

Hotelympia 10Km – Excel London

19th February 2006

Results

1	346	Robert Cousins	M26	Red Carnation 4	0:32:10	79	405	Leah Taylor	F31		0:49:09
2	232	Ian O'Leary	M37		0:32:19	80	432	Georgina Smith	F20	Kingsway College	0:49:11
3	469	Eoin O'Connell	M35		0:34:49	81	204	Daniel Kon	M26	Red Carnation 6	0:49:21
4	480	Gabriel Saiz	M26		0:34:57	82	251	Phil Roker	M39		0:49:23
5	224	Luis Rioja	M32		0:37:10	83	316	Iain Melville	M47		0:49:27
6	301	Chris Rose	M33		0:37:12	84	349	Natalia Dziegielewska	F29	Red Carnation 2	0:49:34
7	433	Gerard McCann	M45		0:38:26	85	305	Hannah Freeman	F24		0:49:42
8	309	James Buchanan	M23		0:38:47	86	467	Steven Stoner	M36		0:49:45
9	7	Stefan Immisch	M28		0:39:04	87	380	Desmond Jean-Paul	M41		0:49:46
10	388	Steve Ward	M40	King Edward It Is!	0:39:16	88	475	Neil Quinnell	M37		0:49:49
11	421	Alex Thomson	M23		0:39:39	89	313	Nick Vadis	M47	Craft Gld of Chefs	0:49:59
12	277	Sam O'Brien	M24		0:39:54	90	372	Barry Watts	M40		0:50:00
13	367	Trevor Hunter	M42	Bunzl Burners 1	0:41:06	91	500	Rebecca Sharp	F28		0:50:04
14	211	Paul Abdale	M31		0:41:55	92	329	James Garner	M34		0:50:06
15		No Entry Data			0:42:20	93	290	Anne Pierce	F44	King Edward It Is!	0:50:06
16	13	Jerome Ponchelle	M36		0:42:33	94	212	Stephen Rennie	M52	Aga Foodsvce Flyer	0:50:09
17	270	Rupert Mainwaring	M30		0:42:37	95	360	Alex Johnson	M32	Bunzl Burners 7	0:50:11
18	220	Julia Palmer	F45	Crystaltec	0:42:41	96	124	Martin Llewellyn	M46		0:50:25
19	407	Julian Fisher	M29	Hobart UK	0:42:59	97	328	Jackie Close	F32		0:50:27
20	222	Richard Condon	M50	Crystaltec	0:43:26	98	200	Jonathan Raggett	M41	Red Carnation 5	0:50:40
21	216	Jon Ayers	M36		0:43:48	99	434	Manuela McCann	F32		0:50:45
22	264	Dave Clark	M50		0:44:18	100	391	Tina Davis	F40	Aga Foodsvce Accel	0:50:46
23	455	David Sheppard	M26		0:44:24	101	370	Corinne Cunningham	F40		0:50:54
24	494	Lucy Naylor	F26		0:44:28	102	223	Conrad Stevenson	M44	Crystaltec	0:51:03
25	351	Ben Spriggs	M26	Bunzl Burners 1	0:44:30	103	1	Chris Smith	M48		0:51:06
26	296	Nick Gabriel	M21	Bunzl Burners 5	0:44:39	104	323	Kathryn Davies	F36	Team BSG	0:51:20
27	213	William McGrath	M47	Aga Foodsvce Accel	0:44:40	105	226	Trevor Hodgson	M48		0:51:22
28	306	Dan Bignold	M28		0:44:45	106	376	James Hopegood	M41		0:51:27
29	113	Jean Luc Hoes	M48		0:44:49	107	363	Steve Scanlan	M22	Bunzl Burners 6	0:51:29
30	219	Dominico Di Cio	M47	In House Catering	0:45:00	108	318	Bijan Danesh	M41		0:51:36
31	478	Jamie Romein	M24	Maybourne Diamonds	0:45:03	109	319	Mike Day	M52		0:51:41
32	321	Peter Haywood	M37	In House Catering	0:45:06	110	435	Christopher Green	M50	Kingsway College	0:51:44
33	472	Chris Richards	M27		0:45:09	111	254	John McGahern	M24		0:51:46
34	477	Benoit O'Dell	M26		0:45:10	112	481	Nickola Kakanskas	F29		0:51:51
35	366	Luke Bywaters	M22	Bunzl Burners 1	0:45:12	113	449	Alex Mitchell	M27	Sole Directors	0:51:54
36	382	Martyn Bell	M31		0:45:15	114	365	Olu Akeju	M22	Bunzl Burners 2	0:51:54
37	30	Michael Dunne	M33		0:45:20	115	110	Christopher Wheeler	M32		0:51:55
38	400	John Gordon	M26		0:45:22	116	5	Tracy Harker	F41		0:51:57
39	371	James Russell	M31		0:45:24	117	377	Alison Grant	F27		0:52:06
40	260	Colin Robinson	M46		0:45:26	118	268	Mark Taggart	M32		0:52:11
41	476	Paul Cornell	M32		0:45:31	119	359	Romesh Jeyaseelanayagam	M30	Bunzl Burners 7	0:52:14
42	28	Robin Morris	M37		0:45:32	120	304	Andrew Prendimano	M49		0:52:16
43	287	Phil Corfield	M37	Bunzl Burners 6	0:45:39	121	468	Alison Stoner	F36		0:52:19
44	221	Debbie Smith	F43	Crystaltec	0:45:43	122	231	Jonathan Booth	M24		0:52:23
45	282	James Cunningham	M41	Bunzl Burners 1	0:45:44	123	413	Catherine Waples	F28		0:52:24
46	10	Marc Weaver	M29		0:45:45	124	259	Kay Clarke	F30		0:52:24
47	326	Jo Upton	F30	Team BSG	0:45:52	125	121	Petri Isomaki	M29	Crowne Plaza DL 2	0:52:25
48	114	Mickael Weiss	M35		0:45:57	126	357	John Freebody	M29	Bunzl Burners 3	0:52:32
49	470	Nick Temperly	M34		0:46:01	127	201	Stephanie Chiswell	F43	Red Carnation 5	0:52:33
50	11	Sarah McIntosh	F28		0:46:01	128	307	Serena Hobson	F28		0:52:35
51	17	Stephen Lewis	M41		0:46:10	129	22	Eric Salmond	M44		0:52:36
52	415	Andrew Lock	M40		0:46:11	130	399	Charmaine Grieger	F32		0:52:40
53	489	James Wheele	M30		0:46:35	131	401	Sina Rump	F24		0:52:46
54	386	Rick James	M37		0:46:45	132	411	Massimo Moreschini	M34	Maybourne Diamonds	0:52:47
55	230	Nick Jakeman	M28		0:46:47	133	462	Frederic Vidal	M31		0:53:05
56	425	David Chapman	M56		0:47:02	134	393	Yacine Mehamedi	M30		0:53:10
57	429	Arif Sadikot	M30		0:47:11	135	443	Andrea Riley	F30		0:53:13
58	379	Victoria Hampson	F28		0:47:15	136	486	Anton Edelmann	M53		0:53:22
59	293	Alan Walker	M38	King Edward It Is!	0:47:24	137	315	Ben Munkley	M15	Craft Gld of Chefs	0:53:25
60	447	Max Portnoj	M25		0:47:29	138	464	Mireille Allee	F37		0:53:31
61	20	Ed Vanson	M29		0:47:32	139	385	Edward Shin	M29		0:53:34
62	394	Malik Maataoui	M39		0:47:34	140	471	Hayley Nichols	F29		0:53:44
63	317	Lawrence Mitchell	M36	Caterer Group	0:47:49	141	430	Laura Clarke	F25		0:53:48
64	111	Malcolm Harling	M43		0:48:12	142	320	Mark Herman	M42		0:53:50
65	387	Mick Rush	M44		0:48:12	143	397	Steve Walpole	M30	Kingsway College	0:53:55
66	492	Paul Friel	M35		0:48:22	144	278	Emily Mosedale	F27		0:54:00
67	350	James Sergeant	M40	Bunzl Burners 5	0:48:25	145	459	Julien Duigou	M27		0:54:02
68	423	Myfanwy Taylor	F45		0:48:28	146	312	Steve Munkley	M44	Craft Gld of Chefs	0:54:03
69	261	Vic Analuwa	M28		0:48:28	147	272	Lawrence Hughes	M36	Aga Foodsvce Flyer	0:54:06
70	404	Matthew Simpson-Foster	M26		0:48:30	148	487	Romolly Edelmann	F25		0:54:09
71	279	John Lorenzato	M36		0:48:31	149	229	Andrew Collin	M23		0:54:36
72	291	Noel Pierce	M48	King Edward It Is!	0:48:33	150	107	Natalie Wright	F27		0:54:36
73	417	Chris Condon	M34		0:48:36	151	12	Shaun Barton	M39		0:54:46
74	418	Vinny O'Donnell	M33		0:48:37	152	233	Michael Harrison	M34		0:54:47
75	25	Sarah Murray	F31	Carluccio's	0:48:41	153	495	Caroline Loudon	F36		0:54:50
76	24	Niki Hall	F35	Carluccio's	0:48:41	154	310	Steve Rogers	M41		0:54:50
77	490	Carina Fornegard	F25		0:48:52	155	115	Stephen Brown	M29	Crowne Plaza DL 1	0:54:57
78	340	Nicholas Taylor	M23	Red Carnation 5	0:49:09	156	215	Gareth Edwards	M51		0:55:04

Team Results

1 Bunzl Burners 1 Total :- 118
: 367 - T Hunter 13: 351 - B Spriggs 25:
: 366 - L Bywaters 35: 282 - J Cunningham 45:

2 Crystaltec Total :- 184
: 220 - J Palmer 18: 222 - R Condon 20:
: 221 - D Smith 44: 223 - C Stevenson 102:

3 King Edward It Is! Total :- 234
: 388 - S Ward 10: 293 - A Walker 59:
: 291 - N Pierce 72: 290 - A Pierce 93:

4 Red Carnation 5 Total :- 460
: 340 - N Taylor 78: 200 - J Raggett 98:
: 201 - S Chiswell 127: 202 - S Dovey 157:

5 In House Catering Total :- 490
: 219 - D Di Cio 30: 321 - P Haywood 32:
: 217 - A Marshall 180: 218 - A Webb 248:

6 Aga Foodsvce Accel Total :- 509
: 213 - W McGrath 27: 391 - T Davis 100:
: 292 - M Sergeant 164: 280 - S Moore 218:

7 Bunzl Burners 5 Total :- 510
: 296 - N Gabriel 26: 350 - J Sergeant 67:
: 358 - R Greenway 205: 284 - J Bennett 212:

8 Kingsway College Total :- 557
: 432 - G Smith 80: 435 - C Green 110:
: 397 - S Walpole 143: 450 - V Barre 224:

9 Bunzl Burners 7 Total :- 575
: 360 - A Johnson 95: 359 - R Jeyaseelanayagam 119:
: 498 - C Round 166: 364 - S Simmonds 195:

10 Bunzl Burners 6 Total :- 596
: 287 - P Corfield 43: 363 - S Scanlan 107:
: 288 - S Dring 213: 355 - C Wakeman 233:

11 Hobart UK Total :- 598
: 407 - J Fisher 19: 409 - C Riley 182:
: 322 - T Jennings 193: 408 - R Dyson 204:

12 Craft Gld of Chefs Total :- 604
: 313 - N Vadis 89: 315 - B Munkley 137:
: 312 - S Munkley 146: 314 - A Twells 232:

13 Carluccio's Total :- 626
: 25 - S Murray 75: 24 - N Hall 76:
: 104 - B Leighton 237: 105 - A Buys 238:

14 Caterer Group Total :- 630
: 317 - L Mitchell 63: 330 - K Eales 159:
: 331 - F Bromham 194: 332 - J Wilkinson 214:

15 Red Carnation 4 Total :- 808
: 346 - R Cousins 1: 348 - D Eck 260:
: 347 - A Khwaja 272: 345 - J Bennett 275:

16 Red Carnation 6 Total :- 890
: 204 - D Kon 81: 205 - P Charles 256:
: 203 - G Mahoney 276: 206 - S Hodge 277:

17 Running 4 Ronnie 2 Total :- 894
: 283 - N Hammond 197: 289 - C Judge 225:
: 398 - T Hopkins 226: 463 - K Smith 246:

18 Red Carnation 2 Total :- 898
: 349 - N Dziegielewska 84: 338 - J King 266:
: 339 - P Hemmings 268: 337 - C Gibson 280:

19 Running 4 Ronnie 1 Total :- 902
: 285 - M Karamchoeva 186: 375 - S Ahmed 227:
: 374 - C Odei 242: 281 - S Kyjak-Lane 247:

20 Bunzl Burners 4 Total :- 926
: 300 - C Nightingale 177: 297 - A Grimbaldston 234:
: 431 - G Mitchell 245: 354 - S Ullmer 270:

21 Red Carnation 7 Total :- 1041
: 210 - N Stump 209: 209 - F Petgieter 269:
: 207 - T Peip 281: 208 - L McGivern 282: