:16	184	142	Jasmin Payne	F11	Bridgewater Sch	0:54:33
101	228	Lucy Peacock	F26		0:43:23	185	221	Julie Goulding	F40	Goulding	0:54:50
102	134	Richard O'Dair	M42		0:43:34	186	215	Martin Pett	M47		0:55:12
103	32	Brian McCarthy	M42	Tring RC	0:43:37	187	60	Christopher Dandridge	M49		0:55:14
104	97	Carol Childs	F47		0:43:42	188	11	Sandra Gould	F46		0:55:21
105	246	Julian Przygodzki	M29		0:43:44	189	95	John Boielle	M71	Tring RC	0:55:46
106	49	Janet Connolly	F46		0:43:48	190	165	Dorrit Cartmell	F53		0:55:55
107	4	Peter Hadden	M45		0:43:58	191	29	Susie Richardson	F12	Abbotts Hill Sch	0:56:44
108	118	Tim Prouse	M49		0:44:01	192	28	David Richardson	M40		0:56:44
109	147	Dave Hardy	M41		0:44:05	193	42	Anita Nielsen	F39		0:56:49
110	83	Samuel Murgatroyd	M11	Bridgewater Sch	0:44:11	194	121	Colin Whitley	M41		0:56:55
111	204	Anna Dentschuk	F29		0:44:20	195	180	Ella Beaumont	F9	St Thomas Monk	0:57:06
112	132	Alan Hunt	M43		0:44:43	196	216	Teresa Iskra	F54		0:57:13
113	229	Dag Andersson Till	M43		0:44:46	197	164	Ann Ramirez	F52		0:57:31
114	230	Douglas Tilk	M11		0:44:47	198	23	Carol Preedy	F37		0:57:33
115	94	David Hays	M65	St Albans Striders	0:44:48	199	167	Trevor Longley	M58		0:58:05
116	172	Sarah Jamie	F40		0:44:54	200	63	Andrea Bettridge	F36		0:58:16
117	2	Nick Wake	M41		0:45:07	201	85	Gail Skelton	F44		0:59:01
118	75	Christine James	F49	Watford Harriers	0:45:25	202	136	Caroline Howes	F13	Ashlyns School	0:59:16
119	128	Keith Insch	M45		0:45:30	203	181	Charlotte Beaumont	F15	Ashlyns School	0:59:19
120	159	Lauren Fraser	F21		0:45:37	204	135	Judith Rogers	F46		0:59:23
121	56	Gareth Preedy	M10		0:45:46	205	73	Dominique Maslen	F28		0:59:25
122	89	Colin Simpson	M58		0:45:55	206	112	Rupin Rach	M14	Chesham High Sch	1:00:36
123	5	Tom Hadden	M12	Berkhamsted Coll	0:45:55	207	72	Susan Welsh	F42		1:00:47
124	205	Mandy Claik	F38		0:45:57	208	71	Gren Jones	M70		1:00:48
125	65	Jenny Hayward	F12	Chiltern Harriers	0:46:09	209	155	Timmy Roberts	M8		1:01:22
126	158	Charles Hussey	M46		0:46:20	210	106	Joe Iddison	M14	Raiders U14 FC	1:01:41
127	146	Debbie Watson	F29		0:46:28	211	107	Louise Iddison	F43	Raiders U14 FC	1:02:22
128	239	Peter Leonhardt	M27		0:46:29	212	108	Neil Forshaw	M44	Raiders U14 FC	1:02:22
129	193	David Westley	M13		0:46:30	213	102	Amber Postings	F12		1:02:30
130	84	Paul Copas	M41		0:46:31	214	101	Emma Campbell	F12		1:03:12
131	88	Lydney Allen	F11		0:46:33	215	143	Kaela Greig	F9		1:03:29
132	105	Matt Watts	M14	Raiders U14 FC	0:46:36	216	144	Marc Greig	M39		1:03:36
133	224	Ariane Juzen	F44	Hash House Harr	0:46:59	217	59	Lucy Spriggs	F37		1:04:06
134	220	Lily Goulding	F11	Bridgewater Sch	0:47:01	218	52	Helen Bojarski	F31		1:04:07
135	171	Philip Prunty	M44		0:47:09	219	68	Linda Roads	F43		1:04:32
136	156	Emma Roberts	F11		0:47:44	220	196	Heather Webb	F48		1:04:32
137	151	Georgia Sommerfeld	F11	Bridgewater Sch	0:47:44	221	162	Naomi Reeves	F11		1:13:03
138	51	Brenda King	F60	Running Sisters	0:47:47	223	163	Amandine George	F12	R.M.S	1:13:03
139	240	Ian Barnes	M56	Gade Valley Harr	0:48:14	224	214	Florence Pett	F11		1:16:49
140	57	John Sheldrick	M55		0:48:17	225	24	Emma Preedy	F12		1:17:19
141	15	Ginny Dunnings	F45	Dacorum & Tring AC	0:48:19	226	213	Sylvia Kaisz	F25		1:17:20
142	195	Timothy Bradshaw	M11		0:48:19	227	248	Sophie Vellacott	F13	Bridgewater Sch	1:17:20
143	3	Elizabeth Brazier	F38		0:48:41	228	25	Rebecca Hall	F15		1:17:27
144	13	Gary Illingworth	M47		0:48:52	229	247	Simon Vellacott	M50		1:19:51
145	127	David Sayers	M40		0:49:00	230	47	Eileen Gammage	F57		1:22:26
146	74	Ann Renew	F48	Watford Joggers	0:49:01	231	6	Michael Boyd	M55		1:22:27
147		No Race Number			0:49:09						
148	154	Sarah Vooden	F37		0:49:10						
149	123	Angela Proctor	F41		0:49:22						
150	170	Blazej Ziembaczewski	M27		0:49:24						
151	245	Catherine Jinks	F43		0:49:26						
152	18	Roger Evans	M48		0:49:31						
153	66	Fiona Hayward	F10	Chiltern Harriers	0:49:33						
154	149	Keith Morgan	M41		0:49:33						
155	120	James Whitley	M12	Bridgewater Sch	0:49:43						
156	137	Brian Wedge	M51		0:49:51						
157	87	Margaret Allen	F45		0:49:54						
158	197	Conor McKenna	M11	J.F.K	0:50:04						
159	10	Caroline Crozier	F42		0:50:29						
160	125	Katherine Noble	F10	Berkhamsted Coll	0:50:33						
161	124	Peter Noble	M48		0:50:40						
162	152	Monika Keith	F35		0:50:40						
163	43	Emma Lacey	F37		0:50:42						
164	93	Graham Caygill	M25		0:50:52						
165	100	Scott Green	M25		0:51:17						
166	99	Steve Mark	M30		0:51:17						

Team Results

School Team

1 Ashlyns School Total :- 227
: B16 - Z Dunnings 40: B114 - M Lampey 56: B148 - C Chapman 63:
: B126 - J Geoghegan 68:
2 Bridgewater Sch Total :- 241
: B1 - J Thie 15: B207 - L Chandler 46: B166 - W Sommerfeld 70:
: B83 - S Murgatroyd 110:
3 Berkhamsted Coll Total :- 376
: B115 - N Ormiston 71: B212 - W Pett 88: B27 - J Richardson 94:
: B5 - T Hadden 123:

Team Prize

- 1 Watford Harriers Total :- 27
:B191 - N Harris 1:B80 - G Mayoh 5:B190 - S East 9:
:B77 - P Illing 12:
- 2 Dacorum & Tring AC Total :- 42
:B64 - D Quinn 3:B58 - T Sheldrick 10:B98 - R Anderson 14:
:B1 - J Thie 15:
- 3 Tring RC Total :- 231
:B62 - T Ruberry 23:B39 - P Stoten 51:B218 - M Cook 54:
:B32 - B McCarthy 103:
- 4 Chiltern Harriers Total :- 317
:B50 - F Downs 2:B227 - B Trevette 37:B65 - J Hayward 125:
:B66 - F Hayward 153:
- 5 Raiders U14 FC Total :- 353
:B114 - M Lampey 56:B111 - C Newcombe-Cotsee 82:
:B109 - A Forshaw 83:B105 - M Watts 132: