

# Sussex 20 Mile Championships

20<sup>th</sup> March 2005

## Results

### Sussex Championships - Male

1	391 Paul Froud	M38 Brighton & Hove AC	1:58:38 S
2	397 Mats Gedin	M41 Arena 80	2:01:11 S
3	97 Geoffrey Gray	M36 Seaford Striders	2:01:52 S
4	441 Guy Johnstone	M44 Hailsham Harriers	2:03:46 S
5	471 Viesturs Dude	M42 Crawley AC	2:04:49 S
6	189 Philip Morris	M31 Horsham Joggers	2:06:26 S
7	126 Stephen Wigmore	M43 Horsham Joggers	2:09:09 S
8	181 Mark Archer	M30 Arena 80	2:09:50 S
9	211 Walter Hill	M51 Crawley AC	2:10:14 S
10	275 David Rayner	M43 Crawley AC	2:10:31 S
11	459 Steve Dawson	M47 Seaford Striders	2:11:14 S
12	260 Cedric Clemerson	M50 Heathfield RR	2:11:38 S
13	227 Simon Tyler	M38 Worthing Harriers	2:12:07 S
14	335 Dave Roberts	M40 Worthing Harriers	2:12:35 S
15	233 Kevin Bush	M45 Brighton & Hove AC	2:12:52 S
16	277 David Beattie	M57 Crawley AC	2:13:15 S
17	242 David Churcher	M41	2:15:01 S
18	107 Jeremy Ransom	M36	2:15:07 S
19	393 Chris Edwards	M37 Phoenix AC	2:16:15 S
20	222 Michael Mackay	M42 Wadhurst Runners	2:16:39 S
21	35 Richard Moore	M43 Chichester Runners	2:17:44 S
22	200 Keith Valentine	M51 Horsham Joggers	2:18:28 S
23	408 Mike Cooper	M38 Chichester Runners	2:19:43 S
24	256 Chris Piper	M39 Seaford Striders	2:19:50 S
25	265 Mark Halls	M41 Brighton & Hove AC	2:20:21 S
26	326 Matthew Horrocks	M32	2:20:58 S
27	370 Mark Hill	M41 Burgess Hill Run	2:21:22 S
28	69 Colin Harley	M48 Chichester Runners	2:23:03 S
29	170 Matt Clarke	M33 6th Dimension	2:23:37 S
30	72 Doug Chant	M46 Hailsham Harriers	2:23:52 S
31	462 Brian Clark	M51 Brighton & Hove AC	2:24:09 S
32	254 Keith Delderfield	M47 Burgess Hill Run	2:25:32 S
33	217 Steve Alden	M43 Mid Sussex Tri	2:26:13 S
34	178 Marc Seatter	M30 Hailsham Harriers	2:26:19 S
35	264 James White	M40 Liss Runners	2:26:38 S
36	389 Richard Speller	M41 Worthing Striders	2:28:03 S
37	31 Tim Farmer	M39	2:28:40 S
38	192 Peter Maddison	M53 Crowborough Runner	2:28:46 S
39	124 David Whittle	M40 Brighton & Hove AC	2:28:49 S
40	59 Ralph Bernascone	M55 Henfield Joggers	2:29:20 S
41	199 Paddy Duly	M57 Hastings Runners	2:29:41 S
42	270 Allen Grant	M39 Hailsham Harriers	2:30:11 S
43	212 Chris Dauncey	M59 Brighton Hash	2:30:52 S
44	252 Trevor Goddard	M38 Horsham Joggers	2:31:20 S
45	241 Mark Taylor	M41 Seaford Striders	2:31:39 S
46	182 David Bridle	M45 Tone Zone Runners	2:32:09 S
47	362 Oliver Gandy	M35 Deal Tri	2:32:09 S
48	205 John Gill	M61 Haywards Heath H	2:32:35 S
49	271 John Marinko	M39	2:32:49 S
50	428 Kevin Battell	M42 Crowborough Runner	2:33:23 S
51	27 James Welbury	M46 Crowborough Runner	2:33:24 S
52	272 Albert Kemp	M58 Wadhurst Runners	2:34:25 S
53	454 Russell Crimes	M47 Chichester Runners	2:34:26 S
54	201 John McSkimming	M47 Horsham Joggers	2:34:31 S
55	282 Anthony Hancock	M48 Chichester Runners	2:36:07 S
56	444 Steve Sawyer	M35	2:36:12 S
57	1003 James Pennicott	M22 Chichester Runners	2:36:16 S
58	74 Jon Herbert	M38 Burgess Hill Run	2:36:24 S
59	172 Michael Clark	M48 Tone Zone Runners	2:36:29 S
60	169 Michael Batstone	M55 Tone Zone Runners	2:36:48 S
61	1002 Derek Pennicott	M55	2:37:16 S
62	420 Andrew Haig	M59 Phoenix AC	2:38:29 S
63	103 Matthew Cowdrey	M31 Crawley AC	2:38:40 S
64	9 Mike Everett	M38 Arena 80	2:39:24 S
65	439 Matthew Gibson	M31	2:39:26 S
66	45 Richard Peers	M30 Haywards Heath H	2:39:53 S
67	110 John Troy	M57	2:40:26 S
68	6 Anthony Johnson	M45 Horsham Joggers	2:42:49 S
69	239 Darren Tuppen	M40 Hastings Runners	2:42:53 S
70	279 Ivan Bertram	M50 Fittleworth Flyers	2:43:24 S
71	4 Jonathan Webster	M38	2:43:35 S
72	273 Daniel Winslet	M30	2:43:51 S
73	419 Jeremy Bushell	M39	2:44:05 S
74	84 Neil Barnard	M49	2:44:14 S
75	341 John Birkins	M44 Horsham Joggers	2:44:31 S
76	94 Peter Brownlie	M49 Burgess Hill Run	2:44:59 S
77	337 Grant Patterson	M41	2:45:20 S

78	467 John Aptison	M49	2:45:55 S
79	398 Benny Coxhill	M46 Burgess Hill Run	2:49:09 S
80	363 Mark Armitage	M35 Haywards Heath H	2:49:27 S
81	67 Simon Robinson	M38	2:49:42 S
82	225 Graham Fautless	M42 Seaford Striders	2:49:49 S
83	85 John Coppin	M36	2:50:06 S
84	100 Patrick Clynes	M35	2:51:01 S
85	229 Simon Bampfylde	M34 Serpentine RC	2:51:01 S
86	174 Roger Sales	M52 Steyning AC	2:52:13 S
87	402 Chris Perry	M29 Chichester Runners	2:52:30 S
88	184 Glen Parsons	M50 Henfield Joggers	2:52:43 S
89	132 Miles Hall	M27	2:52:53 S
90	131 Garry Glass	M50 Lordshill RR	2:53:00 S
91	426 Simon Norris	M39	2:53:30 S
92	164 Dave English	M47 Henfield Joggers	2:53:43 S
93	101 Dipak Duggal	M41 Chichester Runners	2:53:45 S
94	361 Kelvin Baldwin	M40	2:55:19 S
95	203 George Rennie	M37 Burgess Hill Run	2:56:14 S
96	409 John Battersby	M25	2:56:50 S
97	83 Adrian Harwood	M41 Steyning AC	2:57:32 S
98	135 Neil Gausden	M44 Hailsham Harriers	2:57:33 S
99	399 Norman Harris	M58 Hailsham Harriers	2:57:34 S
100	295 Christophe Fromont	M34 Serpentine RC	2:58:19 S
101	429 Anthony Dalton	M26	2:58:46 S
102	336 Tim Jury	M51 Hastings Runners	2:59:00 S
103	395 Ian Bristow	M42	3:00:18 S
104	129 Tim Holder	M37	3:01:18 S
105	185 Christopher Jobling	M37	3:01:38 S
106	163 Ian Hughes	M49 Lancing Eagles	3:01:40 S
107	310 David Beck	M39 Bracknell Forest R	3:02:10 S
108	221 John Crosbie	M58 Worthing Harriers	3:02:25 S
109	162 Stuart Parker	M36	3:04:03 S
110	133 Michael Young	M61 Tone Zone Runners	3:06:21 S
111	262 Kevin Richardson	M36	3:09:03 S
112	55 Geoff Keeling	M40	3:09:10 S
113	80 William Blanford	M43 Utopia Runners	3:09:39 S
114	81 Anthony Gillies	M36	3:10:33 S
115	171 Stephen Colwell	M51 British Airways AC	3:10:40 S
116	430 James Whitaker	M27	3:10:51 S
117	352 Nigel Norman	M47 St James Health Cb	3:11:17 S
118	244 David Boxall	M71 Seaford Striders	3:12:45 S
119	347 Martyn Smith	M43	3:13:00 S
120	465 Kirk McLeod	M34	3:13:09 S
121	248 Derek Hastings	M58	3:13:28 S
122	294 Richard Honeyman	M43 Seaford Striders	3:13:39 S
123	485 Ian Goodridge	M46 Worthing Harriers	3:14:29 S
124	475 Simon Trimmer	M43 Worthing Harriers	3:14:29 S
125	404 Gordon Hutton	M26 Serpentine RC	3:17:19 S
126	98 Martin Burke	M49 Wadhurst Runners	3:19:10 S
127	65 Steve Collingham	M31 Haywards Heath H	3:19:35 S
128	176 Michael Fisher	M41	3:19:38 S
129	263 Kevin Bradfield	M46	3:21:16 S
130	442 Chris Blain	M37	3:21:23 S
131	52 Jeremy Price	M49 Heathfield RR	3:21:39 S
132	422 David Harris	M60 Goring RR	3:26:11 S
133	63 Terry Kitson	M53 Hastings Runners	3:29:27 S
134	144 Chris Griffin	M37	3:33:37 S
135	210 John Barrett	M59	3:35:13 S
136	355 Bemoit Steulet	M26	3:42:55 S
137	380 Tony Hobson	M67 Phoenix AC	4:01:27 S
138	127 John Richardson	M38 Arena 80	4:08:36 S

### Sussex Championships - Female

1	944 Maresa Pitt	F32 Haywards Heath H	2:22:21 S
2	765 Rebecca Woodman	F25 RRC	2:24:59 S
3	790 Lesley Rainger	F32 Worthing Harriers	2:26:34 S
4	864 Kim Nelson	F39 Havant AC	2:29:00 S
5	873 Clare Kabza	F44 Arena 80	2:30:08 S
6	951 Vanda Cauldfield	F40 Epsom & Ewell Harr	2:30:54 S
7	755 Tracey Slade	F42 Chichester Runners	2:32:43 S
8	839 Diane Briard	F43 Haywards Heath H	2:33:06 S
9	888 Judith Carder	F48 Brighton & Hove AC	2:33:11 S
10	991 Sally Lovell	F43 Hastings Runners	2:33:56 S
11	743 Gill Stevenson	F38 Crowborough Runner	2:35:09 S
12	874 Stephanie Miller	F46 Hastings Runners	2:38:59 S
13	939 Emma Richards	F27 Lewes AC	2:39:04 S
14	947 Beverley Renmant	F37 Heathfield RR	2:41:17 S
15	804 Christel Beukes	F37 Serpentine RC	2:41:36 S

16	817 Sue Turgoose	F36	2:42:03 S
17	941 Sue Brumwell	F42 Arena 80	2:42:38 S
18	745 Emma Seguss	F31	2:42:49 S
19	732 Linda Duffell	F41 Dartford RR	2:43:04 S
20	749 Lesley Russell	F39 Horsham Joggers	2:44:13 S
21	759 Janice Jones	F37 Worthing Harriers	2:44:34 S
22	928 Karen Harrison	F37 Tone Zone Runners	2:45:32 S
23	952 Bridget Weekes	F47 Bromley Vets AC	2:47:00 S
24	883 Louise Baker	F27 Arena 80	2:49:26 S
25	934 Debbie Harwood	F41 Steyning AC	2:50:00 S
26	766 Alexandra Langridge	F40	2:50:56 S
27	998 Marion Hemsworth	F54 Haywards Heath H	2:51:06 S
28	787 Lorna Watson	F34	2:51:28 S
29	727 Angela O'Connell	F43 Horsham Joggers	2:52:15 S
30	981 Sarah Marzaioli	F56 Hastings Runners	2:52:31 S
31	916 Fern Ketley	F44 Seaford Striders	2:53:24 S
32	912 Jenny Castle	F49 Fittleworth Flyers	2:53:48 S
33	792 Sue Revill	F49 Worthing Harriers	2:54:22 S
34	958 Paula Peters	F39 Utopia Runners	2:55:10 S
35	950 Emma Hyland	F31 Utopia Runners	2:55:10 S
36	984 Helen Neary	F54 Wadhurst Runners	2:55:13 S
37	771 Debbie Saint	F32 Burgess Hill Run	2:55:29 S
38	754 Cheryl Chin	F25	2:56:05 S
39	878 Jennifer O'Callaghan	F53 Worthing Harriers	2:56:40 S
40	988 Charlotte Long	F24 Seaford Striders	2:56:42 S
41	814 Helen Perera	F40 Cambridge Harriers	2:56:49 S
42	971 Mary Campbell	F30	2:56:54 S
43	827 Tina Devlin	F32	2:57:05 S
44	768 Tess Howell	F40 Seaford Striders	2:57:34 S
45	844 Krissie Shilneva	F26 Burgess Hill Run	2:58:03 S
46	887 Christine Pritchard	F51	2:58:31 S
47	917 Susan Barty	F43 Chichester Runners	2:59:51 S
48	805 Deborah Morgan	F34 Hastings Runners	3:05:49 S
49	903 Jo Crayford	F44	3:06:32 S
50	739 Cath Highgate	F35 Tonbridge AC	3:06:38 S
51	737 Miriam Dorrity	F51 Paddock Wood AC	3:08:28 S
52	801 Janet Hanwell	F43	3:08:29 S
53	835 Diane Wells	F48 Burgess Hill Run	3:09:33 S
54	940 Fleur Blanford	F43 Utopia Runners	3:10:28 S
55	974 Karen Tombling	F41	3:11:03 S
56	975 Tracy Barnett	F38	3:11:30 S
57	924 Catherine Burke	F44 Wadhurst Runners	3:11:33 S
58	767 Victoria Fisher	F30	3:13:45 S
59	987 Linda Hills	F56 Haywards Heath H	3:13:56 S
60	936 Elisabeth Chapple	F32	3:14:02 S
61	937 Nicole Leslie	F31 Epsom Allsorts	3:14:03 S
62	938 Valerie Jackson	F24	3:14:04 S
63	865 Mandy Merritt	F39 Brighton & Hove AC	3:15:04 S
64	876 Carol Palmer	F56 Chichester Runners	3:15:40 S
65	915 Debbie Evers	F45 Phoenix AC	3:16:43 S
66	925 Natalie Dawson	F33 Seaford Striders	3:17:05 S
67	875 Shelagh Legrave	F46 Midliners & Milers	3:17:38 S
68	846 Helen Signy	F50	3:17:57 S
69	853 Sheri Halfacree	F33	3:20:03 S
70	852 Amanda Adams	F38	3:20:03 S
71	993 Phyl Weston	F39 Horsham Joggers	3:20:27 S
72	997 Julia Gregurec	F51 Horsham Joggers	3:20:27 S
73	740 Natalie White	F34	3:20:49 S
74	826 Tanya Lewis	F37 Lewes AC	3:20:56 S
75	810 Dena Beverley	F32 Serpentine RC	3:21:25 S
76	956 Julie Price	F39 Heathfield RR	3:21:39 S
77	747 Lindsey Blain	F35	3:21:47 S
78	908 Vivien Baker	F39 Tone Zone Runners	3:21:56 S
79	752 Kate Kenrick	F46	3:23:02 S
80	973 Rebecca Scarratt	F48 Goring RR	3:24:02 S
81	730 Brigitte Groves	F45 Brighton & Hove RS	3:24:24 S
82	800 Sue Richardson	F40 Southdowners	3:26:38 S
83	933 Linda Appleton	F40 Fittleworth Flyers	3:28:41 S
84	899 Lesley Besson	F54 Henfield Joggers	3:29:40 S
85	799 Carol Stanbridge	F56 Southdowners	3:31:04 S
86	935 Liz Whitehead	F49	3:31:25 S
87	964 Jane Dotzek	F44	3:31:40 S
88	840 Deborah Saunders	F37	3:32:25 S
89	963 Kathy Lister	F30 Horsham Joggers	3:34:22 S
90	877 Jocelyn Dodgson	F40 Brighton & Hove AC	3:34:29 S
91	741 Catherine Watkin	F35	3:34:41 S
92	832 Clare Pallen	F44 B'heath & Bromley	3:34:50 S
93	742 Liz Fulford	F31	3:35:00 S
94	889 Jacqueline Toft	F48 Brighton & Hove RS	3:35:24 S
95	842 Morag Murray	F46 Hastings Runners	3:39:11 S
96	989 Maureen Crowhurst	F45 Seaford Striders	3:39:45 S
97	926 Sandra Brady	F67 Denmead Striders	3:41:01 S
98	882 Kim Andrews	F43 Wadhurst Runners	3:45:01 S
99	803 Geraldine Bailey	F31	3:45:55 S

100	821 Theo Dobson	F25	3:50:42 S
101	833 Sandra Stevenson	F52	3:51:55 S
102	735 Nicky Bauckham	F39 Brighton & Hove AC	3:54:42 S
103	927 Nicola Johnson	F30 City of Salisbury	4:02:30 S
104	762 Mandy Mahon	F36 Istead & Ifield H	4:04:07 S
105	860 Joan Taylor	F66 Crowborough Runner	4:08:03 S
106	781 Shirley Watkins	F43	4:09:53 S

### Team Results

#### Male

1	Crawley AC	Total :-	24
	: 471 - V Dude 5: 211 - W Hill 9: 275 - D Rayner 10:		
2	Seaford Striders	Total :-	38
	: 97 - G Gray 3: 459 - S Dawson 11: 256 - C Piper 24:		
3	Brighton & Hove AC	Total :-	41
	: 391 - P Froud 1: 233 - K Bush 15: 265 - M Halls 25:		
4	Hailsham Harriers	Total :-	68
	: 441 - G Johnstone 4: 72 - D Chant 30: 178 - M Seatter 34:		
5	Chichester Runners	Total :-	72
	: 35 - R Moore 21: 408 - M Cooper 23: 69 - C Harley 28:		
6	Horsham Joggers	Total :-	73
	: 126 - S Wigmore 7: 200 - K Valentine 22: 252 - T Goddard 44:		
7	Arena 80	Total :-	74
	: 397 - M Gedin 2: 181 - M Archer 8: 9 - M Everett 64:		
8	Burgess Hill Run	Total :-	117
	: 370 - M Hill 27: 254 - K Delderfield 32: 74 - J Herbert 58:		
9	Worthing Harriers	Total :-	135
	: 227 - S Tyler 13: 335 - D Roberts 14: 221 - J Crosbie 108:		
10	Crowborough Runner	Total :-	139
	: 192 - P Maddison 38: 428 - K Battell 50: 27 - J Welbury 51:		
11	Tone Zone Runners	Total :-	165
	: 182 - D Bridle 46: 172 - M Clarke 59: 169 - M Batstone 60:		
12	Haywards Heath H	Total :-	194
	: 205 - J Gill 48: 45 - R Peers 66: 363 - M Armitage 80:		
13	Wadhurst Runners	Total :-	197
	: 222 - M Mackay 20: 272 - A Kemp 52: 98 - M Burke 125:		
14	Hastings Runners	Total :-	212
	: 199 - P Duly 41: 239 - D Tuppen 69: 336 - T Jury 102:		
15	Phoenix AC	Total :-	217
	: 393 - C Edwards 19: 420 - A Haig 62: 380 - T Hobson 136:		
16	Henfield Joggers	Total :-	220
	: 59 - R Bernascone 40: 184 - G Parsons 88: 164 - D English 92:		

#### Female

1	Haywards Heath H	Total :-	36
	: 944 - M Pitt 1: 839 - D Briad 8: 998 - M Hemsworth 27:		
2	Arena 80	Total :-	46
	: 873 - C Kabza 5: 941 - S Brumwell 17: 883 - L Baker 24:		
3	Hastings Runners	Total :-	52
	: 991 - S Lovell 10: 874 - S Miller 12: 981 - S Marzaioli 30:		
4	Worthing Harriers	Total :-	57
	: 790 - L Rainger 3: 759 - J Jones 21: 792 - S Revill 33:		
5	Seaford Striders	Total :-	115
	: 916 - F Ketley 31: 988 - C Long 40: 768 - T Howell 44:		
6	Chichester Runners	Total :-	118
	: 755 - T Slade 7: 917 - S Barty 47: 876 - C Palmer 64:		
7	Horsham Joggers	Total :-	120
	: 749 - L Russell 20: 727 - A O'Connell 29: 993 - P Weston 71:		
8	Utopia Runners	Total :-	123
	: 958 - P Peters 34: 950 - E Hyland 35: 940 - F Blanford 54:		
9	Burgess Hill Run	Total :-	135
	: 771 - D Saint 37: 844 - K Shilneva 45: 835 - D Wells 53:		
10	Brighton & Hove AC	Total :-	162
	: 888 - J Carder 9: 865 - M Merritt 63: 877 - J Dodgson 90:		
11	Wadhurst Runners	Total :-	191
	: 984 - H Neary 36: 924 - C Burke 57: 882 - K Andrews 98:		