

Worthing 10Km

7th June 2006

Results

1	885	James Baker	M29	Chichester Runner	0:32:01	81	1261	Mike McLoughlin	M24		0:40:11
2	1235	Josh Guilment	M22	Phoenix AC	0:32:29	82	1239	Dennis Williams	M60	Hercules Wimbledon	0:40:14
3	1145	Nigel Gates	M53	Brighton & Hove AC	0:32:38	83	1147	Jeremy Mackeown	M40	Fittleworth Flyers	0:40:23
4	960	Ed O'Brien	M21	Worthing Striders	0:32:49	84	1014	Duncan Stephenson-Gill	M42		0:40:23
5	1009	Daniel Anderson	M28	Hastings AC	0:33:48	85	1293	Steve Scott	M44	Brighton & Hove AC	0:40:24
6	1301	Mat Dumigan	M19	Worthing Harr	0:33:54	86	1338	Mark Steele	M46	Arena 80	0:40:26
7	1062	Kurt Hoyte	M43	RUN.	0:34:06	87	822	Tom Farsides	M43	Arena 80	0:40:26
8	972	Jamie Larkin	M34	Hastings AC	0:34:07	88	982	Philip Lankshear	M36	Sussex Police AC	0:40:27
9	1368	Paul Prosser	M37	Brighton & Hove AC	0:34:35	89	1016	Christopher Bennett	M48	Worthing Harr	0:40:29
10	838	David Owens	M31	Tonezone	0:34:43	90	837	Terry Avey	M55	Phoenix AC	0:40:30
11	844	John Lowden	M49	Crowborough Runner	0:35:02	91	852	Stephen Wilson	M55	Horsham Joggers	0:40:34
12	1249	Steve Wigmore	M44	Horsham Joggers	0:35:08	92	1273	Alan Russell	M48	Maidenhead AC	0:40:35
13	817	Pete O'Connell	M45	Horsham Joggers	0:35:09	93	1090	Grahame Hurren	M41	Tonezone	0:40:36
14	1268	Paul Froud	M40	Brighton & Hove AC	0:35:11	94	1124	Keith Delderfield	M48	Burgess Hill Run	0:40:37
15	1403	Dan Holder	M19	Horsham Joggers	0:35:28	95	1264	Ben Walmsley	M16	Brighton & Hove AC	0:40:39
16	1303	Ian Wilson	M43	RRC	0:35:36	96	1017	Peter Baker	M49	Hastings AC	0:40:40
17	1435	Andrew Masters	M33	Lewes AC	0:35:52	97	965	Cedric Clemerson	M51	Heathfield RR	0:40:47
18	1151	Dean Angell	M44	Fittleworth Flyers	0:36:11	98	1251	David Whittle	M41	Brighton & Hove AC	0:40:49
19	1400	Shaun Billing	M40	Brighton & Hove AC	0:36:17	99	1316	Andrew Haig	M60	Phoenix AC	0:40:56
20	937	Adrian Cornford	M47	Utopia Runners	0:36:19	100	1154	Dale Martin	M45	Hastings AC	0:40:58
21	834	James Harrison	M39	Tonezone	0:36:24	101	1098	Craig Viney	M32		0:40:59
22	1100	Stewart Rankine	M36	Worthing Harr	0:36:29	102	1389	David Bashford	M30		0:41:00
23	1109	Richard Vaudin	M39		0:36:39	103	1347	Laura Burton	F23	Brighton & Hove AC	0:41:00
24	804	Robert Carpenter	M33	Ashford & Dist RRC	0:36:44	104	831	Richard Speller	M42	Worthing Striders	0:41:04
25	1343	Damian Macenhill	M35		0:36:59	105	1311	Hayden Waghorn	M46	Worthing Striders	0:41:09
26	1369	Drew Stiles	M40	Brighton & Hove AC	0:37:05	106	1352	Graham Chapman	M43	Heathfield RR	0:41:17
27	794	Paul Payne	M31	Hailsham Harr	0:37:13	107	1258	Alan Heath	M48	Portslade H Hopper	0:41:23
28	1320	Andy Darling	M42		0:37:20	108	1381	Alex Barritt	M30		0:41:25
29	825	Graham Hart	M36		0:37:29	109	1423	Graham West	M46	Utopia Runners	0:41:26
30	1039	Mark Greet	M38	Henfield Joggers	0:37:31	110	1300	Jonathan Fox	M38		0:41:28
31	1038	Benjamin Ageros	M30	Horsham Joggers	0:37:31	111	1094	John Birkens	M45	Horsham Joggers	0:41:30
32	1128	Keith Valentine	M52	Horsham Joggers	0:37:32	112	1078	John Pudduck	M45		0:41:32
33	1119	Paul Finch	M30	Strds of Croydon	0:37:40	113	897	Mariann Powell	F41	Horsham Joggers	0:41:33
34	1415	Gareth Leighton	M27	Horsham Joggers	0:37:51	114	922	Tony Johnson	M46	Horsham Joggers	0:41:34
35	925	Ryan Stewart	M19	Seaford Striders	0:37:51	115	976	Helen Buller	F28	Running4Women.com	0:41:38
36	1405	Justin Evans	M37		0:37:53	116	1195	Simon Steeles	M35	Fittleworth Flyers	0:41:41
37	1107	Daniel Pike	M30	Crowborough Runner	0:37:54	117	1141	Martin Baker	M28		0:41:47
38	1061	Andrew Heath	M26	RUN.	0:37:59	118	1020	Martin Torjussen	M36	Seaford Striders	0:41:48
39	1397	Neil Walford	M41	Brighton & Hove AC	0:38:05	119	1359	Clare Kabza	F45	Arena 80	0:41:50
40	791	Bill Fraser	M54	Hailsham Harr	0:38:07	120	1150	Christopher Hayes	M51	Lancing Eagles	0:41:51
41	1408	Conrad Sparks	M33	Bexhill Runners	0:38:14	121	912	Elaine Everill	F32	Brighton & Hove AC	0:41:52
42	1096	Keith Bossom	M42	Hastings AC	0:38:15	122	1219	Jane Lawrence	F37	Worthing Striders	0:41:53
43	1276	Richard Blake	M56	Gt Yarmouth RR	0:38:19	123	1290	Gavin Baylis	M47		0:42:00
44	1120	Geoff Burrow	M61	Worthing Harr	0:38:23	124	1348	Loz Lawson	M54	Henfield Joggers	0:42:02
45	1186	Nigel Herron	M41	Phoenix AC	0:38:26	125	894	Roger Foord	M42	Brighton & Hove AC	0:42:08
46	1328	Stuart Prentice	M30	Haywards Heath Har	0:38:28	126	1323	Graham Beesley	M30		0:42:10
47	1123	Philip Penfold	M47	Arena 80	0:38:30	127	878	James Brickell	M31		0:42:10
48	1097	Jamie Ellinor	M20		0:38:32	128	797	John Booker	M53	Horsham Joggers	0:42:11
49	850	Bryan Camfield	M40	Horsham Joggers	0:38:34	129	951	Philip Williams	M45		0:42:13
50	1298	Paul Garner	M37	Amphibians 2 Tri	0:38:36	130	872	Richard Bourne	M33	Horsham Joggers	0:42:15
51	980	Graham Lyall	M50	Haywards Heath Har	0:38:36	131	1356	Andy Nisbet	M38		0:42:15
52	1344	Jon Frost	M44	Worthing Harr	0:38:37	132	1011	Andy Carpenter	M59	Worthing Striders	0:42:17
53	1212	Gary Lee	M29	Seaford Striders	0:38:38	133	1034	Lisa Hussey	F31	Horsham Joggers	0:42:18
54	1191	Gemma Sharp	F24	Arena 80	0:38:41	134	891	Raymond Hickman	M44		0:42:22
55	1294	Steve Reeves	M49		0:38:44	135	1383	Jon Platter	M29		0:42:26
56	1334	Mark Halls	M42	Brighton & Hove AC	0:38:48	136	1295	Jez Fallon	M41	Henfield Joggers	0:42:29
57	1131	Paul Jarvis	M41	Tonezone	0:38:50	137	1330	David Brindley	M43	Arena 80	0:42:30
58	1332	Kevin Battell	M43	Crowborough Runner	0:38:52	138	1165	John Coppin	M37		0:42:33
59	1168	Michael Ovens	M43	Hailsham Harr	0:38:55	139	978	Robin Wynde	M48	Crowborough Runner	0:42:34
60	1376	Tim Maloney	M37	Seaford Striders	0:38:55	140	1060	Tony Lindfield	M34	RUN.	0:42:35
61	1280	Samantha Alvarez	F36	Hailsham Harr	0:38:57	141	1089	Paul Gamblin	M35		0:42:35
62	1118	Richard Adams	M26	Lingfield RC	0:39:07	142	1182	Martin Hewlett	M42	Worthing Harr	0:42:37
63	1331	Steve Dawson	M48	Seaford Striders	0:39:11	143	1070	Peter Noad	M50	Horsham Joggers	0:42:38
64	1246	David Harris	M22	Goring RR	0:39:11	144	903	Natasha Swan	F32	Arena 80	0:42:42
65	836	Michael Pain	M41	Wadhurst Runners	0:39:19	145	1076	Barry Finch	M57	Strds of Croydon	0:42:44
66	1084	Perry Lee	M42	Tonezone	0:39:20	146	795	Peter Knee	M39		0:42:46
67	1101	Carl Hermans	M37	Silson Runners AC	0:39:23	147	1175	Michael Batstone	M56	Tonezone	0:42:48
68	814	David Hibberd	M34	Tonezone	0:39:25	148	1248	Jane King	F48		0:42:52
69	1018	Gary Burchett	M41	Mels Milers	0:39:25	149	904	Ralph Bernascone	M56	Henfield Joggers	0:42:53
70	1314	Mike Brown	M33	Arena 80	0:39:25	150	807	Roger Moore	M44	Worthing Harr	0:42:57
71	1198	Brian Friend	M53	Phoenix AC	0:39:27	151	1210	William Simpson	M45	Serpentine RC	0:42:58
72	1247	Simon King	M23		0:39:31	152	1361	Terry Onions	M53		0:42:58
73	815	Paul Sparks	M50		0:39:41	153	1167	Fiona Bugler	F38	Hailsham Harr	0:43:00
74	1148	Grant Patterson	M42	Worthing Harr	0:39:44	154	1297	Daryl Fairbrother	M40	Tonezone	0:43:00
75	1259	Doug Chant	M47	Hailsham Harr	0:39:46	155	1093	Hannah Arnold	F22	Crowborough Runner	0:43:02
76	1000	Gary Christie	M44	Brighton & Hove AC	0:39:47	156	915	Mark Johnson	M40	Haywards Heath Har	0:43:03
77	929	Miles Penfold	M38	Horsham Joggers	0:39:49	157	1411	Barry Long	M45		0:43:04
78	1189	Maresa Pitt	F33	Haywards Heath Har	0:39:53	158	1313	Deb Friis	F32	Phoenix AC	0:43:05
79	993	Richard Haynes	M48	Haywards Heath Har	0:39:54	159	1227	Gary Hatcher	M35	Seaford Striders	0:43:05
80	941	Louise Vallier	F41	Arena 80	0:40:06						

160	1396	Keith Blackman	M50		0:43:06	246	906	Tony Fallowfield	M58		0:46:10
161	799	Mark Armitage	M36	Haywards Heath Har	0:43:11	247	1142	Ian Baker	M52		0:46:11
162	1339	Deana Baker	F41	Worthing Harr	0:43:17	248	1406	Susie Cooper	F35		0:46:13
163	977	David Hoy	M51		0:43:18	249	1234	Lauren Halliday	F22	Tonezone	0:46:13
164	935	John Taylor	M66	Hailsham Harr	0:43:21	250	1204	Michael Judges	M32		0:46:14
165	812	Neil Allen	M36		0:43:22	251	1184	Steve Kircher	M39		0:46:14
166	839	James Welbury	M47	Crowborough Runner	0:43:25	252	1087	Fern Ketley	F45	Seaford Striders	0:46:16
167	911	John McSkimming	M48	Horsham Joggers	0:43:29	253	1173	Robert Bellis	M54		0:46:19
168	1023	Andrew Charman	M37		0:43:30	254	1420	Philip Bond	M43		0:46:22
169	1353	Simon Wadeson	M38		0:43:31	255	1136	Mark England	M33	Maltese Ospreys	0:46:23
170	1222	Will Flewett	M53		0:43:32	256	1162	James Muir	M31		0:46:24
171	1254	Anthony Whitman	M53	Henfield Joggers	0:43:34	257	913	Hayley Jackson	F37	Horsham Joggers	0:46:25
172	1322	Alex Jones	M30		0:43:35	258	1047	Russell Fellows	M37	Tonezone	0:46:28
173	1375	Toussaint Nickoll	M34	Lingfield RC	0:43:38	259	1015	Paul Morgan	M41		0:46:30
174	1395	Reg Shirley	M48	Goring RR	0:43:38	260	1104	Anna Enes	F36	Tonezone	0:46:31
175	1052	Andrew Rocky	M40		0:43:41	261	1335	Andrew Johnson	M30	Crowborough Runner	0:46:31
176	1240	Gordon Reay	M48	Horsham Joggers	0:43:49	262	996	Stewart Mackman	M48	Nat West Bank AC	0:46:32
177	796	Jonathan Britten	M44	Arena 80	0:43:50	263	988	Simon Watts	M36		0:46:32
178	934	Robert Garrard	M64	Crowborough Runner	0:43:51	264	1412	Pete Sovegarto	M42		0:46:33
179	949	Steve Neal	M38		0:43:51	265	1155	Sheila Dunne	F46	Horsham Joggers	0:46:33
180	1262	Ross Woodhouse	M47		0:43:55	266	1366	Phillip Summerton	M49		0:46:37
181	909	Nigel Adams	M61		0:43:56	267	1134	Ross Jones	M36		0:46:38
182	1130	Keith Ayres	M43	Horsham Joggers	0:43:57	268	983	John Barden	M46		0:46:44
183	854	Clinton Corin	M34	Worthing Striders	0:43:58	269	1074	Malcolm Furniss	M43		0:46:46
184	1378	Julia Jones	F32	Utopia Runners	0:44:00	270	1418	John Nicel	M58	Fittleworth Flyers	0:46:51
185	1308	Nick Miles	M31		0:44:01	271	881	Rob Churchill	M39		0:46:51
186	895	Samuel Hutton	M38		0:44:04	272	891	Raymond Hickman	M44		0:46:52
187	981	Stephen Webb	M23	Hailsham Harr	0:44:06	273	1127	Julie Drake	F37	Arena 80	0:46:53
188	1183	David Seagrave	M47	Horsham Joggers	0:44:08	274	862	Michelle Feest	F39	Worthing Striders	0:46:53
189	1126	Gary Jones	M34	Arena 80	0:44:09	275	997	David Swain	M45	Worthing Striders	0:46:54
190	1146	Guy Robinson	M42		0:44:11	276	1037	Marilyn Gray	F50	Arena 80	0:46:55
191	985	Dawn Patching	F45		0:44:12	277	1044	William Warren	M39		0:46:57
192	1163	Julia Toby	F40	Hailsham Harr	0:44:16	278	1392	Sally Potts	F38		0:46:59
193	945	Simon Taylor	M42	Henfield Joggers	0:44:21	279	1388	Elaine Boys	F35		0:47:04
194	1092	Nicola Watts	F37	Crowborough Runner	0:44:22	280	1243	Jane Molton	F32	Bexhill Runners	0:47:06
195	1250	Sue Turgoose	F37		0:44:23	281	1413	Paul Holdaway	M25	Bexhill Runners	0:47:10
196	1225	Jezz Fox	M37		0:44:28	282	1057	John Abell	M50	Tonezone	0:47:11
197	830	Colin Harley	M49	Chichester Runner	0:44:33	283	1095	Rosemarie Blatch	F42	Heathfield RR	0:47:16
198	931	Tony Gillingwater	M56	Haywards Heath Har	0:44:33	284	1427	Tim Kerr	M39		0:47:16
199	1282	Mark Watson	M47	Worthing Harr	0:44:35	285	1266	Nigel Burnett	M53	Amphibians 2 Tri	0:47:17
200	858	Stephen Hickman	M46	Ashford & Dist RRC	0:44:37	286	1267	Mike Hartnett	M37	Worthing Striders	0:47:18
201	1391	Simon Robinson	M39		0:44:40	287	1002	Brian Etheridge	M41	Tonezone	0:47:19
202	952	Ian Duncan	M59		0:44:40	288	1407	Nik Tobutt	M29	Horsham Joggers	0:47:19
203	863	Steve Feast	M48	Worthing Striders	0:44:41	289	1269	Billy Imrie	M35	Brighton & Hove AC	0:47:25
204	907	Daniel Tweed	M47		0:44:41	290	1363	Robert Barnes	M36		0:47:26
205	892	Alan Pettitt	M45	Horsham Joggers	0:44:43	291	1050	Mark Gilbert	M31	Denmead Striders	0:47:31
206	959	Liza Halliday	F43	Phoenix AC	0:44:44	292	860	Ian Bayley	M39	Tonezone	0:47:32
207	816	Val Purnell	F46	Horsham Joggers	0:44:48	293	1236	Jeremy Littlejohn	M15		0:47:32
208	855	Richard Knight	M59	Henfield Joggers	0:44:48	294	975	Malcolm Muir	M60	Brighton & Hove AC	0:47:33
209	1115	Martin Smith	M44		0:44:53	295	1419	Jenny Castle	F51	Fittleworth Flyers	0:47:34
210	1203	Scott Wallace	M33		0:44:57	296	1111	Sue Rowley	F49		0:47:39
211	1260	Anita Jones	F34		0:45:00	297	1086	Marion Hemsworth	F55	Haywards Heath Har	0:47:40
212	1336	John Bateman	M51		0:45:02	298	1426	Peter Wittich	M58		0:47:43
213	1006	Steve Pidgeon	M41		0:45:04	299	1365	Andy Jefford	M39	Horsham Joggers	0:47:47
214	798	Christine Egglestone	F56	Lingfield RC	0:45:05	300	1351	Jeremy Price	M50	Heathfield RR	0:47:49
215	1043	Pauline Rich	F61	Serpentine RC	0:45:06	301	1367	Stephen Ashley	M40	Bexhill Runners	0:47:49
216	1081	Ian Hughes	M50	Lancing Eagles	0:45:10	302	1374	Craig Reid	M46	Lingfield RC	0:47:54
217	1337	Graham Lyne	M42		0:45:10	303	849	Julie Howey	F49		0:47:55
218	828	Jez Rogers	M41	Rotary RR	0:45:16	304	1224	Anthony Young	M56		0:47:57
219	1296	Nigel Bateman	M46		0:45:17	305	1326	Michael Beere	M58		0:48:00
220	841	Mark Sweetman	M16	Horsham Joggers	0:45:18	306	1401	Peter Thompson	M34		0:48:01
221	864	Neil Edmonds	M39		0:45:24	307	1226	Steven Laker	M24		0:48:02
222	926	Phil Cooper	M36	Tonezone	0:45:25	308	1177	Katie Sales	F22	Steyning AC	0:48:14
223	948	Stevie Mort-Hilloff	M35		0:45:26	309	1113	Rob Stanway	M37	Maltese Ospreys	0:48:16
224	840	Alan Sweetman	M48	Horsham Joggers	0:45:27	310	1281	Helen Neary	F55	Wadhurst Runners	0:48:21
225	886	Mark Harmsworth	M43		0:45:28	311	1414	Becci Hall	F24	Crowborough Runner	0:48:22
226	1310	Diana Gorham	F32	Brighton & Hove AC	0:45:30	312	832	James Dicker	M50		0:48:23
227	1103	Kim Lo	F26	Haywards Heath Har	0:45:33	313	1063	Gillian Roberts	F36		0:48:30
228	1345	Barry Nethercott	M52		0:45:38	314	1402	Justin Earl	M34		0:48:32
229	946	Phil Aiken	M39	Ranelagh Harriers	0:45:40	315	1036	Dominic Rainey	M20		0:48:34
230	916	Oly Watts	M26		0:45:41	316	1035	Christopher Cook	M25		0:48:35
231	1099	Graham Wickham	M58		0:45:42	317	947	Jimmy Allenchovy	M27		0:48:35
232	1231	Carl Frearson	M40		0:45:44	318	1286	John Norton	M20		0:48:36
233	1143	Helen Alexamder	F37		0:45:47	319	1197	David English	M48	Henfield Joggers	0:48:38
234	1252	Sue Revill	F50	Worthing Harr	0:45:49	320	1263	Adam Staniforth	M23		0:48:39
235	1178	Roger Sales	M53	Steyning AC	0:45:49	321	1083	Karen Samuel	F45	Kent AC	0:48:39
236	917	Mary Nightingale	F48	Crowborough Runner	0:45:50	322	1281	Helen Neary	F55	Wadhurst Runners	0:48:41
237	1064	Richard Roberts	M41		0:45:59	323	1029	Elaine Borley	F45	Seaford Striders	0:48:43
238	921	Howard Nye	M20	Fittleworth Flyers	0:45:59	324	813	Harry Harrison	M40	Tonezone	0:48:46
239	930	Vic Moore	M54		0:46:01	325	1106	Jason Fellows	M34		0:48:46
240	1424	Andrew Molding	M41	Amphibians 2 Tri	0:46:01	326	910	Richard Honeyman	M44	Seaford Striders	0:48:47
241	868	Spencer Kemp	M54		0:46:02	327	961	Martyn Bowen	M46		0:48:53
242	1399	Peter Hedgethorpe	M50		0:46:05	328	1032	Carl Bicknell	M44		0:48:54
243	1209	Joel Broad	M21		0:46:08	329	938	Jayne Robson	F33		0:48:55
244	1354	Andrew Richards	M30		0:46:09	330	905	David Bubloz	M41	Portslade H Hopper	0:48:59
245	1307	Kevin Wakelin	M48		0:46:10	331	987	Rik Taub	M60	Haywards Heath Har	0:49:02

332	819	Roger Ockenden	M57	Arena 80	0:49:06	418	989	Lydia Jordan	F20		0:52:37
333	1315	Cliff Woolford	M51		0:49:08	419	818	David Feintuck	M55	Lewes AC	0:52:41
334	1116	Leigh Hancorn	M39		0:49:08	420	1279	Louise Warren	F25	Haywards Heath Har	0:52:46
335	1417	Peter Cobbett	M62	B'heath & Bromley	0:49:09	421	1237	Karen Littlejohn	F44		0:52:46
336	953	Sandra Butters	F45	Hailsham Harr	0:49:12	422	1228	Rachel Riley	F44	Heathfield RR	0:52:51
337	1306	Alfredo Noya'Lamas	M58		0:49:12	423	1229	Brian Riley	M55	Heathfield RR	0:52:54
338	1244	Peter Smith	M25		0:49:16	424	1156	Janet Purser	F61	Bexhill Runners	0:52:59
339	968	Marie Prior	F43	Seaford Striders	0:49:17	425	1220	John Batchelor	M48		0:53:00
340	1270	Cliff Peters	M59	Arunners	0:49:18	426	1024	Vicki Young	F39	Arunners	0:53:03
341	1001	Deborah Haden	F29	Tonezone	0:49:24	427	1007	Cristobal Borrego	M49		0:53:09
342	1105	Tim Carder	M48		0:49:27	428	1013	Tracy Colbourne	F41	Worthing Harr	0:53:10
343	1284	Carol Wright	F43	Henfield Joggers	0:49:27	429	927	Linda Cooper	F34	Tonezone	0:53:11
344	1193	David Forshaw	M39		0:49:35	430	1166	Sarah Coppin	F38		0:53:20
345	1129	Mandy Barker	F35		0:49:38	431	873	Lesley Besson	F55	Henfield Joggers	0:53:24
346	1192	Camilla Moyle	F37	Brighton & Hove AC	0:49:39	432	1437	Peter Boy	M52	Southwick Stroller	0:53:25
347	869	Catherine Cary	F35		0:49:40	433	1067	Oliver Goddard	M15		0:53:28
348	1253	Nicola Christian	F41		0:49:41	434	802	Charlotte Jones	F28		0:53:30
349	1208	Lucy Ellis	F28		0:49:41	435	1117	Bill Regan	M61	Esporta	0:53:31
350	1121	David Bickers	M50		0:49:43	436	1157	Diana Jones	F58		0:53:36
351	1346	Les Baker	M53	Lancing Eagles	0:49:44	437	914	Colin Johnson	M70	Haywards Heath Har	0:53:48
352	1144	Nikki Webber	F30		0:49:45	438	1211	Mark Kimber	M38		0:53:52
353	1201	Dave Oxrow	M58	Bexhill Runners	0:49:46	439	1319	Jason Corbould	M37		0:53:53
354	1207	Ian Coates	M59	Wadhurst Runners	0:49:47	440	1169	Emma Duggleby	F29		0:53:54
355	1125	Diane Wells	F49	Burgess Hill Run	0:49:47	441	1041	Deborah Glyn-Jones	F36		0:53:55
356	853	Michael Bickers	M27		0:49:49	442	1355	Julie Richards	F30		0:53:56
357	1140	Louise Stapley	F46	Crowborough Runner	0:49:49	443	901	Linda James	F42	Worthing Harr	0:53:56
358	870	Julia Robinson	F39		0:49:50	444	1409	Andi Knight	F41	Brighton & Hove RS	0:53:57
359	900	Michael Smalley	M46	Tonezone	0:49:53	445	1372	Garry Backshell	M45		0:53:57
360	1265	John Little	M35	Lancing Eagles	0:49:55	446	808	Roger Locke	M67	Lancing Eagles	0:54:00
361	1075	Hamish Brownlie	M60	Horsham Joggers	0:49:58	447	1333	Sharon Wheeler	F45	Crowborough Runner	0:54:03
362	1059	Carol Feeney	F28	RUN.	0:49:59	448	1030	Sid Mepstead	M47		0:54:05
363	1187	Phil Saville	M57	Oxted Runners	0:49:59	449	1329	Debbie Martin	F35		0:54:10
364	973	Peter Chittenden	M68	RRC	0:50:00	450	1174	Jenny Batstone	F53	Tonezone	0:54:12
365	1309	Rob Kinnaird	M35		0:50:09	451	957	Leonard Cumbers	M75	Crowborough Runner	0:54:17
366	1004	Anna Martin	F34		0:50:09	452	800	Alistair Jackson	M63	Vets AC	0:54:17
367	1003	Cathy Martin	F34		0:50:09	453	1255	Richard Thompson	M37		0:54:18
368	971	Karen Pearcey	F40	Worthing Harr	0:50:11	454	1382	Maggi Pratt	F49	Hailsham Harr	0:54:21
369	1364	Trevor Blaskett	M39		0:50:16	455	920	Richard Sargent	M29		0:54:24
370	942	Peter Whitworth	M68	Lewes AC	0:50:20	456	933	Patricia Argent	F57	Tonezone	0:54:27
371	1324	Peter Wickson	M41		0:50:22	457	1164	Paul Whitfield	M38		0:54:27
372	874	Austin Houliston	M45	Worthing Striders	0:50:25	458	923	Julia Gregurec	F52	Horsham Joggers	0:54:37
373	1430	Jane Rogers	F39		0:50:27	459	803	Julie Guy	F48	Goring RR	0:54:46
374	1317	Paul Budgen	M33	Lingfield RC	0:50:29	460	964	Andrew Challen	M36	W'bledon Windmiler	0:54:48
375	876	Tony Flint	M61	Tonezone	0:50:43	461	956	Deborah Camp	F43	Epsom Allsorts	0:54:50
376	1436	Janet Laing	F47		0:50:45	462	1380	Tom Mathias	M30		0:54:51
377	851	Geoff Attree	M55		0:50:45	463	871	Clive Cary	M41		0:54:52
378	1122	Kio Vejdani	M67	Lingfield RC	0:50:48	464	1233	Ellie Greenan	F36		0:55:05
379	1137	Anna Kirkpatrick	F39	Tonezone	0:50:50	465	1025	John Russell	M52	Victory Athletics	0:55:06
380	1425	Steve Alexander	M58		0:50:58	466	887	Sara Ellis	F46		0:55:21
381	1080	David Merridue	M38		0:50:59	467	1387	Jon Lavis	M44		0:55:24
382	843	Rachel O'Brien	F38		0:50:59	468	1026	Paula Russell	F47	Victory Athletics	0:55:26
383	1065	David Binstead	M46		0:51:03	469	967	Judith Clarke	F44		0:55:27
384	1069	Neil Cooper	M44	Arunners	0:51:06	470	1206	Steve McGuinness	M35		0:55:37
385	1404	Tony Lowe	M49		0:51:06	471	1190	David Harris	M62	Goring RR	0:55:52
386	1366	Phillip Summerton	M49		0:51:09	472	1340	Maureen Crowhurst	F43	Seaford Striders	0:56:01
387	1218	Mark Chadd	M49	Seaford Striders	0:51:11	473	1422	Stephen Coulson	M51		0:56:14
388	1416	Ian Goodridge	M46	Worthing Harr	0:51:12	474	829	Lynn Harley	F47	Chichester Runner	0:56:28
389	1275	David Clarke	M46		0:51:13	475	986	Jane Littlewood	F36		0:56:28
390	1161	Adrian Monti	M37		0:51:13	476	1170	Nina Williams	F39	Saints & Sinners	0:56:30
391	1304	David Shepherd	M52	Seaford Striders	0:51:14	477	1152	Nick Crocker	M46	Vets AC	0:56:30
392	918	Vivien Baker	F41	Tonezone	0:51:18	478	884	Sarah Spurr	F43	Tonezone	0:56:33
393	1373	Kevin Stillwell	M45		0:51:21	479	1194	John Moore	M71	Arunners	0:56:34
394	1215	Sarah Williamson	F37		0:51:23	480	984	Victoria Brinkley	F37		0:56:34
395	1271	Jake Clausen	M61	S London Harriers	0:51:27	481	1153	Jitka Martinova	F29	Hastings AC	0:56:37
396	1291	Elaine Deed	F53		0:51:29	482	994	Catherine Betts	F27	Chichester Runner	0:56:39
397	1398	Adrian Willard	M30	Tuff Fitty Tri	0:51:31	483	1139	Alison Alder	F40		0:56:50
398	1179	Julian French	M43	Brighton & Hove AC	0:51:32	484	2000	No Race Number			0:56:51
399	1278	Roger Smith	M58	Wadhurst Runners	0:51:37	485	1138	Penny Fox	F41		0:56:53
400	1241	Ken Hales	M68	Goring RR	0:51:38	486	1185	Kirsteen Keith	F20		0:56:53
401	1384	Belinda Cramp	F20		0:51:40	487	1213	Peter Murrell	M73		0:56:55
402	1350	Julie Price	F40	Heathfield RR	0:51:49	488	1299	Robert Baldwin	M50	Crawley AC	0:56:57
403	1135	Ron Cutbill	M48	Crowborough Runner	0:51:51	489	856	Min Smithers	F56	Crowborough Runner	0:57:00
404	1066	Craig Goddard	M19		0:51:53	490	857	Avis Holden	F50	Crowborough Runner	0:57:00
405	958	Jon Buss	M54		0:51:55	491	1238	Monique McQuinlan	F39	Lingfield RC	0:57:13
406	1214	Sophie Guess	F30	Worthing Striders	0:51:56	492	998	Debbii Tunesi	F39		0:57:15
407	1434	Susan Hughes	F37		0:51:58	493	1073	Alma England	F41	Heathfield RR	0:57:16
408	1377	Nicholas Ainley	M54		0:52:00	494	1027	Sara Warren	F38		0:57:27
409	1172	Chrissy Fox	F26	Crawley AC	0:52:08	495	1232	Kate Devereux	F36		0:57:30
410	889	Judy Brucker	F62	Horsham Joggers	0:52:09	496	1071	Vicky Mayer	F30		0:57:39
411	1033	Rodney Morley	M43	Fitness First	0:52:17	497	1200	Kevin Tier	M50		0:57:40
412	1046	Graham Goff	M35	Sixth Dimension	0:52:18	498	1056	Jason Abell	M17	Tonezone	0:57:45
413	1305	Victor Gretton	M65	Henfield Joggers	0:52:19	499	1055	Trevor Crowhurst	M69	Lingfield RC	0:57:54
414	1012	Ann Carpenter	F55	Worthing Striders	0:52:21	500	2000	No Race Number			0:58:05
415	1058	Louise Gregory	F40	RUN.	0:52:27	501	979	Jon Whitty	M57	Horsham Joggers	0:58:05
416	1051	Pat Heddon	F54	Goring RR	0:52:31	502	1394	Lorraine Shirley	F43	Goring RR	0:58:06
417	1171	Carolyn Austen	F53	Phoenix AC	0:52:31	503	820	Pete Thompson	M50		0:58:07

504	877	Maureen Flint	F55	Tonezone	0:58:11
505	1272	Delia Westley	F63	Henfield Joggers	0:58:13
506	842	Maureen Winborn	F57	Haywards Heath Har	0:58:16
507	995	Neil St Clair	M38		0:58:20
508	1022	Gill Salter	F48	Fittleworth Flyers	0:58:31
509	1245	Debbie Patching	F20	Tonezone	0:58:40
510	1342	Charlotte Hill	F39		0:58:41
511	1341	Simon Knowles	M47		0:58:41
512	821	Alan Shawyer	M52	Tonezone	0:58:50
513	1188	Melanie Perry	F48		0:58:51
514	1230	Tina Harrington	F50	Tonezone	0:58:52
515	962	Michelle Palmer	F40		0:58:59
516	866	Stuart Clarke	M44		0:59:05
517	1292	Raymond Blackwell	M67	Tonezone	0:59:09
518	1371	Philip Norton	M37		0:59:14
519	1357	Karen Wallace	F43		0:59:24
520	1358	Jo Mills	F38		0:59:27
521	1110	Richard Evans	M61		0:59:28
522	943	Rebecca Hubbard	F29		0:59:29
523	944	Simon Sparkes	M28		0:59:29
524	1428	Helen Kerr	F38		0:59:29
525	1386	Paul Luck	M42		0:59:33
526	1390	Clare Robinson	F36		0:59:38
527	859	Penny Lewis	F47	RRC	0:59:39
528	1433	Alex Sheppard	F38		0:59:54
529	1283	Michelle Seymour	F31	Worthing Harr	1:00:13
530	1325	Susan Llewellyn	F42		1:00:15
531	1327	Martin Llewellyn	M46		1:00:15
532	928	Kay Whitcroft	F32	Brighton & Hove RS	1:00:16
533	1410	Lynn Long	F42		1:00:19
534	1216	Clive Darbon	M46		1:00:24
535	1242	Christina Piercy	F60	Goring RR	1:00:26
536	1432	Sharon Hall	F38	Worthing Run Sis	1:00:33
537	1431	Simone McNamara	F30	Brighton & Hove RS	1:00:33
538	1256	Mike Bodsworth	M68		1:00:43
539	1385	Gayle Tyler	F35		1:00:52
540	811	Marisa McLachlan	F41		1:01:00
541	932	Alan Argent	M59	Tonezone	1:01:19
542	974	Lynne Scrivener	F48		1:01:32
543	875	Jenny Denyer	F51	Haywards Heath Har	1:01:38
544	1082	Liza Gamblin	F30		1:01:39
545	1205	Karen King	F42	Tonezone	1:01:40
546	936	Rebecca Le	F34		1:01:44
547	1421	Chris Taylor	M28		1:01:52
548	940	Sue Bickell	F49	Tonezone	1:01:56
549	999	Joanne Earle	F26	Crawley AC	1:02:03
550	1158	Luke Holliday	M17		1:02:15
551	1160	Geoffrey Parker	M48	Horsham Joggers	1:02:16
552	1072	Julia Brightmore	F47	Tonezone	1:02:26
553	1379	Charlotte Petkovic	F31	Wadhurst Runners	1:03:18
554	1321	Sarah Read	F37	Seaford Striders	1:03:34
555	824	Lucy Harris	F32		1:03:48
556	1176	Victoria Weiss	F20	Tonezone	1:03:53
557	1045	Carol Wayman	F43		1:03:53
558	1429	Emma Rogers	F37		1:04:17
559	1085	Michael Shawyer	M54	Tonezone	1:04:47
560	1021	Heather Clanfield	F45	Fittleworth Flyers	1:05:05
561	1077	Anthony Hewett	M66		1:05:18
562	1362	Jauld Rana	M32		1:05:31
563	1040	Anita Riseborough	F34		1:05:48
564	1312	Anita Easton	F20		1:06:03
565	970	Sharon Percival	F36		1:06:03
566	908	Anthony Sorrell	M58	Wadhurst Runners	1:06:04
567	1132	Francesca Jarvis	F41	Tonezone	1:06:07
568	1114	Maureen Baldwin	F48		1:06:35
569	990	Alice Townson	F32		1:06:38
570	902	Tracy Randall-May	F36		1:06:39
571	1008	Helen Lawson	F35		1:06:44
572	826	Perry Jordan	M70	Crawley AC	1:06:45
573	991	Susan Hellenburgh	F60		1:06:58
574	1318	Helen Wakeford	F34		1:07:01
575	847	Sara Wren	F47	Wadhurst Runners	1:07:13
576	1217	Harry Ford	M50		1:07:17
577	1349	Amanda Blower	F32		1:09:02
578	992	Stella Hellenburgh	F27		1:09:56
579	1196	Donna Steeles	F37	Fittleworth Flyers	1:10:37
580	1180	Janette Rowland	F46	Fittleworth Flyers	1:10:37
581	950	Tracey Alman	F35		1:10:46
582	1257	Steve Collingham	M32	Haywards Heath Har	1:11:04
583	1302	Christopher Rhodes	M49	Arunners	1:11:18
584	1019	Gordon Hyde	M65	Lingfield RC	1:12:24
585	867	Vivienne Sole	F52		1:14:36
586	1393	Barry Worrall	M71	Barrow & Furness S	1:15:40
587	1133	Vanessa Rendall	F41	Tonezone	1:21:20

Wheelchair

1 1159 Rob Holliday M46 Velocity W-Chair 0:40:46